

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

August 11, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **State Advisory Council** – The State Advisory Council held the August 2, 2023, meeting at Fulton State Hospital. They would like to thank Fulton State Hospital staff for inviting us into their space, providing a delicious lunch, giving us a wonderful tour, and explaining some of the history of the hospital.



2. **Substance Abuse and Mental Health Services Administration Learning Collaborative** – DBH staff **Renee Rothermich, Lekshmi Viswanathan, and Andrea Kimball** participated in a Substance Abuse and Mental Health Services Administration (SAMHSA)-sponsored Learning Collaborative. The collaborative included multisession meetings focused on grantee skill building in the use of quality improvement techniques; peer learning; identifying barriers to collecting substance use disorder (SUD) data and producing high-quality reports; sharing case studies and successful processes; and, integrating SAMHSA SUD data with other types of data reporting (e.g., Medicaid, private funding, discretionary spending). The collaborative was conducted between March and June, 2023. Key concepts of the learning collaborative were presented nationally on August 2, 2023.

3. **Update on Administrative Rules** – Comments on the following proposed amendments are due on August 17, 2023, as published in the [July 17, 2023 Missouri Register](#) (pages 1380-1386)

9 CSR 10-7.035 Behavioral Health Healthcare Home

9 CSR 30-6.010 Certified Community Behavioral Health Organization (CCBHO)

The comment period for the following proposed amendments ends on September 1, 2023, as published in the [August 1, 2023 Missouri Register](#) (pages 1424-1426):

9 CSR 30-3.134 Gambling Disorder Treatment

9 CSR 30-3.201 Substance Awareness Traffic Offender Program

9 CSR 30-3.206 SATOP Structure

The final order of rulemaking for Sobering Centers is published in the [August 15, 2023 Missouri Register](#) (page 1554). The rule will be published in the September 1, 2023, issue of the Code of State Regulations and will be effective on October 1, 2023.

JOB ANNOUNCEMENTS

Document Control Specialist

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Remote work may be available after successful probationary period. Application deadline is **August 18, 2023**. [Learn More and Apply!](#)

Looking for employment? Know someone who is?

**Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health**

FUNDING OPPORTUNITIES

1. **Peer Scholarships for the 2023 Missouri Behavioral Health Conference** – The *Missouri Behavioral Health Council* will provide several peer scholarships for the **2023 Missouri Behavioral Health Conference**, held on **September 19-22, 2023, in Kansas City, Missouri, at the Westin at Crown Center**. The conference cost (\$150) will be waived, and we would welcome you to attend the entire conference. Lunch will be provided each day, and breakfast on Thursday and Friday during the conference. **Hotel stays will not be included in the scholarship. Application:** <https://katiehorst.wufoo.com/forms/r1wp6pe216h0qp1/>
2. **How to Receive Medications for Opioid Use Disorder (MOUD) Training** – Qualified disciplines can become eligible for the [Loan Repayment Program Continuation Contract Award Enhancement](#).
3. **Cooperative Agreement for the Refugee and Migrant Behavioral Health technical Assistance Center** – This opportunity creates a Technical Assistance (TA) center to grow the capacity of healthcare providers and organizations that serve refugee and migrant people in the US. The TA Center will provide learning opportunities, training, and technical assistance, including clinical consultation; FUNDING OPPORTUNITIES JULY 27, 2023 interactive online learning modules; learning communities; targeted TA and coaching; online educational materials and resources that are culturally relevant, language-relevant, resiliency focused, and trauma informed. **Due Date; August 29, 2023.** [Learn More](#)
4. **Grant Opportunities** – SAMHSA Grant Opportunities also available on the Grants Dashboard. [Learn More](#)
5. **NIDA Supports Research on Novel Approaches for Smoking Cessation** – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. **Application Due Date: Sunday, October 15, 2023.** [Learn More](#)

INFO and RESOURCES

- 1. New Veterans Suicide Prevention Training Opportunity for Health Care Providers** – Are you a health care provider serving Veterans in your community? If you work with Veterans, you know they can experience unique challenges, including higher rates of suicide than those who never served. Help keep Veterans safe by learning how to reduce suicide risk through two FREE, online, self-paced courses for health care providers.
 - [VHA Train](#)– 1-hour course (offers ACCME, ACCME-NP, ANCC, APA, ASWB, NBCC, and NYSED SWB accreditation)
 - [Psych Armor Institute](#) – 25-minute course (offers a certificate of completion)
- 2. New Access Our Health Equity Toolkit** – How are you advancing health equity in your organization this Minority Mental Health Awareness Month? [We want to know!](#) To help your organization address racial inequities and the associated stigmas that lead to mental health and substance use treatment disparities, access our free, interactive toolkit, [Access For Everyone: Addressing Health Equity and Racial Justice within Integrated Care Settings](#).
- 3. New Digital Therapeutics for management and Treatment in Behavioral Health** – The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released a new advisory on [Digital therapeutics for management and treatment in behavioral health](#). This advisory “...introduces readers to digital therapeutics (DTx) and the benefits of their use in behavioral health”. The document also “...describes the research, regulatory, and reimbursement implications for DTx as well as selection and implementation considerations.” The advisory can be downloaded on SAMHSA’s website, [here](#).
- 4. New New CoE-PHI Resource: 2023 Privacy Update** – The Substance Abuse and Mental Health Services Administration's (SAMHSA) Center of Excellence for Protected Health Information (CoE-PHI) released a new resource on [2023 Privacy Update](#). The resource provides information on the changes to federal health policy laws and regulations in 2023 for patients’ substance use disorder (SUD) and mental health treatment information and links to additional resources to learn more. The resource can be downloaded [here](#).
- 5. Conversations for Suicide Safer Schools** – Missouri Institute of Mental Health (MIMH) and the Missouri Child Psychiatry Access Project (MOCPAP) are pleased to announce a new training series for the upcoming 2023/2024 school year entitled Conversations for Suicide Safer Schools. This training is intended to empower educators to ask about suicide risk effectively, identify each staff member's role & responsibility, and practice skills to help parents create suicide-safer environments when there is a potential risk for suicide. Not only is this training free of charge, but attendees will also receive an MIMH Continuing Education Credit for licensure renewal *and* a \$25 Amazon gift card for their participation. Further information, including training dates/times and a registration link can be found [here](#). Registration inquiries and further questions about the training can be directed to: conferences@mimh.edu. Please share this training with school professionals or members of school-affiliated professional agency.
- 6. Trends and Seasonality of Emergency Department Visits and Hospitalizations for Suicidality Among Children and Adolescents in the US** – This cross-sectional study of 73 123 emergency department (ED) visits and hospitalizations for suicidality found that the incidence of ED visits and hospitalizations increased from 2016 to 2021, with a temporary decline in 2020. Prior to the pandemic, monthly incidences were typically higher during the school year, but during the spring of 2020, coinciding with school closures, they were substantially lower. [Learn More](#)
- 7. Emergency Service Utilization Patterns in Youth at Risk of Suicide** – Research from John Hopkins University indicates that race, gender, health insurance, and age are correlated with emergency service utilization patterns in youth at risk of suicide. Records of over 3,000 youth with history of suicidality were analyzed between the years of 2017 to 2021 to determine factors predicting emergency department (ED) utilization. It was found that youth who identify as Black and/or Female, and youth with Medicaid insurance had a greater utilization of ED and greater rates of ED readmission within 90 days. On the other hand, youth below the age of 18 had lower utilization of emergency

services. These patterns may suggest inadequate health care access for these groups, and a need to develop better care coordination with an intersectional focus to facilitate utilization of other health services. Read the full journal publication [here](#).

8. **NAMI-Parent's Guide to Mental Health** – This guide was developed by NAMI Missouri and Missouri Department of Mental Health and includes information on how to support your youth's mental health, crisis resources, tools for youth and more! This guide is attached to this email and is also available on our youth resources page. [Read More](#)
9. **Making It Easier for Kids to Get Help for Addiction, and Prevent Overdoses** – Across the country, cities and states are looking for strategies to help kids survive the opioid crisis. At a school in Virginia, students are learning how to obtain and use the lifesaving overdose reversal nasal spray Narcan that was recently made available for sale over the counter. In California, where fentanyl is the cause of 1 in 5 deaths among youths, a pending bill could allow younger teens to seek drug treatment without parental consent. [Read More](#)

TRAINING OPPORTUNITIES

1. **Benefits and Work Made Simple Train-the Trainer Session** – This webinar demonstrates how benefit professionals can train other disability professionals about SSDI, SSI, Medicare, and Medicaid (MO HealthNet) benefits and how work affects them. Designed to prevent staff from perpetuating myths about work and benefits, the training provides basic, encouraging messages about work and shows staff how to refer individuals for benefits planning. Trainees will learn how to provide "Tier 1" (Benefit Ambassador) training to other professionals, part of Missouri's tiered benefit planning model. **Wednesday, August 16, 2023, 10am-12pm CT.** [Register](#)
2. **Budgeting for Impact-Nonprofit Budget Essentials** – This session provides an overview of the nonprofit budget process as well as basic steps to develop, implement, and monitor the annual budget. We will also share short-term budget strategies nonprofits can use to help build long-term financial sustainability. Whether involved in financial management, decision-making, or planning, this presentation will provide attendees with the necessary foundation to navigate the budget season. **Wednesday, August 16, 2023, 11am CT.** [Register](#)
3. **Peer Recovery Support Specialists: The Benefits and Drawbacks of Peer Certification** – In this community of practice, we'll discuss what certification means to the peer workforce and movement. We'll explore how certification has supported the growth of the peer workforce, led to greater legitimacy in the eyes of some, and allowed access to funding streams. We'll also explore how certification has siloed the meaning of lived experience, prioritized some recovery pathways above others, and contributed to inequities in the workforce. **Wednesday, August 16, 2023, 1pm-2:30pm CT.** [Register](#)
4. **De-Escalation: Techniques for Assisting Tenants in Crisis** – Knowing how to best support an individual who is experiencing mental distress can be challenging. This webinar is an introduction to de-escalation techniques that can be used to support and engage individuals in distress. Trainers will explore engagement strategies that are trauma-informed, provide examples of how to apply de-escalation techniques, and help learners understand the importance of maintaining professional boundaries that keep all parties safe in challenging situations. **Wednesday, August 16, 2023, 1pm-3pm CT.** [Register](#)
5. **Use Motivational Interviewing to Empower Change** – Create conversations that empower meaningful change! Our motivational interviewing (MI) training and coaching will help you inspire your team and your clients. Whether you're a clinician in a mental health or substance use treatment setting, a supervisor trying to boost staff morale or a case manager for patients with diabetes and heart disease, this is the workshop for you. **August 17, 2023, 11am-3pm CT.** [Register](#)

6. **Transition Services and Activities Justice-Involved Youth and Young Adults with Disabilities** – This webinar will provide an overview of approaches that states can take to develop effective transition services, programs and policies that emphasize rehabilitation to support educational and employment success for justice-involved Y&YADs. *Thursday, August 17, 2023, 12pm CT.* [Register](#)
7. **She's Not There: Dissociation in Young Children with Trauma** – In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. *Thursday, August 17, 2023, 1pm-4pm CT.* [Register](#)
8. **Addressing Tobacco Use and Mental Health Challenges in Postpartum Individuals** – *Thursday, August 17, 2023, 12pm CT.* [Register](#)
9. **Psychopharmacology Old and New** – Review the six major points of reference when studying addictions (genetics, psychology VS. biology, neuroplasticity, prescription drug abuse, drug withdrawal VS. drug rebound). Questions- Alon Fisch, alonfisch@yahoo.com. *Friday, August 18, 2023, 8:30am-4pm CT* [Register](#)
10. **Harm Reduction 101** – The webinar will cover the Foundations and Principles of Harm Reduction among other topics. *Friday, August 18, 2023, 9am-4pm CT.* [Register](#)
11. **How to Get Out of Your Mind and Build a Rich, Full and Meaningful Life** – This webinar offers an effective and accessible approach to help build a richer, fuller, and more meaningful life- an approach, by the way, that is backed up by more than 1000 ACT RCTs (randomized controlled trials). *Friday, August 18, 2023, 9am-12pm CT.* [Register](#)
12. **New Medications for AUD; Naltrexone and Best Practices for Extended Release Naltrexone Injections** – This training will review the basic pharmacology and clinical use of naltrexone for the treatment of alcohol use disorders. Injection techniques for XR naltrexone will also be discussed. *Monday, August 21, 2023, 11am CT.* [Register](#)
13. **Suicide Prevention Training** – The Missouri Veterans Suicide Prevention Team, in partnership with the Disabled American Veterans Chapter 17, is hosting a free lunch and learn. Participants will learn to recognize the warning signs of suicide, how to offer hope and get help. **This event is open to the public, you do not have to be a Veteran or Disabled American Veteran member to attend. Seating is limited, you must register by August 18 to attend.** *Wednesday, August 22, 2023, Register by calling Jon @ 573-418-0051.*
14. **Chronic Pain Management** – Learn about how to manage patients with chronic pain with and without the use of opioids. We will also discuss the pathophysiology behind chronic pain disorders (i.e. arthritis, fibromyalgia) and how treatments have influenced the opioid epidemic. *Thursday, August 23, 2023, 9am-12pm CT.* [Register](#)
15. **Peer Supervisors: Supporting Staff Navigating Work-Related Grief and Loss** – In this community of practice, we'll explore the supports that may be needed when PRSS experience the death of a colleague or person they're providing services to. We'll discuss how to provide effective support without overstepping professional boundaries. We'll also explore how to create space for PRSS staff to navigate their experiences around grief without monitoring their emotional wellbeing. *Thursday, August 23, 2023, 1pm-2:30pm CT.* [Register](#)
16. **Live Case Study on Work and Benefits for People Who are Blind** – A live case study features a real person who shares information about their benefits, earnings, and work goals. Webinar attendees discuss work incentive options, benefit issues, and net incomes for the person for several different earnings scenarios and review the results of a DB101 Benefits and Work Estimator session. The person featured in this case study is employed part-time and receives Supplemental Aid to the Blind and MO HealthNet, but his benefits will be changing. This is a great opportunity to learn more about benefits for people who are blind. *Thursday, August 23, 2023, 1pm-3pm CT.* [Register](#)

17. **Addressing Workforce Issues on Retention and Recruitment Learning Collaborative** – Attendees will learn strategies for: assessing state recruitment and retention efforts; recruiting a diverse staff and workforce; supporting Peer Specialists/Recovery Coaches; building partnerships with academic institutions; among other relevant strategies. **Thursday, August 23, 2023, 2pm CT.** [Register](#)
18. **Addressing the Rise of Gambling Struggles Since COVID-19 and the Role of Policy and Wellness Institutions** – This symposium seeks to address the connection between gambling addiction and mental health, as well as highlight gaps in policy around this issue. **Monday, July 24, 2023, 11:30am CT.** [Register](#)
19. **6th Annual Christian Recovery Conference** – The conference offers a variety of topics on the field of behavioral health and how participants can balance their work alongside their Christian beliefs. **August 25-26, 2023.** [Register](#)
20. **New Medications for AUD: Acamprosate and Disulfiram** – This training will review the basic pharmacology and clinical uses for both acamprosate and disulfiram in the treatment of alcohol use disorders. **Monday, August 28, 2023, 11am CT.** [Register](#)
21. **Integrating Behavioral Health and Physical Health** – Integrating primary and behavioral health services is important for addressing the needs of individuals with mental health and substance use conditions, whether seen in specialty behavioral health or primary care provider settings. **Monday, August 28, 2023, 3pm CT.** [Register](#)
22. **Employing Peer Workers: An Organization’s Perspective** – In this webinar, panelists will answer questions about the challenges and opportunities organizations experience when establishing new peer roles. Leaders at organizations with established peer roles will talk about the process of onboarding peers, such as building organizational buy-in, addressing stigma in policies and in the workplace, and recruiting and employing peer workers in an equitable way. **Tuesday, August 29, 2023, 1pm CT.** [Register](#)
23. **Missouri Zero Suicide Academy (Virtual)** – This two-day Academy is intended to support health and behavioral healthcare organizations by incorporating best practices in suicide prevention into care for those at risk for suicide. **August 29-30, 2023.** [Register](#)
24. **New Training Mobile Crisis Teams to Respond to the Unique Needs of Children and Adolescents** – This year’s state peer-to-peer learning sessions focus on the provision of Mobile Crisis Team (MCT) services. This session will highlight the unique needs of children and adolescents in crisis response. **Wednesday, August 30, 2pm CT.** [Register](#)
25. **Harm Reduction Summit** –AIDS Project of the Ozarks (APO), Better Life in Recovery, Missouri State University School of Social Work, and the Southwest Missouri Drug Poisoning Coalition will be hosting a Springfield-based Harm Reduction Summit at the Darr Agricultural Center in Springfield, MO on August 31, 2023 in honor and recognition of International Overdose Awareness Day. The event is being provided for free. Following the summit will be an event held on the downtown square in Springfield, MO to assist people in the community to access resources and to honor and remember those we have lost to overdoses in the last year. We are offering the ability to table at the summit. This event will give you and your organization the chance to directly interact with people who have identified an interest in harm reduction and may have need of your services. Tables are \$250 for non-profit organizations and \$400 for for-profit organizations. Any proceeds from the event will go to directly benefit the work of the Southwest Missouri Drug Poisoning Coalition which is a Springfield-based organization connecting organizations and people working in the harm reduction and drug use field to work together to implement education, recovery, and direct on-the-ground work for people who use drugs. Please contact Sierra Freeman at sierra.freeman@apo-ozarks.org if you are interested in having a booth at the summit. **Thursday, August 31, 2023.** [Register](#)

26. **Personal Safety and De-Escalation for Helping Professionals** – The personal safety of social workers is a vital part of our practice. This workshop will empower social workers to develop situational awareness and consider best practices for safety in the office and in the field. Case studies will highlight the importance of safety considerations and provide learners with the opportunity to critically analyze their personal and agency safety protocols. De-escalation strategies will be presented as a first line intervention to defusing challenging situations. **Thursday, August 31, 2023, 1pm-4pm CT.** [Register](#)
27. **Missouri Telehealth Summit** – The Missouri Telehealth Network Summit connects rural healthcare providers to state funding through the Rural Citizen’s Access to Telehealth (RCAT) program. It provides opportunities to discuss telehealth projects, policy updates, and program innovations with statewide leaders, peers, and other stakeholders. **September 7-8, 2023.** [Register](#)
28. **Become a Conversations for Suicide Safer Homes Instructor** – This evidence-based intervention reduces the risk of suicide death in at-risk people while respecting their rights and autonomy. Having a conversation about making means for suicide unattainable, inoperable, or less lethal can save a life. **Wednesday, September 13, 2023, 8am-5pm CT.** [Register](#)
29. **Addressing Workforce Needs on Retention and Recruitment Learning Collaborative** – Attendees will learn strategies for: building a representative workforce; collaborating with schools of preparation; supporting and enhancing Peer Specialists/Recovery Coaches; fostering a resilient workforce as a retention strategy; among other relevant topics. **Wednesday, September 13, 2023, 2pm-4:30pm CT.** [Register](#)
30. **NAMI FaithNet Presenter Training** – Bridges of Hope is the presentation component of FaithNet. Its purpose is to educate faith communities about mental illness so they can create stronger safety nets and more welcoming communities of faith for people affected by mental illness. **Thursday, September 14, 2023 6pm-8pm CT or September 15, 2023, 10am-12pm CT.** [Register](#)
31. **Harm Reduction Vending Machines** – Overdose and other drug-related harms remain at critical levels among people who use drugs (PWUD) in the U.S., with an estimated 102,842 overdose deaths occurring from July 2021 to June 2022 alone. Harm reduction vending machines (HRVMs) can be a low-maintenance, inexpensive intervention that health departments and community-based organizations can adopt and implement to support PWUD in the communities they serve. **Tuesday, September 19, 2023, 12:30pm-2pm CT.** [Register](#)
32. **Building a Resilient Workforce** – Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. **Tuesday September 19, 2023, 1pm CT.** [Register](#)
33. **NARR Best Practices Summit, Dearborn, Michigan** – The NARR Summit is your chance to learn from leading experts and researchers, build on the latest in recovery housing best practices, and come together as a community to learn from each other’s stories. Your story has the power to change the world. How can sharing recovery experiences make for more effective advocacy, foster community partnerships, and increase access to quality recovery housing? **October 9-11, 2023,** [Register](#)
34. **MHA’s Annual Convention** – Our system of health care is similar. Where most effective, it is interconnected. It builds on the upstream influence of prevention, wellness and access, feeding in greater strength as it builds toward the deep and wide expertise of our hospital-based care environment. **November 1-3, 2023,** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the

conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

2. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
3. **New NAMI Basic Education for Military Families** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 22 and younger who are experiencing mental health symptoms. NAMI Basics for Military Families is specifically for military families. The NAMI Basics course meets requirements for Missouri Foster Parent Training Credit, but a request must be submitted to the Missouri Department of Social Services Children's Division prior to taking the course for each person requesting training credits. occurs weekly for 6 weeks. **Thursday September 23-October 26, 2023, 6pm-8:30pm CT.** [Register](#)
4. **New NAMI Family to Family Education Course** – NAMI Family-to-Family is a free educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. **September 5 to October 24, 2023, 6pm-8:30pm CT.** [Register](#)
5. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
6. **Youth Peer Support** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
7. **Peer Supervision Training** – **converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
8. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
9. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
10. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)

- **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
11. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
- Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)
12. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing
- **Wednesday, August 16, 2023**, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tZErce-qpiMsE9TdXAK7PXVcfNKmlm_ahhVT
 - **Wednesday, September 20, 2023**, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
 - **Wednesday, October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akLmBmS-N>
 - **Wednesday, November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
 - **Wednesday, December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPPhnaKfdnZUJHzDsc>
13. **Foundations of Harm Reduction** – The Addiction Science team at UMSL-MIMH is offering a new, free training to help clinicians, peers, community health workers and others in the SUD field to build a foundation of Harm Reduction. No specific information related to types of mental health or substance use diagnosis is needed. The skills you will be learning are applicable to working with individuals in many settings and with diverse backgrounds. The overarching idea is to broaden how we think about working with people who use drugs, and move away from the notion that if an individual is not interested in treatment there is nothing that we can offer them.
- **Thursday, August 24, 2023, 2pm-3:30pm CT** – Virtual [Register](#)
14. **Family Coaching Workshops-Missouri Tiered Supports** – Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
- **Positive Consequences-Thursday, August 24, 2023**-Learn to identify opportunities, types, relative value, and worth of positive consequences. [Join Webex](#)
 - **Pivot-Thursday, September 14, 2023**-Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc.) often repeat despite our focus on wanting them to stop. [Join Webex](#)
 - **Stay Close-HOT-Thursday, September 28, 2023**-Learn, practice and receive feedback about the skills you can use to de-escalate difficult situations. [Join Webex](#)
 - **Set Expectations-Thursday, October 12, 2023**-Practice developing expectations that increase the behaviors you want to see. [Join Webex](#)
 - **Family Matrix-Thursday, October 23, 2023**-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. [Join Webex](#)
15. **Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions** – These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It's an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
- **Session 8-New to Treatment Court-Tuesday, August 29, 2023, 10am CT.** [Register](#)
 - **Session 9-Treatment Challenges-Tuesday, September 26, 2023, 10am CT.** [Register](#)
 - **Session 10-Latest Trends on Working in a Treatment Court- Tuesday, October 31, 2023, 10am CT.** [Register](#)
 - **Session 11-Treatment Court 101-Tuesday, November 28, 2023, 10am CT.** [Register](#)
 - **Session 12-Communication Strategies-Tuesday, December 19, 2023, 10am CT.** [Register](#)

16. **Advanced Peer Supervision Trainings** –This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. It will be provided in virtual format (Zoom) and also in person. When you register, please ensure you select the correct training format that you want to attend.
- **September 7-8, 2023-In-Person.** [Register](#)
 - **November 9-10, 2023-Virtual.** [Register](#)
17. **The Power of Nutrition in Recovery** – Learn the critical role that nutrition (or lack of) plays in recovery.
- **September 16, 10am-5pm C.** [Register](#)
 - **October 18 & 19, 2023, 4-7pm CT.** [Register](#)
 - **November 7-8, 2023 10am-1:30pm CT.** [Register](#)
18. **Social Current: Building a Resilient Workforce Webinar Series** – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)
- **Embed Brain Science-Tuesday, September 19, 2023, 1pm CT.**
 - **Foster Candidness through Psychological Safety-Thursday, October 5, 2023, 1pm CT.**
 - **Create Culture around Shared Values-Thursday, November 9, 2023, 1pm CT.**
 - **Integrated Connection and Community-Tuesday, December 12, 2022, 1pm CT.**
19. **Certified Peer Specialist-In Person Training** – The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. [Register](#)
- **East-October 2-6, 2023, St. Louis**
20. **ON DEMAND Integrating Equity and Diversity in Digital Mental Health Interventions for Depression** – This presentation will describe the challenges and needs in developing interventions for underserved populations with an emphasis on Spanish speaking patients in a public sector setting. The presentation will describe a text messaging CBT intervention to increase engagement and improve quality of care among Spanish speaking patients with depression. [Register](#)