



FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **February 9, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- 1. New HHS Finalizes New Provisions to Enhance Integrated Care and Confidentiality for Patients with Substance Use Conditions** – On February 8, 2024, the U.S. Department of Health and Human Services, through its Office for Civil Rights (OCR) and the Substance Abuse and Mental Health Services Administration (SAMHSA), finalized modifications to the Confidentiality of Substance Use Disorder (SUD) Patient Records regulations at 42 CFR part 2 (“Part 2”), which protect the privacy of patients’ SUD treatment records. Specifically, the final rule increases coordination among providers treating patients for SUDs, strengthens confidentiality protections through civil enforcement, and enhances integration of behavioral health information with other medical records to improve patient health outcomes. A fact sheet on the final rule may be found [here](#).
- 2. New National Organization for Victim Assistance (NOVA) Basic and Advanced Training** – The Department of Mental Health Office of Disaster Services is offering these trainings free to everyone who is already a member of the Behavioral Health Strike Team (BHST) OR those that have an interest in joining. You are invited to include anyone at your agency who may be someone you would ask to deploy if a disaster happens in your community. **Basic NOVA Training must be completed before Advanced NOVA Training. The only basic training on the calendar currently is in Springfield, MO on March 19-21.** Contact the DMH Office of Disaster Services for more information.
 - **NOVA Basic Training – Springfield, MO, Tuesday-Thursday, March 19-21, 2024, 8am-5pm CT.** Must be taken before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – Jefferson City, MO, Tuesday-Thursday, June 4-6, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – St. Peters, MO, Tuesday-Thursday, June 18-20, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – Springfield, MO, Tuesday-Thursday, July 9-11, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
- 3. New Faith Community Training Toolkit** – The Missouri Governor’s Challenge to Prevent Suicide among Service Members, Veterans and their Families began working on a Faith Community Training toolkit. The goal is to create a turnkey toolkit that will assist communities with hosting a day of training, specifically for faith leaders and their staff. This is a foundational training, focused on preventing suicide among service members, veterans and their families. It will include: agenda, surveys, speakers for topics and community resources.

The subcommittee, led by DMH Veterans Services, includes Chaplains from both national and state level U.S. Department of Veterans Affairs, Fort Leonard Wood, and Missouri National Guard. There are also two community programs participating, ReThink HOPE UMC and the Safer Homes Collaborative.
- 4. New Point in Time Count (PITC)** -- HUD requires Continuums of Care (CoCs) conduct a PITC of persons experiencing homelessness at least every other year. In Missouri, the CoCs conduct PITC annually. This year the PITC was conducted on January 25, 2024. The PITC allows CoCs to see their progress on ending homelessness as well as gaps

in their service system. HUD also uses PITC data for funding decisions. During this PITC, DMH staff and Housing Liaisons assisted Missourians experiencing homelessness with connecting to services and housing. In Jefferson City, a woman was given a housing subsidy so she may reunify with her child, another person was immediately reconnected to behavioral health services and a couple were assisted with carrying their wet clothing from under an overpass so it could be laundered and they could receive more adequate shelter.

5. **New Suicide Prevention Coalition Academy**- Apply or nominate a suicide prevention coalition for the 2024 Missouri Suicide Prevention Coalition Academy. The FREE Coalition Academy will be held August 1-2 in Columbia and will provide training and assistance to Missouri coalitions to implement sustainable, evidence-based suicide prevention efforts. Attendees will receive free travel (hotel, rental car, gas, mileage) plus breakfast and lunch both days. Attend an informational webinar on Monday, February 12 at 12 p.m. or view the presentation [here](#). Application deadline is March 1.
6. **Certified Peer Specialist Training** – The Credentialing board heard that agencies are needing to get more peers trained sooner, so an additional training has been added on **February 19-23, 2024**. In order to register for the training, agencies need to register the staff for the first available training they can get into online at www.mopeerspecialist.com, currently it will be a March training. Once the person is registered, they can contact Kim Crouch at Kimberly.crouch@missouricb.com or Lori Franklin at Lori.Franklin@dmh.mo.gov about getting the person bumped up to the February class. Depending on how many people they get registered over the next week or so, they may open it up for online registration. If the agencies have enough to fill the training they will be prioritized for this group.

JOB ANNOUNCEMENTS

Youth Services Specialist

This position will serve under the direction of the Metro East Region-Chief of Children’s Community Operations within the Division of Behavioral Health. The Program Specialist will assist the Chief of Children’s Community Operations with oversight of DMH contracted providers and services, program monitoring, contracts, technical assistance, reporting, and program development. An important role of this position is the development of relationships and collaboration with community providers and other stakeholders. This position is domiciled in the Eastern Region of Missouri. Application deadline is **February 16, 2024**. [Learn More and Apply!](#)

Chief Behavior Analyst

The Missouri Department of Mental Health, Division of Developmental Disabilities (DD) is seeking a Chief Behavior Analyst. Responsibilities and duties include System-level Analysis, System-level Design, and System-level Intervention. This position may require travel and overnights. Application deadline is **February 16, 2024**. [Learn More and Apply!](#)

Looking for employment? Know someone who is?

**Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health**

FUNDING OPPORTUNITIES

1. **CDC to Release Notice of DFC Funding Opportunities** – The Centers for Disease Control and Prevention (CDC) recently [announced](#) it will release the Fiscal Year (FY) 2024 Notice of Funding Opportunity (NOFO) for the Drug-Free Communities Support (DFC) Program in February 2024. The DFC Program provides community coalitions grant funding to mobilize local youth substance use and misuse prevention efforts across the country. Specifically, DFC coalitions gain access to:
 - "Funding of up to \$125,000 a year for 10 years,
 - Programmatic support,

- Technical assistance for research, data collection, and more. “

Additional details on the DFC program and how to apply for funding can be found [here](#).

2. **HRSA Forecasted Funding Opportunities – [Learn More](#)**
3. **How to Improve Your Grant Writing Skills, Live Online, February 15, 2024** – Grant writing is a competitive endeavor, and many agencies approach the task poorly prepared. Dean Klinkenberg has been involved in dozens of grant cycles as both an applicant and a reviewer. He will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. He will then describe the different sections of a grant application and what content should be covered in each section. The program will finish with 20 tips to improve grant writing skills, which will include common mistakes grant writers make and how to avoid them. If you are a social worker, program administrator, program manager, or anyone at an agency who expects to apply for funding to start a new program or expand an existing one or otherwise seek external funding to improve the services you offer, enroll in this program to learn how to make your grant application more competitive. [Learn More & Register](#)
4. **Applications for Scaife Medical Student Fellowship in Substance Use Disorders are Now Open** – The application period for the 2024 Scaife Medical Student Fellowship in Substance Use Disorders is live now through **Sunday, February 18, 2024**. The Fellowship offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. The program will consist of one week virtual learning and two weeks of in-person, experiential learning in Pittsburgh, PA. [Learn More](#)
5. **HRSA Funding Opportunity: Behavioral Health Integration Evidence Based Telehealth Network Program** – The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the [Behavioral Health Integration \(BHI\) Evidence Based Telehealth Network Program \(EB-TNP\)](#). This program seeks to integrate mental health and substance use disorder (SUD) services into primary care settings through telehealth technology via telehealth networks in rural and underserved communities. The program will award a total of \$8.75 million for up to 25 grantees over five years. Applications are due **March 22, 2024**. Additional details on eligibility can be found [here](#).
6. **HRSA Primary Care Training: Physician Assistant Rural Training in Behavioral Health (due March 15, 2024)** – Only an academically affiliated physician assistant training program accredited by the Accreditation Review Commission on Education for the Physician Assistant (ARC-PA) may apply for this grant opportunity. [Learn More](#)

INFO and RESOURCES

1. **New Stay Informed on the Latest ADHD Treatment Options** – Do you treat patients with ADHD? Check out this latest resource that offers valuable insights on the current ADHD treatment landscape and key findings from the extended-release viloxazine compared with atomoxetine for ADHD study. [Learn More](#)
2. **New Mortality Risk May Be Higher in People with OCD** – People with obsessive-compulsive disorder (OCD) may have a higher risk of mortality, both all-cause and due to natural causes, than individuals without OCD, according to recent population-based cohort study results published in *The BMJ*. [Learn More](#)
3. **New Women with Perinatal Depression May Have a Higher Mortality Risk, Study Finds** – Women with perinatal depression could have an increased mortality risk, particularly due to suicide, regardless of pre-existing psychiatric disorders or familial factors, according to recent results from a matched cohort study published in *The BMJ*. [Learn More](#)
4. **New Study Explores Use of DBS to Treat Severe Opioid Use Disorder** – Allegheny Health Network (AHN) in Pittsburgh, Pennsylvania, announced recently that a multidisciplinary team of physicians has successfully implanted a deep brain stimulation (DBS) device in the brain of a patient with treatment-resistant opioid use disorder (OUD) in December at Allegheny General Hospital. The patient is now receiving ongoing therapy as part of a clinical study

approved by the Food and Drug Administration (FDA). Prior to entering the study, the patient, a 28-year-old male from New York, had experienced nearly 15 opioid overdoses despite multiple medical and rehabilitative treatments. [Learn More](#)

5. **New Harm Reduction Framework** – SAMHSA's Harm Reduction Framework has been finalized and is now live on the SAMHSA website. More tools for saving and improving lives! [Learn More](#)
6. **New Recently Published SAMHSA Tools**
 - **Peers in Recovery Services (2024)** – This new consumer guide offers people with past or current problematic substance use a straightforward exploration of the roles, values, and work environments of professional peer specialists. [Learn More](#)
 - **TIP 64: Incorporating Peer Support Into Substance Use Disorder Treatment Services (2023)** – This TIP supports learning about the key aspects, functions, and uses of Peer Support Services (PSS) in recovery from problematic substance use, which will help providers, supervisors, and administrators in SUD treatment programs better understand and respond to these changes [Learn More](#)
 - **Peers Support Services in Crisis Care (2022)** – This advisory discusses the role of peer support workers and models of peer support services that are available to assist individuals who are experiencing a crisis. Peer support services are a vital component of crisis care. [Learn More](#)
7. **New PTSD Symptoms Double Suicide Mortality Rate in Veterans** – Post-traumatic stress disorder (PTSD) was associated with double the suicide mortality rate for US veterans whose symptoms were not in remission, according to findings published in the *British Journal of Psychiatry*. [Learn More](#)
8. **New Pet Ownership Could Slow Cognitive Decline in Older Adults Living Alone** – Owning a pet could help to slow verbal memory, verbal fluency, and composite verbal cognition decline in older adults living on their own, according to recent prospective cohort study results published in *JAMA Network Open*. [Learn More](#)
9. **New NIH HEAL Initiative Develops First Human Model to Reproduce Overdose and Recovery** – Researchers from the National Institutes of Health's (NIH) Helping to End Addiction Long-term Initiative (HEAL) funded by the National Center for Advancing Translational Sciences (NCATS) developed the first human model to reproduce an opioid overdose and reversal with naloxone in a laboratory. The researchers utilized lab-grown specialized brain cells to mimic the effects of an overdose in response to four different opioids, including fentanyl, and then deployed naloxone to successfully reverse it. [Learn More Here](#) and [Here](#)
10. **New Family Support Is Critical for LGBTQ Youth Mental Health** – LGBTQ youth from homes that don't accept them have an increased risk of depression, suicidal thoughts, substance misuse and STDs. Those who are highly rejected are eight times more likely to make a suicide attempt. [Learn More](#)
11. **New Podcast Launched on Racism, Mental Health, and the Importance of Tough Conversations** – There is a chasm between the momentum of 988 and how it's reaching Black people, said Victor Armstrong, the Chief Diversity Officer at RI International and the former mental health commissioner of North Carolina. "Many people in Black and Brown communities aren't even aware of 988 or the transition from 911 to 988 for mental health and substance use emergencies," he emphasized. For those who know of 988, there's skepticism on how a 988 response differs from that of 911. "In the Black community, when we hear about emergency systems, we think of 911 and policing. [Learn More](#)
12. **New Why 988 Should Include Youth-Led Supports** – Schools have historically defaulted to discipline—detention, suspension, expulsion, or police—instead of care for children and adolescents experiencing behavioral health challenges. Also, young people might not feel comfortable sharing their trauma history and issues they're facing with teachers and administrators or may not be aware of how it's affecting their behavior. [Learn More](#)

13. **New Hearing Loss Prevention Could Delay, Prevent Dementia Onset** – Hearing aids could delay or prevent dementia onset, according to a population-based cohort study recently published in the journal *JAMA Otolaryngology Head & Neck Surgery*. [Learn More](#)
14. **New Fact Sheet: Promoting Resilience and Emotional Health for Children, Youth, & Families with Positive Childhood Experiences (PCEs)** – Positive childhood experiences (PCEs) refer to the everyday interactions, activities, and relationships that contribute to a child's overall well-being and emotional health. This fact sheet offers culturally appropriate and trauma-informed strategies that promote PCEs and increase the emotional resilience of children, youth, and families. [Learn More](#)
15. **New Assessment of the Impact of Social Media on the Health and Wellbeing of Adolescents and Children** – Social media is an important part of the lives of adolescents and children. Increased access to and use of social media has raised concerns among parents, physicians, public health officials, and others about the impact on the mental and physical health and wellbeing of youth. This study will examine the current research and make conclusions about the impact of social media on the mental and physical health and wellbeing of adolescents and children. The study will also explore ways in which product design of social media (e.g. consumer retention strategies, data profiling) impact the mental health and wellbeing of youth. [Learn More](#)
16. **New Youth Suicide Current Trends and the Path to Prevention** – This report explores the data on youth mental health and suicide, outlining the extent of the problem, investigating contributing factors, and proposing effective, evidence-based action to reduce suicide risk for all of our nation's teens and young adults. [Learn More](#)
17. **New Children and Adolescents with Suicidal Ideation and the Emergency Department** – Pediatric mental health clinicians and treatment facilities are critically overburdened, delaying access and resulting in increased emergency department (ED) use for mental health concerns. [Learn More](#)
18. **New Higher Suicide Behavior Risk Found for Women with Perinatal Depression** – A recent study found that women with clinically diagnosed perinatal depression (PND) had a 3 times higher risk of suicidal behavior compared to mothers without PND. The highest risk was for mothers with postnatal depression and during the first year after diagnosis. [Learn More](#)
19. **New Rising Suicide Rate Among Hispanics Worries Community Leaders** – The suicide rate for Hispanic people in the United States has increased significantly over the past decade. The trend has community leaders worried, even elementary school-aged Hispanic children have tried to harm themselves or expressed suicidal thoughts. [Learn More](#)
20. **New 988-Hotline Counselors Air Concerns: More Training Needed to Juggle a Mix of Calls** – Some counselors said they had received training only in talking to people experiencing suicidal thoughts and not how to deal with other mental health issues, such as anxiety attacks, substance intoxication and withdrawal, and mood disorders. They said they had not been prepared for the wide range of calls of varying levels of intensity they would face. [Learn More](#)
21. **New Prevention Over Punishment: Finding the Right Balance of Civil and Forensic State Psychiatric Hospital Beds** – The number of state psychiatric hospital beds for adults with severe mental illness has continued to decline to a historic low of 36,150, or 10.8 per 100,000 population in 2023, with a majority of state hospital beds occupied by people who have been committed to the hospital through the criminal legal system. This strategy of prioritizing admission of forensic patients effectively creates a system where someone must be arrested to access a state hospital bed in many states. As the number of state hospital beds continues to decline, finding the right balance of civil and forensic beds is critical. This resource delves deeply into the research and data relevant to making responsible policy choices implicating the right balance. [Learn More](#)
22. **New Trauma, Severe Stress in Childhood Linked to Criminal Legal Involvement in Next Generation** – A study led by UCLA researchers found that the children of parents who experienced adverse childhood experiences (ACEs)– such as abuse, neglect, violence in the home, or loss of a parent – are at increased risk of arrests and convictions by young adulthood. The authors report that their findings suggest that there is a crucial need for prevention of ACE

exposure in the first place, as well as efforts to mitigate the impact of ACEs before they have downstream impacts on the next generation of children who are not yet born. [Learn More](#) The full study appears in [JAMA Network Open](#).

23. **New SAMHSA Celebrates 20th Prevention Day, Releases Updated Overdose Prevention and Response Toolkit** – SAMHSA’s updated Overdose Prevention and Response Toolkit provides guidance to a wide range of individuals on preventing and responding to an overdose. The toolkit also emphasizes that harm reduction and access to treatment are essential aspects of overdose prevention. The toolkit provides guidance on the role of opioid overdose reversal medications, including naloxone and nalmefene, and how to respond to an overdose. [Learn More](#)
24. **New SAMHSA Releases Peer Support Recovery Guide** – SAMHSA’s recently released consumer guide titled How Can a Peer Specialist Support My Recovery From Problematic Substance Use? offers people with problematic substance use a how-to resource about working on recovery with a peer specialist. Peer specialists have long worked at recovery-focused community organizations; they can now often be found in substance use disorder treatment programs and other settings. [Learn More](#)
25. **New Center for Health Care Strategies Monthly Update** – Includes resources on Understanding New Federal Guidance on Medicaid Coverage of Health-Related Social Needs Services, Opportunities to Promote Medications for Opioid Use Disorder in Federally Qualified Health Centers, and Adopting Trauma-Informed Care in Rural Areas: Lessons from a Community Behavioral Health Partnership in Pennsylvania. [Learn More](#)

TRAINING OPPORTUNITIES

1. **Introductory/Refresher Virtual SBIRT Training** – For administrators or clinicians who are new to SBIRT or looking for a refresher. Participants will learn how SBIRT fits in the context of health and providing whole-person, integrated and trauma informed systems of care; the use of evidence-based screening tools for adolescents and adults to identify risk levels of alcohol and drug use; the role of brief interventions to increase engagement, elicit behavior change and reduce counterproductive discussions; and referral/treatment best practices for managing and supporting people with substance use disorders. **Monday, February 12, 2024, 1pm-4pm CT.** [Register](#)
2. **The Next Step in Suicide Prevention** – It is important for the industry to move to the next step in suicide prevention and quality care, to grow our understanding of why people die by suicide, continually improve our ability to recognize imminent risk and systematically utilize practical tools and strategies for prevention. This webinar addresses those elements and how to access a related free program of in-depth online video training and resources for behavioral healthcare providers created by Dr. Thomas Joiner and the Mental Health Risk Retention Group. **Tuesday, February 13, 2024, 12pm-1pm CT.** [Register](#)
3. **Mobile Crisis and Community Partnering Webinar 2: Establishing mobile crisis teams as trusted partners in communities of Service Members, Veterans, and their Families (SMVF)** – SMVF communities experience high rates of suicide and often widespread mistrust in organizations due to fear of repercussions within rank, firearm removal, stigma, and lack of military cultural competence among providers. This webinar identifies techniques for mobile teams to make effective and robust connections within the community to both reach SMVF and make post-crisis referrals. **Tuesday, February 13, 2024, 12:00pm CT.** [Register](#)
4. **Motivational Interviewing** – This training will give you a framework for understanding an individual’s motivation and resolve ambivalence by enabling people to recognize their own patterns, own their personal outcomes and understand the means by which they will achieve those goals. Clinicians and behavioral health staff utilize motivational interviewing to attend to clients and staff needs in a person-centered way. **1310 Papin Street, St. Louis, MO, Wednesday, February 14, 2024, 9:00am-4:00pm CST.** [Register](#)

5. **Navigating the Competency to Stand Trial System for Individuals with Intellectual and Developmental Disability (IDD)** – This webinar will discuss considerations related to the IDD population regarding raising the question of competence, competency evaluations, and competence restoration processes. The presenter will provide information to help attorneys and other criminal justice professionals more appropriately distinguish between IDD and competency issues related to mental disorders and advocate for necessary supports for this population. This webinar will also present ways that competency restoration programs may be tailored for individuals with IDD to meet their specific needs. **Thursday, February 15, 2024, 12:30pm-2pm CT.** [Register](#)
6. **How to Improve Your Grant Writing Skills, Live Online** – Grant writing is a competitive endeavor, and many agencies approach the task poorly prepared. You will be given an overview of the federal agencies and private foundations that regularly offer funding and learn how to evaluate which grants to apply for. The different sections of a grant application and what content should be covered in each section will be described. The program will finish with 20 tips to improve grant writing skills, which will include common mistakes grant writers make and how to avoid them. If you are a social worker, program administrator, program manager, or anyone at an agency who expects to apply for funding to start a new program or expand an existing one or otherwise seek external funding to improve the services you offer, enroll in this program to learn how to make your grant application more competitive. **Thursday, February 15, 2024, 1pm-4pm CT.** [Register](#)
7. **Certified Peer Specialist Training** – The Credentialing board heard that agencies are needing to get more peers trained sooner, so an additional training has been added on **February 19-23, 2024**. In order to register for the training, agencies need to register the staff for the first available training they can get into online at www.mopeerspecialist.com, currently it will be a March training. Once the person is registered, they can contact Kim Crouch at Kimberly.crouch@missouricb.com or Lori Franklin at Lori.Franklin@dmh.mo.gov about getting the person bumped up to the February class. Depending on how many people they get registered over the next week or so, they may open it up for online registration. If the agencies have enough to fill the training they will be prioritized for this group.
8. **6-Session Support Aging in Place: Older Adult Peer Support Training** – This training is designed to promote rapid uptake of digital peer support and is designed specifically to address the needs of older adults, including evidence-based principles associated with normal aging and technology, accessing and engaging older adults in technology-based recovery services, resources to age in place, aging successfully, education on whole health, sharing your lived experience of aging with mental health and/or co-morbid physical health challenges, and defining values and setting goals. **Please note that in order to receive a certificate of attendance you must attend all 6 sessions.** **Tuesdays February 20, 2024 – March 26, 2024, 12pm-2pm CT.** [Register](#)
9. **Join the Southeast MHTTC** in a two-part webinar office hour series that will provide overviews of how to identify and support anxiety in autistic students and how to apply these strategies within case studies. Click on each session title below for more information and to register.
 - Supporting Autistic Students in the Classroom with Anxiety: Your Questions Answered Part II, **Wednesday, February 21, 2024, 11 CT.** [Register](#)
10. **Recognizing the Signs & Symptoms of Mental Illness** – The general population often has limited knowledge and misconceptions regarding behavioral health disorders in both children and adults. This can lead to increased stigma surrounding behavioral health disorders as well as delayed treatment. For many individuals with behavioral health disorders, delaying treatment may lead to an increase in symptom severity, an increase in risk factors for safety, and a lower general quality of life. By educating health workers, educators, practitioners, and the general public, it is the hope that the community can begin to combat the stigma against behavioral health disorders and support those experiencing symptoms in getting connected to the resources and interventions they deserve. **1310 Papin Street, St. Louis, MO, Wednesday, February 21, 2024, 9:00am-12:00pm CST.** [Register](#)

11. **New BHST/VIC Virtual Trainings** – The Office of Disaster Services will be hosting virtual trainings for the Behavioral Health Strike Team-Victim's Information Center volunteers throughout the start of 2024. Select dates you would like to attend – [Register](#)
 - **Planning for Memorials and Anniversaries** – *Wednesday, February 21, 2024 12pm-1:30pm CT.*
 - **Chronic Cyclical Disaster Model** – *Wednesday, February 28, 2024 2pm-3:30pm CT.*
 - **Community Violence & School Shooting Events** - *Wednesday, March 13, 2024 10am-11:30am CT.*
 - **Caring for Children in Disasters** – *Monday, April 1, 2024 10am-11:30am CT.*
 - **Addressing Grief** – *Tuesday, April 9, 2024 1pm-2:30pm CT.*
12. **New Management of Stimulant Use Disorder Webinar Series: Management of Stimulant Intoxication and Withdrawal** – This 1-hour, live webinar will summarize recommendations on management of stimulant intoxication and withdrawal from ASAM/AAAP Clinical Practice Guideline on the Management of Stimulant Use Disorder. The webinar will include discussion of a case scenario and a question-and-answer session. The target audience for this webinar series includes physicians, advanced practice providers (i.e., nurses, nurse practitioners, and physician assistants), and addiction educators. *Wednesday, February 21, 2024, 2pm-3pm CT.* [Register](#)
13. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment.
 - *Thursday, February 22, 2024, 11am-3pm CT.* [Register](#)
 - *Wednesday, May 22, 2024, 11am-3pm CT.* [Register](#)
14. **Ethical Recovery Support Service Guidelines** – Topics such as morals, values, healthy boundaries and governing behaviors pertinent to work as a recovery support service provider will be explored in this session. The engaging conversation will help you see how federal, state and local laws intersect with your personal core values and impact your organization and community. *Thursday, February 22, 2024, 1pm-2pm CT.* [Register](#)
15. **New Personal Safety & De-Escalation for Helping Professionals** - The personal safety of social workers is a vital part of our practice. This workshop will empower social workers to develop situational awareness and consider best practices for safety in the office and in the field. Case studies will highlight the importance of safety considerations and provide learners with the opportunity to critically analyze their personal and agency safety protocols. De-escalation strategies will be presented as a first line intervention to defusing challenging situations. *Thursday, February 22, 2024, 1pm-4pm CT.* [Register](#)
16. **Pediatric Integration Webinar Series** – Interested in learning more about how to advance pediatric integration? Join this webinar series on strategies for addressing the youth mental health crisis through integrated, equitable, person-centered care.
 - [Part 4: Young Adults Integration Opportunities](#) (*Thursday, February 29, 2024, 1pm CT*)
17. **Mastering the Art of Reading & Grasping a Meta-Analysis Webinar** – As evidence-based practitioners, we must stay on top of research and there's no greater feeling than finding a recent meta-analysis on your topic. But meta-analyses vary in how they find, organize, and analyse information. Meta-analyses also report different statistics and graphs than you normally see in other studies. This training is for anyone who reads meta-analysis papers. Participants will learn key concepts to comprehend and critically evaluate the information presented in a meta-analysis. People with stats-anxiety in particular are encouraged to attend. We will apply our learning by using recently published meta-analyses in the field of sexual offending. *Thursday, February 29, 2024, 9:30am-12:30pm CST.* [Register](#)

18. **New The 20 Smartest Things Counselors and Programs Can do to Promote Recovery** – In this presentation you will learn 20 smart things you can do to help facilitate recovery from mental illness and substance use disorders. Topics covered include: incorporating lessons from science into recovery; what the best programs do to help facilitate recovery; lessons from history; becoming more evidence based; lessons from cancer treatment applied to behavioral health recovery; addressing co-occurring conditions; a public health approach to recovery; utilizing peers and breaking intergenerational patterns. **Thursday, February 29, 2024, 1pm-4pm CT.** [Register](#)
19. **New Individualized Educational Program (IEP) Training** – This training is a walk-through of the IEP process and an exploration of the different sticking points for parents and/or guardians. Handouts will be provided to audience through email ahead of the training. Audience members will learn the IEP process, areas of concerns for parents, best practices to support parents, timeframes and necessary documentation. *Continuing education available.* **Monday, March 4, 2024, 9am-1pm CT.** [Register](#)
20. **State Peer to Peer Learning Session: Facilitating Care Across the Crisis Continuum – Children's Crisis Services** – This series of State Peer to Peer Learning Sessions will focus on behavioral health crisis services across the service continuum. This second session will highlight youth crisis receiving and stabilization programs and work underway to help divert children from Emergency Departments and keep with their families/caregivers. **Monday, March 4, 2024, 2pm-3:30pm CT.** [Register](#)
21. **WRAP Facilitator Training** – Five-day facilitator training on WRAP. Participants in this training course are given the Facilitator Training Manual: Mental Health Recovery, including the WRAP curriculum, and will learn how to use this manual to facilitate WRAP groups and workshops using techniques that support a core set of values and ethics. This training is for anyone who has completed the Seminar I Wrap Training. **MBHC, 2401 East McCarty Street, Jefferson City, Monday-Friday, March 4-8, 2024, 8am-5pm CT.** [Register](#)
22. **2024 Forensic Summit** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council brings this training opportunity to you in person. The Summit will host many versatile speakers from around the state to provide the most current information on forensic mental health. **Columbia, MO, Tuesday-Thursday, March 5-7, 2024** [Register](#)
23. **New Management of Stimulant Use Disorder Webinar Series: Behavioral Treatments for Stimulant Use Disorder** – This 1-hour, live webinar will summarize recommendations on behavioral treatments for stimulant use disorder from ASAM/AAAP Clinical Practice Guideline on the Management of Stimulant Use Disorder. The webinar will include discussion of a case scenario and a question-and-answer session. The target audience for this webinar series includes physicians, advanced practice providers (i.e., nurses, nurse practitioners, and physician assistants), and addiction educators. **Wednesday, March 6, 2024, 2pm-3pm CT.** [Register](#)
24. **Mobile Crisis and Community Partnering Webinar 3: Creative Solutions for Mobile Crisis Teams to Effectively Engage with Rural and Frontier Communities** – With some estimates of farmer and rancher suicide rates being between $\frac{1}{4}$ - $\frac{1}{3}$ higher than other occupations and with overall rates of suicide higher in rural communities than urban, it is vital for crisis teams to reach and effectively engage with rural and frontier communities. This session provides practical strategies. **Tuesday, March 12, 2024, 12:00pm CT.** [Register](#)
25. **DBT Lunch and Learn: How to Think Like an Adherence Coder: The DBT AC-I in Practice** - The Department of Mental Health and Missouri Behavioral Health Council are excited to offer this learning opportunity. This virtual event is open to all and is not strictly reserved for DBT providers. It will provide a brief overview of the development of the DBT AC-I, including core therapeutic strategies that are used to evaluate adherence, as well as tips and tricks for reviewing sessions with an eye towards adherence. **Thursday, March 14, 2024, 12pm-1pm CT.** [Register](#)
26. **New Social Current: Closing the Gap—Addressing Racial Disparity in Licensure Exam Rates** – Every year, the human services sector experiences a staggering loss of licensure-track therapists from its workforce due to candidates struggling to pass licensure exams. In addition, there is a large racial disparity in outcomes. Pass rates for Black-identifying test takers are more than 30% lower than for white-identifying test takers. In addition to discussing this

critical issue that negatively impacts therapists, organizations, and communities, this session will provide strategies for increasing pass rates and ensuring an even distribution of educational and exam preparation resources to promote equity in standardized exams. **Thursday, March 14, 2024, 12pm-1pm CT.** [Register](#)

27. **New Hardwired for Fear and Connection: The Intersection of Brain Science and Equity** – Our brains are designed to keep us safe, constantly monitoring our surroundings and putting up “fight or flight” barriers when we experience things that are new or different. Yet, we are also social beings, craving connection and belonging. What happens in our brains and in our bodies when we experience diversity, bias, and racism? And how do we apply brain-based strategies to ensure we don’t let fear and discomfort hinder our ability to build relationships? Three-part virtual learning opportunity. **Tuesdays, March 19, April 16 and May 7, 2024, 12pm-3pm CT.** [Register](#)
28. **New National Organization for Victim Assistance (NOVA) Basic and Advanced Training** – The Department of Mental Health Office of Disaster Services is offering these trainings free to everyone who is already a member of the Behavioral Health Strike Team (BHST) OR those that have an interest in joining. You are invited to include anyone at your agency who may be someone you would ask to deploy if a disaster happens in your community. **Basic NOVA Training must be completed before Advanced NOVA Training. The only basic training on the calendar currently is in Springfield, MO on March 19-21.** Contact the DMH Office of Disaster Services for more information.
- **NOVA Basic Training – Springfield, MO, Tuesday-Thursday, March 19-21, 2024, 8am-5pm CT.** Must be taken before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – Jefferson City, MO, Tuesday-Thursday, June 4-6, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – St. Peters, MO, Tuesday-Thursday, June 18-20, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – Springfield, MO, Tuesday-Thursday, July 9-11, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
29. **New Management of Stimulant Use Disorder Webinar Series: Medication Management for Stimulant Use Disorder** – A This 1-hour, live webinar will summarize recommendations on medication management for stimulant use disorder from ASAM/AAAP Clinical Practice Guideline on the Management of Stimulant Use Disorder. The webinar will include discussion of a case scenario and a question-and-answer session. The target audience for this webinar series includes physicians, advanced practice providers (i.e., nurses, nurse practitioners, and physician assistants), and addiction educators. **Wednesday, March 20, 2024, 2pm-3pm CT.** [Register](#)
30. **Virtual SPARCS Learning Collaborative Cohort #3 (Virtual Only)** - Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) is an evidence-informed group therapy intervention recommended by the National Child Traumatic Stress Network and the Illinois Department of Children and Family Services. SPARCS is also being incorporated into schools’ plans for Positive Behavioral Intervention & Supports. SPARCS is used in a variety of treatment delivery settings, including community-based programs, schools, outpatient clinics, shelters, residential, and juvenile justice settings.
- **Learning Session #2, Wednesday-Friday, March 20-22, 2024, 8:30am-12:30pm** [Register](#)
31. **Anxiety and OCD in Kids and Teens** – Learn from McLean Hospital and Harvard Medical School experts how best to support the young people and their families who come to you for help with anxiety. This course will delve into the realities of these conditions in children and teenagers, explore the crucial role that adults play in supporting young individuals, examine effective methods of recognizing and diagnosing various conditions affecting this population, and finally, discuss what effective, modern treatment looks like for those who require it. **Thursday, March 21, 2024, 9am—1:30pm CDT.** [Register](#)

32. **New ADHD – A Need for Family Focused Treatment with Minors** – The American Academy of Pediatrics and American Academy of Children and Adolescent Psychiatry encourages a parenting focus when working with youth. This course was developed to help fellow clinicians grow their knowledge base on ADHD, the reasons for a family-based approach and guide them on strategies to help incorporate families into the clinical space. **Friday, March 22, 2024, 8am-12pm CT.** [Register](#)
33. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment.
- **Wednesday, March 27, 2024, 11am-3pm CT.** [Register](#)
 - **Wednesday, April 24, 2024, 11am-3pm CT.** [Register](#)
34. **Missouri Crisis Intervention Team Conference (10th Anniversary)** – The Missouri Crisis Intervention Team (MO CIT) Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The Missouri Behavioral Health Council has approved this program for behavioral health continuing education contact hours and POST hours. MBHC will be responsible for this program and maintain a record of your continuing education hours earned. **Margaritaville Lake Resort, Osage Beach, MO, Monday-Wednesday, April 1-3, 2024.** [Register](#)
35. **2024 MO Association of Treatment Court Professionals Conference** – Registration for the 2024 MO Association of Treatment Court Professionals Conference is open. The 26th Annual Treatment Court Conference program can be found here: [MATCP-Registration-2.pdf \(motreatmentcourts.org\)](#) Electronic conference applications can be found here: [2024 MATCP Conference – Missouri Association of Treatment Court Professionals \(motreatmentcourts.org\)](#). **Branson, MO, Wednesday-Friday, April 10-12, 2024.**
36. **NatCon24** – This is THE event in mental health and substance use treatment. NatCon24 is more than a conference! NatCon24 connects you with the most in-demand audiences in our field – from influencers and decision-makers to advocates and executives. **St. Louis, MO, Monday-Wednesday, April 15-17, 2024.** [Register](#)
37. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, May 9-10, 2024 (VIRTUAL) and Thursday-Friday, August 29-30, 2024 (Virtual).** [Register](#)
38. **Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours.
- **May 13, 14, 15, 2024, 9am-5pm CT.** [Register](#)
39. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT.** [Register](#)

40. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT.** [Register](#)
41. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is "*Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities.*" **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)
42. **2024 Crisis Conference (Save the Date)** – **Holiday Inn Executive Center, Columbia, MO, June 24-25, 2024.**

RECURRING TRAINING OPPORTUNITIES

1. **New HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
2. **New Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
3. **Harm Reduction Trainings** – Harm Reduction Trainings – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. **Registration is open for training dates in February, March and April**, including some evening and weekend options, and organizations looking for additional opportunities can request training via our new training request form. [Learn more and register here.](#)
Training offerings include:
 - **Foundations of Harm Reduction**
 - **Harm Reduction In Practice**
 - **Overdose Education and Naloxone Distribution (OEND)**
 - **Intramuscular (IM) Naloxone Use**
 - **Stimulant Education: Harm Reduction & Overamping**
 - **Fentanyl Test Strips 101**
 - **Specialty Peer Integration Training (online, self-paced)**
 - **Wound Care for Non-Clinicians (online, self-paced)**

4. **2024 Spring Zoom Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **February 16, 2024, 1pm-4pm CT**
 - **March 8, 2024, 9am-12pm CT**
 - **March 8, 2024, 1pm-4pm CT**
 - **March 15, 2024, 1pm-4pm**
 - **March 29, 2024, 9am-12pm CT**
 - **March 29, 2024, 1pm-4pm CT**
 - **April 19, 2024, 9m-12pm CT**
 - **April 26, 2024, 1pm-4pm CT**

5. **2024 Spring LIVE Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **February 23, 2024** – Missouri Chamber of Commerce, 428 E. Capitol, Jefferson City, MO, **9am-4pm CT**.
 - **March 22, 2024** – Springfield Recovery Community Center, 1925 Bennett Street, Springfield, MO, **9am-4pm CT**.

6. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **February 26-28, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **March 18-20, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **April 22-24, 2024 8am-5pm** - Location: Splitlog Baptist Church 3670 Splitlog Rd, Goodman, MO
 - **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
 - **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO

7. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
 - **Wednesday, February 28, 2024, 3pm-4:30pm PT** – Trauma-Informed Care Meets Healing-Centered Care [Register Session 1](#)
 - **Wednesday, March 27, 2024, 3pm-4:30pm PT** – Challenging Oppression in Healing Work [Register Session 2](#)
 - **Wednesday, April 24, 2024, 3pm-4:30pm PT** – Uplifting Culturally Sustaining Practices in Substance Use Prevention [Register Session 3](#)
 - **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)

8. **Updated PREPaRE** – PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email YSTraining@BurrellCenter.com the dates you wish to attend.
P—Prevent and prepare for crises

R—Reaffirm physical health & welfare, and perceptions of safety & security

E—Evaluate psychological trauma risk

P—Provide interventions

a—and

R—Respond to mental health needs

E—Examine the effectiveness of crisis preparedness

- **March 6 and 7, 2024** – Cape Girardeau
- **March 12 and 13, 2024** – Kirksville (almost full)

- 2024 Regional WRAP Training – WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
 - **March 14-15, 2024** - Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
 - **April 25-26, 2024** - Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - **May 2-3, 2024** – New MBHC temporary location, 2401 East McCarty, Jefferson City, MO 65109
- New Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **March 28, 2024, 2pm CT**
 - **May 30, 2024, 2pm CT**
 - **July 25, 2024, 2pm CT**
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
- Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. CEs are included. [Register](#)
 - **April 18, 2024:** Using the DM-ID, 2 as a Clinical Resource
 - **April 25, 2024:** IDD and chronic health conditions, physical health care advocacy: sharing information with providers
 - **July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
 - **July 31, 2024:** Wellness and Aging
 - **October 8, 2024:** SUD and IDD
 - **October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
- MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. [Register](#)
 - **May 13-14, 2024, 8am-2pm CT.**
- Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)

14. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
 15. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
 16. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
 17. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
 18. **Peer Supervision Training** – **converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
 19. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
 20. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
 21. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)
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Missouri Master Plan on Aging Town Hall events are listed on the following page.

MISSOURI MASTER PLAN ON AGING TOWN HALL *Events*

SPONSORING AGENCY	DATE	TIME	LOCATION
AGING BEST	2/26	9-11 AM	AGING BEST 2027 CHRISTY DR JEFFERSON CITY
CARE CONNECTION	2/27	2-4 PM	WARRENSBURG COMMUNITY CENTER 445 E GAY ST WARRENSBURG
YOUNG AT HEART	2/28	9-11 AM	EAST HILLS LIBRARY THEATER ROOM 502 N WOODBINE RD ST JOSEPH
NORTHEAST MISSOURI AREA AGENCY ON AGING	2/29	2-4 PM	MONROE CITY NUTRITON CENTER 314 S MAIN ST MONROE CITY
MID-AMERICA REGIONAL COUNCIL/ SHEPHERD'S CENTER KC	3/1	9 AM-12 PM	KAUFFMAN FOUNDATION CENTER 4801 ROCKHILL RD KANSAS CITY
AGING AHEAD	3/5	9-11 AM	MARYLAND HEIGHTS COMM CENTER 2300 MCKELVEY RD MARYLAND HEIGHTS
ST LOUIS AREA AGENCY ON AGING	3/5	12:30-2:30 PM	O'FALLON PARK REC COMPLEX 4343 W FLORISSANT AVE STL
AGING MATTERS	3/6	2-4 PM	SHOW ME CENTER 1333 N SPRIGG ST CAPE GIRARDEAU
SENIORAGE	3/7	2-4 PM	SOUTHSIDE SENIOR CENTER 2215 S FREMONT AVE SPRINGFIELD
REGION X AREA AGENCY ON AGING	3/8	2-4 PM	JOPLIN SENIOR CENTER 2616 S PICHER AVE JOPLIN



WE WANT TO KNOW THE NEEDS OF OLDER ADULTS, ADULTS WITH DISABILITIES, AND CAREGIVERS IN YOUR AREA. JOIN A TOWN HALL MEETING. SHARE YOUR INPUT.

