

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance ***September 15, 2023***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. The following proposed regulations/amendments are published in the [September 15, 2023, Missouri Register](#) for a 30-day public comment period:
 - 9 CSR 30-3.150 Comprehensive Substance Treatment and Rehabilitation (CSTAR) Program
 - 9 CSR 30-3.151 Eligibility Determination, Assessment, and Treatment Planning in CSTAR Programs
 - 9 CSR 30-3.152 Comprehensive Substance Treatment and Rehabilitation (CSTAR) Utilizing the *ASAM Criteria*
 - 9 CSR 30-3.155 General Staff Requirements for CSTAR ProgramsThe final order of rulemaking for DBH Core Rule, 9 CSR 10-7.130 Procedures to Obtain Certification, is published in the [September 1, 2023, Missouri Register](#) and will be final thirty days after publication in the *Code of State Regulations*.
2. The Division of Behavioral Health is accepting comments on proposed amendment 9 CSR 30-4.046 **Psychosocial Rehabilitation (PSR) in Community Psychiatric Rehabilitation Programs** <https://dmh.mo.gov/alcohol-drug/regulation-drafts>. This amendment changes the staff ratios for Children/Youth PSR. Comments should be submitted to Debbie.mcbaine@dmh.mo.gov by **September 22, 2023**.

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

Xylazine Basics: Overdose Prevention, Harm Reduction and Wound Care

https://hhrctraining.org/system/files/paragraphs/download-file/file/2023-08/HHRC_Xylazine_FactSheet-508.pdf

FUNDING OPPORTUNITIES

1. **NIH Established Maternal Health Research Centers of Excellence** – The National Institutes of Health (NIH) awarded \$24 million in first-year funding to establish Maternal Health Research Centers of Excellence as part of NIH’s Implementing a Maternal Health and Pregnant Outcomes Vision for Everyone (IMPROVE) initiative. These maternal health research centers are designed to “...develop and evaluate innovative approaches to reduce pregnancy-

related complications and deaths and promote maternal health equity.” Depending on the availability of funds, these grants are expected to last seven years, with an estimated total of \$168 million. NIH's press release announcing the Maternal Health Research Centers of Excellence can be found [here](#).

2. **How to Receive Medications for Opioid Use Disorder (MOUD) Training** – Qualified disciplines can become eligible for the [Loan Repayment Program Continuation Contract Award Enhancement](#).
3. **2024 Minority Fellowship Program for Addiction Counselors Now Accepting Applications** – The National Board for Certified Counselors (NBCC), funded by a grant in collaboration with the Association for Addiction Professionals (NAADAC) and the Substance Abuse and Mental Health Services Administration (SAMHSA), is accepting applications for the [2024 Minority Fellowship Program for Addiction Counselors \(MFP-AC\)](#). The MFP-AC pairs awardees with mentors in the substance use disorder (SUD) field and provides professional development resources, including travel to the NAADAC Annual Conference. The 2024 MFP-AC will award up to 40 masters’-level fellowships in addiction counseling worth \$15,000 each. NAADAC is accepting [applications](#). **Application Due Date: September 30, 2023.**
4. **NIDA Supports Research on Novel Approaches for Smoking Cessation** – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. **Application Due Date: Sunday, October 15, 2023.** [Learn More](#)

INFO and RESOURCES

1. **New Viloxazine ER Added to Stimulant Treatment for Pediatric ADHD Appears Safe, Effective** – Extended-release viloxazine administered with stimulant medication improved symptoms of attention-deficit/hyperactivity disorder (ADHD) in pediatric patients with an initial inadequate response to stimulant medication. [Read More](#)
2. **New Anhedonia Linked with Worse Depression, Indicating Possible Unmet Need** – Higher anhedonia scores were significantly associated with greater levels of depression and anxiety in adults with major depressive disorder (MDD). [Read More](#)
3. **New Paternal Depression Increases Risk of Depression in Offspring** – Depression in fathers was associated with a 42% increased risk of depression in their children. [Read More](#)
4. **New NASADAD Releases Updated Fact Sheet on SAMHSA’s Pregnant and Postpartum Women’s (PPW) Residential Program and State Pilot Program** – The fact sheet “tells the story” of the PPW Residential Services program that has been housed within SAMHSA’s Center for Substance Abuse Treatment (CSAT) for a number of years. In addition, the brief reviews the evolution of the PPW State pilot program – an initiative first developed by Congress with NASADAD support as part of the Comprehensive Addiction and Recovery Act (CARA). [Learn More](#)
5. **New CDC Releases Updated SUDDORS Dashboard** – The Centers for Disease Control and Prevention (CDC) recently released an [update](#) to the [State Unintentional Drug Overdose Reporting System \(SUDORS\)](#) launched last year. The update now adds the option to view preliminary data on 2022 drug overdose deaths, aggregated across 27 States and the District of Columbia, in addition to already available final data on drug overdose deaths during 2020 and 2021. The new preliminary data page will be updated every 6 months, compared with annually for the final data

page. The preliminary data page can be accessed on the SUDORS site, [here](#), or as a dropdown option on the SUDORS tool sidebar.

6. **New CDC's Office on Smoking and Health Launches Empower Vape-Free Youth Campaign** – On September 4th, the Centers for Disease Control and Prevention's (CDC) [Office on Smoking and Health \(OSH\)](#) launched the new [Empower Vape-Free Youth™ campaign](#). The campaign is designed to "...encourage middle and high school educators to speak with students about the risks of e-cigarettes and nicotine addiction." The campaign website provides several resources for both educators and youth to help students avoid or quit vaping, including fact sheets, videos, and infographics. The webpage also links to several other youth smoking cessation campaigns. This new campaign comes as e-cigarettes have been the most commonly used tobacco product among U.S. youth since 2014.
7. **New SAMHSA Resource: Connecting Communities to Substance Use Services: Practical Tools for First Responders** – The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released a new resource on Connecting Communities to Substance Use Services: Practical Tools for First Responders. The guide is designed to provide "...practical, evidence-based information that first responder agencies, their partners, and communities can use to implement or expand practices and programs for linking people to substance use services." The new resource can be downloaded [here](#).
8. **Cannabis Use Disorder More Prevalent in States with Legal Recreational Use** – Findings indicate that cannabis use disorder (CUD) is more common among primary care patients who reside in a state where cannabis use is legal. [Read More](#)
9. **HRSA/SAMHSA MOUD Training and Mentoring** – The Health Resources and Services Administration (HRSA), in collaboration with the Substance Abuse and Mental Health Services Administration (SAMHSA), is offering training and mentoring for clinicians to provide medications for opioid use disorder (MOUD). This training is intended to increase the number of clinicians serving high-need areas who are trained to prescribe MOUD, in particular buprenorphine. Eligible clinicians, which include physicians, nurse practitioners, physician assistants, certified nurse midwives, and certified registered nurse anesthetists, as well as medical students, must have an active Drug Enforcement Administration (DEA) number to dispense controlled substances. Completion of the 8-hour course will also count toward the DEA requirements for prescribing MOUD. This training is provided through SAMHSA's Provider Clinical Support System (PCSS). Additional information on the training can be found [here](#).
10. **As More Teens Overdose on Fentanyl, Schools Face a Drug Crisis Unlike and Other** – Fentanyl was involved in the vast majority of all teen overdose deaths—84%—in 2021, and the problem has been growing. According to the Centers for Disease Control and Prevention, fentanyl-related adolescent overdose deaths nearly tripled from 2019 to 2021. And nearly a quarter of those deaths involved counterfeit pills that weren't prescribed by a doctor. [Read More](#)
11. **Nitazene Overdoses Driving Higher Rates of Cardiac Arrest, Requiring Larger Doses of Naloxone** – Nitazenes—an emerging subclass of synthetic opioids—were found to significantly increase the rate of cardiac arrest in overdose cases and require significantly higher doses of naloxone during in-hospital treatment compared to overdoses involving fentanyl. [Read More](#)
12. **Guide on Suicide and Serious Mental Illness** – Access an overview of considerations, assessment, and safety planning to help prevent suicide. [Download the Guide](#)
13. **SAMHSA Resources on Supporting Pregnant and Parenting People with SUD** – The Substance Abuse and Mental Health Services Administration (SAMHSA) recently released a series of new resources about supporting pregnant and parenting people with substance use disorders (SUD). Each of these resources is intended to be a supplement to [SAMHSA's Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants](#).

TRAINING OPPORTUNITIES

1. **Back to (Harm Reduction) School** – Get ready for a whole month of free virtual trainings from the Addiction Science team at UMSL-MIMH! Since it's September and the "Back to School " vibes are in the air, we've got a full schedule of harm reduction learning and skill-building opportunities, including several re-vamped and BRAND NEW trainings. Join us for any or all of the class offerings, including Foundations of Harm Reduction; Harm Reduction In Practice; Stimulant Education: Harm Reduction & Overamping; Fentanyl Test Strips 101; and Wound Care for Non-Clinicians. Multiple dates; see link for details. [Register](#)
2. **New Introductory/Refresher Virtual Youth Screening, Brief Intervention and Referral to Treatment (YSBIRT) Training** – If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. **Monday, September 18, 2023, 1pm CT.** [Register](#)
3. **Harm Reduction Vending Machines** – Overdose and other drug-related harms remain at critical levels among people who use drugs (PWUD) in the U.S., with an estimated 102,842 overdose deaths occurring from July 2021 to June 2022 alone. Harm reduction vending machines (HRVMs) can be a low-maintenance, inexpensive intervention that health departments and community-based organizations can adopt and implement to support PWUD in the communities they serve. **Tuesday, September 19, 2023, 12:30pm-2pm CT.** [Register](#)
4. **New Trauma-Informed, Resilience-Oriented, Equity-Focused Systems (TIROES)** – This introductory training is for local and state government agencies, mental health and substance use treatment providers and nonclinical organizations that wish to introduce TIROES approaches to their entire staff. Each participant will receive a certificate of completion after the training. **Tuesday September 19, 2023, 1pm CT.** [Register](#)
5. **New Introduction to SAMHSA's Crisis Systems Response Training and Technical Assistance Center** – This webinar will serve as an introduction to the Crisis Systems Response TTAC, our partners, as well as provide insight to the collaborative programming to be offered. We also hope that this gathering will serve as an opportunity for all attendees to provide feedback, input, and facilitate ideas for future deliverables. **Tuesday September 19, 2023, 1pm CT.** [Register](#)
6. **Building a Resilient Workforce** – Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. **Tuesday September 19, 2023, 1pm CT.** [Register](#)
7. **Mindfulness and Social Support** – Topics covered-Mindfulness Oriented Recovery Enhancement, Mindfulness-based Stress Reduction; Social Support; Neuroplasticity. **Wednesday, September 20, 2023, 9am-12pm CT.** [Register](#)
8. **New Increasing Access to Behavioral Health Services for Underrepresented Communities** – This event will additionally help participants identify ways in which they can remove barriers to service access within their own community systems. **Wednesday, September 20, 2023, 11am CT.** [Register](#)
9. **MCA/MPPOA Fall Conference: Making a Difference – September 20-22, 2023.** [Register](#)
10. **New Understanding the 988 Lifeline LGBTQ+ Landscape** – In this webinar, we will discuss the needs of the LGBTQI+ community in crisis care, utilization of the LGBTQI+ subnetwork since its pilot and launch, and the current direction and future of the subnetwork. **Thursday, September 21, 2023, 12pm CT.** [Register](#)
11. **Unlocking the Potential of WIOA** – The Workforce Innovation and Opportunity Act (WIOA) is landmark legislation designed to strengthen and improve our nation's public workforce system. WIOA helps Americans — including youth and others with significant barriers to employment — obtain high-quality jobs and careers. This webinar will explore how states are utilizing Title I programs to support youth and young adults with disabilities (Y&YADs) in their pursuit

of employment and economic self-sufficiency. Four states will provide a discussion promising strategies to support Y&YADs through WIOA Title I. **Thursday, September 21, 2023, 1pm CT.** [Register](#)

12. **Liberating Methadone: Building a Roadmap and Community for Change** – This conference aims to bring together members from various backgrounds to discuss and exchange ideas on how to improve access to and use of methadone to reduce the harms of opioid use. Our goal is to break down traditional barriers between researchers, clinicians, policy makers and people who use drugs and to create a shared space for collective understanding. Conference proceedings will be gathered to generate a report with actionable recommendations for policy and clinical practice. **September 21-22, 2023.** [Register](#)
13. **An Introduction to radically Open Dialectical Behavior Therapy for Registered Dietitians** – This 3 hour live interactive webinar for registered dietitians and other mental health practitioners who are not yet familiar with RO DBT provides an overview of what type of treatment RO DBT is and how dietitians may apply this to their own practice. **Friday, September 22, 2023, 11am-2:15pm CT.** [Register](#)
14. **New Care Transitions Practices for Suicidal Individuals** – This webinar will discuss what elevates risk for individuals making a transition of care. Strategies for building partnerships as well as developing and enhancing a system of care to reduce the level of risk associated during transitions, will also be explored. Join Relias and the National Council to learn more on how to protect your clients with suicidality, during care transitions. **Friday, September 22, 2023, 1pm CT.** [Register](#)
15. **Partnering with Schools to Improve Youth Mental Health** – Mental health care for K-12 students is at the forefront of health care concerns as young people in America are experiencing a crisis. The alarming rates of poor mental health and suicide risk, shortage of access to appropriate care and disproportionate impacts for underserved populations have all been exacerbated by the COVID-19 pandemic. Collaboration between schools and community mental health organizations, including Certified Community Behavioral Health Clinics (CCBHCs), is essential to providing the care needed for our young people. **Tuesday, September 26, 2023, 10am CT.** [Register](#)
16. **New Lessons from the Field in Reducing Child Abuse Through Community-Based Collaboration** – Learn about what it takes to address child abuse fatalities through a collaborative, community-based approach. For nearly four years, five different sites located across the country have been working to advance child and family well-being systems and shared responsibility in their communities. **Tuesday, September 26, 2023, 11:30am-1pm CT** [Register](#)
17. **Ethics and Boundaries: The Messiness, Difficulty and Dilemmas** – This webinar will explore the messiness and difficulty of ethics and real-life scenarios. With an understanding that everyone comes to situations with their own values, perceptions, and history, and will open up the discussion of why ethics can be difficult and how to navigate situations. **Tuesday, September 26, 2023, 12pm CT.** [Register](#)
18. **Deepening Your Awareness Continuum Practice** –. This will be both an experiential and RO DBT skills acquisition training through the practice of the awareness continuum with a partner and in a small group setting. The workshop will address the background origins of the Awareness Continuum practice including an overview of Malamati Sufism and the practice of “The Path of Blame” spiritual practice. **Wednesday, September 27, 2023, 10am-12pm CT.** [Register](#)
19. **New Teachable Moment: Helping Students (and Adults) Address Mental Health Challenges** – We may not fully understand the impact of the pandemic for years to come, but we know young people face mental health challenges as a result of remote learning, social isolation and other factors. The impact on young women and people of color has been even more acute. As students return to school, mental health professionals will discuss the challenges young people face and the importance of prioritizing the mental health of students (and the adults who work in schools). They will also discuss the role schools play in providing students the resources to overcome mental health challenges. **Wednesday, September 27, 2023, 1pm CT.** [Register](#)

20. **Substance Use Interventions for Every Psychologist** – This webinar will discuss accessible approaches to detecting and intervening for substance use disorder symptoms for psychologists who do not specialize in substance use disorder treatment. *Thursday, September 28, 2023, 12pm CT.* [Register](#)
21. **New Trauma-informed, Resilience-oriented Equity-focused Systems (TIROES): Collaborative Strategies to Create and Promote Change Through Safe Environments** – This Webinar will promote safe and secure environments for historically marginalized students. During this one-hour training, you will learn more about trauma, strengthen partnership building skills and create strategies to decrease re-traumatization. *Thursday, September 28, 2023, 2pm CT.* [Register](#)
22. **Intergenerationally Understanding and Effectively Supervising Multiple Generations** – Each generation is unique, with its own strengths and assets. However, when generations combine in the workplace, there can be conflict, uneasiness, and uncertainty on all sides. This workshop will address meeting the supervisory needs of different generations, managing potential generational conflicts, and helping all employees to work successfully together. *Friday, September 29, 2023, 1pm-4pm CT.* [Register](#)
23. **Mental Health Care Seeking Behaviors, Disparities, and Implications** – This webinar will discuss health care seeking behaviors and other key factors contributing to mental health disparities. *Thursday, October 5, 2023, 12pm CT.* [Register](#)
24. **NAMI Connection Recovery Support Group Facilitator Training** – This training is for individuals living with mental illness who would like to become certified to facilitate NAMI Connection Recovery Support Groups. The training is provided at no cost with expenses covered using a grant issued by the US Department of Health and Human Services through SAMHSA. **Prerequisite:** Must have attended a NAMI Connection Support Group as a participant. *October 6-8, 2023, 10am-4pm CT.* [Register](#)
25. **NARR Best Practices Summit, Dearborn, Michigan** – The NARR Summit is your chance to learn from leading experts and researchers, build on the latest in recovery housing best practices, and come together as a community to learn from each other’s stories. Your story has the power to change the world. How can sharing recovery experiences make for more effective advocacy, foster community partnerships, and increase access to quality recovery housing? *October 9-11, 2023,* [Register](#)
26. **Radically Open Dialectical Behavior Therapy Blended Learning Course-Level 3** – The goal of this in-person workshop is to consolidate your learning from Levels 1 and 2, to deepen your knowledge and to practice, practice, practice! *October 11-14, 2023, 10:30am-4pm CT.* [Register](#)
27. **What is Keeping us up at Night? A Behavioral Approach to Sleep** – This webinar will go beyond the biological drive for sleep and explore sleep as a behavior including bedtime procrastination, emotion regulation, and cultural influences. *Thursday, October 12, 2023, 12pm CT.* [Register](#)
28. **Obesity Management Through Health Behavior Change** – This webinar will review the role of social determinants of health in obesity-related disparities, behavioral treatment for obesity including in the context of pharmacological and surgical treatment, limitations of obesity metrics and weight stigma as well as discuss future directions. *Thursday, October 19, 2023, 12pm CT.* [Register](#)
29. **Substance Use Disorder Professional Ethics** – The training will provide an understanding for different approaches to care and how they are based in different ethical principles. The training will also cover real-life scenarios and their relationship to ethical standards. From theory to practical application, this training will highlight the integration of ethical practice in clinical care. *Friday, October 20, 2023, 9am-4pm CT.* [Register](#)
30. **MHA’s Annual Convention** – Our system of health care is similar. Where most effective, it is interconnected. It builds on the upstream influence of prevention, wellness and access, feeding in greater strength as it builds toward the deep and wide expertise of our hospital-based care environment. *November 1-3, 2023.* [Register](#)

31. **NAMI In Our Own Voice Presenter Training** – After successful completion of the training, presenters will be certified to deliver In Our Own Voice (IOOV) Presentations in-person or virtually. IOOV is NAMI's personal presentation program, where speakers share their personal lived experience stories to change attitudes, assumptions and ideas about people with mental health conditions. These free presentations provide a personal perspective of mental health conditions, as leaders with lived experience talk openly about what it's like to have a mental health condition. **November 4-5, 2023, 10am-2pm CT.** [Register](#)
32. **New Infant and Early Childhood Mental Health Consultation: Equity from the Start** – The SAMHSA-funded Center of Excellence for Infant & Early Childhood Mental Health Consultation (IECMHC) invites you to join an upcoming free virtual conference specifically geared towards IECMHC consultants, supervisors, managers, consultees, parents, leadership, and funders, but all are invited to attend. Join to access a range of presentations related to implementing infant & early childhood mental health consultation and promoting justice, equity, diversity, and inclusion for infants, children, families, and the workforce. **November 6-8, 2023,** [Register](#)
33. **New Resolving and Avoiding Ethical Dilemmas** – Everyone faces ethical dilemmas throughout their career. Being able to appropriately navigate these potential land mines is critical to the successful practice of social work. This training will cover ethical issues commonly faced by social workers during their career and offers strategies to effectively deal with them, as well as, to lessen the chances of such concerns arising in the future. **Friday, November 10, 2023, 1pm-4pm CT.** [Register](#)
34. **NAMI Peer-to-Peer Teacher Training** – This is a 2-day virtual training. When complete, participants will be certified to teach the NAMI Signature Education Program, Peer-to-Peer (P2P). Once certified, teachers will lead a course, which generally includes one 2.5 hour session each week for 8 weeks. (Virtual courses can be taught in weekly 2-hour sessions.) Newly certified teachers should be able to commit to teaching one 8-week course per year. **Prerequisite:** Must have taken a NAMI Peer-to-Peer Course as a participant. **December 2-3, 2023, 9am-5pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
2. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
3. **Housing and Behavioral Health Webcast Series** – Join us on a journey through Microsoft's recently released Cloud for Healthcare and Microsoft's Cloud for Nonprofit, highlighting how healthcare nonprofits can utilize these tools to support a patient through their health crisis and, after a successful outcome, re-engage with this patient as a volunteer and financial supporter. [Register](#)
 - **September 19, 2023 1pm CT.**
 - **September 26, 2023, 1pm CT.**
 - **October 3, 2023, 1pm CT.**

4. **PREPaRE** – PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email YSTraining@BurrellCenter.com the dates you wish to attend.
- P—Prevent and prepare for crises
R—Reaffirm physical health & welfare, and perceptions of safety & security
E—Evaluate psychological trauma risk
P—Provide interventions
a—and
R—Respond to mental health needs
E—Examine the effectiveness of crisis preparedness
- Sept 11 and 12, 2023 – Cape Girardeau
 - October 10 and 11, 2023 – Jefferson City
 - November 28 and 29, 2023 – Kirksville
 - January 10 and 11, 2024 – Joplin
 - February 5 and 6, 2024 – Kansas City
5. **NAMI Basic Education for Military Families** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 22 and younger who are experiencing mental health symptoms. NAMI Basics for Military Families is specifically for military families. The NAMI Basics course meets requirements for Missouri Foster Parent Training Credit, but a request must be submitted to the Missouri Department of Social Services Children's Division prior to taking the course for each person requesting training credits. occurs weekly for 6 weeks. **Thursday September 23-October 26, 2023, 6pm-8:30pm CT.** [Register](#)
6. **Conversations for Suicide Safer Homes: a CALM Informed Training** – Firearms are the most lethal means used in a suicide attempt. In fact, 90% of people who attempt suicide with a firearm will perish and two out of every three firearm-related deaths in the United States is suicide. In an effort to prevent the tragedy of suicide the Safer Homes Collaborative presents Conversations for Suicide Safer Homes - a suicide prevention training developed for all audiences. CSSH informs participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. Participants who've attended previous versions of this training found it offers respectful and practical tips that focus on increasing safety, and are not anti-gun, but rather anti-suicide. Multiple days available. [Register](#)
- Tuesday, September 26, 2023, 6pm-7pm CT.
 - Tuesday, October 10, 2023, 11am-12pm CT.
 - Tuesday, October 24, 2023, 6pm-7pm CT.
 - Tuesday, November 14, 2023, 11am-12pm CT.
 - Tuesday, November 28, 2023, 6pm-7pm CT.
 - Tuesday, December 12, 2023, 11am-12pm CT.
 - Tuesday, December 12, 2023, 6pm-7pm CT.
7. **NOVA Crisis Response Training (CRT)** – NOVA's Basic CRT training consist of twenty-four hours of techniques and protocols for providing crisis intervention to traumatized individuals. The training focuses on the fundamentals of crisis and trauma, and how to adapt to basic techniques to individuals and groups in this area also known as psychological first aid. Thousands who confront human crisis – victim advocates, law enforcement officer and others – have completed the course and recommend it to others.
- October 24-26, 2023-Kansas City [Register](#)
 - October 31-November 2, 2023-St Louis [Register](#)

8. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
9. **Youth Peer Support** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
10. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
11. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
12. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
13. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
14. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Missouri Recovery Support Specialist Trainings** – [Register](#)
 - **Ethics Trainings** – [Register](#)
15. **Social Current: Building a Resilient Workforce Webinar Series** – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)
 - **Embed Brain Science-Tuesday, September 19, 2023, 1pm CT.**
 - **Foster Candidness through Psychological Safety-Thursday, October 5, 2023, 1pm CT.**
 - **Create Culture around Shared Values-Thursday, November 9, 2023, 1pm CT.**
 - **Integrated Connection and Community-Tuesday, December 12, 2022, 1pm CT.**
16. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing
 - **Wednesday, September 20, 2023**, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
 - **Wednesday, October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N>

- **Wednesday, November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
- **Wednesday, December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc>

17. **Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions** – These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It’s an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
- **Session 9-Treatment Challenges-Tuesday, September 26, 2023, 10am CT.** [Register](#)
 - **Session 10-Latest Trends on Working in a Treatment Court- Tuesday, October 31, 2023, 10am CT.** [Register](#)
 - **Session 11-Treatment Court 101-Tuesday, November 28, 2023, 10am CT.** [Register](#)
 - **Session 12-Communication Strategies-Tuesday, December 19, 2023, 10am CT.** [Register](#)
18. **Family Coaching Workshops-Missouri Tiered Supports** – Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
- **Stay Close-HOT-Thursday, September 28, 2023**-Learn, practice and receive feedback about the skills you can use to de-escalate difficult situations. [Join Webex](#)
 - **Set Expectations-Thursday, October 12, 2023**-Practice developing expectations that increase the behaviors you want to see. [Join Webex](#)
 - **Family Matrix-Thursday, October 23, 2023**-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. [Join Webex](#)
19. **Certified Peer Specialist-In Person Training** – The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. [Register](#)
- **East-October 2-6, 2023**, St. Louis
20. **The Power of Nutrition in Recovery** – Learn the critical role that nutrition (or lack of) plays in recovery.
- **October 18 & 19, 2023, 4-7pm CT.** [Register](#)
 - **November 7-8, 2023 10am-1:30pm CT.** [Register](#)
21. **Advanced Peer Supervision Trainings** –This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. It will be provided in virtual format (Zoom) and also in person. When you register, please ensure you select the correct training format that you want to attend.
- **November 9-10, 2023-Virtual.** [Register](#)
22. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
- **February 8-9, 2024**-Places for People Location TBD, St. Louis, Missouri
 - **March 14-15, 2024**- Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
 - **April 25-26, 2024**-Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - **May 2-3, 2024**-MBHC Office, 221 Metro Drive, Jefferson City, MO 65109
23. **New ON-DEMAND The Cultural Intersection of Depression, Trauma, and Suicide Risk among Veterans and Service Members** – An in-depth review of key issues around trauma, SMI, suicide risk, and important mental health needs of service members and veterans. [Register](#)

24. **New ON-DEMAND Addressing Suicide From the Person-in-Environment and Social Justice Perspectives** – Explore how contextual and social justice issues may intersect with suicide ideation and actions. [Register](#)
25. **New ON-DEMAND Lethal Means Counseling for Suicide Prevention** – Gain a deeper understanding on the use of lethal means counseling (LMC) with high-risk individuals, including practical guidance and suggestions to navigate these conversations. [Register](#)
26. **New ON-DEMAND Suicide Assessment and Prevention in Early Psychosis** – Learn skills to manage mental health crises and higher-level escalations, such as how to avoid power struggles, on-the-spot situation assessments, safety concerns, and debriefing techniques. [Register](#)