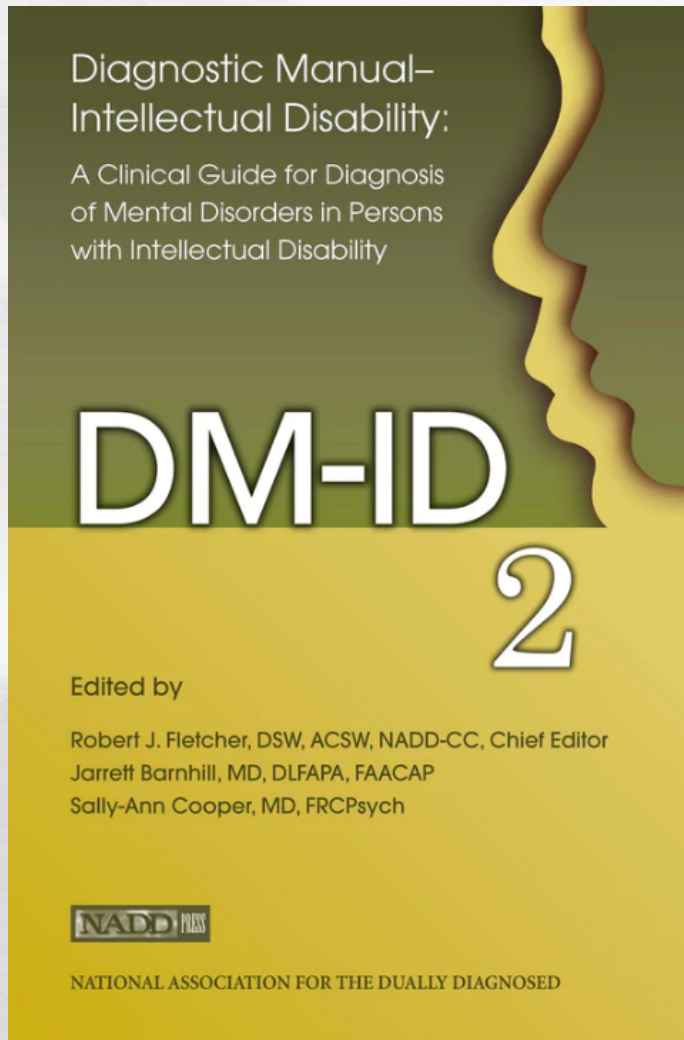


Diagnostic Manual - Intellectual Disability (DM-ID-2)



Improved outcomes for individuals with co-occurring behavioral health and intellectual/developmental disability (BHIDD) depends on effective psychiatric treatment.

Effective treatment requires an accurate psychiatric diagnosis.

The National Association for the Dually Diagnosed (NADD), in association with the American Psychiatric Association (APA), developed a manual that is designed to **accompany the Diagnostic and Statistical Manual (DSM-5).**

Grounded in evidence-based methods, the DM-ID-2 was developed to offer a broad examination of the topic, including a description of each disorder, a summary of diagnostic criteria, a review of the literature and research, an evaluation of the evidence supporting the literature conclusions, a discussion of the etiology and pathogenesis of the disorders, and **adaptations of the diagnostic criteria for the ID population.**

The DM-ID-2 was developed to facilitate an accurate psychiatric diagnosis in persons who have intellectual disabilities and to provide a thorough discussion of issues involved in reaching an accurate diagnosis.

Do you have to be a clinician to use the DM-ID 2?

To formally diagnose someone, yes. However, the DM-ID 2 is a useful guide for anyone working with individuals who have ID. It can help direct support staff and caregivers of loved ones to recognize important symptoms of mental illness that might otherwise be overlooked or mistaken for something else. Then referrals can be made to a clinician for formal review.

There is an accompanying **clinical guide and workbook** to provide clinicians such as physicians, psychologists, social workers, counselors, and therapists with a **comprehensive method to make an accurate diagnosis.** The workbook provides a **structured interview format** that focuses on identifying observable signs of mental illness, particularly where symptom presentation and diagnostic criteria differ in individuals with IDD. **This helps ensure that all symptoms that might otherwise be misdiagnosed or overlooked are incorporated into the diagnostic decision and that all relevant options are considered.**

Follow this link to learn more or to order your copy:

<https://thenadd.org/products/dm-id-2/>