

# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance**

**October 6, 2023**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – DMH has delivered their FY 2025 Departments Requested budget to the Governor’s Office this week. Below is what was included for DBH.

### **Supplemental Funding: (FY2024 to finish the current year)**

- **\$1 GR – Overtime** costs at the state operated DBH facilities. Adding as a placeholder right now and will have better numbers for the Governor’s recommended budget.
- **\$1 GR– Contracted staff** – Due to staffing shortages, the facilities have had to increase temporary contracted staff. Adding as a placeholder right now and will have better numbers for the Governor’s recommended budget.
- **\$1 GR – Utilization Increase** – Adding as a placeholder in the event a supplemental is needed for utilization due to increased placements.
- **\$81,500 Other – Opioid Settlement Reporting Coordinator** - This includes funding for a position to help in the administration for the Opioid Treatment and Recovery Fund. Funding includes PS and EE to support the position.
- **\$125,000 GR – Civil Commitment Legal Fees** - DMH is experiencing increased usage by Prosecuting Attorney and Sheriff’s Offices, incurring expenses on behalf of individuals civilly committed by the courts who are unable to pay. Funding is needed to fully reimburse these entities. Statute mandates that certain fees and costs for involuntary civil detention proceedings for an individual who presents a likelihood of harm due to a mental illness or substance use disorder be paid by the State.
- **\$2,000,000 FED – CHIP Transfer** - The Children's Health Insurance Program (CHIP) Fund has accumulated funds since inception due to discrepancies between DMH and DSS systems paying for children receiving Medicaid services. In some cases when DMH submits the services, the individual is not CHIP eligible; however, MMIS recognizes the child is CHIP eligible. Funds are deposited into the CHIP fund but are paid out of non-CHIP funds. According to DSS HB language, all CHIP funds must be deposited in the CHIP fund. This transfer provides a mechanism to move the funding to reimburse where previous expenditures have been paid from.
- **\$750,000 FED – Perinatal Psychiatry Access Program** - Requesting funding for a grant with the University of Missouri for a Perinatal Psychiatry Access Project for Moms (MO-PAP for Moms) with Dr. Laine Young-Walker. The project will increase screening for maternal depression and related behavioral health disorders.
- **\$720,000 GR – Medical Care Costs** - This item will provide one time funding for unexpected medical care costs for patients in DBH psychiatric hospitals. Patients with lengthy hospital stays and increased medical costs are attributing to the request.

### **FY 2025 New Decision Items:**

- **\$12,043,722 (\$2,865,804 GR; \$9,177,918 FED) – Utilization Increase** - to fund increase in those Medicaid participants newly eligible for our services, youth only.
- **\$1,258,583 GR – Goods and Services Increased Cost** - This includes 10.22% inflationary increase for food (\$645,670); 3.17% inflationary increase for medical care (\$409,288) and 10.63% inflationary increase for housekeeping/janitorial (\$203,625).

- **\$81,500 Other – Opioid Settlement Reporting Coordinator** - This includes funding for a position to help in the administration for the Opioid Treatment and Recovery Fund. Funding includes PS and EE to support the position.
- **\$3,180,525 FED – 988 Grant Authority** - This provides continued federal funding for Missouri's 988 Suicide & Crisis Lifeline. The statewide funding will support evaluation/data analysis, crisis chat services, training, and promotional items/activities.
- **\$1,038,019 GR – Increased Medication Costs**. This includes an inflationary increase of 5% for specialty medications along with increase contracted costs for pharmacy and advanced practitioner services.
- **\$17,969,542 (\$5,918,279 GR; \$12,051,063 FED) – CCBHO Medicare Economic Index** - The item reflects a 2.86% inflationary Medicare Economic Index (MEI) increase for the PPS rate.
- **\$2,100,000 (\$525,000 GR; \$1,575,000 Other) – Recovery Community Centers** - This item provides continued funding for eight providers. Currently, four of the eight are funded with Coronavirus Response and Relief Supplement Appropriations Act, 2021 (CRRSA) and The American Rescue Plan Act, 2021 (ARPA) and is slotted to end December 2023. In addition, this funding will support the expansion to allow three more RCC's.
- **\$406,000 GR and 4.00 FTE – Forensic Mobile Team Expansion** –Funding is requested for two positions and associated EE for the Eastern Region Mobile Team. The Chief of Regional Operations will maintain oversight and coordination of the Eastern Region Mobile Team while the Certified Forensic Examiner will work alongside the Eastern Region Mobile Team conducting ongoing evaluations of clients found Incompetent to Stand Trial.
- **\$1,835,879 (\$458,970 GR; \$1,376,909 Other) – RSS Rate Inequity Alignment** – Funding is requested to provide Recovery Support Services (RSS) providers rate inequity alignment. The increase will bring provider rates consistent with rates currently being reimbursed for like services from DBH CSTAR providers.
- **\$657,000 GR – SMMHC Jail Contract** – This item represents a GR pickup of the funding awarded in FY 2024 for the contracted rate for those in jail settings waiting to be admitted to SMMHC SORTS, this was appropriated as federal.
- **\$125,000 GR – Civil Commitment Legal Fees Cost to Continue** - DMH is experiencing increased usage by Prosecuting Attorney and Sheriff's Offices, incurring expenses on behalf of individuals civilly committed by the courts who are unable to pay. Funding is needed to fully reimburse these entities. Statute mandates that certain fees and costs for involuntary civil detention proceedings for an individual who presents a likelihood of harm due to a mental illness or substance use disorder be paid by the State.
- **\$12,000,000 FED – CHIP Transfer Cost to Continue** - The Children's Health Insurance Program (CHIP) Fund has accumulated funds since inception due to discrepancies between DMH and DSS systems paying for children receiving Medicaid services. In some cases when DMH submits the services, the individual is not CHIP eligible; however, MMIS recognizes the child is CHIP eligible. Funds are deposited into the CHIP fund but are paid out of non-CHIP funds. According to DSS HB language, all CHIP funds must be deposited in the CHIP fund. This transfer provides a mechanism to move the funding to reimburse where previous expenditures have been paid from.
- **\$750,000 FED – Perinatal Psychiatry Access Program Cost to Continue** - Requesting funding for a grant with the University of Missouri for a Perinatal Psychiatry Access Project for Moms (MO-PAP for Moms) with Dr. Laine Young-Walker. The project will increase screening for maternal depression and related behavioral health disorders.
- **\$44,085,326 (\$14,186,848 GR; \$29,898,478 FED) – CCBHO GR Pickup** – This item requests ongoing funding for the FY24 CCBHO MEI NDI that was funded with HCBS FMAP Enhancement dollars. HCBS FMAP Enhancement Funds cannot be sustained as ongoing funding due to the one-time nature of the funds. The full FY24 amount will be core reduced with this request.
- **\$1,000,000 GR – Children's Continued Hospitalization Report** - HB 402 passed in the 2023 session requires DMH and DSS to implement a collaborative project to assess the impact of continued hospitalization of foster children and clients of DMH. Interim reports are to be submitted to the general assembly in December 2023 and July 2024, with a final report by December 2024. To ensure the timeliness of the report is completed, a contractor will be hired to perform the duties.
- **\$4,226,126 FED – Federal Authority for CCBHO Providers** - Additional federal authority is needed due to three CCBHOs previously operating under a State Plan Amendment (SPA) to move under CCBHO demonstration and receive enhanced FMAP. CMS approved 6/26/23 with an effective date of 7/31/23.
- **\$2,254,613 GR – Safety and Security Replacements for DBH Facilities** - DMH is experiencing increased costs that exceed available EE to maintain security and patient and staff safety related systems in facilities. On-going

funding is requested to provide timely replacements and enhancements to camera systems, personal alarm systems, and proximity card door access control systems, as well as vehicle replacements required to securely transport patients to offsite medical and court appointments.

- **\$3,228,528 GR and 54.50 FTE – Forensic Treatment Center Cottages** - This funding will allow for the opening of two cottages at the Forensic Treatment Center in St. Louis. Each cottage will be eight beds and will be opened with a phased in approach; July 1, 2024 and September 1, 2024. No contracted staff will be used to open these cottages. This will assist with the increasing Incompetent to Stand Trial (IST) wait list to enter DBH facilities.
- **\$1,304,370 Other – Addiction Treatment Fellowships** - This item will support addiction treatment fellowship programs in the community. It will ensure continued training of Addiction Medicine Physicians in Missouri in an effort to continue combating the opioid epidemic by increasing access to Medication for Opioid Use Disorder (MOUD). According to the Accreditation Council for Graduate Medical Education (ACGME), fellowships cannot have mandates or place conditions on them; however, addiction treatment fellowships are local applicants and likely to find jobs locally.
- **\$1,113,000 Other – St. Louis Opioid Overdose Reduction Initiative** - Funding is requested to provide ongoing support for the STL Opioid overdose reduction initiative. The Grassroots Reinvestment for Optimal Well-being - STL (GROW-STL) initiative was formed through temporary funding and consists of 6 community organizations partnering together to provide outreach services by connecting individuals to DBH contracted SUD treatment providers and Recovery Support providers. In FY23, the initiative provided outreach services to 4,393 individuals with an SUD.

#### **Core Adjustments:**

- **(\$300,000,000 FED)** – Reduction of one-time federal authority related to the new MH hospital in KC MO.
- **(\$590,000 GR)** – Reduction of one-time GR related to housing and support services for HIV in the STL area.
- **(\$1,500,000 GR)** – Reduction of one-time GR related to ETMS pilot project.
- **(\$1,138,212 GR)** – Reduction of one-time GR related to an RSS Provider.
- **(\$11,769,016 FED)** – Reduction of federal authority related to the CRRSA supplemental block grant funding received, funding ends March 2024.
- **(\$44,085,326 FED)** – Reduction of federal authority appropriated instead of GR for CCBHO MEI. Asking for a GR pickup in the FY 2025 NDI listing.
- **(\$657,000 FED)** – Reduction of federal authority appropriated instead of GR for SEMO Jail Contract. Asking for a GR pickup in the FY 2025 NDI listing.
- **(\$4,226,126 GR)** – Reduction of GR due to the CCBHO SPA providers going under the demonstration and receiving the enhanced FMAP rate.

#### **2. 2023 Global Peer Support Celebration Day is October 19!**

– This is an annual celebration of peer supporters, peer support, and recognizing their work in helping their peers with mental health, addictions, and or trauma-related challenges move along the continuum of recovery and inclusion into communities of his/her choice. Please join together in celebrating this annual event. More information can be found at [Global Peer Support Celebration Day - National Association of Peer Supporters \(peersupportworks.org\)](https://peersupportworks.org)

As a way to honor peers for Global Peer Support Celebration Day, on October 19, 2023, the Missouri Credentialing Board will showcase some peer spotlights on our Peer Websites! Please be sure to visit the MCB peer websites to meet some of our amazing peers and see what being a peer has meant to them! The peer websites include: [www.mopeerspecialist.com](http://www.mopeerspecialist.com), [www.mofamilysupportprovider.com](http://www.mofamilysupportprovider.com) and [www.mofamilysupportprovider.com/yps](http://www.mofamilysupportprovider.com/yps). MO has selected to wear the color teal in honor of the day.



**Governor Parson supports Peer Support Celebration Day!!!** See the proclamation at <https://governor.mo.gov/proclamations/peer-support-celebration-day>

3. **Suicide Prevention Video created by Governor's Office** – The Missouri Governor's Challenge to Prevent Suicide among Service Members, Veterans and their Families launches a new video.

The Governor's Office created a two-minute suicide prevention video. The Governor discusses some of the warning signs of suicide and encourages service members, Veterans, and their families to contact the 988 Suicide & Crisis Lifeline. You can view the video on Facebook and Twitter (X) using @MoGovChallenge

4. **DBH Staff Attend Training about Sex Offenders** –DBH and SORTS staff attended the annual Sex Offender Civil Commitment Programs Network (SOCCPN) and Association for the Treatment and Prevention of Sexual Abuse (ATSA) conferences September 26th-30th in Aurora, Colorado. Attendees included administrators, examiners, evaluators, and treatment providers.

SOCCPN is a professional network for individuals working in and with sex offender civil commitment programs. The annual conference brings together states that operate these programs and focuses on evidence-based practices of the effective management, assessment, and treatment of individuals committed to such programs. Conference presentations range from administrative and legal issues, to evaluation, treatment, and ethical considerations.

The Association for the Treatment and Prevention of Sexual Abuse is an international, multi-disciplinary organization dedicated to making society safer by preventing sexual abuse. The ATSA conference offers symposia, workshop presentations, poster sessions, discussion groups, and advanced clinics relating to issues in both victim and perpetrator research and treatment. Attendees interact directly with leading experts and learn about the latest assessment and treatment methodologies for perpetrators and victims of sexual abuse.

5. **New Workforce Development Initiative in St. Louis** – The Department of Mental Health (DMH) regional staff met with Kate Hatfield, the Mayor of Frontenac, and workforce quickly became a focus. Mayor Hatfield sits on the Board of Directors at Lift for Life Academy, a St. Louis City Charter School. Two years ago, Lift for Life started their SOAR (Student Ownership, Autonomy & Relevance) program. This program is designed to run parallel to traditional high school, providing students with relevant, real-world educational experience to prepare them for their desired careers. Lift for Life's Director (David LeMay) and Deputy Director (Dr. Katrice Noble) were excited to add a Behavioral Health SOAR pathway to the existing programs. Additionally, expansion of the program includes St. Louis Community College who will offer college courses and credit toward an Associate of Applied Science degree in Behavioral Health Support. Students will receive dual credit through this collaboration. The St. Louis Agency on Training and Employment (SLATE) has joined the effort and will provide PAID internships for up to 20 students. DMH's network of providers have agreed to provide speakers for classroom hours and internship sites where students will get hands on experience in all aspects of behavioral health service delivery. Two students have committed to the program and 25 students are attending the speaker sessions to learn more about job opportunities in the field of Behavioral Health.

6. **Proposed Regulations** – The following proposed regulations/amendments are published in the [September 15, 2023, Missouri Register](#) for a 30-day public comment period:

**9 CSR 30-3.150** Comprehensive Substance Treatment and Rehabilitation (CSTAR) Program

**9 CSR 30-3.151** Eligibility Determination, Assessment, and Treatment Planning in CSTAR Programs

**9 CSR 30-3.152** Comprehensive Substance Treatment and Rehabilitation (CSTAR) Utilizing the *ASAM Criteria*

## JOB ANNOUNCEMENTS

### **Forensic Case Monitor**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in the Western Region/Kansas City Area. Application deadline is **October 12, 2023**. [Learn More and Apply!](#)

### **Suicide Prevention Specialist**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City. Application deadline is **October 18, 2023**. [Learn More and Apply!](#)

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

## **FUNDING OPPORTUNITIES**

1. **NIH Launches Community-Led Research Program to Advance Health Equity** – The National Institutes of Health (NIH) is funding a first-of-its-kind community-led research program to study ways to address the underlying structural factors within communities that affect health, such as access to safe spaces, healthy food, employment opportunities, transportation, and quality health care. Through the NIH Common Fund Community Partnerships to Advance Science for Society (ComPASS) program, NIH made 26 awards to community organizations and a coordinating center, totaling approximately \$171 million over five years, pending the availability of funds. [Learn More](#)
2. **NIH Established Maternal Health Research Centers of Excellence** – The National Institutes of Health (NIH) awarded \$24 million in first-year funding to establish Maternal Health Research Centers of Excellence as part of NIH's Implementing a Maternal Health and Pregnant Outcomes Vision for Everyone (IMPROVE) initiative. These maternal health research centers are designed to "...develop and evaluate innovative approaches to reduce pregnancy-related complications and deaths and promote maternal health equity." Depending on the availability of funds, these grants are expected to last seven years, with an estimated total of \$168 million. NIH's press release announcing the Maternal Health Research Centers of Excellence can be found [here](#).
3. **NIDA Supports Research on Novel Approaches for Smoking Cessation** – The purpose of this Funding Opportunity Announcement (FOA) is to provide support for research to facilitate well planned clinical trials aimed at advancing the science of tobacco cessation among adolescents. Specifically, the FOA invites applications for Planning Grants (R34) to inform the planning, design, and initial development of adolescent tobacco cessation behavioral intervention studies, with an emphasis on the critical developmental risk period ranging from mid- to late adolescence (i.e., approximately 14-20 years old). Applications should propose clinical trial planning activities that are scientifically necessary to guide the design and conduct of a future clinical trial evaluating a tobacco cessation behavioral intervention for adolescents. Planning activities could include, but are not limited to, feasibility and pilot studies to assess intervention viability and/or trial design, and testing of recruitment, retention, and adherence strategies to increase participant engagement and scientific rigor. **Application Due Date: Sunday, October 15, 2023**. [Learn More](#)

## INFO and RESOURCES

1. **New MoHealthNet-Provider Update** – Postpartum Benefits-Previously, pregnant and postpartum women receiving benefits through MO HealthNet for Pregnant Women were eligible for pregnancy-related coverage throughout the pregnancy and for 60 days following the end of the pregnancy. Beginning July 7th, 2023, MO HealthNet coverage for these women will include full Medicaid benefits for the duration of the pregnancy and for one year following the end of the pregnancy. [Read More](#)
2. **New MoHealthNet-Provider Update** – Childhood Lead Testing Modernization- Exposure to lead can seriously harm a child's health and is more harmful to children that are less than six years of age because their bodies are still developing and growing rapidly. In August 2023, RSMo 701.340-349 was updated to simplify lead testing schedules. Please review Department of Health & Senior Services (DHSS) Childhood Lead Testing Modernization. A new, simplified testing schedule is outlined within the document. Visit <http://Health.mo.gov> for more information. [Read More](#)
3. **New Sexual Dysfunction Prevalence Remains High in Schizophrenia Patients** – A prevalence of sexual dysfunction remains high in individuals with schizophrenia with no clear improvement over time or better tolerance of second-generation anti-psychotics. [Register](#)
4. **NASMHPD Releases Children's Workbooks for Emotional Expression, Processing and Regulation** – NASMHPD's Center for Innovation in Health Policy and Practice (CIHPP) presents their new Trauma-Informed Care Resources: Children's Workbooks for emotional expression, processing, and regulation! The workbooks can be used in schools, clinics, pediatrics, emergency rooms, crisis services, social services - anywhere a child could benefit from calming strategies provided in workbooks. Providing small crayon packs would be ideal accompaniment to the workbooks. [Learn More](#)
5. **NASADAD/National Council for Mental Wellbeing Releases Brief on Integrating Peer Support Services into Substance Use-Related Crisis Care** – This brief highlights three state initiatives that have integrated peer recovery support services (PRSS) as part of their crisis response to help individuals experiencing substance use-related crises or overdoses. These examples illustrate how PRSS can be effectively integrated using a team-based approach to care and demonstrate how the personal experience and training of peers have shown positive results in referring and connecting individuals in crisis to needed care, preventing further crises and aiding individuals on their path to wellness. The brief can be found on NASADAD's website, [here](#).
6. **CDC Office on Smoking and Health Releases Resource on What Parents and Educators Can Do to Protect Youth from the Harms of Vaping** – The [Centers for Disease Control and Prevention's \(CDC\) Office on Smoking and Health \(OSH\)](#) released a resource on [What Parents and Educators Can Do to Protect Youth From the Harms of Vaping](#). This resource provides parents and educators with tips and resources to help educate and protect their youth from the harms of vaping. Specifically, the resource "...highlights e-cigarette use among youth, the health risks of vaping for youth, how nicotine can be a source of stress, and resources to help youth quit vaping." The resource is part of OSH's new Empower Vape-Free Youth Movement, which can be viewed [here](#).

## TRAINING OPPORTUNITIES

1. **New Wound Care for Non-Clinicians (Self-Paced)** – Wound Care for Non-Clinicians (Self-Paced) - Access to medical care can be limited for many individuals, making basic wound care services a valuable asset for organizations serving the community. This multi-part, self-paced course will introduce non-clinicians to:
  - the basics of identifying common skin and soft tissue infections
  - methods for prevention of wounds and care for existing wounds
  - strategies for supporting an individual in caring for their own wounds and promoting healing
  - ways to implement and advocate for wound care services within your organization

As an added benefit, training attendees can register for regularly scheduled “office hours” for in-depth discussions on wound care practices and the opportunity to seek guidance of experienced practitioners. Explore the training and discover valuable resources here [Training Link](#)

2. **NARR Best Practices Summit, Dearborn, Michigan** – The NARR Summit is your chance to learn from leading experts and researchers, build on the latest in recovery housing best practices, and come together as a community to learn from each other’s stories. Your story has the power to change the world. How can sharing recovery experiences make for more effective advocacy, foster community partnerships, and increase access to quality recovery housing? **October 9-11, 2023, [Register](#)**
3. **Radically Open Dialectical Behavior Therapy Blended Learning Course-Level 3** – The goal of this in-person workshop is to consolidate your learning from Levels 1 and 2, to deepen your knowledge and to practice, practice, practice! **October 11-14, 2023, 10:30am-4pm CT. [Register](#)**
4. **New Healthy Communication: Understanding and Respecting Differences** – This webinar will explore communication and help participants learn and practice reflective listening. This webinar will also address differences in communication styles and provide tools for addressing conflict in relationships. **Wednesday, October 11, 2023, 12pm CT. [Register](#)**
5. **Motivational Interviewing** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. **Thursday, October 12, 2023, 11am-3pm CT. [Register](#)**
6. **What is Keeping us up at Night? A Behavioral Approach to Sleep** – This webinar will go beyond the biological drive for sleep and explore sleep as a behavior including bedtime procrastination, emotion regulation, and cultural influences. **Thursday, October 12, 2023, 12pm CT. [Register](#)**
7. **Obesity Management Through Health Behavior Change** – This webinar will review the role of social determinants of health in obesity-related disparities, behavioral treatment for obesity including in the context of pharmacological and surgical treatment, limitations of obesity metrics and weight stigma as well as discuss future directions. **Thursday, October 19, 2023, 12pm CT. [Register](#)**
8. **Substance Use Disorder Professional Ethics** – The training will provide an understanding for different approaches to care and how they are based in different ethical principles. The training will also cover real-life scenarios and their relationship to ethical standards. From theory to practical application, this training will highlight the integration of ethical practice in clinical care. **Friday, October 20, 2023, 9am-4pm CT. [Register](#)**
9. **New Individuals, Couples, and Families** – Assessing and Treating Individuals, Couples, and Families will cover using emotional space, visual props, and sculpting to see, feel, enhance awareness, and make realistic changes. This presentation will demonstrate assessing couples and families with metaphoric Imagery and visual sculpting. The speaker will bring real cases from the audience into visual displays to show the Supervision Model for Assessing and Treating. **Friday, October 20, 2023, 1pm-5pm CT. [Register](#)**
10. **Missouri Hospital Association’s (MHA) Annual Convention – November 1-3, 2023. [Register](#)**
11. **NAMI In Our Own Voice Presenter Training** – After successful completion of the training, presenters will be certified to deliver In Our Own Voice (IOOV) Presentations in-person or virtually. IOOV is NAMI's personal presentation program, where speakers share their personal lived experience stories to change attitudes, assumptions and ideas about people with mental health conditions. These free presentations provide a personal perspective of mental health conditions, as leaders with lived experience talk openly about what it's like to have a mental health condition. **November 4-5, 2023, 10am-2pm CT. [Register](#)**

12. **Infant and Early Childhood Mental Health Consultation: Equity from the Start** – The SAMHSA-funded Center of Excellence for Infant & Early Childhood Mental Health Consultation (IECMHC) invites you to join an upcoming free virtual conference specifically geared towards IECMHC consultants, supervisors, managers, consultees, parents, leadership, and funders, but all are invited to attend. Join to access a range of presentations related to implementing infant & early childhood mental health consultation and promoting justice, equity, diversity, and inclusion for infants, children, families, and the workforce. **November 6-8, 2023.** [Register](#)
13. **Missouri Rural Health Association Conference** – Our expected audiences consist of hospitals, clinicians, physicians, FQHC's, health departments, in-home and community front line workers, community and social agencies, policy makers, CEO's, CFO's, transportation and ambulance professionals, insurance and investment brokers, health law attorneys, among other professionals in attendance. **November 7-8, 2023.** [Register](#)
14. **MOADD Summit** – Missouri Alliance for Dual Diagnosis (MOADD) Summit Supporting Individuals with Behavioral Health and IDD (CHIDD) needs. Overview and application of guidelines to promote best practices with individuals who have dual intellectual/developmental disabilities and behavioral health disorders in Missouri. **Thursday, November 9, 2023, 9am-4pm CT.** [Register](#)
15. **Resolving and Avoiding Ethical Dilemmas** – Everyone faces ethical dilemmas throughout their career. Being able to appropriately navigate these potential land mines is critical to the successful practice of social work. This training will cover ethical issues commonly faced by social workers during their career and offers strategies to effectively deal with them, as well as, to lessen the chances of such concerns arising in the future. **Friday, November 10, 2023, 1pm-4pm CT.** [Register](#)
16. **NAMI Peer-to-Peer Teacher Training** – This is a 2-day virtual training. When complete, participants will be certified to teach the NAMI Signature Education Program, Peer-to-Peer (P2P). Once certified, teachers will lead a course, which generally includes one 2.5 hour session each week for 8 weeks. (Virtual courses can be taught in weekly 2-hour sessions.) Newly certified teachers should be able to commit to teaching one 8-week course per year. **Prerequisite:** Must have taken a NAMI Peer-to-Peer Course as a participant. **December 2-3, 2023, 9am-5pm CT.** [Register](#)
17. **PSBCBT Learning Collaborative** – The University of Oklahoma Health Sciences Center, Problematic Sexual Behavior - Cognitive-Behavioral Therapy™ Training Program in collaboration with the Missouri Behavioral Health Council invites you SAVE THE DATES for a Learning Collaborative for Problematic Sexual Behavior - Cognitive-Behavioral Therapy™ for school aged children ages 7-12, their victims, and their caregivers. Requirements-Teams consist of at least 2 clinicians (family modality) or 4 clinicians (group modality), 1 clinical supervisor and 1 senior leader. Information call **January 12, 2023, 12pm CT.** [Register](#)

## ***RECURRING TRAINING OPPORTUNITIES***

1. **PREPaRE** – PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email [YSTraining@BurrellCenter.com](mailto:YSTraining@BurrellCenter.com) the dates you wish to attend.
  - P—Prevent and prepare for crises
  - R—Reaffirm physical health & welfare, and perceptions of safety & security
  - E—Evaluate psychological trauma risk
  - P—Provide interventions
  - a—and
  - R—Respond to mental health needs
  - E—Examine the effectiveness of crisis preparedness



- October 10 and 11, 2023 – Jefferson City
  - November 28 and 29, 2023 – Kirksville
  - January 10 and 11, 2024 – Joplin
  - February 5 and 6, 2024 – Kansas City
2. **Conversations for Suicide Safer Homes: a CALM Informed Training** – Firearms are the most lethal means used in a suicide attempt. In fact, 90% of people who attempt suicide with a firearm will perish and two out of every three firearm-related deaths in the United States is suicide. In an effort to prevent the tragedy of suicide the Safer Homes Collaborative presents Conversations for Suicide Safer Homes - a suicide prevention training developed for all audiences. CSSH informs participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. Participants who've attended previous versions of this training found it offers respectful and practical tips that focus on increasing safety, and are not anti-gun, but rather anti-suicide. Multiple days available. [Register](#)
- Tuesday, October 10, 2023, 11am-12pm CT.
  - Tuesday, October 24, 2023, 6pm-7pm CT.
  - Tuesday, November 14, 2023, 11am-12pm CT.
  - Tuesday, November 28, 2023, 6pm-7pm CT.
  - Tuesday, December 12, 2023, 11am-12pm CT.
  - Tuesday, December 12, 2023, 6pm-7pm CT.
3. **Training for Early Care Educators in Missouri-Developmental** – Ages and Stages Questionnaire (ASQ 3) Development: This screening tool assesses developmental milestones - gross motor, fine motor, communication, problem solving, and personal-social skills for children 2 months - 66 months. [Register](#)
- Wednesday, October 11, 2023-9am-12pm
  - Thursday, November 2, 2023, 1pm-4pm
4. **Family Coaching Workshops-Missouri Tiered Supports** – Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home.
- **Set Expectations-Thursday, October 12, 2023**-Practice developing expectations that increase the behaviors you want to see. [Join Webex](#)
  - **Family Matrix-Thursday, October 23, 2023**-Identify life values that are important to YOU family. Explore ways to use your values to increase desirable behavior. [Join Webex](#)
5. **The Power of Nutrition in Recovery** – Learn the critical role that nutrition (or lack of) plays in recovery.
- **October 18 & 19, 2023, 4-7pm CT.** [Register](#)
  - **November 7-8, 2023 10am-1:30pm CT.** [Register](#)
6. **Early Psychosis 101: Basics for Supporting Students** – Identifying young people at risk for or facing a first episode of psychosis is a major state and national priority due to the recognized benefits of early intervention. Because symptoms generally begin between the ages of 12-25, schools are critical places for identifying those with early symptoms of both psychosis-risk and early psychosis symptoms. Please join us starting on October 18 for a virtual three-part learning series that will focus on key aspects of early psychosis support for those working in school mental health in a variety of roles and settings. We will focus on how to recognize students with early psychosis symptoms, link them to appropriate services, and create appropriate accommodations to support student academic success and mental wellbeing. In addition, methods for addressing the stigma one faces when dealing with these symptoms with peers and school personnel will also be considered.
- **Recognizing and Responding to Signs of Risk for Psychosis in Students-Wednesday, October 18, 2023, 2pm CT.** [Register](#)
  - **Hope, Healing and Homework: Empowering Educators in Screening for Psychosis and Navigating School Supports for Students with Psychosis-Wednesday, November 1, 2023, 2pm CT.** [Register](#)

- Transition to College for Youth with Psychosis- **Wednesday, November 15, 2023, 2pm CT.** [Register](#)
7. **Training for Early Care Educators in Missouri-Social Emotional**– Ages and Stages Questionnaire (ASQ 3) Development: This screening tool assesses developmental milestones - gross motor, fine motor, communication, problem solving, and personal-social skills for children 2 months - 66 months. [Register](#)
    - Tuesday, October 24, 2023-9am-12pm
    - Tuesday, November 14, 2023, 1pm-4pm
  8. **NOVA Crisis Response Training (CRT)** – NOVA’s Basic CRT training consist of twenty-four hours of techniques and protocols for providing crisis intervention to traumatized individuals. The training focuses on the fundamentals of crisis and trauma, and how to adapt to basic techniques to individuals and groups in this area also known as psychological first aid. Thousands who confront human crisis – victim advocates, law enforcement officer and others – have completed the course and recommend it to others.
    - October 24-26, 2023-Kansas City [Register](#)
    - October 31-November 2, 2023-St Louis [Register](#)
  9. **Addiction Medicine with Treatment Courts Office Hour Mentoring Sessions** – These one-hour sessions will be held monthly and facilitated by an addiction medicine and treatment court expert. It’s an opportunity for you to ask questions, share practice advice, solve challenges, and develop new approaches with treating patients involved in treatment courts and in the legal system.
    - Session10-Latest Trends on Working in a Treatment Court- **Tuesday, October 31, 2023, 10am CT.** [Register](#)
    - Session 11-Treatment Court 101-**Tuesday, November 28, 2023, 10am CT.** [Register](#)
    - Session 12-Communication Strategies-**Tuesday, December 19, 2023, 10am CT.** [Register](#)
  10. **Social Current: Building a Resilient Workforce Webinar Series** – In our upcoming learning series, “Building a Resilient Workforce,” Social Current experts will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. Participants are sure to gain knowledge and tools to set them, and their organizations, up for success. From utilizing brain science in the workplace to fostering psychological safety to creating culture and community, this learning series will provide concrete action steps to support staff who are emotionally and physically exhausted. [Register](#)
    - FostCreate Culture around Shared Values-**Thursday, November 9, 2023, 1pm CT.**
    - Integrated Connection and Community-**Tuesday, December 12, 2022, 1pm CT.**
  11. **Advanced Peer Supervision Trainings** –This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. It will be provided in virtual format (Zoom) and also in person. When you register, please ensure you select the correct training format that you want to attend.
    - **November 9-10, 2023-Virtual.** [Register](#)
  12. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing
    - **Wednesday, November 15, 2023,** MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
    - **Wednesday, December 6, 2023,** MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc>
  13. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)

- **February 8-9, 2024**-Places for People Location TBD, St. Louis, Missouri
- **March 14-15, 2024**- Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
- **April 25-26, 2024**-Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
- **May 2-3, 2024**-MBHC Office, 221 Metro Drive, Jefferson City, MO 65109

14. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
15. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
16. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
17. **Youth Peer Support** – A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
18. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
19. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
20. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
21. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
22. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
  - **Missouri Recovery Support Specialist Trainings** – [Register](#)
  - **Ethics Trainings** – [Register](#)