

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance September 1, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- Missouri Buddy Check 22 Day Posters** – DMH Veterans Services created the Missouri Buddy Check 22 Day poster to encourage people to “check in” with someone on the 22nd of each month. It promotes the 988 Suicide & Crisis Lifeline and represents a united front with veteran service organizations and state agencies, in preventing suicide. Over 1,100 posters are being distributed to veteran service organizations, Missouri National Guard and Missouri Veteran Commission locations across the state.

Missouri Buddy Check 22 Day



Feeling alone and not having others to talk with can increase the risk of suicide.

Set a reminder for the twenty-second (22) day of each month to check in on a service member, Veteran, or family member:
Talk, ask how they are doing.
Listen, be ready to offer help if needed.
Meet again, make plans to stay in touch.

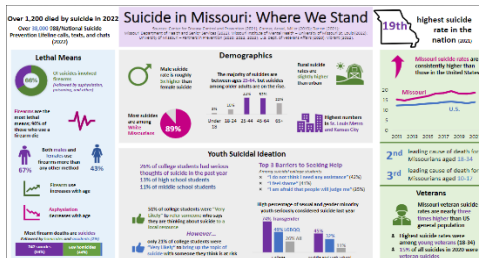
Together, we can all help prevent suicide.



Participating organizations include: Veterans of Foreign Wars, American Legion, Disabled American Veterans, Marine Corps League, Missouri National Guard, Missouri Department of Mental Health, Missouri Veterans Commission and Missouri Governor’s Challenge to Prevent Suicide among Service Members, Veterans & their Families.

<https://dmh.mo.gov/missouriBC22>

- Suicide in Missouri: Where We Stand** – This information can be located at: <https://dmh.mo.gov/media/pdf/suicide-missouri-where-we-stand-0>



- Update on Administrative Rules** – Comment period for the following proposed amendments ends on September 1, 2023, as published in the [August 1, 2023 Missouri Register](#) (pages 1424-1426):
9 CSR 30-3.134 Gambling Disorder Treatment;
9 CSR 30-3.201 Substance Awareness Traffic Offender Program;
9 CSR 30-3.206 SATOP Structure

The final order of rulemaking for Sobering Centers is published in the [August 15, 2023 Missouri Register](#) (page 1554). The rule will be published in the September 1, 2023, issue of the Code of State Regulations and will be effective on October 1, 2023.

The Division of Behavioral Health is accepting comments on proposed amendment **9 CSR 30-4.046 Psychosocial Rehabilitation (PSR) in Community Psychiatric Rehabilitation Programs** <https://dmh.mo.gov/alcohol-drug/regulation-drafts>. This amendment changes the staff ratios for Children/Youth PSR. Comments should be

submitted to Debbie.mcbaine@dmh.mo.gov by **September 22, 2023**.

4. **New MoHealthNet Provider Update-Residential Treatment and Treatment Foster Care** – applies to Qualified Residential Treatment Programs (QRTP), Residential Treatment Agencies for Children and Youth and Child Placing Agencies Delivering Treatment Foster Care (TFC) Services [Learn More](#)
5. **New MoHealthNet Provider Update-Maternal and Infant Health Engagement Survey for Mo HealthNet Providers** – The MO HealthNet Division (MHD) and the managed care health plans are collaborating on a project to educate and inform providers and participants/members on benefits and opportunities available to them during and after their pregnancy. Please take a quick five minute [Maternal and Infant Health Engagement Survey](#) to help us collect data to improve policies, payment methodologies and most importantly outcomes for pregnant and postpartum women and infants. The survey will close on **September 8, 2023**.

JOB ANNOUNCEMENTS

Certification Specialist

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Remote work may be available after a successful probationary period. Application deadline is **September 8, 2023**. [Learn More and Apply!](#)

**Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health**

Xylazine Basics: Overdose Prevention, Harm Reduction and Wound Care

https://hhrctraining.org/system/files/paragraphs/download-file/file/2023-08/HHRC_Xylazine_FactSheet-508.pdf

FUNDING OPPORTUNITIES

1. **Peer Scholarships for the 2023 Missouri Behavioral Health Conference** – The *Missouri Behavioral Health Council* will provide several peer scholarships for the **2023 Missouri Behavioral Health Conference**, held on **September 19-22, 2023, in Kansas City, Missouri, at the Westin at Crown Center**. The conference cost (\$150) will be waived, and we would welcome you to attend the entire conference. Lunch will be provided each day, and breakfast on Thursday and Friday during the conference. **Hotel stays will not be included in the scholarship. Application:** <https://katiehorst.wufoo.com/forms/r1wp6pe216h0qp1/>
2. **How to Receive Training on Medications for Opioid Use Disorder (MOUD)** – Qualified disciplines can become eligible for the [Loan Repayment Program Continuation Contract Award Enhancement](#).
3. **2024 Minority Fellowship Program for Addiction Counselors Now Accepting Applications** – The National Board for Certified Counselors (NBCC), funded by a grant in collaboration with the Association for Addiction Professionals (NAADAC) and the Substance Abuse and Mental Health Services Administration (SAMHSA), is accepting applications for the [2024 Minority Fellowship Program for Addiction Counselors \(MFP-AC\)](#). The MFP-AC pairs awardees with mentors in the substance use disorder (SUD) field and provides professional development resources, including travel

to the NAADAC Annual Conference. The 2024 MFP-AC will award up to 40 masters'-level fellowships in addiction counseling worth \$15,000 each. NAADAC is accepting [applications](#). **Application Due Date: September 30, 2023.**

4. **NIDA Supports Research on Novel Approaches for Smoking Cessation** – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. **Application Due Date: Sunday, October 15, 2023.** [Learn More](#)

INFO and RESOURCES

1. **New Increasing Cannabis Use Worsens Depression for Most Young Adults** – Cannabis use among young adults is linked to depression, but it is unclear whether increased cannabis use leads to increased depression or if increased depression leads to increased use of cannabis. This study explored the relationship between cannabis use and depression over the long-term from teen through young adult years. [Read More](#)
2. **New Belief in Disease Model Associated with Support for Harm Reduction** – Public opinion towards harm reduction services has been mixed, which can prevent their adoption or limit their funding. Understanding the factors that can increase support for harm reduction services is important as it could lead to more implementation. This study identified the demographic factors and the knowledge, beliefs, and attitudes associated with support for harm reduction services. [Read More](#)
3. **New Brain Makers of Impulsivity in Amphetamine Use Disorder** – Greater understanding of the brain science underlying impulsivity and its connection to substance use disorder may improve strategies for prevention and treatment. This study used brain imaging to investigate links between impulsivity and amphetamine use disorder and the role of sex in influencing the strength of these relationships. [Read More](#)
4. **New Can a Brief Online Intervention Curb Problematic Alcohol Use in the National Guard?** – Brief interventions can help military personnel reduce or quit drinking but, reservists, who usually live off-base, need innovative ways of accessing these kinds of services. This study tested a brief, online alcohol use intervention specifically tailored to US military reservists. [Learn More](#)
5. **New Can Training Increase Confidence and Willingness to Prescribe Buprenorphine in Primary Care?** – Primary care can help expand access to buprenorphine, but relatively few providers offer it. This may be due to a lack of skill and confidence in addressing opioid use disorder within their scope of practice. This study examined changes in primary care providers' knowledge, skills, and attitudes after receiving a novel training for opioid use disorder and medication treatment. [Learn More](#)
6. **New Can Providing Methadone in Primary Care Promote Greater Use of Healthcare Services?** – Research supports integration of opioid use disorder medications into primary care, but additional research is needed to characterize the effects of integrated healthcare models on patient care and service use. This study examined the impact of integrated methadone treatment, provider incentives, and the duration of medication treatment on patients' use of healthcare services. [Learn More](#)

7. **New Research Assessments for Alcohol Use Disorder Patients are Therapeutic in Their Own Right** – Accurately measuring outcomes in studies of alcohol treatment is vital to test and improve treatment. Yet, the actual act of measuring progress is itself not neutral – it may also encourage positive change with prior research finding that more research assessment, in and of itself, improves outcomes. This study extended this line of research to investigate the effect of measurement on outcomes among drug use disorder patients. [Learn More](#)
8. **New Factors Associated with Hospitals' Adoption of Harm Reduction Strategies** – Hospitals are uniquely positioned to provide harm reduction services. Understanding the factors associated with their implementation can inform strategies to help expand them to other hospitals and health care settings. This study assessed what factors are associated with hospital adoption of harm reduction services and trends of adoption across time. [Learn More](#)
9. **New Past-Year Marijuana and Hallucinogen Use, Binge Drinking Reach Highs Among 35 to 50 Population** – Past-year use of marijuana and hallucinogens, as well as binge drinking rates, for adults between the ages of 35 and 50 reached all-time highs in 2022, according to a report released on Thursday by the National Institute on Drug Abuse (NIDA). The report also noted that among 19- to 30-year olds, past-year marijuana and hallucinogen use, as well as marijuana and nicotine vaping, have significantly increased in the past 5 years. [Read More](#)
10. **New Opioids, Obesity Now Ranked as Top Public Health Threats in New Poll** – Americans have ranked opioids and obesity as the top threats to public health while ranking COVID-19 toward the bottom of the list, according to a new poll. The Axios-Ipsos poll found that 26% of Americans said opioids and fentanyl are the top public health threat, closely followed by 23% who said obesity is. Twenty percent listed access to firearms as the No. 1 threat and 11% listed cancer. [Learn More](#)
11. **New Nurses, Other Healthcare Workers at High Risk of Drug Overdose** – As the United States wrestles with soaring drug overdose deaths, new research finds that nurses, social and behavioral healthcare workers, and health care support workers are at particularly high risk. Compared with employed adults who are not healthcare workers, social workers and other behavioral healthcare workers are more than twice as likely to die of overdose. [Read More](#)
12. **New Marijuana Addiction is Real. Those Struggling Often Face Skepticism** – At a time when marijuana has been legalized for recreational and medicinal use in more than 20 states—and the potency of the drug has been increased - many experts believe that most people can use it without significant negative consequences, not unlike enjoying occasional alcoholic drinks. But for other users, the struggles to quit are real and complicated by the powerful cultural perception that marijuana is natural and therapeutic, not a substance that can be addictive. [Learn More](#)
13. **New Partnership to End Addiction-Be Part of the Solution** – More than 110,500 people are estimated to have died from overdoses in 2022*, with nearly 70 percent of these deaths due to synthetic opioids like fentanyl. There are steps we can take to help keep people safe, raise awareness, and ensure access to tools and resources. [Learn More](#)
14. **New Study Finds Shared Racial Identity Improves Support for Public Health-Based Opioid Policy** – This study examined how different identity attributes of a person with substance use disorder influence public opinions of opioid policies and individual blame. Its findings provide support for the influence of racial in-group favoritism. [Read More](#)
15. **New Barriers to Opioid Treatment Persists, CDD Study Says** – Researchers found that despite the 2021 guidelines easing restrictions on prescribing buprenorphine and the elimination of the X-waiver, newly eligible providers were less likely to prescribe the lifesaving drug, nor was there an increase in prescribing above historic trends. [Read More](#)
16. **New Study Highlights the Importance of Peer Support in Early Recovery** – Recovery social network diversity (some network members are in recovery, but not all or none) was associated with more recovery strengths in early, but not stable, recovery. For those in stable recovery, having a greater number of close contacts in a network was a more important factor. [Learn More](#)

17. **New Emerging Practices in Xylazine Wound Care** – Watch-[Emerging Practices in Xylazine Wound Care - Zoom](#)
18. **New Bulding Capacity Through Community Behavioral Health Organizations to Prevent Overdose** – Watch-[Tranq / Xylazine Overdose Response Training - YouTube](#)
19. **New Getting Candid: Framing the Conversation Around Youth Substance Use Prevention**– Watch-[Implementation Tools - National Council for Mental Wellbeing \(thenationalcouncil.org\)](#)
20. **Back to School Resources for Mental Health** – Returning to school can be exciting and challenging for children and teens. During August, the National Institute of Mental Health (NIMH) will highlight resources on stress and anxiety, strategies for coping, and guidance about when to seek help from a health care provider. [Share these resources](#) to help parents, teachers, caregivers, and students navigate this stressful time and focus on overall mental well-being. [ToolKit](#)
21. **Majority of US Adults Say Addiction Has Affected Their Family in Some Way** – Two-thirds of US adults have been impacted in some way by the nation’s substance use crisis, a new KFF Tracking Poll found. Sixty-six percent of respondents in the poll said either they themselves or a family member have experienced addiction to alcohol or drugs, homelessness due to addiction, or an overdose resulting in an emergency room visit, hospitalization or death. [Learn More](#)

TRAINING OPPORTUNITIES

1. **New Rural Behavioral Health Workforce Virtual Summit** – The webinar will provide technical assistance to address the lack of behavioral health providers in rural areas, stigma in treating substance use disorders, and strategies to improve care for behavioral health patients.. **Wednesday, September 6, 2023, 9am-11:30am CT.** [Register](#)
2. **New Enhancing Care for Black an African American Health Disparities in Rural Areas** – Join us for this powerful roundtable discussion about the impact of social justice concerns, COVID-19 and challenges of providing care in rural communities. As we build on the discoveries from previous focus groups, this event will amplify conversations regarding workforce shortages, accessible technology and funding limitations, while highlighting solutions and provider recommendations to address these disparities. **Wednesday, September 6, 2023, 2pm CT.** [Register](#)
3. **Whole Health Action Management (WHAM) Individual Facilitator Training** – WHAM promotes physical and mental health while empowering peer providers to support the whole health of your clients. Use WHAM training to invest in peers as they support recovery across communities. **September 6-7, 2023.** [Register](#)
4. **Connecting at the Intersection of Faith, Community and Mental Health: The Urgency of Now** – **Thursday, September 7, 2023, 8am-4pm CT.** [Register](#)
5. **Getting Candid: Practical Guidance for Framing the Conversation Around Youth Substance Use Prevention** – This virtual workshop includes engagement strategies for building trust, gleaning insights and framing conversations around substance use prevention, as well as updates to the foundational project research, substance-specific messages and newly released resources. **Thursday, September 7, 2023, 12:30pm CT.** [Register](#)
6. **Missouri Telehealth Summit** – The Missouri Telehealth Network Summit connects rural healthcare providers to state funding through the Rural Citizen’s Access to Telehealth (RCAT) program. It provides opportunities to discuss telehealth projects, policy updates, and program innovations with statewide leaders, peers, and other stakeholders. **September 7-8, 2023.** [Register](#)
7. **New Trauma Informed Care and Substance Use Disorders** – Trauma is an event or series of events and experiences that impact our emotional and physical heath. Individuals with a history of trauma are more likely to use substances or develop a substance use disorder. This presentation aims to increase participants’ understanding of various forms

of trauma, it's impact of individuals and communities, and how to best prevent and address substance use disorders with those impacted by trauma. Participants will better learn to incorporate trauma-informed practices into their work with clients and communities. **Friday, September 8, 2023, 9am-4pm CT.** [Register](#)

8. **New DEA to Hold Listening Session on Prescribing Controlled Substances via Telehealth** – On Aug. 7, the Drug Enforcement Administration (DEA) published a notice in the Federal Register announcing upcoming public listening sessions. In the notice, the agency expressed interest in a special registration process that would allow providers to prescribe controlled substances without first having an in-person visit. Listening Session are: **September 12-13, 2023, 8am-3pm CT.** [DEA Listening Session Registration Application \(usdoj.gov\)](#)
9. **New Monthly Tobacco Use Disorder Integration Office Hours** – This series will engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. **Tuesday, September 12, 2023, 1:30 CT.** [Register](#)
10. **Become a Conversations for Suicide Safer Homes Instructor** – This evidence-based intervention reduces the risk of suicide death in at-risk people while respecting their rights and autonomy. Having a conversation about making means for suicide unattainable, inoperable, or less lethal can save a life. **Wednesday, September 13, 2023, 8am-5pm CT.** [Register](#)
11. **Suicide Prevention Training** – The Missouri Veterans Suicide Prevention Team, in partnership with the Veterans of Foreign Wars Post 1003, is hosting a free lunch and learn. Participants will learn to recognize the warning signs of suicide, how to offer hope and get help. **This event is open to the public, you do not have to be a Veteran or Veterans of Foreign Wars member to attend. Seating is limited, you must register by September 10 to attend. Training is held on Wednesday, September 13, 2023, 11:30am to 1:00 pm in person, 105 Irwin Dr., Jefferson City.** [Register by calling Jon @ 573-751-2368 or email \[Jon.Sabala@dmh.mo.gov\]\(mailto:Jon.Sabala@dmh.mo.gov\)](#)
12. **Addressing Workforce Needs on Retention and Recruitment Learning Collaborative** – Attendees will learn strategies for: building a representative workforce; collaborating with schools of preparation; supporting and enhancing Peer Specialists/Recovery Coaches; fostering a resilient workforce as a retention strategy; among other relevant topics. **Wednesday, September 13, 2023, 2pm-4:30pm CT.** [Register](#)
13. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Thursday, September 14, 2023 11am CT.** [Register](#)
14. **New The Profound Effects of Human Trafficking and Child Sex Trafficking: How to continue shedding light on this vulnerable issue** – This symposium seeks to provide a space for policymakers, academics, researchers, victims, law enforcements and families to critically analyze the issues underlying child human trafficking, assess the frequency and statistics, as well as evaluate the recent Operation Cross Country raids and its results. Additionally, this discussion will allow space to examine current policy solutions in place and what leaders can do to better stop the frequency of child trafficking and help victims once they are rescued. **Thursday, September 14, 2023 11:30 am CT** [Register](#)
15. **NAMI FaithNet Presenter Training** – Bridges of Hope is the presentation component of FaithNet. Its purpose is to educate faith communities about mental illness so they can create stronger safety nets and more welcoming communities of faith for people affected by mental illness. **Thursday, September 14, 2023 6pm-8pm CT or Friday, September 15, 2023, 10am-12pm CT.** [Register](#)
16. **Harm Reduction Vending Machines** – Overdose and other drug-related harms remain at critical levels among people who use drugs (PWUD) in the U.S., with an estimated 102,842 overdose deaths occurring from July 2021 to June 2022 alone. Harm reduction vending machines (HRVMs) can be a low-maintenance, inexpensive intervention that

health departments and community-based organizations can adopt and implement to support PWUD in the communities they serve. **Tuesday, September 19, 2023, 12:30pm-2pm CT.** [Register](#)

17. **Building a Resilient Workforce** – Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. **Tuesday September 19, 2023, 1pm CT.** [Register](#)
18. **New Mindfulness and Social Support** – Topics covered-Mindfulness Oriented Recovery Enhancement, Mindfulness-based Stress Reduction; Social Support; Neuroplasticity. **Wednesday, September 20, 2023, 9am-12pm CT.** [Register](#)
19. **New MCA/MPPOA Fall Conference: Making a Difference** – **September 20-22, 2023.** [Register](#)
20. **New Unlocking the Potential of Workforce Innovation and Opportunity Act (WIOA)** – The Workforce Innovation and Opportunity Act (WIOA) is landmark legislation designed to strengthen and improve our nation's public workforce system. WIOA helps Americans — including youth and others with significant barriers to employment — obtain high-quality jobs and careers. This webinar will explore how states are utilizing Title I programs to support youth and young adults with disabilities (Y&YADs) in their pursuit of employment and economic self-sufficiency. Four states will provide a discussion promising strategies to support Y&YADs through WIOA Title I. **Thursday, September 21, 2023, 1pm CT.**
21. **New Liberating Methadone: Building a Roadmap and Community for Change** – This conference aims to bring together members from various backgrounds to discuss and exchange ideas on how to improve access to and use of methadone to reduce the harms of opioid use. Our goal is to break down traditional barriers between researchers, clinicians, policy makers and people who use drugs and to create a shared space for collective understanding. Conference proceedings will be gathered to generate a report with actionable recommendations for policy and clinical practice. **September 21-22, 2023.** [Register](#)
22. **New An Introduction to radically Open Dialectical Behavior Therapy for Registered Dietitians** – This 3 hour live interactive webinar for registered dietitians and other mental health practitioners who are not yet familiar with RO DBT provides an overview of what type of treatment RO DBT is and how dietitians may apply this to their own practice. **Friday, September 22, 2023, 11am-2:15pm CT.** [Register](#)
23. **Partnering with Schools to Improve Youth Mental Health** – Mental health care for K-12 students is at the forefront of health care concerns as young people in America are experiencing a crisis. The alarming rates of poor mental health and suicide risk, shortage of access to appropriate care and disproportionate impacts for underserved populations have all been exacerbated by the COVID-19 pandemic. Collaboration between schools and community mental health organizations, including Certified Community Behavioral Health Clinics (CCBHCs), is essential to providing the care needed for our young people. **Tuesday, September 26, 2023, 10am CT.** [Register](#)
24. **New Ethics and Boundaries: The Messiness, Difficulty and Dilemmas** – This webinar will explore the messiness and difficulty of ethics and real-life scenarios. With an understanding that everyone comes to situations with their own values, perceptions, and history, and will open up the discussion of why ethics can be difficult and how to navigate situations. **Tuesday, September 26, 2023, 12pm CT.** [Register](#)
25. **New Deepening Your Awareness Continuum Practice** –. This will be both an experiential and RO DBT skills acquisition training through the practice of the awareness continuum with a partner and in a small group setting. The workshop will address the background origins of the Awareness Continuum practice including an overview of Malamati Sufism and the practice of “The Path of Blame” spiritual practice. **Wednesday, September 27, 2023, 10am-12pm CT.** [Register](#)
26. **Substance Use Interventions for Every Psychologist** – This webinar will discuss accessible approaches to detecting and intervening for substance use disorder symptoms for psychologists who do not specialize in substance use disorder treatment. **Thursday, September 28, 2023, 12pm CT.** [Register](#)

27. **Intergenerationally Understanding and Effectively Supervising Multiple Generations** – Each generation is unique, with its own strengths and assets. However, when generations combine in the workplace, there can be conflict, uneasiness, and uncertainty on all sides. This workshop will address meeting the supervisory needs of different generations, managing potential generational conflicts, and helping all employees to work successfully together. **Friday, September 29, 2023, 1pm-4pm CT.** [Register](#)
28. **Mental Health Care Seeking Behaviors, Disparities, and Implications** – This webinar will discuss health care seeking behaviors and other key factors contributing to mental health disparities. **Thursday, October 5, 2023, 12pm CT.** [Register](#)
29. **NARR Best Practices Summit, Dearborn, Michigan** – The NARR Summit is your chance to learn from leading experts and researchers, build on the latest in recovery housing best practices, and come together as a community to learn from each other’s stories. Your story has the power to change the world. How can sharing recovery experiences make for more effective advocacy, foster community partnerships, and increase access to quality recovery housing? **October 9-11, 2023,** [Register](#)
30. **New Radically Open Dialectical Behavior Therapy Blended Learning Course-Level 3** – The goal of this in-person workshop is to consolidate your learning from Levels 1 and 2, to deepen your knowledge and to practice, practice, practice! **October 11-14, 2023, 10:30am-4pm CT.** [Register](#)
31. **What is Keeping us up at Night? A Behavioral Approach to Sleep** – This webinar will go beyond the biological drive for sleep and explore sleep as a behavior including bedtime procrastination, emotion regulation, and cultural influences. **Thursday, October 12, 2023, 12pm CT.** [Register](#)
32. **Obesity Management Through Health Behavior Change** – This webinar will review the role of social determinants of health in obesity-related disparities, behavioral treatment for obesity including in the context of pharmacological and surgical treatment, limitations of obesity metrics and weight stigma as well as discuss future directions. **Thursday, October 19, 2023, 12pm CT.** [Register](#)
33. **New Substance Use Disorder Professional Ethics** – The training will provide an understanding for different approaches to care and how they are based in different ethical principles. The training will also cover real-life scenarios and their relationship to ethical standards. From theory to practical application, this training will highlight the integration of ethical practice in clinical care. **Friday, October 20, 2023, 9am-4pm CT.** [Register](#)
34. **MHA’s Annual Convention** – Our system of health care is similar. Where most effective, it is interconnected. It builds on the upstream influence of prevention, wellness and access, feeding in greater strength as it builds toward the deep and wide expertise of our hospital-based care environment. **November 1-3, 2023.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
2. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)

3. **Conversations for Suicide Safer Homes: a CALM Informed Training** – Firearms are the most lethal means used in a suicide attempt. In fact, 90% of people who attempt suicide with a firearm will perish and two out of every three firearm-related deaths in the United States is suicide. In an effort to prevent the tragedy of suicide the Safer Homes Collaborative presents Conversations for Suicide Safer Homes - a suicide prevention training developed for all audiences. CSSH informs participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. Participants who've attended previous versions of this training found it offers respectful and practical tips that focus on increasing safety, and are not anti-gun, but rather anti-suicide. Multiple days available. [Register](#)
- Tuesday, September 12, 2023, 11am-12pm CT.
 - Tuesday, September 26, 2023, 6pm-7pm CT.
 - Tuesday, October 10, 2023, 11am-12pm CT.
 - Tuesday, October 24, 2023, 6pm-7pm CT.
 - Tuesday, November 14, 2023, 11am-12pm CT.
 - Tuesday, November 28, 2023, 6pm-7pm CT.
 - Tuesday, December 12, 2023, 11am-12pm CT.
 - Tuesday, December 12, 2023, 6pm-7pm CT.
4. **NAMI Family to Family Education Course** – NAMI Family-to-Family is a free educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. **September 5 to October 24, 2023, 6pm-8:30pm CT.** [Register](#)
5. **PREPaRE** – PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email YSTraining@BurrellCenter.com the dates you wish to attend.
- P—Prevent and prepare for crises
R—Reaffirm physical health & welfare, and perceptions of safety & security
E—Evaluate psychological trauma risk
P—Provide interventions
a—and
R—Respond to mental health needs
E—Examine the effectiveness of crisis preparedness
- Sept 11 and 12, 2023 – Cape Girardeau
 - October 10 and 11, 2023 – Jefferson City
 - November 28 and 29, 2023 – Kirksville
 - January 10 and 11, 2024 – Joplin
 - February 5 and 6, 2024 – Kansas City
6. **NAMI Basic Education for Military Families** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 22 and younger who are experiencing mental health symptoms. NAMI Basics for Military Families is specifically for military families. The NAMI Basics course meets requirements for Missouri Foster Parent Training Credit, but a request must be submitted to the Missouri Department of Social Services Children's Division prior to taking the course for each person requesting training credits. occurs weekly for 6 weeks. **Thursday September 23-October 26, 2023, 6pm-8:30pm CT.** [Register](#)

7. **NOVA Crisis Response Training (CRT)** – NOVA’s Basic CRT training consist of twenty-four hours of techniques and protocols for providing crisis intervention to traumatized individuals. The training focuses on the fundamentals of crisis and trauma, and how to adapt to basic techniques to individuals and groups in this area also known as psychological first aid. Thousands who confront human crisis – victim advocates, law enforcement officer and others – have completed the course and recommend it to others.
 - October 24-26, 2023-Kansas City [Register](#)
 - October 31-November 2, 2023-St Louis [Register](#)
8. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
9. **Youth Peer Support** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
10. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
11. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
12. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
13. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
14. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Missouri Recovery Support Specialist Trainings** – [Register](#)
 - **Ethics Trainings** – [Register](#)
15. **Using the Collaborative Care Model in Populations with Serious Mental illness** – Learn practical skills in implementing a collaborative care model for individuals who have serious mental illness (SMI). Learn how to build the case for and sustain collaborative care in a healthcare organization. **August 21-November 19, 2023.** [Register](#)
16. **Crisis De-escalation: Applied Engagement Skills and Behavioral Interventions for Mental Health Crisis** – Learn to apply crisis de-escalation interventions into your practice. Explore the different levels of escalation and behavior strategies for each stage of crisis. Learn how to manage your personal thoughts and feelings while rendering care. **August 21-November 19, 2023.**[Register](#)

17. **Family Coaching Workshops-Missouri Tiered Supports** – Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
- **Pivot-Thursday, September 14, 2023**-Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc.) often repeat despite our focus on wanting them to stop. [Join Webex](#)
 - **Stay Close-HOT-Thursday, September 28, 2023**-Learn, practice and receive feedback about the skills you can use to de-escalate difficult situations. [Join Webex](#)
 - **Set Expectations-Thursday, October 12, 2023**-Practice developing expectations that increase the behaviors you want to see. [Join Webex](#)
 - **Family Matrix-Thursday, October 23, 2023**-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. [Join Webex](#)
18. **Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions** – These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It's an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
- **Session 9-Treatment Challenges-Tuesday, September 26, 2023, 10am CT.** [Register](#)
 - **Session 10-Latest Trends on Working in a Treatment Court- Tuesday, October 31, 2023, 10am CT.** [Register](#)
 - **Session 11-Treatment Court 101-Tuesday, November 28, 2023, 10am CT.** [Register](#)
 - **Session 12-Communication Strategies-Tuesday, December 19, 2023, 10am CT.** [Register](#)
19. **Advanced Peer Supervision Trainings** –This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. It will be provided in virtual format (Zoom) and also in person. When you register, please ensure you select the correct training format that you want to attend.
- **September 7-8, 2023-In-Person.** [Register](#)
 - **November 9-10, 2023-Virtual.** [Register](#)
20. **Harm Reduction Specialist Training and Credential** – Harm reduction services save lives by being available and accessible in a matter that emphasizes the need for humility and compassion toward people who use drugs. Harm reduction plays a significant role in preventing drug-related deaths and offering access to healthcare, social services, and treatment. [Register](#)
- **September 11-13, 2023-Kirkwood, MO**
 - **September 25-27, 2023, Kansas City, MO**
21. **The Power of Nutrition in Recovery** – Learn the critical role that nutrition (or lack of) plays in recovery.
- **September 16, 2023, 10am-5pm CT.** [Register](#)
 - **October 18 & 19, 2023, 4-7pm CT.** [Register](#)
 - **November 7-8, 2023 10am-1:30pm CT.** [Register](#)
22. **Social Current: Building a Resilient Workforce Webinar Series** – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)
- **Embed Brain Science-Tuesday, September 19, 2023, 1pm CT.**
 - **Foster Candidness through Psychological Safety-Thursday, October 5, 2023, 1pm CT.**
 - **Create Culture around Shared Values-Thursday, November 9, 2023, 1pm CT.**

- **Integrated Connection and Community-Tuesday, December 12, 2022, 1pm CT.**

23. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing

- **Wednesday, September 20, 2023**, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
- **Wednesday, October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akLmBmS-N>
- **Wednesday, November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
- **Wednesday, December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqiMqHdCDqfLVPhnaKfdnZUJHzDsc>

24. **Certified Peer Specialist-In Person Training** – The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. [Register](#)

- East-**October 2-6, 2023**, St. Louis

25. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)

- **February 8-9, 2024**-Places for People Location TBD, St. Louis, Missouri
- **March 14-15, 2024**- Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
- **April 25-26, 2024**-Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
- **May 2-3, 2024**-MBHC Office, 221 Metro Drive, Jefferson City, MO 65109