

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

***August 4, 2023***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Conversations for Suicide Safer Schools** – Missouri Institute of Mental Health (MIMH) and the Missouri Child Psychiatry Access Project (MOCAP) are pleased to announce a new training series for the upcoming 2023/2024 school year entitled Conversations for Suicide Safer Schools. This training is intended to empower educators to ask about suicide risk effectively, identify each staff member's role and responsibility, and practice skills to help parents create suicide-safer environments when there is a potential risk for suicide. Not only is this training free of charge, but attendees will also receive an MIMH Continuing Education Credit for licensure renewal *and* a \$25 Amazon gift card for their participation. Further information, including training dates/times and a registration link can be found [here](#). Registration inquiries and further questions about the training can be directed to: [conferences@mimh.edu](mailto:conferences@mimh.edu). Please share this training with school professionals or members of school-affiliated professional agency.
2. **Missouri's Benefits Planning Tiered Approach** – Several months ago, the Office of Disability Employment Policy (ODEP) awarded Missouri with technical assistance from a national Subject Matter Expert (SME) to help reduce barriers to Competitive Integrated Employment for individuals with disabilities. This was through the National Expansion of Employment Opportunities Network initiative (NEON). The Department of Mental Health was the lead agency for this effort and partnered with Missouri Vocational Rehabilitation, Rehabilitation Services for the Blind, Workforce Development, and the Missouri Developmental Disabilities Council.

Through collaborative efforts, the Missouri team decided on benefits planning as an issue to promote. An in-person event was held on July 25<sup>th</sup> and served as a roll-out of the “benefits planning tiered approach.” Essentially this model trains providers on how to impart a reassuring, work-positive message about pursuing a meaningful career while giving the best benefits guidance to those we serve. A virtual event was also held.

To learn more about Missouri's efforts at increasing Competitive Integrated Employment and the benefits planning tiered approach, please view the recorded virtual event here:

<https://missouribhc.box.com/s/417kmxqdkqrfnsa472qnwpc05bsgyd15>

The press release from the Department of Labor on the NEON initiative can be found here: <https://www.dol.gov/newsroom/releases/odep/odep20230126>



3. **Peer Support Worker Integration Study** - The Addiction Science team at UMSL-MIMH is interested in how well SUD treatment and recovery organizations integrate peer support workers (PSWs) into workplaces across the state. If you have opinions about how PSWs fit into SUD organizations or how organizations support PSWs, please let us know! Any PSW or PSW supervisor who has worked in Missouri within the last year is invited to complete a 10-minute survey. All participants will be awarded a \$15 gift card to Amazon or Walmart. To complete the survey, please follow this [link](#).
4. **Update on Administrative Rules** – Proposed amendments for the following regulations are published in the July 17, 2023, issue of the *Missouri Register* for a 30-day public comment period:  
<https://www.sos.mo.gov/CMSImages/AdRules/moreg/2023/v48n14July17/v48n14.pdf> (pages 1380-1386)  
9 CSR 10-7.035 Behavioral Health Healthcare Home  
9 CSR 30-6.010 Certified Community Behavioral Health Organization (CCBHO)
5. **Update on Administrative Rules** – Proposed amendments for the following regulations are published in the August 1, 2023, issue of the *Missouri Register* for a 30-day public comment period [August 1, 2023, Missouri Register](#):  
9 CSR 30-3.134 Gambling Disorder Treatment;  
9 CSR 30-3.201 Substance Awareness Traffic Offender Program  
9 CSR 30-3.206 SATOP Structure

## **JOB ANNOUNCEMENTS**

### **Research Data Analyst**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Remote work may be available after successful probationary period. Application deadline is **August 9, 2023**. [Learn More and Apply!](#)

### **Chief Executive Officer**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Farmington, MO. Application deadline is **August 11, 2023**. [Learn More and Apply!](#)

### **Document Control Specialist**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Remote work may be available after successful probationary period. Application deadline is **August 18, 2023**. [Learn More and Apply!](#)

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

## ***FUNDING OPPORTUNITIES***

1. **Peer Scholarships for the 2023 Missouri Behavioral Health Conference** – The *Missouri Behavioral Health Council* will provide several peer scholarships for the **2023 Missouri Behavioral Health Conference**, held on **September 19-22, 2023, in Kansas City, Missouri, at the Westin at Crown Center**. The conference cost (\$150) will be waived, and we would welcome you to attend the entire conference. Lunch will be provided each day, and breakfast on Thursday and Friday during the conference. **Hotel stays will not be included in the scholarship. Application:**  
<https://katiehorst.wufoo.com/forms/r1wp6pe216h0qp1/>

2. **New How to Receive Medications for Opioid Use Disorder (MOUD) Training** – Qualified disciplines can become eligible for the [Loan Repayment Program Continuation Contract Award Enhancement](#).
3. **New Cooperative Agreement for the Refugee and Migrant Behavioral Health technical Assistance Center** – This opportunity creates a Technical Assistance (TA) center to grow the capacity of healthcare providers and organizations that serve refugee and migrant people in the US. The TA Center will provide learning opportunities, training, and technical assistance, including clinical consultation; FUNDING OPPORTUNITIES JULY 27, 2023 interactive online learning modules; learning communities; targeted TA and coaching; online educational materials and resources that are culturally relevant, language-relevant, resiliency focused, and trauma informed. **Due Date: August 29, 2023.** [Learn More](#)
4. **New Grant Opportunities** – SAMHSA Grant Opportunities also available on the Grants Dashboard. [Learn More](#)
5. **NIDA Supports Research on Novel Approaches for Smoking Cessation** – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. **Application Due Date: Sunday, October 15, 2023.** [Learn More](#)

## ***INFO and RESOURCES***

1. **New Caring for the Caregivers: The Critical Link Between Parent and Teen mental Health** – Our report, Caring for the Caregivers: The Critical Link Between Parent and Teen Mental Health, suggests that it would be just as right to sound the alarm about parents' mental health as about teens' mental health. Parents' and teens' emotional health is deeply interwoven, and our data indicate that parents are suffering anxiety and depression at about the same rates as teens. [Read More](#)
2. **New Policy on the Inclusion of People with Lived Experience** – The Substance Abuse and Mental Health Services Administration (SAMHSA) has identified recovery as a guiding principle in pursuit of its mission to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes. SAMHSA's definition of recovery emphasizes the importance of self-determination and involvement of people with lived experience. Executive Order 14035 requires Federal agencies to promote Diversity, Equity, Inclusion and Accessibility (DEIA) in the workplace. [Learn More](#)
3. **New Women with ADHD Report Lack of Control, More Stress, Relationship Difficulty** – Women with attention-deficit/hyperactivity disorder (ADHD) were found to have a harder time with social functioning, feel a lack of control, and feel a sense of relief following their diagnosis in adulthood. [Read More](#)
4. **New Study Highlights Challenges for Buprenorphine Prescribers** – Clinicians waived under education-exempted HHS buprenorphine practice guidelines were less likely than traditionally waived clinicians to prescribe buprenorphine and more likely to practice in emergency/urgent care settings. [Read More](#)

5. **New BIPOC Toolkit** – The theme of Mental Health America’s 2023 BIPOC Mental Health campaign is Culture, Community, & Connection. Our lives are deeply intertwined with our environments, and these surroundings impact our mental health and overall wellness. Black, Indigenous, and people of color (BIPOC) populations are faced with disproportionate amounts of historical trauma and displacement that can challenge their ability to thrive in their environments. However, culture, community, and connection are pillars that support and uplift BIPOC individuals in the face of oppression and systemic racism. Learn more in these resources about how BIPOC communities have thrived. [Learn More](#)
6. **New Trends and Seasonality of Emergency Department Visits and Hospitalizations for Suicidality Among Children and Adolescents in the US** – This cross-sectional study of 73 123 emergency department (ED) visits and hospitalizations for suicidality found that the incidence of ED visits and hospitalizations increased from 2016 to 2021, with a temporary decline in 2020. Prior to the pandemic, monthly incidences were typically higher during the school year, but during the spring of 2020, coinciding with school closures, they were substantially lower. [Learn More](#)
7. **New Emergency Service Utilization Patterns in Youth at Risk of Suicide** – Research from John Hopkins University indicates that race, gender, health insurance, and age are correlated with emergency service utilization patterns in youth at risk of suicide. Records of over 3,000 youth with history of suicidality were analyzed between the years of 2017 to 2021 to determine factors predicting emergency department (ED) utilization. It was found that youth who identify as Black and/or Female, and youth with Medicaid insurance had a greater utilization of ED and greater rates of ED readmission within 90 days. On the other hand, youth below the age of 18 had lower utilization of emergency services. These patterns may suggest inadequate health care access for these groups, and a need to develop better care coordination with an intersectional focus to facilitate utilization of other health services. Read the full journal publication [here](#).
8. **Making It Easier for Kids to Get Help for Addiction, and Prevent Overdoses** – Across the country, cities and states are looking for strategies to help kids survive the opioid crisis. At a school in Virginia, students are learning how to obtain and use the lifesaving overdose reversal nasal spray Narcan that was recently made available for sale over the counter. In California, where fentanyl is the cause of 1 in 5 deaths among youths, a pending bill could allow younger teens to seek drug treatment without parental consent. [Read More](#)

## **TRAINING OPPORTUNITIES**

1. **Health Care for the Homeless 101** – The National Health Care for the Homeless (HCH) Council presents Health Care for the Homeless 101. Through engagement with this **free 11-module interactive course** learners will gain a clear understanding of the context of modern homelessness and its effect on health, be able to detail the core characteristics of Health Care for the Homeless model of care, and explore ways to get involved in the movement to end homelessness. Learners can earn a **Certificate of Completion** upon earning a score of 80% or higher on a final assessment. [Register](#)
2. **New Grants 101 Workshop** – HRSA IEA Region 7 will host a [Grants 101 Workshop in Kirksville, Missouri](#).. This workshop is offered in person only and is free. Attendees will learn about the federal grant application process, where to find funding opportunities, strategies for putting together a successful application from a grant reviewer’s perspective, and resources to support their grant writing efforts. **Tuesday, August 8, 2023, 9am-4pm CT.** [Register](#)
3. **Psychosis 101 Training** – Provide 1.5 hours virtual training that will include a screener and discussion of the screening process. Assist providers in learning how to talk to clients and families about possible psychosis symptoms as well as understand the importance of early intervention and treatment. Provide a brief overview of diagnostic criteria, describe the threshold for attenuated versus full psychosis, and discuss role of culture and trauma, the importance of good therapeutic rapport, and emphasize educating referral sources. Virtual format, recorded, and made available online. **Tuesday, August 8, 2023, 10am-11:30am CT.** [Register](#)

4. **Innovations in Recovery Leadership** – Our 3-day training is for emergent and seasoned leaders working or volunteering in a setting that prioritizes recovery support services. Those connected to Recovery Community Organizations or Centers, Collegiate Recovery Communities, Recovery High Schools, government agencies supporting recovery services statewide, family support organizations, recovery house managers, or a variety of other settings utilizing recovery supports, are encouraged to reach out to our training team to discuss the advantages of this unique curriculum. **August 8-10, 2023, 10am-3pm CT.** [Register](#)
5. **Compassion Fatigue** – As Recovery Support Service Providers, we are not immune to the effects of stress and secondary trauma. This exceptional session will provide an overview of the skills necessary to maintain your ability to respond to peers with empathy and compassion, create healthy boundaries, develop a concrete self-care plan & learn valuable warning signs of STS and Compassion Fatigue. **Wednesday, August 9, 2023, 12pm CT.** [Register](#)
6. **New Response Needs of Individuals who are Deaf, Hard of Hearing, DeafBlind or DeafDisabled** Each state mental health authority is responsible for ensuring effective communication in crisis response and all points of follow up service delivery. What does that really look like? During this presentation, participants will learn from Dr. Stephanie Logan, the Executive Director of DeafLEAD in Missouri. She has over 20 years of experience providing culturally and linguistically appropriate mental health and crisis intervention services for Deaf Missourians. **Thursday, August 10, 2023, 12pm CT.** [Register](#)
7. **NAMI-Holding Hope Presenter Training** – Holding Hope is NAMI Missouri’s Family Speakers Bureau program. Presenters share their personal stories as family members of loved ones with mental illness. Must attend both sessions. **Thursday, August 10, 2023 and Thursday, August 23, 2023, 6pm-8pm CT.** [Register](#)
8. **Recovery Friendly Workplaces Conference** – Businesses across the state are facing challenges recruiting and retaining workers. At the same time, Missouri also continues to experience high incidents of people of working age who are facing addiction and substance use issues, and ultimately leads to fewer people participating in Missouri’s workforce. Recovery Friendly Workplaces are one way that businesses and communities across Missouri can start to tackle these intersecting issues. **Thursday, August 10, 2023, 8:30am-3:30pm CT.** [Register](#)
9. **The Peer Support Experience: In Our Own Words** – This webinar, led by panelists currently providing peer services, will introduce a new toolkit developed to provide guidance and strategies to integrate and sustain peer workers within homeless service organizations. Speakers will explore the impact of peer-led services on outcomes, identify opportunities for support, and reflect on their experiences with onboarding and daily operations in these roles. **Thursday, August 10, 2023, 1pm CT.** [Register](#)
10. **Benefits and Work Made Simple Train-the Trainer Session** – This webinar demonstrates how benefit professionals can train other disability professionals about SSDI, SSI, Medicare, and Medicaid (MO HealthNet) benefits and how work affects them. Designed to prevent staff from perpetuating myths about work and benefits, the training provides basic, encouraging messages about work and shows staff how to refer individuals for benefits planning. Trainees will learn how to provide “Tier 1” (Benefit Ambassador) training to other professionals, part of Missouri’s tiered benefit planning model. **Wednesday, August 16, 2023, 10am-12pm CT.** [Register](#)
11. **New Budgeting for Impact-Nonprofit Budget Essentials** – This session provides an overview of the nonprofit budget process as well as basic steps to develop, implement, and monitor the annual budget. We will also share short-term budget strategies nonprofits can use to help build long-term financial sustainability. Whether involved in financial management, decision-making, or planning, this presentation will provide attendees with the necessary foundation to navigate the budget season. **Wednesday, August 16, 2023, 11am CT.** [Register](#)
12. **New Peer Recovery Support Specialists: The Benefits and Drawbacks of Peer Certification** – In this community of practice, we’ll discuss what certification means to the peer workforce and movement. We’ll explore how certification has supported the growth of the peer workforce, led to greater legitimacy in the eyes of some, and allowed access to funding streams. We’ll also explore how certification has siloed the meaning of lived experience,

prioritized some recovery pathways above others, and contributed to inequities in the workforce. **Wednesday, August 16, 2023, 1pm-2:30pm CT.** [Register](#)

13. **De-Escalation: Techniques for Assisting Tenants in Crisis** – Knowing how to best support an individual who is experiencing mental distress can be challenging. This webinar is an introduction to de-escalation techniques that can be used to support and engage individuals in distress. Trainers will explore engagement strategies that are trauma-informed, provide examples of how to apply de-escalation techniques, and help learners understand the importance of maintaining professional boundaries that keep all parties safe in challenging situations. **Wednesday, August 16, 2023, 1pm-3pm CT.** [Register](#)
14. **New Use Motivational Interviewing to Empower Change** – Create conversations that empower meaningful change! Our motivational interviewing (MI) training and coaching will help you inspire your team and your clients. Whether you're a clinician in a mental health or substance use treatment setting, a supervisor trying to boost staff morale or a case manager for patients with diabetes and heart disease, this is the workshop for you. **August 17, 2023, 11am-3pm CT.** [Register](#)
15. **Transition Services & Activities Justice-Involved Youth & Young Adults with Disabilities** – This webinar will provide an overview of approaches that states can take to develop effective transition services, programs and policies that emphasize rehabilitation to support educational and employment success for justice-involved Y&YADs. **Thursday, August 17, 2023, 12pm CT.** [Register](#)
16. **She's Not There: Dissociation in Young Children with Trauma** – In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. **Thursday, August 17, 2023, 1pm-4pm CT.** [Register](#)
17. **New Addressing Tobacco Use and Mental Health Challenges in Postpartum Individuals** – **Thursday, August 17, 2023, 12pm CT.** [Register](#)
18. **New Psychopharmacology Old and New** – Review the six major points of reference when studying addictions (genetics, psychology VS. biology, neuroplasticity, prescription drug abuse, drug withdrawal VS. drug rebound). Questions- Alon Fisch, alonfisch@yahoo.com. **Friday, August 18, 2023, 8:30am-4pm CT** [Register](#)
19. **Harm Reduction 101** – The webinar will cover the Foundations and Principles of Harm Reduction among other topics. **Friday, August 18, 2023, 9am-4pm CT.** [Register](#)
20. **How to Get Out of Your Mind and Build a Rich, Full and Meaningful Life** – This webinar offers an effective and accessible approach to help build a richer, fuller, and more meaningful life- an approach, by the way, that is backed up by more than 1000 ACT RCTs (randomized controlled trials). **Friday, August 18, 2023, 9am-12pm CT.** [Register](#)
21. **New Suicide Prevention Training** – The Missouri Veterans Suicide Prevention Team, in partnership with the Disabled American Veterans Chapter 17, is hosting a free lunch and learn. Participants will learn to recognize the warning signs of suicide, how to offer hope and get help. **This event is open to the public, you do not have to be a Veteran or Disabled American Veteran member to attend. Seating is limited, you must register by August 18 to attend. Wednesday, August 22, 2023, Register by calling Jon @ 573-418-0051.**
22. **Chronic Pain Management** – Learn about how to manage patients with chronic pain with and without the use of opioids. We will also discuss the pathophysiology behind chronic pain disorders (i.e. arthritis, fibromyalgia) and how treatments have influenced the opioid epidemic. **Thursday, August 23, 2023, 9am-12pm CT.** [Register](#)

23. **New Peer Supervisors: Supporting Staff Navigating Work-Related Grief and Loss** – In this community of practice, we'll explore the supports that may be needed when PRSS experience the death of a colleague or person they're providing services to. We'll discuss how to provide effective support without overstepping professional boundaries. We'll also explore how to create space for PRSS staff to navigate their experiences around grief without monitoring their emotional wellbeing. *Thursday, August 23, 2023, 1pm-2:30pm CT.* [Register](#)
24. **Live Case Study on Work and Benefits for People Who are Blind** – A live case study features a real person who shares information about their benefits, earnings, and work goals. Webinar attendees discuss work incentive options, benefit issues, and net incomes for the person for several different earnings scenarios and review the results of a DB101 Benefits and Work Estimator session. The person featured in this case study is employed part-time and receives Supplemental Aid to the Blind and MO HealthNet, but his benefits will be changing. This is a great opportunity to learn more about benefits for people who are blind. *Thursday, August 23, 2023, 1pm-3pm CT.* [Register](#)
25. **Addressing Workforce Issues on Retention and Recruitment Learning Collaborative** – Attendees will learn strategies for: assessing state recruitment and retention efforts; recruiting a diverse staff and workforce; supporting Peer Specialists/Recovery Coaches; building partnerships with academic institutions; among other relevant strategies. *Thursday, August 23, 2023, 2pm CT.* [Register](#)
26. **Addressing the Rise of Gambling Struggles Since COVID-19 and the Role of Policy and Wellness Institutions** – This symposium seeks to address the connection between gambling addiction and mental health, as well as highlight gaps in policy around this issue. *Monday, July 24, 2023, 11:30am CT.* [Register](#)
27. **6th Annual Christian Recovery Conference** – The conference offers a variety of topics on the field of behavioral health and how participants can balance their work alongside their Christian beliefs. *August 25-26, 2023.* [Register](#)
28. **New Integrating Behavioral Health and Physical Health** – Integrating primary and behavioral health services is important for addressing the needs of individuals with mental health and substance use conditions, whether seen in specialty behavioral health or primary care provider settings. *Monday, August 28, 2023, 3pm CT.* [Register](#)
29. **Employing Peer Workers: An Organization's Perspective** – In this webinar, panelists will answer questions about the challenges and opportunities organizations experience when establishing new peer roles. Leaders at organizations with established peer roles will talk about the process of onboarding peers, such as building organizational buy-in, addressing stigma in policies and in the workplace, and recruiting and employing peer workers in an equitable way. *Tuesday, August 29, 2023, 1pm CT.* [Register](#)
30. **Missouri Zero Suicide Academy (Virtual)** – This two-day Academy is intended to support health and behavioral healthcare organizations by incorporating best practices in suicide prevention into care for those at risk for suicide. *August 29-30, 2023.* [Register](#)
31. **Harm Reduction Summit** –AIDS Project of the Ozarks (APO), Better Life in Recovery, Missouri State University School of Social Work, and the Southwest Missouri Drug Poisoning Coalition will be hosting a Springfield-based Harm Reduction Summit at the Darr Agricultural Center in Springfield, MO on August 31, 2023 in honor and recognition of International Overdose Awareness Day. The event is being provided for free. Following the summit will be an event held on the downtown square in Springfield, MO to assist people in the community to access resources and to honor and remember those we have lost to overdoses in the last year. We are offering the ability to table at the summit. This event will give you and your organization the chance to directly interact with people who have identified an interest in harm reduction and may have need of your services. Tables are \$250 for non-profit organizations and \$400 for for-profit organizations. Any proceeds from the event will go to directly benefit the work of the Southwest Missouri Drug Poisoning Coalition which is a Springfield-based organization connecting organizations and people working in the harm reduction and drug use field to work together to implement education, recovery, and direct on-the-ground work for people who use drugs. Please contact Sierra Freeman at [sierra.freeman@apo-ozarks.org](mailto:sierra.freeman@apo-ozarks.org) if you are interested in having a booth at the summit. *Thursday, August 31, 2023.* [Register](#)

32. **Personal Safety and De-Escalation for Helping Professionals** – The personal safety of social workers is a vital part of our practice. This workshop will empower social workers to develop situational awareness and consider best practices for safety in the office and in the field. Case studies will highlight the importance of safety considerations and provide learners with the opportunity to critically analyze their personal and agency safety protocols. De-escalation strategies will be presented as a first line intervention to defusing challenging situations. **Thursday, August 31, 2023, 1pm-4pm CT.** [Register](#)
33. **New Missouri Telehealth Summit** – The Missouri Telehealth Network Summit connects rural healthcare providers to state funding through the Rural Citizen’s Access to Telehealth (RCAT) program. It provides opportunities to discuss telehealth projects, policy updates, and program innovations with statewide leaders, peers, and other stakeholders. **September 7-8, 2023.** [Register](#)
34. **Become a Conversations for Suicide Safer Homes Instructor** – This evidence-based intervention reduces the risk of suicide death in at-risk people while respecting their rights and autonomy. Having a conversation about making means for suicide unattainable, inoperable, or less lethal can save a life. **Wednesday, September 13, 2023, 8am-5pm CT.** [Register](#)
35. **New Addressing Workforce Needs on Retention and Recruitment Learning Collaborative** – Attendees will learn strategies for: building a representative workforce; collaborating with schools of preparation; supporting and enhancing Peer Specialists/Recovery Coaches; fostering a resilient workforce as a retention strategy; among other relevant topics. **Wednesday, September 13, 2023, 2pm-4:30pm CT.** [Register](#)
36. **NAMI FaithNet Presenter Training** – Bridges of Hope is the presentation component of FaithNet. Its purpose is to educate faith communities about mental illness so they can create stronger safety nets and more welcoming communities of faith for people affected by mental illness. **Thursday, September 14, 2023 6pm-8pm CT or September 15, 2023, 10am-12pm CT.** [Register](#)
37. **New Harm Reduction Vending Machines** – Overdose and other drug-related harms remain at critical levels among people who use drugs (PWUD) in the U.S., with an estimated 102,842 overdose deaths occurring from July 2021 to June 2022 alone. Harm reduction vending machines (HRVMs) can be a low-maintenance, inexpensive intervention that health departments and community-based organizations can adopt and implement to support PWUD in the communities they serve. **Tuesday, September 19, 2023, 12:30pm-2pm CT.** [Register](#)
38. **Building a Resilient Workforce** – Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. **Tuesday September 19, 2023, 1pm CT.** [Register](#)
39. **NARR Best Practices Summit, Dearborn, Michigan** – The NARR Summit is your chance to learn from leading experts and researchers, build on the latest in recovery housing best practices, and come together as a community to learn from each other’s stories. Your story has the power to change the world. How can sharing recovery experiences make for more effective advocacy, foster community partnerships, and increase access to quality recovery housing? **October 9-11, 2023,** [Register](#)
40. **MHA’s Annual Convention** – Our system of health care is similar. Where most effective, it is interconnected. It builds on the upstream influence of prevention, wellness and access, feeding in greater strength as it builds toward the deep and wide expertise of our hospital-based care environment. **November 1-3, 2023,** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or

younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

2. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
3. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
4. **Youth Peer Support** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
5. **Peer Supervision Training** – **converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
6. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
7. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
8. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
9. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
  - **Missouri Recovery Support Specialist Trainings** – [Register](#)
  - **Ethics Trainings** – [Register](#)
10. **Foundations of Harm Reduction** – The Addiction Science team at UMSL-MIMH is offering a new, free training to help clinicians, peers, community health workers and others in the SUD field to build a foundation of Harm Reduction. No specific information related to types of mental health or substance use diagnosis is needed. The skills you will be learning are applicable to working with individuals in many settings and with diverse backgrounds. The overarching idea is to broaden how we think about working with people who use drugs, and move away from the notion that if an individual is not interested in treatment there is nothing that we can offer them.

- **Tuesday, August 8, 2023, 12pm-1:30pm CT** - at UMSL [Register](#)
- **Thursday, August 24, 2023, 2pm-3:30pm CT** – Virtual [Register](#)

11. **Family Coaching Workshops-Missouri Tiered Supports** – Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
- **Stay Close-Thursday, August 10, 2023**-Cool, Random, and Routine-August 10, 2023, Learn, practice, and get feedback about core relationship skills that also build trust. [Join Webex](#)
  - **Positive Consequences-Thursday, August 24, 2023**-Learn to identify opportunities, types, relative value, and worth of positive consequences. [Join Webex](#)
  - **Pivot-Thursday, September 14, 2023**-Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc.) often repeat despite our focus on wanting them to stop. [Join Webex](#)
  - **Stay Close-HOT-Thursday, September 28, 2023**-Learn, practice and receive feedback about the skills you can use to de-escalate difficult situations. [Join Webex](#)
  - **Set Expectations-Thursday, October 12, 2023**-Practice developing expectations that increase the behaviors you want to see. [Join Webex](#)
  - **Family Matrix-Thursday, October 23, 2023**-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. [Join Webex](#)
12. **You Can't Stop What you Don't Know** – This workshop will provide attendees with the ability, knowledge, and confidence to help them prevent drug and/or alcohol misuse. Attendees will also be taught certain identifiers, logos and terms that are commonly related to drug (illegal and over the counter) and alcohol, marijuana and drug concealment on school, home and work property.
- **Thursday, August 10, 2023-St. Peters** [Register](#)
  - **Wednesday, November 15, 2023-Kansas City** [Register](#)
13. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing
- **Wednesday, August 16, 2023**, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: [https://csh-org.zoom.us/meeting/register/tZErce-qpiMsE9TdxAK7PXVcfNKmlm\\_ahhVT](https://csh-org.zoom.us/meeting/register/tZErce-qpiMsE9TdxAK7PXVcfNKmlm_ahhVT)
  - **Wednesday, September 20, 2023**, MO DMH Training - Building Community Support registration link: [https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT\\_So2wUCPwSovInxoSmz](https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz)
  - **Wednesday, October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akLmBmS-N>
  - **Wednesday, November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
  - **Wednesday, December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPPhnaKfdnZUJHzDsc>
14. **Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions** – These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It's an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
- **Session 8-New to Treatment Court-Tuesday, August 29, 2023, 10am CT.** [Register](#)
  - **Session 9-Treatment Challenges-Tuesday, September 26, 2023, 10am CT.** [Register](#)
  - **Session 10-Latest Trends on Working in a Treatment Court- Tuesday, October 31, 2023, 10am CT.** [Register](#)
  - **Session 11-Treatment Court 101-Tuesday, November 28, 2023, 10am CT.** [Register](#)
  - **Session 12-Communication Strategies-Tuesday, December 19, 2023, 10am CT.** [Register](#)
15. **Advanced Peer Supervision Trainings** –This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. It will be

provided in virtual format (Zoom) and also in person. When you register, please ensure you select the correct training format that you want to attend.

- **September 7-8, 2023-In-Person.** [Register](#)
- **November 9-10, 2023-Virtual.** [Register](#)

16. **The Power of Nutrition in Recovery** – Learn the critical role that nutrition (or lack of) plays in recovery.

- **September 16, 10am-5pm C.** [Register](#)
- **October 18 & 19, 2023, 4-7pm CT.** [Register](#)
- **November 7-8, 2023 10am-1:30pm CT.** [Register](#)

17. **Social Current: Building a Resilient Workforce Webinar Series** – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)

- **Embed Brain Science-Tuesday, September 19, 2023, 1pm CT.**
- **Foster Candidness through Psychological Safety-Thursday, October 5, 2023, 1pm CT.**
- **Create Culture around Shared Values-Thursday, November 9, 2023, 1pm CT.**
- **Integrated Connection and Community-Tuesday, December 12, 2022, 1pm CT.**

18. **Certified Peer Specialist-In Person Training** – The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. [Register](#)

- East-**October 2-6, 2023**, St. Louis

19. **ON DEMAND Integrating Equity and Diversity in Digital Mental Health Interventions for Depression** – This presentation will describe the challenges and needs in developing interventions for underserved populations with an emphasis on Spanish speaking patients in a public sector setting. The presentation will describe a text messaging CBT intervention to increase engagement and improve quality of care among Spanish speaking patients with depression. [Register](#)