



Improving lives THROUGH  
supports and services  
THAT FOSTER self-determination.

8/02/23

## Mental Health Monday

Happy Mental Health Monday! [Click](#) to learn about Behavioral Health and Intellectual/Developmental Disabilities (BHIDD) needs and updates. To view previous highlights, visit the Director's Office page under [Mental Health Mondays](#).

[www.dmh.mo.gov/dd](http://www.dmh.mo.gov/dd)  
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH