



FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **January 5, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New State of the State Address** – Will be held on January 24, 2024 at 3:00.
2. **New Update on Administrative Rules** – The following final orders of rulemaking are published in the January 2, 2024, [MO Register](#) (pages 38-39):
 - 9 CSR 30-3.150 CSTAR
 - 9 CSR 30-3.151 Eligibility Determination, Assessment, and Treatment Planning CSTAR
 - 9 CSR 30-3.152 CSTAR Utilizing the ASAM Criteria
 - 9 CSR 30-3.155 Staff Requirements for CSTAR

The proposed rescission for 9 CSR 30-3.160 Institutional Treatment Centers, is also published in the January 2, 2024, Missouri Register, page 5.

The updated regulations listed below are published in the **December 31, 2023, issue of the [Code of State Regulations](#)** and will be effective on **January 30, 2024**:

- 9 CSR 10-7.035 Behavioral Health Healthcare Home
 - 9 CSR 30-3.134 Gambling Disorder Treatment
 - 9 CSR 30-3.201 Substance Awareness Traffic Offender Program
 - 9 CSR 30-3.206 SATOP Structure
 - 9 CSR 30-6.010 Certified Community Behavioral Health Organization
3. **New Family Support Division (FSD) issued policy memorandum IM-106** (<https://dssmanuals.mo.gov/2023/12/28/im-106-5/>) implementing the TWA eligibility changes authorized in SB 45/90 and SB 106. As the eligibility system has not yet been modified to calculate the budget based on the changes, FSD is having staff in their Spend Down unit complete a manual budget and enter eligibility in the system. All FSD eligibility staff have been instructed to send an email on any MO HealthNet participant with a spend down to the Spend Down unit for a TWA determination if the participant has earned income and is age 16 through 64.
 4. **New Missouri Crisis Services December 2023 Newsletter** has been posted on the DBH website and is available for viewing [here](#).

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
[MO Careers - Department of Mental Health](#)

JOB ANNOUNCEMENTS

Forensic Case Monitor

The Division of Behavioral Health is seeking two (2) Forensic Case Monitors to be domiciled in the Eastern Region/STL area. This position meets with clients on a monthly basis to ensure compliance with the conditions of release and communicates with the Forensic Review Committee to determine release plans. Daily tasks include consulting with community caretakers and DMH staff regarding treatment plans and community functioning, compiling and completing documentation for Conditional Releases and testifying in court and/or revocation hearings as needed. Application deadline is **January 16, 2024**. [Learn More and Apply](#)

Chief Behavior Analyst

The Missouri Department of Mental Health, Division of Developmental Disabilities (DD) is seeking a Chief Behavior Analyst. Responsibilities and duties include System-level Analysis; System-level Design; System-level Intervention; and Brief Individual-level Consultation. Application deadline is **January 10, 2024**. [Learn More and Apply](#)

FUNDING OPPORTUNITIES

1. **CDC to Release Notice of DFC Funding Opportunities** – The Centers for Disease Control and Prevention (CDC) recently [announced](#) it will release the Fiscal Year (FY) 2024 Notice of Funding Opportunity (NOFO) for the Drug-Free Communities Support (DFC) Program in February 2024. The DFC Program provides community coalitions grant funding to mobilize local youth substance use and misuse prevention efforts across the country. Specifically, DFC coalitions gain access to:
 - "Funding of up to \$125,000 a year for 10 years,
 - Programmatic support,
 - Technical assistance for research, data collection, and more. "Additional details on the DFC program and how to apply for funding can be found [here](#).

INFO and RESOURCES

1. **New Broader Psychopathology Comorbidity May Fuel Transmission of Conditions to Offspring** – The intergenerational transmission of psychiatric conditions appears to be mostly attributable to broader psychopathology comorbidity than specific conditions, suggest study results published in *JAMA Network Open*. [Read More](#)
2. **New Unintentional Firearm Injury Deaths Among Children and Adolescents Aged 0–17 Years — National Violent Death Reporting System, United States, 2003–2021** – Unintentional injury is a leading cause of death among U.S. children and adolescents aged 0–17 years, and firearms are a leading injury method. [Read More](#)
3. **New Suicide Rates by Industry and Occupation — National Vital Statistics System, United States, 2021** - The 2021 suicide rate among U.S. persons of working age is approximately 33% higher than it was 2 decades ago. [Read More](#)
4. **New NRI 2022 State Profiles Report: SMHA Support for Housing for Individuals with Mental Illness, 2022** – The NASMHPD Research Institute's (NRI) 2022 State Profile Reports are based on information gathered and analyzed about priority issues from all state mental health agencies (SMHAs) and cover 3 broad areas: SMHA-supported Behavioral Health Crisis Services, Workforce Shortages, and Housing Initiatives. [Read More](#)

5. **New For Treatment-Resistant Depression, Ketamine and ECT Offer Similar Effectiveness** – Seemingly contradictory findings from recent studies comparing intravenous (IV) ketamine with electroconvulsive therapy (ECT) in outpatients with treatment-resistant depression may have practicing clinicians feeling unsure about which treatment to recommend. However, evidence from the 2 noninferiority trials and two meta-analyses shows that ketamine and gold-standard ECT actually share similar efficacy, points out a recent column published in *JAMA Psychiatry*. [Read More](#)
6. **New SAMHSA Advisory: Low Barrier Models of Care for Substance Use Disorders** – The advisory emphasizes the importance of low barrier care in overcoming substantial gaps in access to SUD treatment and engaging more people in care. Despite robust evidence showing the effectiveness of SUD treatment, fewer than 10% of individuals who need care receive it. Barriers such as lack of treatment availability, strict program requirements, stigma, and discrimination have resulted in treatment gaps, especially among marginalized communities. [Read More](#)
7. **New Deep Transcranial Magnetic Stimulation for OCD Likely to Ease Depressive Symptoms** – Patients who received deep transcranial magnetic stimulation (dTMS) for obsessive-compulsive disorder (OCD) showed a significant improvement in both OCD and depressive symptoms, according to a study published in the *Journal of Affective Disorders*. [Read More](#)
8. **New Psilocybin Improves Treatment-Resistant Depression Regardless of Antidepressant Status** – A Discontinuing antidepressants did not hamper the effect of synthetic psilocybin for treatment-resistant depression. Researchers reported the findings at the 2023 American Psychiatric Association Annual Meeting in San Francisco, California. [Read More](#)
9. **New Building Successful Partnerships With Peer-Run Organizations** – Behavioral health-criminal justice programs that partner with peer-run organizations have been able to leverage their unique expertise in furthering program participants' recovery, promoting systems change, and strengthening the peer workforce. But often, programs do not know where to start to ensure they are developing a successful partnership. This brief details information gleaned from interviews with two peer-run organizations engaged in Justice and Mental Health Collaboration Program-funded projects and provides resources to help programs locate peer-run organizations locally. [Read More](#)
10. **New Vitamin B6 Plus Lithium Helps Ease Mania Symptoms in Patients With Bipolar Disorder** – Daily vitamin B6 as adjunctive therapy to lithium was associated with the improvement of mood symptoms in hospitalized patients with bipolar disorder experiencing a manic episode, according to a study published in the *Journal of Affective Disorders*. [Read More](#)
11. **New Discussing Mood Stabilizers With Patients With Bipolar Disorder** – In this video from on-site at the 2023 NP-Institute, Psych Congress Network Bipolar Disorder Excellence Forum Section Editor Julie A. Carbray, PhD, PMHNP-BC, clinical professor at the University of Illinois at Chicago, examined mood stabilizer use in patients with bipolar disorder. Dr Carbray emphasized the importance of patient education and collaborative decision-making, how to address patient fears, and cleared up common myths and misconceptions surrounding mood stabilizers. [Read More](#)

TRAINING OPPORTUNITIES

1. **Virtual SPARCS Learning Collaborative Cohort #3 (Virtual Only)** - Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) is an evidence-informed group therapy intervention recommended by the National Child Traumatic Stress Network and the Illinois Department of Children and Family Services. SPARCS is also being incorporated into schools' plans for Positive Behavioral Intervention & Supports. SPARCS is used in a variety of treatment delivery settings, including community-based programs, schools, outpatient clinics, shelters, residential, and juvenile justice settings. [Register](#)
 - **Pre-Work I January 9, 2024 – 10am-12pm**
 - **Learning Session #1, January 17-19, 2024, 8:30am-12:30pm**
 - **Learning Session #2, March 20-22, 2024, 8:30am-12:30pm**

2. **Building Community Partnerships to Boost Mobile Crisis Response** – Community-based mobile response teams can successfully reach people experiencing a crisis who have been missed or failed by the system, or who are reluctant to engage – but to do so requires trust-building with local entities frequented by community members, ethically leveraging local resources, and rethinking awareness-building and engagement. A new TAC webinar series explores the essential role of mobile crisis response in bridging gaps in communities, as well as ways for states to support local community partnering.
 - **Webinar 1: Fostering Community Partnerships: How to (Re)build Trust and Create Strong Relationships.** *Tuesday, January 9, 2024, 12pm-1pm CT.* [Register](#)
 - **Webinar 2: Establishing Mobile Crisis Teams as Trusted Partners in Communities of Service Members, Veterans, and their Families.** *Tuesday, February 13, 2024, 12pm-1pm CT.* [Register](#)
 - **Webinar 3: Creative Solutions for Mobile Crisis Teams to Effectively Engage with Rural and Frontier Communities.** *Tuesday, March 12, 2024, 12pm-1pm CT.* [Register](#)
3. **New Mobile Crisis and Community Partnering Webinar 1: Fostering community partnerships: How to (re)build trust and create strong relationships** –This webinar focuses on navigating community partnership, including how to identify fruitful partnerships or work within existing challenging relationships, ethically engage local resources without exploitation, build effective protocols in the midst of competing interests, and be responsive to the needs of the community. *Tuesday, January 9, 2024, 12:00pm CT.* [Register](#)
4. **Sustaining Wellness for Helping Professionals: Ethical Boundary Setting as Self-Care** – This workshop will expand our concept of boundary setting and examine how we can use the NASW code of ethics to guide boundaries with clients, colleagues, supervisors, workplaces, communities, social media and in policy settings – balancing responsibility to self with our responsibilities to others. We will build skills in expressing and enforcing boundaries, as well as an ethical debriefing of traumatic experiences as a strategy to sustain our well-being and engage in proactive self-care. *Wednesday, January 10, 2024, 1pm-4pm CT.* [Register](#)
5. **Trauma-Informed Supervisor Learning Collaborative** – The Missouri Academy of Child Trauma Studies is partnering with the Missouri Children’s Trauma Network to offer a year-long training opportunity in Trauma-Informed Supervision. This exciting process will include three learning sessions. The training is free of cost to supervisors in Missouri who work with children impacted by trauma. Two learning sessions will take place in-person in Jefferson City and one session will be virtual via zoom. An informational webinar will take place via zoom *Thursday, January 11, 2024, 12pm-1pm CT.* [Register](#)
6. **DBT Lunch & Learn: An Update on DBT Research** - The Department of Mental Health and Missouri Behavioral Health Council are excited to offer this learning opportunity. This virtual event is open to all and is not strictly reserved for DBT providers. This presentation aims to provide an update on recent research on DBT and related topics. Implications of this research for the practice of DBT will also be discussed. *Thursday, January 11, 2024, 12pm-1pm CT.* [Register](#)
7. **New A Taste of Motivational Interviewing** – A one hour refresher of Motivational Interviewing. *1310 Papin Street, St. Louis, MO, Friday, January 12, 2024, 9:00am-10am CST.* [Register](#)
8. **PSBCBT Learning Collaborative** – The University of Oklahoma Health Sciences Center, Problematic Sexual Behavior - Cognitive-Behavioral Therapy™ Training Program in collaboration with the Missouri Behavioral Health Council invites you SAVE THE DATES for a Learning Collaborative for Problematic Sexual Behavior - Cognitive-Behavioral Therapy™ for school aged children ages 7-12, their victims, and their caregivers. Requirements-Teams consist of at least 2 clinicians (family modality) or 4 clinicians (group modality), 1 clinical supervisor and 1 senior leader. Information call *January 12, 2024, 12pm CT.* [Register](#)

9. **Mental Health First Aid** – Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). **Youth-- January 12, 2024, 8:30am-4:30pm-St. Louis, Adult--January 30, 2024, 8:30am-3:30pm Fulton MO** [Learn More and Register](#)
10. **Introductory/Refresher Virtual Motivational Interviewing** – Whether you're a clinician in a health setting, a supervisor trying to boost staff morale or a case manager supporting recovery, our Motivational Interviewing (MI) training and coaching will help you create conversations that empower others to make meaningful changes. **January 18, 2024, 11pm-3pm CT.** [Register](#)
11. **How Does a Clinician Intervene Therapeutically to Treat and Manage Suicidality in Clients** – This live-online training on suicide intervention will explore key fundamentals of suicidality. Gain understanding of risk level and various motivations for the "suicide mode". Various treatment approaches will be discussed in depth, including CBT, DBT and ACT. Clinicians will be encouraged to examine their current practices around treating suicidality. **Thursday, January 18, 2024, 1pm-4pm CT.** [Register](#)
12. **New Introduction to DBT: Helping Persons Served Build a Life Worth Living Training** – This training will provide an overview of the foundational theories of DBT, its structure, and its treatment targets. It will describe the four modes of treatment and take a closer look at specific skills modules. Providers will learn why DBT is not suicide prevention, but rather it is a treatment designed to help the people they serve build a life worth living. **In person at 1310 Papin Street, St. Louis, MO, Friday, January 19, 2024, 9:00am-4:00pm CT.** [Register](#)
13. **New The Link Center Shared Learning Group Series: Supports for Trauma** – NASMHPD is pleased to share the registration for an upcoming virtual gathering series, hosted by The Link Center: "Supports for Trauma". These Shared Learning Groups are an opportunity to dive into important topics and tap into your expertise and experiences related to people with cognitive disabilities, including intellectual and developmental disability, brain injury and others, and mental health conditions. There are four sessions on the same topic for different target audiences. **Tuesday/Wednesday January 23-24, 2024, 12:00pm-3:30pm CT.** [Register](#)
14. **New Virtual Adult Mental Health First Aid**– Mental Health First Aid is a course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. Topics covered in this training include anxiety, depression, psychosis, and addictions. **Wednesday, January 24, 2024, 9am-5:30pm CST.** [Register](#)
15. **New SUD Treatment for People with Cognitive Challenges** – This webinar will provide a brief overview of cognitive impairment (CI), its impact on treatment engagement and outcomes, possible signs of CI in individuals with SUD, and techniques and strategies to improve the SUD treatment of individuals with CI. **Wednesday, January 24, 2024, 1:00pm-2:30-pm CT.** [Register](#)
16. **New How to Become the World's Best Group Therapist: A Focus on Facilitating Addictions and Mental Health Groups** – There are therapy groups formed to promote healing for just about every human condition. In this presentation you will learn the 10 things the best group therapists do. Topics covered include: becoming the world's best group therapist; how to build group cohesion; building cohesion in the midst of rapid group turnover; stages of group development and the role of the group leadership; managing group conflict; dealing with difficult group members; building trust in groups with multicultural membership; how to energize groups; the effective use of activities in group therapy. **Thursday, January 25, 2024, 1:00pm-4:00pm CT.** [Register](#)

17. **Why Are We Afraid to Ask About Gambling?** – This presentation will focus on bringing our own attention to gambling in today’s world, how to look for it and help our clients who may have a problem and work professionally towards increasing awareness to a disorder that continues to impact the lives of many people and those who love them. **Friday, January 26, 2024, 9am-11am CT.** [Learn More and Register](#)
18. **New Fundamentals of CBT for Depression and Anxiety** – Cognitive Behavioral Therapy (CBT) is a type of psychotherapy in which negative thought patterns for a given situation are challenged in order to alter unwanted emotions and behavior patterns. The goal of this training is to learn to apply the basic model of CBT to the common problem areas of depression and anxiety. Participants will learn to conceptualize these problem areas within a CBT framework and will learn about basic CBT tools and techniques utilized in their treatment. **1310 Papin, St. Louis, MO, Friday, January 26, 2024, 8:30am-12:00pm CST.** [Register](#)
19. **MO Children's Trauma Network Training Summit 2024** – You are invited to submit a proposal to share your experience and expertise with over 400 attendees from all over the state of Missouri. Attendees include staff from Community Mental Health Centers, Child Advocacy Centers, Private Practices, Child Welfare Agencies, and many more. The conference focuses on the youth population. To find out more about MOCTN, visit us online at www.moctn.com. **The deadline for presentations is January 30, 2024.** [Fill out the call for presentations online now >> CLICK HERE.](#)
20. **New TIROES Training - Building Organizational Resilience** – Building resilience in the workforce is key to adapting to the challenges ahead. Begin your Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) journey by supporting inclusivity through your entire organization! **Wednesday, January 31, 2024, 1:00pm-2:30pm CT.** [Register](#)
21. **LGBTQIA+: History, Diversity, Inclusion** – A This presentation will cover history of the LGBTQIA+ community, diversity within the community, and how to make your practice or organization more inclusive. While the topic range is broad, the presentation is meant to appeal to learners from all different backgrounds and knowledge bases. Through learning about history, diversity, and inclusion, you will be more aware of any implicit biases that exist, and meet participants at any point in their journey of cultural awareness, competency, or humility. **Friday, February 2, 2024, 1:00pm-4:00pm CT.** [Register](#)
22. **Introductory/Refresher Virtual YSBIRT Training** – For administrators or clinicians who are new to YSBIRT or looking for a refresher. Participants will learn how YSBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; the use of evidence-based screening tools for adolescents to identify risk levels of alcohol and drug use; the role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and referral and treatment best practices for managing and supporting people with substance use disorders. **Monday, February 5, 2024, 1pm-4pm CT.** [Register](#)
23. **Introductory/Refresher Virtual SBIRT Training** – For administrators or clinicians who are new to SBIRT or looking for a refresher. Participants will learn how SBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; the use of evidence-based screening tools for adolescents and adults to identify risk levels of alcohol and drug use; the role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and referral/treatment best practices for managing and supporting people with substance use disorders. **Monday, February 12, 2024, 1pm-4pm CT.** [Register](#)
24. **New Mobile Crisis and Community Partnering Webinar 2: Establishing mobile crisis teams as trusted partners in communities of Service Members, Veterans, and their Families (SMVF)** – SMVF communities experience high rates of suicide and often widespread mistrust in organizations due to fear of repercussions within rank, firearm removal, stigma, and lack of military cultural competence among providers. This webinar identifies techniques for mobile teams to make effective and robust connections within the community to both reach SMVF and make post-crisis referrals. **Tuesday, February 13, 2024, 12:00pm CT.** [Register](#)

25. **New Motivational Interviewing** – This training will give you a framework for understanding an individual’s motivation and resolve ambivalence by enabling people to recognize their own patterns, own their personal outcomes and understand the means by which they will achieve those goals. Clinicians and behavioral health staff utilize motivational interviewing to attend to clients and staff needs in a person-centered way. **1310 Papin Street, St. Louis, MO, Wednesday, February 14, 2024, 9:00am-4:00pm CST.** [Register](#)
26. **New 6-Session Support Aging in Place: Older Adult Peer Support Training** – This training is designed to promote rapid uptake of digital peer support and is designed specifically to address the needs of older adults, including evidence-based principles associated with normal aging and technology, accessing and engaging older adults in technology-based recovery services, resources to age in place, aging successfully, education on whole health, sharing your lived experience of aging with mental health and/or co-morbid physical health challenges, and defining values and setting goals. **Please note that in order to receive a certificate of attendance you must attend all 6 sessions. Tuesdays February 20, 2024 – March 26, 2024, 12pm-2pm CT.** [Register](#)
27. **New Recognizing the Signs & Symptoms of Mental Illness** – The general population often has limited knowledge and misconceptions regarding behavioral health disorders in both children and adults. This can lead to increased stigma surrounding behavioral health disorders as well as delayed treatment. For many individuals with behavioral health disorders, delaying treatment may lead to an increase in symptom severity, an increase in risk factors for safety, and a lower general quality of life. By educating health workers, educators, practitioners, and the general public, it is the hope that the community can begin to combat the stigma against behavioral health disorders and support those experiencing symptoms in getting connected to the resources and interventions they deserve. **1310 Papin Street, St. Louis, MO, Wednesday, February 21, 2024, 9:00am-12:00pm CST.** [Register](#)
28. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Thursday, February 22, 2024, 11am-3pm CT.** [Register](#)
29. **New Mastering the Art of Reading & Grasping a Meta-Analysis Webinar** – As evidence-based practitioners, we must stay on top of research and there's no greater feeling than finding a recent meta-analysis on your topic. But meta-analyses vary in how they find, organize, and analyse information. Meta-analyses also report different statistics and graphs than you normally see in other studies. This training is for anyone who reads meta-analysis papers. Participants will learn key concepts to comprehend and critically evaluate the information presented in a meta-analysis. People with stats-anxiety in particular are encouraged to attend. We will apply our learning by using recently published meta-analyses in the field of sexual offending. **Thursday, February 29, 2024, 9:30am-12:30pm CST.** [Register](#)
30. **New WRAP Facilitator Training** – Five-day facilitator training on WRAP. Participants in this training course are given the Facilitator Training Manual: Mental Health Recovery, including the WRAP curriculum, and will learn how to use this manual to facilitate WRAP groups and workshops using techniques that support a core set of values and ethics. This training is for anyone who has completed the Seminar I Wrap Training. **MBHC, 2401 East McCarty Street, Jefferson City, Monday-Friday, March 4-8, 2024, 8am-5pm CT.** [Register](#)
31. **New Mobile Crisis and Community Partnering Webinar 3: Creative solutions for mobile crisis teams to effectively engage with rural and frontier communities** – With some estimates of farmer and rancher suicide rates being between ¼-½ higher than other occupations and with overall rates of suicide higher in rural communities than urban, it is vital for crisis teams to reach and effectively engage with rural and frontier communities. This session provides practical strategies. **Tuesday, March 12, 2024, 12:00pm CT.** [Register](#)

32. **DBT Lunch & Learn: How to Think Like an Adherence Coder: The DBT AC-I in Practice** - The Department of Mental Health and Missouri Behavioral Health Council are excited to offer this learning opportunity. This virtual event is open to all and is not strictly reserved for DBT providers. This webinar will provide a brief overview of the development of the DBT AC-I, including core therapeutic strategies that are used to evaluate adherence, as well as tips and tricks for reviewing sessions with an eye towards adherence. *Thursday, March 14, 2024, 12pm-1pm CT.* [Register](#)
33. **2024 MO Association of Treatment Court Professionals Conference** – The 26th Annual Treatment Court Conference program can be found here: [MATCP-Registration-2.pdf \(motreatmentcourts.org\)](#) Electronic conference applications can be found here: [2024 MATCP Conference – Missouri Association of Treatment Court Professionals \(motreatmentcourts.org\)](#). *Branson, MO, Wednesday-Friday, April 10-12, 2024.*
34. **H.E.R for Youth|Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. *Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT.* [Register](#)
35. **H.E.A.T for Youth|Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. *Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT.* [Register](#)
36. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is "*Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities.*" *A call for Proposals is now open—applicants must apply by January 15, 2024. Omaha, NE, Wednesday/Thursday, May 29-30, 2024.* [Learn More and Register](#)
37. **2024 Crisis Conference (Save the Date)** – *Holiday Inn Executive Center, Columbia, MO, June 24-25, 2024.*

RECURRING TRAINING OPPORTUNITIES

1. **Harm Reduction Trainings** – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. Check back soon for 2024 virtual training dates. [Register](#)
 - **Foundations of Harm Reduction**
 - **Harm Reduction In Practice**
 - **Overdose Education and Naloxone Distribution (OEND)**
 - **Stimulant Education: Harm Reduction & Overamping**
 - **Fentanyl Test Strips 101**
 - **Wound Care for Non-Clinicians: Wound Care Fundamentals—Click for Training Video**
2. **PREPaRE** – PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email YSTraining@BurrellCenter.com the dates you wish to attend.

P—Prevent and prepare for crises
R—Reaffirm physical health & welfare, and perceptions of safety & security
E—Evaluate psychological trauma risk
P—Provide interventions
a—and
R—Respond to mental health needs
E—Examine the effectiveness of crisis preparedness

- **January 10 and 11, 2024** – Joplin
- **February 5 and 6, 2024** – Kansas City

- 3. New Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. CEs are included. [Register](#)
 - **January 17, 2024:** Understanding Dual Diagnosis Basics
 - **January 31, 2024:** Comprehensive Assessment Practices
 - **April 18, 2024:** Using the DM-ID, 2 as a Clinical Resource
 - **April 25, 2024:** IDD and chronic health conditions, physical health care advocacy: sharing information with providers
 - **July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
 - **July 31, 2024:** Wellness and Aging
 - **October 8, 2024:** SUD and IDD
 - **October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
- 4. New 2024 Regional WRAP Training** – WRAP is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
 - **February 8-9, 2024** - Places for People Location TBD, St. Louis, Missouri
 - **March 14-15, 2024** - Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
 - **April 25-26, 2024** - Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - **May 2-3, 2024** – New MBHC temporary location, 2401 East McCarty, Jefferson City, MO 65109
- 5. New 2024 Spring Zoom Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **February 16, 2024, 1pm-4pm CT**
 - **March 8, 2024, 9am-12pm CT**
 - **March 8, 2024, 1pm-4pm CT**
 - **March 15, 2024, 1pm-4pm**
 - **March 29, 2024, 9am-12pm CT**
 - **March 29, 2024, 1pm-4pm CT**
 - **April 19, 2024, 9m-12pm CT**
 - **April 26, 2024, 1pm-4pm CT**
- 6. New 2024 Spring LIVE Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **February 23, 2024** – Missouri Chamber of Commerce, 428 E. Capitol, Jefferson City, MO, **9am-4pm CT.**
 - **March 22, 2024** – Springfield Recovery Community Center, 1925 Bennett Street, Springfield, MO, **9am-4pm CT.**

7. **New 2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
- **February 26-28, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **March 18-20, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **April 22-24, 2024 8am-5pm** - Location: Splitlog Baptist Church 3670 Splitlog Rd, Goodman, MO
 - **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
 - **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
8. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
9. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
10. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
11. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
12. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
13. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

14. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training – [Register](#)
- Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

15. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)