

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

October 27, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New DEA Extends Telemedicine Flexibilities for Prescribing Controlled Substances** - On October 10, the Drug Enforcement Administration (DEA), jointly with the Department of Health and Human Services (HHS), announced an extension of telemedicine flexibilities for prescribing controlled substances. Initially put in place during the COVID-19 public health emergency, authorized providers can prescribe controlled substances to new and existing patients based on a telehealth evaluation through December 31, 2024. Specifically, these telemedicine flexibilities for the prescription of controlled substances include: [Learn More](#)
 - “A practitioner can prescribe a controlled substance to a patient using telemedicine, even if the patient isn’t at a hospital or clinic registered with the DEA
 - Qualifying practitioners can prescribe buprenorphine to new and existing patients with opioid use disorder based on a telephone evaluation”

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **NIH Launches Community-Led Research Program to Advance Health Equity** – The National Institutes of Health (NIH) is funding a first-of-its-kind community-led research program to study ways to address the underlying structural factors within communities that affect health, such as access to safe spaces, healthy food, employment opportunities, transportation, and quality health care. Through the NIH Common Fund Community Partnerships to Advance Science for Society (ComPASS) program, NIH made 26 awards to community organizations and a coordinating center, totaling approximately \$171 million over five years, pending the availability of funds. [Learn More](#)
2. **NIH Established Maternal Health Research Centers of Excellence** – The National Institutes of Health (NIH) awarded \$24 million in first-year funding to establish Maternal Health Research Centers of Excellence as part of NIH’s Implementing a Maternal Health and Pregnant Outcomes Vision for Everyone (IMPROVE) initiative. These maternal health research centers are designed to “...develop and evaluate innovative approaches to reduce pregnancy-related complications and deaths and promote maternal health equity.” Depending on the availability of funds, these grants are expected to last seven years, with an estimated total of \$168 million. NIH's press release announcing the Maternal Health Research Centers of Excellence can be found [here](#).

INFO and RESOURCES

1. **New Initiative NRI 2022 State Profiles Report: Transportation in Behavioral Health Crisis Services** - This report identifies 12 states that have developed transportation alternatives for transportation of individuals in crisis and additional states that are working on alternatives to reduce the use of law enforcement in transporting individuals in crisis. [Learn More](#)
2. **New Initiative to Protect Youth Mental Health, Safety & Privacy Online** – The National Telecommunications and Information Administration (NTIA) seeks broad input and feedback from stakeholders on current and emerging risks of health (including mental health), safety, and privacy harms to minors arising from use of online platforms, etc. The data gathered through this process will be used to inform the Biden-Harris Administration's work to advance the health, safety, and privacy of minors **Written comments must be received on or before November 16, 2023.** [Learn More](#)
3. **New The SPRC Releases Third Annual State and Territorial Suicide Prevention Needs Assessment** - The Suicide Prevention Resource Center's (SPRC) Suicide Prevention Needs Assessment (SNA) provides states with information on useful topics including: 1) state suicide prevention needs, 2) changes in state suicide prevention infrastructure development, and 3) each state's own progress and national suicide prevention infrastructure and programming. The SNA allows state suicide prevention representatives to assess and describe their state's suicide prevention strengths, needs, barriers, and successes, and see their state in the context of national efforts. [Learn More](#)
4. **New Racial Equity & Cultural Diversity Resource Collection** – This ever-evolving webpage is updated periodically and is a compilation of products and resources on cultural responsiveness, racial equity, cultural diversity for the mental health workforce. [Learn More](#)
5. **New NAMI Launches Teen & Young Adult HelpLine** - The National Alliance on Mental Illness (NAMI) introduces the Teen & Young Adult (T&YA) HelpLine: A free nationwide peer-support service providing information, resource referrals, and support to teens and young adults. Their T&YA Specialists are young people who understand what teens and young adults are going through. They are experienced, well-trained, and want to help young people find a way forward. **The T&YA Helpline can be reached by phone, text, or chat Monday-Friday, 9am-9pm CT.** [Learn More](#)
6. **New NASMHPD Workbooks for Emotional Expression, Processing and Regulation**
 - **Pre-K Workbook** – [Learn More](#)
 - **Kindergarten to Grade 2 Workbook** – [Learn More](#)
 - **Grades 3-5 Workbook** – [Learn More](#)
7. **New Family Engagement Toolkit** - This toolkit offers resources and a roadmap from the National Family Support Technical Assistance Center, the Mental Health Technology Transfer Center, and the National Center for School Mental Health to move schools from the tokenism that often comes with family involvement to authentic family engagement. Learn how incorporating Family Peer Specialists on school-based mental health teams can move schools towards family-driven partnership and support for youth experiencing mental health and/or substance use challenges. [Learn More](#)
8. **New Building New Horizons: Opening Career Pathways for Peers with Criminal Justice Backgrounds** - Transform your perspective on peers with this comprehensive guide that has three empowering modules: Pre-Hiring, Hiring, and Post-Hiring. [Learn More](#)
9. **New Navigating Medication Side Effects in Bipolar Disorder Treatment** - Medication side effects come with treatment in any field, but in psychiatry, managing patients' emotional and mental stability on top of side effects can be a challenge. *Psych Congress Network* spoke with Desiree Matthews, PHMNP-BC, director of advanced practice

providers at Monarch in Charlotte, North Carolina, to get her insights on how she works with patients to avoid the deal breakers. [Learn More](#)

10. **New The 'Gold Standard:' Lithium as a Mood Stabilizer for Patients With Bipolar Disorder** - Jonathan Meyer, MD, voluntary clinical professor of psychiatry at the University of California, San Diego, discusses the importance of lithium as a mood stabilizer for bipolar disorder patients with a history of mania. Dr Meyer addresses clinicians' concerns about lithium's adverse effects, emphasizing the significance of maintaining appropriate dosage levels to mitigate risks. [Learn More](#)
11. **New How are Novel Therapies Affecting Bipolar Disorder Treatment?** - Unlike traditional anti-psychotics, the emergence of weight-neutral medications represents a breakthrough. Watch Veronica Ridpath, DO, clinical associate professor at the University of South Carolina, give her insights on this new generation of treatments and how they align clinician and patient goals. [Learn More](#)
12. **New Aligning Bipolar Disorder Treatment Goals and Maintaining Patient Adherence** - Veronica Ridpath, DO, clinical associate professor at the University of South Carolina School of Medicine, discusses how aligning patient understanding with medical objectives can pave the way for enhanced adherence and lead to more effective, empathetic, and holistic bipolar disorder treatment. [Learn More](#)
13. **New Preventing Relapse and Choosing Medication in Bipolar Disorder Treatment** - Jonathan Meyer, MD, a voluntary clinical professor of psychiatry at the University of California, San Diego, unveils the evidence gaps and medications to avoid in bipolar disorder treatment. Watch this video to gain valuable advice on patient communication and shared decision-making, empowering clinicians to navigate the complex world of mood stabilizers effectively. [Learn More](#)
14. **New ADHD Diagnosis, Recommended Therapy More Likely in Older Children, Boys** - In children and adolescents, older age and male gender were factors associated with receiving a diagnosis of attention-deficit/hyperactivity disorder (ADHD) as well as recommended ADHD therapy, according to a poster presented at the 52nd Child Neurology Society Annual Meeting in Vancouver, British Columbia, Canada. [Learn More](#)
15. **New A Novel Form of Transcranial Electrical Stimulation Improves ADHD Symptoms in Children** - High-frequency transcranial random noise stimulation (tRNS), applied with cognitive training, had a lasting positive effect on symptoms in children with ADHD, according to a study published online in *Translational Psychiatry*. [Learn More](#)
16. **New Study Results Link Non-Stimulant ADHD Therapy and Prescription Stimulant Misuse in Adolescents** - Non-stimulant therapy for ADHD is linked to higher prescription stimulant misuse in adolescence, according to study results presented in a poster at the 2023 American Psychiatric Association annual meeting. [Learn More](#)
17. **New Depressive Symptoms Significantly Associated with Mortality and Cardiovascular Disease** - Adults with moderate to severe depression were found to have a higher all-cause risk of ischemic heart and cardiovascular disease (CVD) mortality than adults without depression, according to a prospective cohort study published in *JAMA Network Open*. [Learn More](#)
18. **New Rep. Chavez-DeRemer and Rep. Dean Join the Bipartisan Addiction, Treatment, and Recovery Caucus as Vice Co-Chairs** - Representative Lori Chavez-DeRemer (R-OR-05) and Representative Madeleine Dean (D-PA-04) recently joined the Addiction, Treatment, and Recovery Caucus as vice co-chairs. The Addiction, Treatment, and Recovery Caucus is a bipartisan caucus comprised of more than 50 members of Congress that is currently led by Representatives Paul Tonko (D-NY-20) and Dave Joyce (R-OH-14). The Caucus aims to promote bipartisan solutions "...dedicated to education and raising awareness among lawmakers about addiction – including through a strong focus on expanding access to prevention, treatment, and recovery services." [Learn More](#)

19. **New DEA National Rx Take Back Day** - The Drug Enforcement Administration (DEA) announced it will host the next bi-annual Rx Take Back Day on Saturday, October 28, 2023. National Prescription Take Back Day aims to address opioid overdose deaths and prevent the development of opioid use disorder (OUD) by setting up disposal sites across the country for unneeded prescription drugs. Since its creation in 2010, the DEA has collected 17,300,454 pounds of unused pills as part of National Rx Take Back Day. [Learn More](#)
20. **New SAMHSA Releasing New Integrated Data Analysis System on October 25th** - The Substance Abuse and Mental Health Services Administration (SAMHSA) released a new integrated Data Analysis System for the Substance Abuse and Mental Health Data Archive (SAMHDA) on October 25. This new consolidated and modernized Data Analysis System replaces the Public-Use Data Analysis System (PDAS) and the Restricted-Use Data Analysis System (RDAS), which were used to analyze mental health and substance use disorder (SUD) data in the national SAMHDA. This new system will enable users to access the same SAMHDA data in a more user-friendly manner. SAMHSA has posted step-by-step guides and frequently asked questions (FAQ) to navigate the system. [Learn More](#)
21. **New New CoE-PHI Resource: Information Blocking Rule Requirements for Part 2 Data in Patient Portals** - The Substance Abuse and Mental Health Services Administration's (SAMHSA) Center of Excellence for Protected Health Information (CoE-PHI) released a new resource on Information Blocking Rule Requirements for Part 2 Data in Patient Portals. The resource describes the 21st Century Cures Act Information Blocking Rule and its implications regarding patient privacy laws and regulations, such as 42 CFR Part 2. The key takeaway is that the Rule "...does not preempt stricter privacy laws and regulations such as 42 CFR Part 2, and healthcare providers are still obligated to protect information covered by such provisions." [Learn More](#)
22. **New NIDA-Funded Study Finds Telehealth Supports Retention in Treatment for Opioid Use Disorder** - A National Institute on Drug Abuse (NIDA)-funded study, as part of the National Institutes of Health's (NIH) Helping to End Addiction Long-term (HEAL)ing Communities Study, published in *JAMA Network Open* found that the use of telehealth for opioid use disorder (OUD) treatment is positively associated with retention. According to Medicaid data from 2019-2020 for enrollees from Kentucky and Ohio, "... starting buprenorphine treatment for opioid use disorder through telehealth was associated with an increased likelihood of staying in treatment longer compared to starting treatment in a non-telehealth setting..." [Learn More](#)
23. **New Bipartisan Naloxone Training Bill Introduced in Senate** - On September 28, Senators Baldwin (D-WI), Capito (R-WV), and Hassan (D-NH) introduced bipartisan legislation to reauthorize the first responder training program in the Substance Abuse and Mental Health Services Administration (SAMHSA). The Safe Response Act (S. 2933) would reauthorize the grant program for \$57 million per year for fiscal years 2024 through 2028 for grants to States, local government entities, and Tribes. [Learn More](#)
24. **New Telehealth-Based Initiation Associated With Improved OUD Treatment Retention** - Opioid use disorder (OUD) patients who initiated buprenorphine treatment through telehealth were found to be more likely to remain engaged with treatment longer than those who began treatment in a non-telehealth setting, according to a National Institute on Addictive Disorders (NIDA) study. The findings, based on an analysis of Medicaid data from 2019 to 2020 in Kentucky and Ohio, were published in *JAMA Network Open*. [Learn More](#)
25. **New Pilot Study Finds Solriamfetol Beneficial for Adults with ADHD** – The wakefulness-promoting drug solriamfetol may be an effective treatment for the management of attention-deficit/hyperactivity disorder (ADHD) in adults, according to a pilot study published in the *Journal of Clinical Psychiatry*. [Learn More](#)
26. **New Recovery From Substance Use and Mental Health Problems Among Adults in the United States** – This brief report presents self-reports of recovery among adults aged 18 and older in the United States who thought they ever had a problem with their use of drugs or alcohol and/or mental health. These findings provide a clearer characterization of the factors associated with recovery among adults and how future efforts can foster a whole-health approach to sustain recovery from mental health and substance use conditions. [Learn More](#)

TRAINING OPPORTUNITIES

1. **New Family Engagement to Improve Outcomes in Drug Treatment Courts: In Research and Practice** - In this webinar, researchers and practitioners will discuss ways that family engagement in drug treatment court settings can support the success of drug treatment court clients and their families. The audience will also hear from NPC Research along with Miami-Dade County's Adult Drug Treatment Court judge, who will share ways that they have improved participant outcomes by incorporating family engagement in their standard court practices. **Monday, October 30, 2023, 11:30am CT.** [Register](#)
2. **New Cost and Financing Strategies for Coordinated Specialty Care for First Episode Psychosis** - Coordinated specialty care (CSC) is an evidence-based practice model that can positively impact the life trajectory of a person experiencing their first episode of psychosis. Although CSC programs offer life-changing interventions, financing these programs is challenging for a number of reasons. **Monday, October 30, 2023, 1pm CT.** [Register](#)
3. **NOVA Crisis Response Training (CRT)** – NOVA's Basic CRT training consist of twenty-four hours of techniques and protocols for providing crisis intervention to traumatized individuals. The training focuses on the fundamentals of crisis and trauma, and how to adapt to basic techniques to individuals and groups in this area also known as psychological first aid. Thousands who confront human crisis – victim advocates, law enforcement officer and others – have completed the course and recommend it to others.
 - **October 31-November 2, 2023**-St Louis [Register](#)
4. **Missouri Hospital Association's (MHA) Annual Convention – November 1-3, 2023.** [Register](#)
5. **Training for Early Care Educators in Missouri-Developmental** – Ages and Stages Questionnaire (ASQ 3) Development: This screening tool assesses developmental milestones - gross motor, fine motor, communication, problem solving, and personal-social skills for children 2 months - 66 months. **Thursday, November 2, 2023, 1pm-4pm** [Register](#)
6. **Acceptance and Commitment Therapy (ACT): Enhancing Your Practice with Acceptance, Self-Compassion, and Values-Based Action--Virtual | Zoom Training** - This is an experiential workshop, meaning it will be very interactive. Therefore, it will be important to be able to have your camera on most of the time and your microphone when necessary, to participate in small-group discussions, and to be in a relatively quiet place where your only focus is the workshop. Participants will be introduced to psychological flexibility intellectually and experientially and will learn what its like to open up to thoughts and feelings without getting entangled in them, identify what truly matters to you and take meaningful action. **Thursday/Friday, November 2-3, 2023, 9am-5pm CT.** (Attendees must attend both days to complete the training) [Register](#)
7. **NEW Organizational Characteristics and Challenges of Being a Dialectical Behavioral Treatment (DBT) Therapist** - This presentation will explain how to coach caregivers on how to use behavioral principles to cultivate a healthy relationship with their teen. The presenter will emphasize using deliberate practice to enhance skills as a DBT therapist working with teens. A description will be given on how to facilitate teens and families advancing from assessment to committing to DBT. Finally, this presentation will help participants to develop a framework for adapting DBT with adolescents into their specific clinical settings. **Live Online, Friday, November 3, 2023, 1pm-4pm CT** [Register](#)
8. **NAMI In Our Own Voice Presenter Training** – After successful completion of the training, presenters will be certified to deliver In Our Own Voice (IOOV) Presentations in-person or virtually. IOOV is NAMI's personal presentation program, where speakers share their personal lived experience stories to change attitudes, assumptions and ideas about people with mental health conditions. These free presentations provide a personal perspective of mental health conditions, as leaders with lived experience talk openly about what it's like to have a mental health condition. **November 4-5, 2023, 10am-2pm CT.** [Register](#)

9. **Infant and Early Childhood Mental Health Consultation: Equity from the Start** – The SAMHSA-funded Center of Excellence for Infant & Early Childhood Mental Health Consultation (IECMHC) invites you to join an upcoming free virtual conference specifically geared towards IECMHC consultants, supervisors, managers, consultees, parents, leadership, and funders, but all are invited to attend. Join to access a range of presentations related to implementing infant & early childhood mental health consultation and promoting justice, equity, diversity, and inclusion for infants, children, families, and the workforce. **November 6-8, 2023.** [Register](#)
10. **The Power of Nutrition in Recovery** – Learn the critical role that nutrition (or lack of) plays in recovery. **November 7-8, 2023, 10am-1:30pm CT.** [Register](#)
11. **Missouri Rural Health Association Conference** – Our expected audiences consist of hospitals, clinicians, physicians, FQHC's, health departments, in-home and community front line workers, community and social agencies, policy makers, CEO's, CFO's, transportation and ambulance professionals, insurance and investment brokers, health law attorneys, among other professionals in attendance. **November 7-8, 2023.** [Register](#)
12. **MOADD Summit** – Missouri Alliance for Dual Diagnosis (MOADD) Summit Supporting Individuals with Behavioral Health and IDD (CHIDD) needs. Overview and application of guidelines to promote best practices with individuals who have dual intellectual/developmental disabilities and behavioral health disorders in Missouri. **Thursday, November 9, 2023, 9am-4pm CT.** [Register](#)
13. **Advanced Peer Supervision Trainings** –This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. It will be provided in virtual format (Zoom) and also in person. When you register, please ensure you select the correct training format that you want to attend. **Thursday/Friday, November 9-10, 2023-Virtual.** [Register](#)
14. **Resolving and Avoiding Ethical Dilemmas** – Everyone faces ethical dilemmas throughout their career. Being able to appropriately navigate these potential land mines is critical to the successful practice of social work. This training will cover ethical issues commonly faced by social workers during their career and offers strategies to effectively deal with them, as well as, to lessen the chances of such concerns arising in the future. **Friday, November 10, 2023, 1pm-4pm CT.** [Register](#)
15. **New Optimizing Missouri's Managed Care Plan Benefits for Maternal and Infant Health** - Join the MO HealthNet Division (MHD) and meet MHD Managed Care Health Plan representatives at the Governor's Office Building in Jefferson City. This is a unique networking opportunity to showcase valuable benefits, incentives and resources available to perinatal patients and families including individualized Gestational Care Management for eligible patients. **Monday, November 13, 2023, 10am-3pm CT.** [Register](#)
16. **New Exploring Value-based Payment for Substance Use Disorder Services**- This exciting webinar that will explore value-based payment (VBP) use for substance use disorder (SUD) services. VBP models pay health care providers based on the value of the service rather than the volume of services. This model has the potential to improve delivery of integrated and coordinated treatment and recovery services for individuals with SUDs. SAMHSA is soon releasing a report exploring the use of VBP for SUD services in the United States. **Monday, November 13, 2023, 1pm-2pm CT.** [Register](#)
17. **Training for Early Care Educators in Missouri-Social Emotional** – Ages and Stages Questionnaire (ASQ 3) Development: This screening tool assesses developmental milestones - gross motor, fine motor, communication, problem solving, and personal-social skills for children 2 months - 66 months. [Register](#)
 - **Tuesday, November 14, 2023, 1pm-4pm**

18. **NEW National Council for Mental Wellbeing Motivational Interviewing** - Motivational interviewing (MI) is an approach enabling individuals to inspire their teams and clients through conversations that empower meaningful change. The National Council for Mental Wellbeing's MI virtual training and coaching provides an engaging learning environment for this approach, whether you're a clinician in a mental health or substance use treatment setting, supervisor wanting to boost staff morale or case manager for patients with diabetes and heart disease. Space is limited. **Thursday, November 16, 11am-3pm CT** [Register](#)
19. **NEW MMO HealthNet | Upcoming Relias 2023 Webinar Series** - Free continuing education units are available for live and recorded sessions intended for physicians, nurses, and pharmacists. Click the registration link below for course objectives and continuing education information. Previous webinars recorded in this series can be viewed [online](#) and are also eligible for credit.
 - **Private Duty Nursing for Complex Children-Tuesday, November 28, 2023, 12pm** [Register](#)
20. **NAMI Peer-to-Peer Teacher Training** – This is a 2-day virtual training. When complete, participants will be certified to teach the NAMI Signature Education Program, Peer-to-Peer (P2P). Once certified, teachers will lead a course, which generally includes one 2.5 hour session each week for 8 weeks. (Virtual courses can be taught in weekly 2-hour sessions.) Newly certified teachers should be able to commit to teaching one 8-week course per year. **Prerequisite:** Must have taken a NAMI Peer-to-Peer Course as a participant. **December 2-3, 2023, 9am-5pm CT.** [Register](#)
21. **PSBCBT Learning Collaborative** – The University of Oklahoma Health Sciences Center, Problematic Sexual Behavior - Cognitive-Behavioral Therapy™ Training Program in collaboration with the Missouri Behavioral Health Council invites you SAVE THE DATES for a Learning Collaborative for Problematic Sexual Behavior - Cognitive-Behavioral Therapy™ for school aged children ages 7-12, their victims, and their caregivers. Requirements-Teams consist of at least two clinicians (family modality) or four clinicians (group modality), one clinical supervisor and one senior leader. Information call **January 12, 2024, 12pm CT.** [Register](#)
22. **NEW Introductory/Refresher Virtual YSBIRT Training** - For administrators or clinicians who are new to YSBIRT or looking for a refresher. Participants will learn how YSBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; the use of evidence-based screening tools for adolescents to identify risk levels of alcohol and drug use; the role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and referral and treatment best practices for managing and supporting people with substance use disorders. **Monday, February 5, 2024, 1pm-4pm CT.** [Register](#)
23. **NEW Introductory/Refresher Virtual SBIRT Training** - For administrators or clinicians who are new to SBIRT or looking for a refresher. Participants will learn how SBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; the use of evidence-based screening tools for adolescents and adults to identify risk levels of alcohol and drug use; the role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and referral/treatment best practices for managing and supporting people with substance use disorders. **Monday, February 12, 2024, 1pm-4pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Substance Use Disorder and the LGBTQ+** – Substance use is a complex issue that affects individuals from all walks of life, including the LGBTQ+ community. Members of this community face unique challenges when seeking help for addiction. Stigma, shame, and a lack of family support can all make it difficult for LGBTQ individuals to access the resources they need to overcome substance use disorders. Additionally, growing anti-LGBTQ legislation can further exacerbate these issues, creating a hostile environment for individuals struggling with addiction. This is a 2 part series.

- **October 30, 2023, 1pm-2:30pm CT.** [Register](#)
 - **November 6, 2023, 1pm-2:30pm CT.** [Register](#)
2. **Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions** – These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It’s an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
 - **Session10-Latest Trends on Working in a Treatment Court- Tuesday, October 31, 2023, 10am CT.** [Register](#)
 - **Session 11-Treatment Court 101-Tuesday, November 28, 2023, 10am CT.** [Register](#)
 - **Session 12-Communication Strategies-Tuesday, December 19, 2023, 10am CT.** [Register](#)
 3. **Grief Sensitivity Virtual Learning Institute** – Working with grief in the context of violence: Strengthening our skills to strengthen ourselves.
 - **General Mental Health Workforce Sessions-Wednesday, November 1, 2023-Register**
 - **School Mental Health Workforce Sessions-Thursday, November 2, 2023 Register**
 4. **Early Psychosis 101: Basics for Supporting Students** – Identifying young people at risk for or facing a first episode of psychosis is a major state and national priority due to the recognized benefits of early intervention. Because symptoms generally begin between the ages of 12-25, schools are critical places for identifying those with early symptoms of both psychosis-risk and early psychosis symptoms. Please join us starting on October 18 for a virtual three-part learning series that will focus on key aspects of early psychosis support for those working in school mental health in a variety of roles and settings. We will focus on how to recognize students with early psychosis symptoms, link them to appropriate services, and create appropriate accommodations to support student academic success and mental wellbeing. In addition, methods for addressing the stigma one faces when dealing with these symptoms with peers and school personnel will also be considered.
 - **Hope, Healing and Homework: Empowering Educators in Screening for Psychosis and Navigating School Supports for Students with Psychosis-Wednesday, November 1, 2023, 2pm CT.** [Register](#)
 - **Transition to College for Youth with Psychosis- Wednesday, November 15, 2023, 2pm CT.** [Register](#)
 5. **Social Current: Building a Resilient Workforce Webinar Series** – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)
 - **FostCreate Culture around Shared Values-Thursday, November 9, 2023, 1pm CT.**
 - **Integrated Connection and Community-Tuesday, December 12, 2022, 1pm CT.**
 6. **Conversations for Suicide Safer Homes: a CALM Informed Training** – Firearms are the most lethal means used in a suicide attempt. In fact, 90% of people who attempt suicide with a firearm will perish and two out of every three firearm-related deaths in the United States is suicide. In an effort to prevent the tragedy of suicide the Safer Homes Collaborative presents Conversations for Suicide Safer Homes - a suicide prevention training developed for all audiences. CSSH informs participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. Participants who’ve attended previous versions of this training found it offers respectful and practical tips that focus on increasing safety, and are not anti-gun, but rather anti-suicide. Multiple days available. [Register](#)
 - **Tuesday, November 14, 2023, 11am-12pm CT.**
 - **Tuesday, November 28, 2023, 6pm-7pm CT.**
 - **Tuesday, December 12, 2023, 11am-12pm CT.**
 - **Tuesday, December 12, 2023, 6pm-7pm CT.**

7. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing
 - **Wednesday, November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEPt>
 - **Wednesday, December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPPhnaKfdnZUJHzDsc>

8. **St. Louis DEI Training Series** – [Register](#)
 - We understand trauma for our patients...WHAT ABOUT US?-**November 16-17, 2023, Dome Training Center**
 - Introduction (Theory of Change)-**December 14-15, 2023, Harrison Education Center | 3140 Cass Ave.**

9. **PREPaRE** – PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email YSTraining@BurrellCenter.com the dates you wish to attend.

P—Prevent and prepare for crises
 R—Reaffirm physical health & welfare, and perceptions of safety & security
 E—Evaluate psychological trauma risk
 P—Provide interventions
 a—and
 R—Respond to mental health needs
 E—Examine the effectiveness of crisis preparedness

 - **November 28 and 29, 2023** – Kirksville
 - **January 10 and 11, 2024** – Joplin
 - **February 5 and 6, 2024** – Kansas City

10. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
 - **February 8-9, 2024**-Places for People Location TBD, St. Louis, Missouri
 - **March 14-15, 2024**- Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
 - **April 25-26, 2024**-Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - **May 2-3, 2024**-MBHC Office, 221 Metro Drive, Jefferson City, MO 65109

11. **NEW Monthly Tobacco Use Disorder Integration Office Hours** - Engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Starting on Tuesday, November 14, 2023 through September 10, 2024 these webinars will be held on the second Tuesday of every month from 1:30 – 2:30 pm CT** [Register](#)

12. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

13. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)

14. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
15. **Youth Peer Support** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
16. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
17. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
18. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
19. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
20. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Missouri Recovery Support Specialist Trainings** – [Register](#)
 - **Ethics Trainings** – [Register](#)
21. **ON DEMAND – Medication Awareness Recovery Specialist Training-ONLINE/ON DEMAND** – This is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. [Register](#)
22. **ON DEMAND – Postpartum Depression Treatment With GABAergic Therapies-ONLINE/ON DEMAND** – This on-demand activity discusses key clinical trial outcomes of traditional oral antidepressant medications and atypical antipsychotics for the treatment of PPD and the current clinical need for effective and safe PPD medications. [Login to participate](#)