



FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **January 26, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

FY 2025 GOVERNOR RECOMMENDS

Supplemental Funding: (FY2024 to finish the current year)

- **\$18,051,234 FED – Overtime** costs at the state operated DBH facilities.
- **\$22,133,682 FED - Contracted staff** – Due to staffing shortages, the facilities have had to increase temporary contracted staff.
- **\$0 Other – Opioid Settlement Reporting Coordinator** – **GOVERNOR DID NOT RECOMMEND THIS ITEM** - This includes funding for a position to help in the administration for the Opioid Treatment and Recovery Fund. Funding includes PS and EE to support the position.
- **\$127,577 GR – Civil Commitment Legal Fees** - DMH is experiencing increased usage by Prosecuting Attorney and Sheriff's Offices, incurring expenses on behalf of individuals civilly committed by the courts who are unable to pay. Funding is needed to fully reimburse these entities. Statute mandates that certain fees and costs for involuntary civil detention proceedings for an individual who presents a likelihood of harm due to a mental illness or substance use disorder be paid by the State.
- **\$720,000 FED – Medical Care Costs** - This item will provide one time funding for unexpected medical care costs for patients in DBH psychiatric hospitals. Patients with lengthy hospital stays and increased medical costs are attributing to the request.
- **\$750,000 FED – Perinatal Psychiatry Access Program** - Requesting funding for a grant with the University of Missouri for a Perinatal Psychiatry Access Project for Moms (MO-PAP for Moms) with Dr. Laine Young-Walker. The project will increase screening for maternal depression and related behavioral health disorders.
- **\$2,000,000 FED – CHIP Transfer** - The Children's Health Insurance Program (CHIP) Fund has accumulated funds since inception due to discrepancies between DMH and DSS systems paying for children receiving Medicaid services. In some cases when DMH submits the services, the individual is not CHIP eligible; however, MMIS recognizes the child is CHIP eligible. Funds are deposited into the CHIP fund but are paid out of non-CHIP funds. According to DSS HB language, all CHIP funds must be deposited in the CHIP fund. This transfer provides a mechanism to move the funding to reimburse where previous expenditures have been paid from.

FY 2025 New Decision Items:

- **\$11,655,309 Various – Pay Plan** – This funding allows for a 3.2% pay plan increase for all state staff as well as retention pay for direct care classifications in the 24/7 facilities.
- **\$22,133,682 FED – Contracted Staffing Cost to Continue** – This funding will allow for the continuation of the use of contracted staff to ensure adequate 24/7 coverage in DBH state operated facilities.

- **\$1,258,583 GR – Environmental Goods and Services Increased Cost** - This includes 10.22% inflationary increase for food (\$645,670), 3.17% inflationary increase for medical care (\$409,288) and 10.63% inflationary increase for housekeeping/janitorial (\$203,625).
- **\$1,038,019 GR – Increased Medication Costs** – This includes an inflationary increase of 5% for specialty medications along with increase contracted costs for pharmacy and advanced practitioner services.
- **\$12,043,722 (\$2,908,198 GR; \$9,135,524 FED) – Utilization Increase** - to fund increase in those Medicaid participants newly eligible for our services, youth only.
- **\$17,969,542 (\$5,970,133 GR; \$11,999,409 FED) – CCBHO Medicare Economic Index** - The item reflects a 2.86% inflationary Medicare Economic Index (MEI) increase for the PPS rate.
- **\$44,085,326 (\$14,315,708 GR; \$29,769,618 FED) – CCBHO MEI GR Pickup** – This item requests ongoing funding for the FY24 CCBHO MEI NDI that was funded with HCBS FMAP Enhancement dollars. HCBS FMAP Enhancement Funds cannot be sustained as ongoing funding due to the one-time nature of the funds. The full FY24 amount will be core reduced with this request.
- **\$4,206,605 FED – Federal Authority for CCBHO Providers** - Additional federal authority is needed due to three CCBHOs previously operating under a State Plan Amendment (SPA) to move under CCBHO demonstration and receive enhanced FMAP. CMS approved 6/26/23 with an effective date of 7/31/23.
- **\$0 – Forensic Treatment Center Cottages – GOVERNOR DID NOT RECOMMEND THIS ITEM** - This funding will allow for the opening of two cottages at the Forensic Treatment Center in St. Louis. Each cottage will be eight beds and will be opened with a phased in approach; July 1, 2024 and September 1, 2024. No contracted staff will be used to open these cottages. This will assist with the increasing Incompetent to Stand Trial (IST) wait list to enter DBH facilities.
- **\$2,254,613 FED – Safety and Security Replacements for DBH Facilities** - DMH is experiencing increased costs that exceed available EE to maintain security and patient and staff safety related systems in facilities. On-going funding is requested to provide timely replacements and enhancements to camera systems, personal alarm systems, and proximity card door access control systems, as well as vehicle replacements required to securely transport patients to offsite medical and court appointments.
- **\$657,000 FED – SMMHC Jail Contract** – This item represents a GR pickup of the funding awarded in FY 2024 for the contracted rate for those in jail settings waiting to be admitted to SMMHC SORTS, this was appropriated as federal.
- **\$3,180,525 FED – 988 Grant Authority** - This provides continued federal funding for Missouri's 988 Suicide & Crisis Lifeline. The statewide funding will support evaluation/data analysis, crisis chat services, training, and promotional items/activities.
- **\$81,500 Other – Opioid Settlement Reporting Coordinator** - This includes funding for a position to help in the administration for the Opioid Treatment and Recovery Fund. Funding includes PS and EE to support the position.
- **\$0 – Forensic Mobile Team Expansion – GOVERNOR DID NOT RECOMMEND THIS ITEM** - Funding is requested for two positions and associated EE for the Eastern Region Mobile Team. The Chief of Regional Operations will maintain oversight and coordination of the Eastern Region Mobile Team while the Certified Forensic Examiner will work alongside the Eastern Region Mobile Team conducting ongoing evaluations of clients found Incompetent to Stand Trial.
- **\$1,200,000 (\$400,000 GR; \$800,000 Other) – Recovery Community Centers – GOVERNOR REDUCED THIS ITEM TO FUND 4 RCC'S** - This item provides continued funding for four of eight providers. Currently, four are funded with Coronavirus Response and Relief Supplement Appropriations Act, 2021 (CRRSA) and The American Rescue Plan Act, 2021 (ARPA) and is slotted to end December 2023. In addition, this funding will support the expansion to allow three more RCC's. Governor recommended funds to continue four existing RCC's.
- **\$1,304,370 Other (Opioid Settlement Funds) – Addiction Treatment Fellowships** - This item will support addiction treatment fellowship programs in the community. It will ensure continued training of Addiction Medicine Physicians in Missouri in an effort to continue combating the opioid epidemic by increasing access to Medication for Opioid Use Disorder (MOUD). According to the Accreditation Council for Graduate Medical Education (ACGME), fellowships cannot have mandates or place conditions on them; however, addiction treatment fellowships are local applicants and likely to find jobs locally.

- **\$1,113,000 Other (Opioid Settlement Funds) – St. Louis Opioid Overdose Reduction Initiative** - Funding is requested to provide ongoing support for the STL Opioid overdose reduction initiative. The Grassroots Reinvestment for Optimal Well-being -STL (GROW-STL) initiative was formed through temporary funding and consists of 6 community organizations partnering together to provide outreach services by connecting individuals to DBH contracted SUD treatment providers and Recovery Support providers. In FY23, the initiative provided outreach services to 4,393 individuals with an SUD.
- **\$1,835,879 (\$458,970 GR; \$1,376,909 Other – Opioid Settlement Funds) – RSS Rate Inequity Alignment** – Funding is requested to provide Recovery Support Services (RSS) providers rate inequity alignment. The increase will bring provider rates consistent with rates currently being reimbursed for like services from DBH CSTAR providers.
- **\$750,000 FED – Perinatal Psychiatry Access Program Cost to Continue** - Requesting funding for a grant with the University of Missouri for a Perinatal Psychiatry Access Project for Moms (MO-PAP for Moms) with Dr. Laine Young-Walker. The project will increase screening for maternal depression and related behavioral health disorders.
- **\$150,000 GR – Civil Commitment Legal Fees Cost to Continue** - DMH is experiencing increased usage by Prosecuting Attorney and Sheriff’s Offices, incurring expenses on behalf of individuals civilly committed by the courts who are unable to pay. Funding is needed to fully reimburse these entities. Statute mandates that certain fees and costs for involuntary civil detention proceedings for an individual who presents a likelihood of harm due to a mental illness or substance use disorder be paid by the State.
- **\$12,000,000 FED – CHIP Transfer Cost to Continue** - The Children's Health Insurance Program (CHIP) Fund has accumulated funds since inception due to discrepancies between DMH and DSS systems paying for children receiving Medicaid services. In some cases when DMH submits the services, the individual is not CHIP eligible; however, MMIS recognizes the child is CHIP eligible. Funds are deposited into the CHIP fund but are paid out of non-CHIP funds. According to DSS HB language, all CHIP funds must be deposited in the CHIP fund. This transfer provides a mechanism to move the funding to reimburse where previous expenditures have been paid from.
- **\$1,000,000 FED – Children’s Continued Hospitalization Report** - HB 402 passed in the 2023 session requires DMH and DSS to implement a collaborative project to assess the impact of continued hospitalization of foster children and clients of DMH. Interim reports are to be submitted to the general assembly in December 2023 and July 2024, with a final report by December 2024. To ensure the timeliness of the report is completed, a contractor will be hired to perform the duties.
- **\$2,017,285 GR/OTHER – FMAP** - Due to a decrease in the blended FMAP rate, there will be a net cost shift from federal to GR funds for DMH, DHSS, and DSS. The blended FMAP rate decreased 0.505% from 66.005% in FY24 to 65.500% in FY25. The enhanced FMAP rate for the CHIP/CCBHO programs decreased 0.352% from 76.205% in FY24 to 75.853% in FY25.
- **\$1,350,000 FED – eTMS PTSD** - Provides for ongoing funding for the EEG-Guided Transcranial Magnetic Stimulation (eTMS) PTSD Program. The eTMS PTSD program received one-time funding in the FY24 budget.
- **\$5,993,184 Opioid Settlement Fund - Opioid Treatment Expansion** - Funding is requested for the use of the Opioid Treatment Recovery Fund for Medicaid match for the CSTAR Opioid Treatment Providers. Within this provider type, funds would also be used to support individuals who do not have Medicaid and to pay for treatment and associated services that cannot be billed to Medicaid.
- **\$10,434,783 (\$3,600,000 Opioid Settlement Funds and \$6,834,783 FED) – Recovery High Schools** - This item supports two recovery high schools in Missouri. Funding will allow for treatment services for eligible students diagnosed with substance use disorder or dependency.
- **\$7,216,130 (\$1,742,479 GR and \$5,473,651 FED) – Behavioral Health Crisis Center Operations** - Funding will support operating costs of four new behavioral health crisis centers who received funding in FY24 for construction (ARPA bill) and also support a Youth Urgent Care. The facilities are located in Trenton/Chillicothe areas, Franklin, Jefferson, St. Charles and Pettis counties.
- **\$4,228,140 (\$1,006,086 GR and \$3,222,054 FED) - Behavioral Health/Developmentally Disabled Residential Alternatives** - This item provides for funding to support operating costs to serve the complex and High-need, mentally

ill/intellectually disabled population. Several CCBHOs received funding to support development, start-up, and furnishing costs in FY24 (ARPA bill).

- **\$2,735,000 FED - SMMHC Safety and Security Upgrades** - This item provides important security updates to patient and staff safety, including a key control system, fencing, and construction of a sally port office.
- **\$8,000,000 Opioid Settlement Funds - Naloxone Saturation** - Supports the distribution of naloxone to law enforcement and first responders to prevent and reverse opioid overdoses.

PROVIDER BILLING AND SERVICE REVIEW (BSR GUIDE)

[Provider Billing and Service Review \(BSR\) Guide](#) – updated 1.16.24

Key updates:

- Information regarding the American Society of Addiction Medicine (ASAM) Provider Self-Assessment Attestation Tool and ASAM Monitoring tools and their use during annual reviews by BSR team members;
- Significant percent of shadow claims per Certified Community Behavioral Health Clinics/Organizations (CCBHC/O) contract initiating a BSR Plan of Correction;
- Two new disallowance codes C4 and C5 pertaining to the required components of evaluations/assessments and treatment plans; and
- Added new Comprehensive Substance Treatment and Rehabilitation (CSTAR) Regulation (9 CSR 30-3.151 Eligibility Determination, Assessment, and Treatment Planning) as it relates to recoupments for required documentation for assessment, treatment planning.

Updates related directly to Missouri's CSTAR transformation following the ASAM Criteria will not be implemented prior to 3.1.24

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1. **New Substance Use Disorders 1115 Demonstration Waiver Approval** – The Centers for Medicare & Medicaid Services (CMS) has approved MO HealthNet Division's (MHD) application for a Substance Use Disorders (SUD) 1115 Demonstration Waiver with an implementation date of January 1, 2024. Please review the recently issued [bulletin](#) for more information.
 2. **New Serious Mental Illness 1115 Demonstration Waiver Approval** – The Centers for Medicare & Medicaid Services (CMS) has approved MO HealthNet Division's (MHD) application for an 1115 Demonstration for Serious Mental Illness (SMI) effective December 6, 2023. Please review the recently issued [bulletin](#) for more information.
 3. **New Prior Authorization (PA) for Patients' Medications** – The MO HealthNet Division (MHD) Pharmacy Program wants to make the PA process simple and quick for providers and patients. They have created an educational tutorial to guide your office staff through the process of completing a PA. Please take the time to familiarize yourself, your office staff and others involved in the PA process with the [Pharmacy Prior Authorization Process Tutorial](#). For questions, please contact MHD.PharmacyAdmin@dss.mo.gov.
 4. **New Inhaler Update Hot Tip** – Effective for dates of service on and after January 15, 2024, MO HealthNet will no longer allow an exception to the Take Home Drugs and Supplies policy for hospital and clinic providers to bill for an inhaler if the participant is diagnosed with COVID or the participant has been exposed to COVID-19. Please look at the policy on Take Home Drugs and Supplies in section 2.2 of the [Pharmacy manual](#).
 5. **New NCAPPS Listening Session: Person-Centered Planning Technical Assistance Needs for State Agencies** – Since 2018, the National Center on Advancing Person-Centered Practices and Systems (NCAPPS) has provided over 6,500 hours of free technical assistance to 19 states and territories to support the effective and practical implementation

of person-centered practices in alignment with the Home and Community-Based Services (HCBS) Final Rule person-centered planning (PCP) requirements. To continue to understand technical assistance needs around person-centered planning and guide future resource development, NCAPPS will host a listening session for representatives from state Medicaid agencies and their state agency partners who implement person-centered planning. **February 15th, 2024, 1:00-2:30 pm CT.** [Register](#)

6. **New EPC's Youth Advisory Council** – Early Psychosis Care Center (EPC) has been working to establish a statewide Youth Advisory Council (YAC) and there is still time to join! They are looking for individuals 15-35 who have personal experience with psychosis. Whether through their own journey or supporting someone close to them. **The purpose of this council is to help the EPC team understand the needs of young people who experience psychosis in Missouri**, which will in turn help the team improve services for individuals experiencing psychosis; create helpful resources; and develop EPC goals, initiatives, and projects. **For additional questions about YAC, please contact Grace Chapel, Youth and Family Liaison with EPC, at hghcpc@umsl.edu.**



7. **Centralized Request Forms for Naloxone, FTS, and Training**- MIMH has done a “soft launch” of their new training request form and fentanyl test strip form and will be doing an official launch with public distribution next week. This will allow for centralized places to request all of their trainings and fentanyl test strips, in addition to their naloxone request form. Please refer people to the links below going forward for all the following requests:
- Naloxone Request: getmonaloxone.com
 - Fentanyl Test Strip Request: <https://testmodrugs.com>
 - Training Request: <https://www.mimhaddisci.org/training>
8. **Certified Peer Specialist Training** – The Credentialing board heard that agencies are needing to get more peers trained sooner, so an additional training has been added on **February 19-23, 2024**. In order to register for the training, agencies need to register the staff for the first available training they can get into online at www.mopeerspecialist.com, currently it will be a March training. Once the person is registered, they can contact Kim Crouch at Kimberly.crouch@missouricb.com or Lori Franklin at Lori.Franklin@dmh.mo.gov about getting the person bumped up to the February class. Depending on how many people they get registered over the next week or so, they may open it up for online registration. If the agencies have enough to fill the training they will be prioritized for this group.
9. **Update on Administrative Rules** –The updated regulations listed below are published in the **December 31, 2023, issue of the [Code of State Regulations](#)** and will be effective on **January 30, 2024**:
- 9 CSR 10-7.035 Behavioral Health Healthcare Home
 - 9 CSR 30-3.134 Gambling Disorder Treatment
 - 9 CSR 30-3.201 Substance Awareness Traffic Offender Program
 - 9 CSR 30-3.206 SATOP Structure
 - 9 CSR 30-6.010 Certified Community Behavioral Health Organization

JOB ANNOUNCEMENTS

Evidence Based Services & Review Specialist

This Specialist will conduct statewide fidelity reviews and provide technical assistance to behavioral health programs in identified evidence-based practices including Assertive Community Treatment (ACT), Dialectical Behavioral Therapy (DBT), Integrated Treatment for Co-occurring Disorders (ITCD) and Individualized Placement and Support (IPS). This position will work closely with colleagues across all DBH programs including providing trainings and understanding other monitoring functions. This position may require travel and overnights. This position is domiciled in the Eastern Region of Missouri. **Remote work for this position is an available option, with the expectation of some in-office presence.** Application deadline is **February 6, 2024**. [Learn More and Apply!](#)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **CDC to Release Notice of DFC Funding Opportunities** – The Centers for Disease Control and Prevention (CDC) recently [announced](#) it will release the Fiscal Year (FY) 2024 Notice of Funding Opportunity (NOFO) for the Drug-Free Communities Support (DFC) Program in February 2024. The DFC Program provides community coalitions grant funding to mobilize local youth substance use and misuse prevention efforts across the country. Specifically, DFC coalitions gain access to:
 - "Funding of up to \$125,000 a year for 10 years,
 - Programmatic support,
 - Technical assistance for research, data collection, and more. "Additional details on the DFC program and how to apply for funding can be found [here](#).
2. **HRSA Forecasted Funding Opportunities** – [Learn More](#)
3. **COSSUP Funding Opportunity: Jail-based Medication-assisted Treatment (MAT) Mentor Site Initiative** – The Bureau of Justice Assistance's (BJA) Comprehensive Opioid, Stimulant, and Substance Use Program (COSSUP) is now accepting applications for the [Jail-based Medication-assisted Treatment \(MAT\) Mentor Site Initiative](#). This initiative supports jails in establishing or expanding MAT programs by connecting them with a mentor site to learn from an established program with proven success in treating individuals with opioid use disorder (OUD) in jail. BJA will select between two and six mentor sites with each site receiving a stipend of \$2,000 for their services. COSSUP also released a [document](#) with Frequently Asked Questions about the program. [Applications](#) are due **February 9, 2024**. Apply [here](#).
4. **How to Improve Your Grant Writing Skills, Live Online, February 15, 2024** – Grant writing is a competitive endeavor, and many agencies approach the task poorly prepared. Dean Klinkenberg has been involved in dozens of grant cycles as both an applicant and a reviewer. He will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. He will then describe the different sections of a grant application and what content should be covered in each section. The program will finish with 20 tips to improve grant writing skills, which will include common mistakes grant writers make and how to avoid them. If you are a social worker, program administrator, program manager, or anyone at an agency who expects to apply for funding to start a new program or expand an existing one or otherwise seek external funding to improve the services you offer, enroll in this program to learn how to make your grant application more competitive. [Learn More & Register](#)
5. **New Applications for Scaife Medical Student Fellowship in Substance Use Disorders are Now Open** – The application period for the 2024 Scaife Medical Student Fellowship in Substance Use Disorders is live now through **Sunday, February 18, 2024**. The Fellowship offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. The program will consist of one week virtual learning and two weeks of in-person, experiential learning in Pittsburgh, PA. [Learn More](#)
6. **HRSA Funding Opportunity: Behavioral Health Integration Evidence Based Telehealth Network Program** – The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the [Behavioral Health Integration \(BHI\) Evidence Based Telehealth Network Program \(EB-TNP\)](#). This program seeks to integrate mental health and substance use disorder (SUD) services into primary care settings through telehealth technology via telehealth networks in rural and underserved communities. The program will award a total of \$8.75 million for up to 25 grantees over five years. Applications are due **March 22, 2024**. Additional details on eligibility can be found [here](#).

7. **HRSA Primary Care Training: Physician Assistant Rural Training in Behavioral Health (due March 15, 2024)** – Only an academically affiliated physician assistant training program accredited by the Accreditation Review Commission on Education for the Physician Assistant (ARC-PA) may apply for this grant opportunity. [Learn More](#)

INFO and RESOURCES

1. **New Applications for Scaife Medical Student Fellowship in Substance Use Disorders are Now Open** – The application period for the 2024 Scaife Medical Student Fellowship in Substance Use Disorders is live now through **Sunday, February 18, 2024**. The Fellowship offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. The program will consist of one week virtual learning and two weeks of in-person, experiential learning in Pittsburgh, PA. [Learn More](#)
2. **New Strengthening Integrated Care for Rural Youth ECHO** – Kicking off in late February, this six-session ECHO learning series gives participants the chance to engage with other health care providers through didactic presentations and case studies on key issues related to integrated health and improving health care among youth in rural settings. **Applications are due by Friday, February 2, 2024, 11:59 pm ET.** [Learn More/Submit Application](#)
3. **New Navigating Bipolar Disorder and Substance Use: Effective Treatments and Clinician-Patient Communication** – In this video, Bipolar Disorder Section Editor Julie A. Carbray, PhD, PMHNP-BC, clinical professor at the University of Illinois at Chicago, and Arwen Podesta, MD, ABPN, psychiatrist at Podesta Psychiatry LLC, examine the available treatments for bipolar disorder and substance use disorder (SUD), their strategies for managing both illnesses at once, and how they suggest clinicians communicate with patients in this subset. [Learn More](#)
4. **New Reduced Drug Use an “Alternative Valid Outcome” for Individuals with Stimulant Use Disorder** – Reducing use of stimulants was associated with significant improvement in health and recovery among individuals with stimulant use disorder—even if they did not achieve total abstinence, according to a new study from NIDA. [Learn More](#)
5. **New The Harm Reduction Workbook for Addiction** – Kristin L. Dempsey, EdD, LMFT, LPCC, is a psychotherapist, counselor educator, and trainer. She wrote a book called The Harm Reduction Workbook for Addiction. It is a guide to explore one’s relationship to substances or processes via a number of exercises based on the spirit and skills of motivational interviewing. The book was just released this month. Here is the authors brief summary created for David Mee-Lee’s Tips and Tricks newsletter.

Tip 1: Harm reduction strategies are not the opposite of abstinence. Harm Reduction strategies include abstinence.

- According to the Harm Reduction Coalition, "Harm Reduction is a set of practical strategies and ideas aimed at reducing the negative consequences of drug use." It is also a social justice movement “built on a belief in, and respect for, the rights of people who use drugs" (National Harm Reduction Coalition, 2023).
- Harm reduction strategies are not the opposite of abstinence. Increasingly, wellness and recovery are viewed as not a binary of harm reduction vs. abstinence. Harm reduction can be thought of as a collection of strategies that includes abstinence among many other strategies that reduce the potential harms associated with substance use or process behaviors (e.g. gambling, sex, shopping...) For instance, cutting back on drinking can be harm reduction, as is using test strips to check drugs for dangerous additives, such as fentanyl, as is stopping substance use entirely.

Tip 2: Harm reduction (HR) aims to engage and support people who use substances. Motivational Interviewing is “how” you do HR.

- MI enables a provider to collaboratively and non-judgmentally explore a person's reasons for change.
- The great joy and challenge of this book was determining how to create exercises that allow the workbook readers to explore how they can step into the MI "spirit" and show themselves self-compassion and acceptance while noticing their strengths and who they can connect with for support. They also practice building their own reflections on their life and ask themselves evocative questions while exploring their values and identifying change talk. If it serves them, they can build their own specific plans for next steps.

TRAINING OPPORTUNITIES

1. **MO Children's Trauma Network Training Summit 2024** – You are invited to submit a proposal to share your experience and expertise with over 400 attendees from all over the state of Missouri. Attendees include staff from Community Mental Health Centers, Child Advocacy Centers, Private Practices, Child Welfare Agencies, and many more. The conference focuses on the youth population. To find out more about MOCTN, visit us online at www.moctn.com. **The deadline for presentations is January 30, 2024.** [Fill out the call for presentations online now >> CLICK HERE.](#)
2. **Mental Health First Aid** – Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). **Adult— Thursday, January 30, 2024, 8:30am-3:30pm Fulton MO** [Learn More and Register](#)
3. **Shining a Light on OCD Webinar** – Obsessive compulsive disorder (OCD) has no one-size-fits-all approach to treatment. As a clinician, you may find yourself in challenging situations regarding diagnoses and the need for specialized treatment regarding OCD and associated anxieties. As a patient, you may understand the need for individualized treatment and tailored treatment that works for you. For both, it may be difficult to know how to address OCD and its related disorders with those around you. How can we navigate OCD as providers, patients, or sometimes both? **Tuesday, January 30, 2024, 12pm ET.** [Register](#)
4. **New The Impact of Harm Reduction Vending Machines in the Community** – Vending machines dispensing naloxone, drug checking strips, and other public health items to address co-occurring conditions (e.g. STDs, HIV, Hepatitis C) represent a potential non-stigmatizing, low-barrier approach to harm reduction that may increase access and engagement with underserved populations and reduce overdoses and related public health conditions. This presentation begins with an introduction to PreventEd, a St. Louis-based non-profit that aims to create real and sustainable change through education, intervention, and advocacy. PreventEd will lead attendees through their community engagement approach to distributing Naloxone in diverse neighborhoods in the Eastern Missouri region. **Tuesday, January 30, 2024, 2pm-3:15pm CST.** [Register](#)
5. **Embedding Equity in 988 Crisis Systems Webinar** – With 988, we have the opportunity to build equitable behavioral health crisis response systems from the ground up. Having shared language and an understanding of context among systems partners; taking a data-informed approach; and engaging in conversations on equity in systems are important first steps. This webinar will provide participants with the context and rationale for equity, as well as a vision for equity at all system levels – community, state/territory, tribal, and federal. **Wednesday, January 31, 2024, 12pm-2pm CT.** [Register](#)
6. **TIROES Training - Building Organizational Resilience** – Building resilience in the workforce is key to adapting to the challenges ahead. Begin your Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) journey by supporting inclusivity through your entire organization! **Wednesday, January 31, 2024, 1pm-2:30pm CT.** [Register](#)

7. **Intersections of Problem Gambling and Suicide Prevention** – Learn about the intersections of problem gambling and suicide prevention. Presenters will discuss the similarities and differences between problem gambling and suicide prevention, how to assess if an individual has a problem gambling disorder or is at risk for suicide, and how to provide help. *Wednesday, January 31, 2024, 12pm-4pm CT.* [Register](#)
8. **Medicaid Coverage of Medications to Reverse Opioid Overdose and Treat Alcohol and Opioid Use Disorders** – Medications that treat alcohol use disorder (AUD) and opioid use disorder (OUD), as well as medications that reverse opioid overdose, are an essential component of evidence-based substance use disorder treatment. This webinar will discuss recent policies and regulations that improve access to these medications, state Medicaid coverage of medications, as well as promising innovative efforts to increase medication access for Medicaid beneficiaries. *Wednesday, January 31, 2024, 12:30pm CT.* [Register](#)
9. **Recidivism Risk Tools with Persons of Indigenous Heritage** – Should we use actuarial risk tools for crime and violence with persons of Indigenous heritage? Are they too risky to use? Or too risky not to? Learn the latest research and practice recommendations by attending this Zoom presentation by Prof. Mark Olver. *Thursday, February 1, 2024, 11am-12pm EST.* [Register](#)
10. **New Eleos: Bridging the Data Gaps in Behavioral Health: Why Payors and Providers are Turning to AI** – In this webinar, an expert panel will discuss how payors and providers are applying AI to improve clinical and operational performance in behavioral health. We'll explore how augmented intelligence is making continuous, objective measurement of behavioral health care delivery possible while freeing up provider capacity through automated documentation assistance. *Friday, February 2, 2024, 11:00am CT.* [Register](#)
11. **LGBTQIA+: History, Diversity, Inclusion** – A This presentation will cover history of the LGBTQIA+ community, diversity within the community, and how to make your practice or organization more inclusive. While the topic range is broad, the presentation is meant to appeal to learners from all different backgrounds and knowledge bases. Through learning about history, diversity, and inclusion, you will be more aware of any implicit biases that exist, and meet participants at any point in their journey of cultural awareness, competency, or humility. *Friday, February 2, 2024, 1:00pm-4:00pm CT.* [Register](#)
12. **New Strengthening Integrated Care for Rural Youth ECHO** – Kicking off in late February, this six-session ECHO learning series gives participants the chance to engage with other health care providers through didactic presentations and case studies on key issues related to integrated health and improving health care among youth in rural settings. *Applications are due by Friday, February 2, 2024, 11:59 pm ET.* [Learn More/Submit Application](#)
13. **Introductory/Refresher Virtual YSBIRT Training** – For administrators or clinicians who are new to YSBIRT or looking for a refresher. Participants will learn how YSBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; the use of evidence-based screening tools for adolescents to identify risk levels of alcohol and drug use; the role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and referral and treatment best practices for managing and supporting people with substance use disorders. *Monday, February 5, 2024, 1pm-4pm CT.* [Register](#)
14. **New Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours.
 - *February 5, 6, 7, 2024, 9am-5pm CT.* [Register](#)
 - *May 13, 14, 15, 2024, 9am-5pm CT.* [Register](#)
15. **Join the Southeast MHTTC** in a two-part webinar office hour series that will provide overviews of how to identify and support anxiety in autistic students and how to apply these strategies within case studies. Click on each session title below for more information and to register.

- Supporting Autistic Students in the Classroom with Anxiety: Your Questions Answered Part I, **Wednesday, February 7, 2024, 11am CT.** [Register](#)
 - Supporting Autistic Students in the Classroom with Anxiety: Your Questions Answered Part II, **Wednesday, February 21, 2024, 11 CT.** [Register](#)
16. **New RCO Bootcamp** – This is a leadership development program for new and emerging Recovery Community Organization (RCO) directors, program managers, and board members. Bootcamp covers all the basics to help establish policies and procedures to build the capacity of small non-profit organizations. Breakout sessions focus on governance, sustainability, ethics, strategic planning, and staff development. **Wednesday-Friday, February 7-9, 2024, 11am-4pm CT.** [Register](#)
 17. **DBT for People with Substance Use Disorders** – Missouri Department of Mental Health and Missouri Behavioral Health Council announce a one-day DBT for People with Substance Use Disorders Training day. DBT for SUD is an expansive treatment for individuals with borderline personality disorder and substance use disorders. This one-day training is a highly experiential, and practical workshop that will provide participants with a comprehensive working knowledge of the adaptations to be made when working with individuals with BPD-SUD. This is a free online training with limited seats available. CEs will be provided. **Thursday, February 8, 2024, 8:30am-4pm CST.** [Register](#)
 18. **Advancing the Science on Peer Support and Suicide Prevention 2 Day Workshop** – This NIMH-sponsored workshop will bring together experts in peer support suicide prevention to discuss relevant conceptual frameworks, recent advances in understanding what works and for whom, service settings and service-user characteristics that inform intervention strategies across the crisis services continuum, digital and tele-health applications, considerations for youth, and equity considerations. The workshop will identify innovative advancements and areas that need additional research as the field moves forward. You will need to register separately for each day you wish to attend. There is no cost to attend and CEUs are not provided. **Thursday, February 8, 2024 and Monday, February 12, 2024, 10am-3:45pm CST.** [Register](#)
 19. **New Impact of Burnout: Compassion Fatigue & Secondary Trauma** – Compassion Fatigue is real for those working in the human services field (and any other role that is focused on caring for others). Learn about the risks, symptoms and solutions to keep you healthy and balanced while you help others. Don't let the "cost of caring" take away the very reason you came into this field. **Thursday, February 8, 2024, 1pm-2pm CT.** [Register](#)
 20. **Introductory/Refresher Virtual SBIRT Training** – For administrators or clinicians who are new to SBIRT or looking for a refresher. Participants will learn how SBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; the use of evidence-based screening tools for adolescents and adults to identify risk levels of alcohol and drug use; the role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and referral/treatment best practices for managing and supporting people with substance use disorders. **Monday, February 12, 2024, 1pm-4pm CT.** [Register](#)
 21. **Building Community Partnerships to Boost Mobile Crisis Response** – Community-based mobile response teams can successfully reach people experiencing a crisis who have been missed or failed by the system, or who are reluctant to engage – but to do so requires trust-building with local entities frequented by community members, ethically leveraging local resources, and rethinking awareness-building and engagement. A new TAC webinar series explores the essential role of mobile crisis response in bridging gaps in communities, as well as ways for states to support local community partnering.
 - **Webinar 2: Establishing Mobile Crisis Teams as Trusted Partners in Communities of Service Members, Veterans, and their Families.** **Tuesday, February 13, 2024, 12pm-1pm CT.** [Register](#)
 - **Webinar 3: Creative Solutions for Mobile Crisis Teams to Effectively Engage with Rural and Frontier Communities.** **Tuesday, March 12, 2024, 12pm-1pm CT.** [Register](#)
 22. **The Next Step in Suicide Prevention** – It is important for the industry to move to the next step in suicide prevention and quality care, to grow our understanding of why people die by suicide, continually improve our ability to recognize imminent risk and systematically utilize practical tools and strategies for prevention. This webinar

addresses those elements and how to access a related free program of in-depth online video training and resources for behavioral healthcare providers created by Dr. Thomas Joiner and the Mental Health Risk Retention Group.

Tuesday, February 13, 2024, 12pm-1pm CT. [Register](#)

23. **Mobile Crisis and Community Partnering Webinar 2: Establishing mobile crisis teams as trusted partners in communities of Service Members, Veterans, and their Families (SMVF)** – SMVF communities experience high rates of suicide and often widespread mistrust in organizations due to fear of repercussions within rank, firearm removal, stigma, and lack of military cultural competence among providers. This webinar identifies techniques for mobile teams to make effective and robust connections within the community to both reach SMVF and make post-crisis referrals. **Tuesday, February 13, 2024, 12:00pm CT.** [Register](#)
24. **Motivational Interviewing** – This training will give you a framework for understanding an individual’s motivation and resolve ambivalence by enabling people to recognize their own patterns, own their personal outcomes and understand the means by which they will achieve those goals. Clinicians and behavioral health staff utilize motivational interviewing to attend to clients and staff needs in a person-centered way. **1310 Papin Street, St. Louis, MO, Wednesday, February 14, 2024, 9:00am-4:00pm CST.** [Register](#)
25. **New Navigating the Competency to Stand Trial System for Individuals with Intellectual and Developmental Disability (IDD)** – This webinar will discuss considerations related to the IDD population regarding raising the question of competence, competency evaluations, and competence restoration processes. The presenter will provide information to help attorneys and other criminal justice professionals more appropriately distinguish between IDD and competency issues related to mental disorders and advocate for necessary supports for this population. This webinar will also present ways that competency restoration programs may be tailored for individuals with IDD to meet their specific needs. **Thursday, February 15, 2024, 12:30pm-2pm CT.** [Register](#)
26. **How to Improve Your Grant Writing Skills, Live Online** – Grant writing is a competitive endeavor, and many agencies approach the task poorly prepared. You will be given an overview of the federal agencies and private foundations that regularly offer funding and learn how to evaluate which grants to apply for. The different sections of a grant application and what content should be covered in each section will be described. The program will finish with 20 tips to improve grant writing skills, which will include common mistakes grant writers make and how to avoid them. If you are a social worker, program administrator, program manager, or anyone at an agency who expects to apply for funding to start a new program or expand an existing one or otherwise seek external funding to improve the services you offer, enroll in this program to learn how to make your grant application more competitive. **Thursday, February 15, 2024, 1pm-4pm CT.** [Register](#)
27. **Certified Peer Specialist Training** – The Credentialing board heard that agencies are needing to get more peers trained sooner, so an additional training has been added on **February 19-23, 2024**. In order to register for the training, agencies need to register the staff for the first available training they can get into online at www.mopeerspecialist.com, currently it will be a March training. Once the person is registered, they can contact Kim Crouch at Kimberly.crouch@missouricb.com or Lori Franklin at Lori.Franklin@dmh.mo.gov about getting the person bumped up to the February class. Depending on how many people they get registered over the next week or so, they may open it up for online registration. If the agencies have enough to fill the training they will be prioritized for this group.
28. **New Ethical Recovery Support Service Guidelines** – Topics such as morals, values, healthy boundaries and governing behaviors pertinent to work as a recovery support service provider will be explored in this session. The engaging conversation will help you see how federal, state and local laws intersect with your personal core values and impact your organization and community. **Thursday, February 22, 2024, 1pm-2pm CT.** [Register](#)
29. **6-Session Support Aging in Place: Older Adult Peer Support Training** – This training is designed to promote rapid uptake of digital peer support and is designed specifically to address the needs of older adults, including evidence-based principles associated with normal aging and technology, accessing and engaging older adults in technology-based recovery services, resources to age in place, aging successfully, education on whole health, sharing your lived experience of aging with mental health and/or co-morbid physical health challenges, and defining values and setting

goals. **Please note that in order to receive a certificate of attendance you must attend all 6 sessions. Tuesdays February 20, 2024 – March 26, 2024, 12pm-2pm CT. [Register](#)**

30. **Recognizing the Signs & Symptoms of Mental Illness** – The general population often has limited knowledge and misconceptions regarding behavioral health disorders in both children and adults. This can lead to increased stigma surrounding behavioral health disorders as well as delayed treatment. For many individuals with behavioral health disorders, delaying treatment may lead to an increase in symptom severity, an increase in risk factors for safety, and a lower general quality of life. By educating health workers, educators, practitioners, and the general public, it is the hope that the community can begin to combat the stigma against behavioral health disorders and support those experiencing symptoms in getting connected to the resources and interventions they deserve. **1310 Papin Street, St. Louis, MO, Wednesday, February 21, 2024, 9:00am-12:00pm CST. [Register](#)**
31. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment.
- **Thursday, February 22, 2024, 11am-3pm CT. [Register](#)**
 - **Wednesday, May 22, 2024, 11am-3pm CT. [Register](#)**
32. **Pediatric Integration Webinar Series** – Interested in learning more about how to advance pediatric integration? Join this webinar series on strategies for addressing the youth mental health crisis through integrated, equitable, person-centered care.
- **[Part 4: Young Adults Integration Opportunities \(Thursday, February 29, 2024, 1pm CT\)](#)**
33. **Mastering the Art of Reading & Grasping a Meta-Analysis Webinar** – As evidence-based practitioners, we must stay on top of research and there's no greater feeling than finding a recent meta-analysis on your topic. But meta-analyses vary in how they find, organize, and analyse information. Meta-analyses also report different statistics and graphs than you normally see in other studies. This training is for anyone who reads meta-analysis papers. Participants will learn key concepts to comprehend and critically evaluate the information presented in a meta-analysis. People with stats-anxiety in particular are encouraged to attend. We will apply our learning by using recently published meta-analyses in the field of sexual offending. **Thursday, February 29, 2024, 9:30am-12:30pm CST. [Register](#)**
34. **New State Peer to Peer Learning Session: Facilitating Care Across the Crisis Continuum – Children's Crisis Services** – This series of State Peer to Peer Learning Sessions will focus on behavioral health crisis services across the service continuum. This second session will highlight youth crisis receiving and stabilization programs and work underway to help divert children from Emergency Departments and keep with their families/caregivers. **Monday, March 4, 2024, 2pm-3:30pm CT. [Register](#)**
35. **WRAP Facilitator Training** – Five-day facilitator training on WRAP. Participants in this training course are given the Facilitator Training Manual: Mental Health Recovery, including the WRAP curriculum, and will learn how to use this manual to facilitate WRAP groups and workshops using techniques that support a core set of values and ethics. This training is for anyone who has completed the Seminar I Wrap Training. **MBHC, 2401 East McCarty Street, Jefferson City, Monday-Friday, March 4-8, 2024, 8am-5pm CT. [Register](#)**
36. **2024 Forensic Summit** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council brings this training opportunity to you in person. The Summit will host many versatile speakers from around the state to provide the most current information on forensic mental health. **Columbia, MO, Tuesday-Thursday, March 5-7, 2024 [Register](#)**

37. **Mobile Crisis and Community Partnering Webinar 3: Creative Solutions for Mobile Crisis Teams to Effectively Engage with Rural and Frontier Communities** – With some estimates of farmer and rancher suicide rates being between ¼-½ higher than other occupations and with overall rates of suicide higher in rural communities than urban, it is vital for crisis teams to reach and effectively engage with rural and frontier communities. This session provides practical strategies. *Tuesday, March 12, 2024, 12:00pm CT.* [Register](#)
38. **DBT Lunch and Learn: How to Think Like an Adherence Coder: The DBT AC-I in Practice** - The Department of Mental Health and Missouri Behavioral Health Council are excited to offer this learning opportunity. This virtual event is open to all and is not strictly reserved for DBT providers. This webinar will provide a brief overview of the development of the DBT AC-I, including core therapeutic strategies that are used to evaluate adherence, as well as tips and tricks for reviewing sessions with an eye towards adherence. *Thursday, March 14, 2024, 12pm-1pm CT.* [Register](#)
39. **Virtual SPARCS Learning Collaborative Cohort #3 (Virtual Only)** - Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) is an evidence-informed group therapy intervention recommended by the National Child Traumatic Stress Network and the Illinois Department of Children and Family Services. SPARCS is also being incorporated into schools' plans for Positive Behavioral Intervention & Supports. SPARCS is used in a variety of treatment delivery settings, including community-based programs, schools, outpatient clinics, shelters, residential, and juvenile justice settings.
- **Learning Session #2, Wednesday-Friday, March 20-22, 2024, 8:30am-12:30pm** [Register](#)
40. **Anxiety and OCD in Kids and Teens** – Learn from McLean Hospital and Harvard Medical School experts how best to support the young people and their families who come to you for help with anxiety. This course will delve into the realities of these conditions in children and teenagers, explore the crucial role that adults play in supporting young individuals, examine effective methods of recognizing and diagnosing various conditions affecting this population, and finally, discuss what effective, modern treatment looks like for those who require it. *Thursday, March 21, 2024, 9am—1:30pm CDT.* [Register](#)
41. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment.
- **Wednesday, March 27, 2024, 11am-3pm CT.** [Register](#)
 - **Wednesday, April 24, 2024, 11am-3pm CT.** [Register](#)
42. **Missouri Crisis Intervention Team Conference (10th Anniversary)** – The Missouri Crisis Intervention Team (MO CIT) Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The Missouri Behavioral Health Council has approved this program for behavioral health continuing education contact hours and POST hours. MBHC will be responsible for this program and maintain a record of your continuing education hours earned. *Margaritaville Lake Resort, Osage Beach, MO, Monday-Wednesday, April 1-3, 2024.* [Register](#)
43. **2024 MO Association of Treatment Court Professionals Conference** – Registration for the 2024 MO Association of Treatment Court Professionals Conference is open. The 26th Annual Treatment Court Conference program can be found here: [MATCP-Registration-2.pdf \(motreatmentcourts.org\)](#) Electronic conference applications can be found here: [2024 MATCP Conference – Missouri Association of Treatment Court Professionals \(motreatmentcourts.org\)](#). *Branson, MO, Wednesday-Friday, April 10-12, 2024.*
44. **NatCon24** – This is THE event in mental health and substance use treatment. NatCon24 is more than a conference! NatCon24 connects you with the most in-demand audiences in our field – from influencers and decision-makers to advocates and executives. *St. Louis, MO, Monday-Wednesday, April 15-17, 2024.* [Register](#)

45. **New Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addiction Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, May 9-10, 2024 (VIRTUAL) and Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)
46. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT**. [Register](#)
47. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT**. [Register](#)
48. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is "*Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities.*" **Omaha, NE, Wednesday/Thursday, May 29-30, 2024**. [Learn More and Register](#)
49. **2024 Crisis Conference (Save the Date)** – **Holiday Inn Executive Center, Columbia, MO, June 24-25, 2024**.

RECURRING TRAINING OPPORTUNITIES

1. **Updated Harm Reduction Trainings** – Harm Reduction Trainings – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. Registration is open for training dates in February, March and April, including some evening and weekend options, and organizations looking for additional opportunities can request training via our new training request form. [Learn more and register here](#). Training offerings include:
- **Foundations of Harm Reduction**
 - **Harm Reduction In Practice**
 - **Overdose Education and Naloxone Distribution (OEND)**
 - **Intramuscular (IM) Naloxone Use**
 - **Stimulant Education: Harm Reduction & Overamping**
 - **Fentanyl Test Strips 101**
 - **Specialty Peer Integration Training (online, self-paced)**
 - **Wound Care for Non-Clinicians (online, self-paced)**

2. **PREPaRE** – PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email YSTraining@BurrellCenter.com the dates you wish to attend.
P—Prevent and prepare for crises
R—Reaffirm physical health & welfare, and perceptions of safety & security
E—Evaluate psychological trauma risk
P—Provide interventions
a—and
R—Respond to mental health needs
E—Examine the effectiveness of crisis preparedness
 - **February 5 and 6, 2024** – Kansas City
3. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. CEs are included. [Register](#)
 - **January 31, 2024:** Comprehensive Assessment Practices
 - **April 18, 2024:** Using the DM-ID, 2 as a Clinical Resource
 - **April 25, 2024:** IDD and chronic health conditions, physical health care advocacy: sharing information with providers
 - **July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
 - **July 31, 2024:** Wellness and Aging
 - **October 8, 2024:** SUD and IDD
 - **October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
4. **MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. [Register](#)
 - **February 8-9, 2024, 8am-2pm CT**
 - **May 13-14, 2024, 8am-2pm CT.**
5. **2024 Regional WRAP Training** – WRAP is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
 - **February 8-9, 2024** - Places for People Location TBD, St. Louis, Missouri
 - **March 14-15, 2024** - Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
 - **April 25-26, 2024** - Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - **May 2-3, 2024** – New MBHC temporary location, 2401 East McCarty, Jefferson City, MO 65109
6. **2024 Spring Zoom Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **February 16, 2024, 1pm-4pm CT**
 - **March 8, 2024, 9am-12pm CT**
 - **March 8, 2024, 1pm-4pm CT**
 - **March 15, 2024, 1pm-4pm**
 - **March 29, 2024, 9am-12pm CT**

- **March 29, 2024, 1pm-4pm CT**
- **April 19, 2024, 9m-12pm CT**
- **April 26, 2024, 1pm-4pm CT**

7. **2024 Spring LIVE Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
- **February 23, 2024** – Missouri Chamber of Commerce, 428 E. Capitol, Jefferson City, MO, **9am-4pm CT**.
 - **March 22, 2024** – Springfield Recovery Community Center, 1925 Bennett Street, Springfield, MO, **9am-4pm CT**.
8. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
- **February 26-28, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **March 18-20, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **April 22-24, 2024 8am-5pm** - Location: Splitlog Baptist Church 3670 Splitlog Rd, Goodman, MO
 - **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
 - **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
9. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
- **Wednesday, February 28, 2024, 3pm-4:30pm PT** – Trauma-Informed Care Meets Healing-Centered Care [Register Session 1](#)
 - **Wednesday, March 27, 2024, 3pm-4:30pm PT** – Challenging Oppression in Healing Work [Register Session 2](#)
 - **Wednesday, April 24, 2024, 3pm-4:30pm PT** – Uplifting Culturally Sustaining Practices in Substance Use Prevention [Register Session 3](#)
 - **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)
10. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)
11. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

12. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
 13. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
 14. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
 15. **Peer Supervision Training** – **converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
 16. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
 17. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
 18. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)
-

Missouri Master Plan on Aging Town Hall events are listed on the following page.

MISSOURI MASTER PLAN ON AGING TOWN HALL *Events*

SPONSORING AGENCY	DATE	TIME	LOCATION
AGING BEST	2/26	9-11 AM	AGING BEST 2027 CHRISTY DR JEFFERSON CITY
CARE CONNECTION	2/27	2-4 PM	WARRENSBURG COMMUNITY CENTER 445 E GAY ST WARRENSBURG
YOUNG AT HEART	2/28	9-11 AM	EAST HILLS LIBRARY THEATER ROOM 502 N WOODBINE RD ST JOSEPH
NORTHEAST MISSOURI AREA AGENCY ON AGING	2/29	2-4 PM	MONROE CITY NUTRITON CENTER 314 S MAIN ST MONROE CITY
MID-AMERICA REGIONAL COUNCIL/ SHEPHERD'S CENTER KC	3/1	9 AM-12 PM	KAUFFMAN FOUNDATION CENTER 4801 ROCKHILL RD KANSAS CITY
AGING AHEAD	3/5	9-11 AM	MARYLAND HEIGHTS COMM CENTER 2300 MCKELVEY RD MARYLAND HEIGHTS
ST LOUIS AREA AGENCY ON AGING	3/5	12:30-2:30 PM	O'FALLON PARK REC COMPLEX 4343 W FLORISSANT AVE STL
AGING MATTERS	3/6	2-4 PM	SHOW ME CENTER 1333 N SPRIGG ST CAPE GIRARDEAU
SENIORAGE	3/7	2-4 PM	SOUTHSIDE SENIOR CENTER 2215 S FREMONT AVE SPRINGFIELD
REGION X AREA AGENCY ON AGING	3/8	2-4 PM	JOPLIN SENIOR CENTER 2616 S PICHER AVE JOPLIN



WE WANT TO KNOW THE NEEDS OF OLDER ADULTS, ADULTS WITH DISABILITIES, AND CAREGIVERS IN YOUR AREA. JOIN A TOWN HALL MEETING. SHARE YOUR INPUT.

