

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance ***March 15, 2024***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New Budget Update for this week:** Thursday, March 14, 2024, the House Budget Committee convened to hear the chair's recommendations. The House Budget Committee will hold their markup session, where other members can offer amendments, on Monday, March 25, 2024, at 10:00, they are currently on spring break until then. Staff are currently working on impact statements. The chair's, Representative Cody Smith, recommendations are listed below:

DMH Operating Budget – HB 10

- Added \$300,000 as one time funding for Substance Use Prevention for Youth
- Added \$1,000,000 as one time funding for Prevention
- Reduced the NDI for Inflationary Medication Increase (\$1,038,019)
- Changed the \$8M for Naloxone distribution from on-going as one time
- Reduced the NDI for St. Louis Opioid Overdose Reduction Initiative (\$1,113,000)
- Reduced the NDI for Addiction Fellowships (\$1,304,370)
- Reduced the NDI for CCBHO Federal authority for moving from SPA to Demo (\$4,206,605)
- Reduced the NDI for BHCC operating costs (\$7,216,130)
- Reduced the NDI for BH/DD operating costs (\$4,228,140) – moved this to HB 20
- Added \$500,000 as one time funding for EPICC
- Added \$500,000 as one time funding for Comprehensive Assessment of MH Services
- Reduced \$76,500 and 1.00 FTE from SUD Administration
- Changed the 988 Crisis Response Grant to one time funding
- Reduced federal authority for Recovery Support Providers (\$1,200,000)
- Added \$2,000,000 to the Recovery Community Centers NDI making it a total of \$3.2M
- Created a new HB for Recover but the language says its Recovery Community Centers
- Reduced funding for CSTAR (\$9,659,629) this matches the NDI related to expanding OTP services.
- Reduced the NDI for CCBHO MEI of 2.86% (\$17,969,542)
- Reduced the NDI for Utilization Increase (\$12,043,722)

ARPA – HB 20

- Added \$4,228,140 for BH/DD operations
- Added \$11,000,000 for Housing for Homeless in Springfield

2. **New Centers for Medicare and Medicaid (CMS) approved Missouri's application for a Substance Use Disorder (SUD) 1115 Demonstration Waiver effective for dates of service on or after January 1, 2024.** The Missouri 1115 SUD Demonstration Waiver allows Missouri to provide Medicaid reimbursement for medically necessary residential SUD services in facilities qualifying as an Institution for Mental Disease (IMD). Facilities with 25 beds or less may be eligible for the waiver.

- Guidance for Certified Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs or other Entities Interested in Participating in the Substance Use Disorder 1115 Demonstration Waiver can be found here: [SUD link](#)
- 3. **New Maternal Health Access Project** – MHAP is a statewide perinatal psychiatry access program designed to give health care providers the resources they need to confidently identify and manage their patients’ perinatal mental and behavioral health conditions. [Enroll](#)
- 4. **New Diabetes Prevention Program (DPP)** – The MO HealthNet Division has a DPP for eligible adult participants. These services are CDC recognized DPP services for at risk individuals, intended to prevent Type-2 Diabetes or delay the progression. [Learn More](#)
- 5. **New** As of April 1, 2024, **Family Support Providers (FSP) will be able to bill H0038 HA for individuals enrolled in Adult CPR**. FSPs have been able to bill for ages 12-25 in CPS Youth CPR but now agencies can be reimbursed for FSPs providing services for emerging adults who are enrolled in Adult CPR up to age 25. The FSP service consists of helping individuals connect with others and their communities at large in order to develop a network for information and support; sharing lived experiences of recovery, sharing and supporting the use of recovery tools, and modeling successful recovery behaviors.
- 6. **Update on Administrative Rules** – The following regulations are published in the February 29, 2024, issue of the [Code of State Regulations](#) and will be effective **March 30, 2024**:

9 CSR 30-3.192 Comprehensive Substance Treatment and Rehabilitation (CSTAR) Program for Adolescents (updates terminology and general requirements for adolescent CSTAR programs including age criteria, notification procedures for registered offenders and juvenile sex offenders, eligibility criteria, treatment principles, education, and services provided in schools)

9 CSR 40-4.001 Program and Staffing Requirements/IRTS/PISL (updates terminology, clarifies staff supervision requirements, and adds a provision to allow a LPN to provide nursing oversight and coordination)

9 CSR 40-6.001 Provider Requirements and Program Structure/Family Living Arrangements (adds dietary requirements)

The Division of Behavioral Health is accepting comments on proposed [Core Rule 9 CSR 10-7.140 Definitions and Staff Qualifications](#). Questions and comments should be submitted to debbie.mcaine@dmh.mo.gov by **March 20, 2024**.

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Accountant

The Division of Administrative Services Accounting Unit is a multi-faceted unit and provides growth and opportunities for development. **Must apply by March 20, 2024** [Learn More and Apply!](#)

Intermediate Accountant

The Division of Administrative Services Accountant Unit is a multi-faceted unit and provides growth and opportunities for development. **Must apply by March 31, 2024** [Learn More and Apply!](#)

FUNDING OPPORTUNITIES

1. **HRSA Forecasted Funding Opportunities** – [Learn More](#)
2. **HRSA Funding Opportunity: Behavioral Health Integration Evidence Based Telehealth Network Program** – The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the [Behavioral Health Integration \(BHI\) Evidence Based Telehealth Network Program \(EB-TNP\)](#). This program seeks to integrate mental health and substance use disorder (SUD) services into primary care settings through telehealth technology via telehealth networks in rural and underserved communities. The program will award a total of \$8.75 million for up to 25 grantees over five years. **Applications are due March 22, 2024.** Additional details on eligibility can be found [here](#).
3. **HRSA Funding Opportunity: Licensure Portability Grant Program** – The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the Licensure Portability Grant Program (LDGP). The LPGA seeks to support innovative multi-State collaborations to enable licensed health care professionals to provide physical health and mental health and substance use disorder (SUD) services through telehealth. Specifically, the LPGA's objective is to: "...provide support for state professional licensing boards to carry out programs under which licensing boards of various states cooperate to develop and implement state laws and related policies that will reduce statutory and regulatory barriers to telehealth." HRSA will provide Competing Continuation Awards of up to \$100,000 per award, per year for a 5-year period of performance or New Awards of up to \$150,000 per award. HRSA is also including a special consideration for multi-State licensure collaboratives focused on Licensed Clinical Social Workers. **Applications are due April 8, 2024.** Additional details on eligibility and how to apply can be found [here](#).
4. **SAMHSA Funding Opportunity: Screening, Brief Intervention, and Referral to Treatment** – SAMHSA announced a new funding opportunity for the Screening, Brief Intervention, and Referral to Treatment (SBIRT) program. This program is designed to help States implement the SBIRT public health model for children, adolescents, and/or adults in primary care and community health settings and schools with a focus on underage drinking, opioid use, and other substance use. Ultimately, the program aims to support the expansion of clinically appropriate services for people at risk or diagnosed with substance use disorder (SUD) by promoting the adoption of SBIRT into routine healthcare for a system-level approach to reduce alcohol and other drug consumption. SAMHSA will provide up to 10 awards of up to \$995,000 per year, per award, for up to 5 years for total program funding of \$9,950,000. **Applications are due April 12, 2024.** Additional details on eligibility and how to apply can be found [here](#).
5. **New SAMHSA Funding Opportunity: First Responders – Comprehensive Addiction and Recovery Act** – This grant program is designed to support first responders and members of other key community sectors on training, administering, and distributing naloxone and other FDA-approved overdose reversal medications or devices. **Applications are due Monday, April 15, 2024.** Additional details on eligibility and how to apply can be found [here](#). The Notice of Funding Opportunity (NOFO) for the First Responders – Comprehensive Addiction and Recovery Act program can be found [here](#).
6. **New SAMHSA Funding Opportunity: Provider's Clinical Support System – Universities** – This grant program aims to expand substance use disorder (SUD) education to ensure that graduate-level healthcare students receive training on how to identify and treat SUD in mainstream healthcare upon graduation. **Applications are due Monday, April 15, 2024.** Additional details on eligibility and how to apply can be found [here](#). The Notice of Funding Opportunity (NOFO) for the Provider's Clinical Support System – Universities program be found [here](#).
7. **CDC Funding Opportunity: Drug-Free Communities (DFC) Support Program** – The Centers for Disease Control and Prevention (CDC) recently announced a new funding opportunity for the fiscal year (FY) 2024 Drug-Free Communities (DFC) Support Program - NEW (Year 1). The DFC Support Program is designed to strengthen collaboration among community coalitions working to prevent youth substance use and build safe, healthy, and drug-free communities. CDC will provide up to 100 awards of up to \$125,000 per award, per year for up to 10 years

for total program funding of \$62,500,000. **Applications are due April 17, 2024.** Additional details on eligibility and how to apply can be found [here](#).

8. **SAMHSA Funding Opportunities: Prevention Technology Transfer Centers Cooperative Agreements** – SAMHSA announced a new funding opportunity for the Prevention Technology Transfer Centers (PTTC) Cooperative Agreements. The PTTC Cooperative Agreements program aims to maintain and enhance the PTTC Network to provide training and technical assistance services to the substance use prevention field. Recipients will work directly with SAMHSA and across the PTTC Network to improve the implementation and delivery of substance use prevention interventions with a focus on equity for underserved, under-reached populations. SAMHSA will provide up to 11 awards of up to \$739,529 per award, per year for up to 5 years for total program funding of \$8,134,816. Eligible applicants include domestic public and private non-profit entities. **Applications are due April 24, 2024.** The PTTC Cooperative Agreements Notice of Funding Opportunity (NOFO) can be found [here](#).

INFO & RESOURCES

1. **New Mental Health Peers Are Finally Getting Recognized. They're Still Not Getting Paid Enough** – Employers often place peer support specialists in administrative staff roles, like driving people to and from appointments, said Jessi Davis, former president of the National Association of Peer Supporters and current Senior Program Coordinator of South Southwest Mental Health Technology Transfer Center at the University of Texas at Austin. [Read Article](#)
2. **New CDC Guidance for Community Response to Suicide Clusters, United States, 2024** – This is the third of three reports in the MMWR supplement that updates and expands CDC's guidance for assessing, investigating, and responding to suicide clusters based on current science and public health practice. [Read More](#)
3. **New Seasonal Affective Disorder** – Many people go through short periods where they feel sad or a little different than usual. [Read More](#)
4. **New Digital Toolkit for National Eating Disorders Awareness Week** – Eating disorders are serious and often fatal illnesses associated with severe disturbances in people's eating behaviors and related thoughts and emotions. Help the National Institute of Mental Health (NIMH) raise awareness about eating disorders by sharing information and materials based on the latest research. [Learn More](#)
5. **New Antidepressant Dispensing to US Adolescents and Young Adults: 2016-2022** – Mental health worsened in adolescents and young adults after the COVID-19 outbreak in March 2020, but whether antidepressant dispensing to this population changed is unknown. [Read More](#)
6. **New Request Training & Technical Assistance from SAMHSA Program to Advance Recovery Knowledge (SPARK)** – SAMHSA's Program to Advance Recovery Knowledge (SPARK) is launching new training and technical assistance opportunities to expand recovery supports and services in states, tribes, territories, and communities. [Read More](#)
7. **New New 988 "Reasons to Connect" Social Media Graphics and Language** – Last week, the SAMHSA announced the release of new 988 "Reasons to Connect" social media graphics and language within the [988 Partner Toolkit](#). The following social media resources were added as part of the "Reasons to Connect" promotion:
 - [Reasons to Connect Social Media Post](#)
 - [Examples of Reasons to Connect Social Media Post](#)
 - [Four Reasons to Connect Social Media Post](#)
 - [Reasons to Connect: Video 2](#)
7. **New CDC Study Examines Motivations for Drug and Alcohol Use in Minors** – The study of adolescent drug use motivations among adolescents assessed for substance use disorder (SUD) treatment found that the most commonly reported reason for drug use is stress-related motivations. [Read More](#)

8. **New Resources from the 2023 MHTTC Grief Sensitivity Virtual Learning Institute** – In Spring 2020, the MHTTC Network established the MHTTC Grief, Loss, and Bereavement Coordination Group to create programming and resources to help providers nationwide increase knowledge and cultivate skills to respond to grief, loss and bereavement and prepare for future needs. The group has created [five fact sheets](#) about grief. Additionally, the group designed and developed the [Grief Sensitivity Virtual Learning Institute \(GSVLI\)](#), an online, no-cost learning space designed for frontline workers (mental health and school mental health) supporting individuals experiencing grief and loss through COVID and beyond.
9. **New Young Adults Who Self-Harm May be More at Risk of Psychosis Diagnosis** – Young adults and teenagers who presented to the hospital with self-harm were found to be more likely to receive a psychotic disorder diagnosis later in life, according to recent findings from a cohort study published in the journal Schizophrenia Bulletin. [Read More](#)
10. **New Changes in Same Brain Cells May Underlie Cognitive Impairment in Both Schizophrenia and Aging** – An Ivy League research team has proposed that a similar collection of changes in brain tissue gene activity may underlie the cognitive impairment that often accompanies schizophrenia and aging. [Read more](#)
11. **New Trauma-Informed Approaches & Practices to Steer Into and Through This School Year** – This program offers six learning opportunities through diverse and dynamic workshops, from **March 20 to April 24, 2024**. Click below to access registration for any of these:
 - [A text study of SAMHSA’s new practice guide for trauma-informed work](#)
 - [Designing and implementing trauma-informed bullying interventions](#)
 - [An expiration of Narrative Exposure Therapy](#)
 - [Trauma-informed school counseling practices for pre-service students and in-service providers](#)
 - [Partnering with families and caregivers for student mental health and wellness](#)
 - [Equity-centered coaching so that we as adults experience the support and care we hope to offer our students](#)
12. **New Human Trafficking Prevention for Mental Health Clinicians** - In 2000, the Trafficking Victims Protection Act was passed at the federal level, redefining human trafficking in the United States and initiating new efforts to address human trafficking. Since then, many new federal and state laws, policies, funding streams, and projects have been adopted in an effort to create and support a comprehensive system of care to identify and provide short- and long-term services for children and adults who have experienced human trafficking. Mental health providers are a vital part of that comprehensive system of care. In this on-demand recording, the presenter provides foundational information on human trafficking pertinent to clinicians, discusses identification and reporting considerations, and suggests resources to support this work.
13. **New A Quick Introduction to the Interstate Medical Licensure Compact for Telehealth Providers** – This video is aimed at simplifying the process of acquiring medical licenses across different states for telehealth providers. [Watch](#)
14. **New Treating Sleep Disturbances and Depression Concurrently** – This video walks viewers through a strategy for treating sleep disturbances as a result of depression onset, as well as the best approach to treating insomnia without depression. [Watch](#)

TRAINING OPPORTUNITIES

1. **Adaptive Strategies Video Series – CBT for ID Population** – Despite long-held beliefs that people with intellectual and/or developmental disabilities (I/DD) may not benefit from mental health treatment, we know that people with I/DD can successfully utilize integrated medical, mental, and behavioral healthcare. [Video link](#)

2. **988 and Behavioral Health Crisis Coordinating Office Equity Convening** – Journey to Embed Equity in Your 988 and Crisis Response System. Funded by SAMHSA. **March 18-19, 2024** [Register](#)
3. **Hardwired for Fear and Connection: The Intersection of Brain Science and Equity** – Our brains are designed to keep us safe, constantly monitoring our surroundings and putting up “fight or flight” barriers when we experience things that are new or different. Yet, we are also social beings, craving connection and belonging. What happens in our brains and in our bodies when we experience diversity, bias, and racism? And how do we apply brain-based strategies to ensure we don’t let fear and discomfort hinder our ability to build relationships? Three-part virtual learning opportunity. **Tuesdays, March 19, April 16 and May 7, 2024, 12pm-3pm CT** [Register](#)
4. **Improving Continuity of Care for Justice-Involved Individuals: Lessons from the Field** – Transitioning from jails and prisons back into the community can be especially difficult for people with opioid use disorders (OUD). Research suggests that opioid use overdose increases dramatically within the first 30 days of citizens returning to the community. Further, individuals recently released from incarceration face a risk of opioid overdose ten times greater than the general public. During these transitions it is critical that people receive seamless and appropriate resources in order to prevent overdose and return to use. This proper transition can help lower health care costs, hospitalizations and emergency department visits, as well as decrease mortality and recidivism for justice-involved individuals, yet at this time only 13 states have sought Medicaid waivers to provide SUD services pre-release. **Tuesday, March 19, 2024, 2pm-3pm CT** [Register](#)
5. **New Assuring A Child Welfare Competent Mental Health Workforce: An Overview of the National Adoption Competency Mental Health Training (NTI)** – NASMHPD, the National Council and the Innovations Institute have partnered to develop a four-part series titled *Youth Behavioral Health Continuum Services and Supports Learning Series* which focuses on the role of multiple sectors in addressing comprehensive youth behavioral health and well-being. **Tuesday, March 19, 2024, 1pm CT** [Register](#)
6. **New Prevention Ethics for Substance Use Professionals** – This virtual training will provide an overview of ethical principles and codes that are particularly relevant to substance use and prevention professionals. We will discuss how to identify and address common ethical dilemmas in this work, and explore how our own individual perspectives play a role in navigating this process. **Tuesday, March 19, 2024, 9am-12pm CT** [Register](#)
7. **National Organization for Victim Assistance (NOVA) Basic and Advanced Training** – The Department of Mental Health Office of Disaster Services is offering these trainings free to everyone who is already a member of the Behavioral Health Strike Team (BHST) OR those that have an interest in joining. You are invited to include anyone at your agency who may be someone you would ask to deploy if a disaster happens in your community. **Basic NOVA Training must be completed before Advanced NOVA Training. The only basic training on the calendar currently is in Springfield, MO on March 19-21.** Contact the DMH Office of Disaster Services for more information.
 - **NOVA Basic Training – Springfield, MO, Tuesday-Thursday, March 19-21, 2024, 8am-5pm CT.** Must be taken before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – Jefferson City, MO, Tuesday-Thursday, June 4-6, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – St. Peters, MO, Tuesday-Thursday, June 18-20, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – Springfield, MO, Tuesday-Thursday, July 9-11, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
8. **Management of Stimulant Use Disorder Webinar Series: Medication Management for Stimulant Use Disorder** – A This 1-hour, live webinar will summarize recommendations on medication management for stimulant use disorder from ASAM/AAAP Clinical Practice Guideline on the Management of Stimulant Use Disorder. The webinar will include discussion of a case scenario and a question-and-answer session. The target audience for this webinar series includes physicians, advanced practice providers (i.e., nurses, nurse practitioners, and physician assistants), and addiction educators. **Wednesday, March 20, 2024, 2pm-3pm CT** [Register](#)

9. **New HIV Basics** – This is a speaker, Kamina Ballard, who began her career in 1996 volunteering at Camp Hope which is a worry-free weekend retreat for children living with HIV and their entire family under the umbrella of Project ARK, a HIV/AIDS service organization dedicated to support the needs of women, children, and youth impacted by HIV/AIDS. **Wednesday, March 20, 2024, 1pm-3pm CT** [Register](#)
10. **Virtual SPARCS Learning Collaborative Cohort #3 (Virtual Only)** - Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) is an evidence-informed group therapy intervention recommended by the National Child Traumatic Stress Network and the Illinois Department of Children and Family Services. SPARCS is also being incorporated into schools' plans for Positive Behavioral Intervention & Supports. SPARCS is used in a variety of treatment delivery settings, including community-based programs, schools, outpatient clinics, shelters, residential, and juvenile justice settings. **Wednesday-Friday, March 20-22, 2024, 8:30am-12:30pm** [Register](#)
11. **Anxiety and OCD in Kids and Teens** – Learn from McLean Hospital and Harvard Medical School experts how best to support the young people and their families who come to you for help with anxiety. This course will delve into the realities of these conditions in children and teenagers, explore the crucial role that adults play in supporting young individuals, examine effective methods of recognizing and diagnosing various conditions affecting this population, and finally, discuss what effective, modern treatment looks like for those who require it. **Thursday, March 21, 2024, 9am—1:30pm CT** [Register](#)
12. **New Bipolar Disorder in Black Communities** – This webinar will review Bipolar Disorder symptoms and treatment with a goal to decreasing misconceptions and increasing timely help seeking It will also discuss factors that may present as barriers to early intervention in the Black community. **Thursday, March 21, 2024, 11am CT** [Register](#)
13. **Creating a Thriving Organization** – Thriving organizations make work enjoyable, have higher employee retention and constantly strive to be the best for the communities they serve! This session will give you an overview of a healthy work environment, practical ways to reduce workplace conflict and turnover, and allow you to apply new skills to support staff and volunteer wellness. **Thursday, March 21, 2024, 1pm-2pm CT** [Register](#)
14. **New Reducing Suicide Ideation through Mindfulness** – The CDC reports that 45,979 people died by suicide in the United States in 2020, which is 1 death every 11 minutes. The loss of life in this manner is heartbreaking, unnecessary and it impacts all of us collectively. While death by suicide is multi-dimensional, research shows that mindfulness interventions can contribute to the reduction of suicide ideation. **Thursday, March 21, 2024, 1pm-4pm CT** [Register](#)
15. **New Implementing Complex Care Models to Reduce Frequent Service Utilization Among Individuals Experiencing Mental and Substance Use Disorders** – This webinar will give you an overview of the evidence base for complex care models that can help improve services to individuals frequently utilizing services and will share the Better Care Playbook, an online resource center designed to health care professionals easily find the evidence and implementation tools they need. **Thursday, March 21, 2024, 12:30pm CT** [Register](#)
16. **Workforce Development Learning Community** – You can choose to attend one or more of the following sessions. [Register](#)
 - **Thursday, March 21, 2024, 2pm CT**
 - **Thursday, April 18, 2024, 2pm CT**
 - **Thursday, May 16, 2024, 2pm CT**
 - **Thursday, June 20, 2024, 2pm CT**
 - **Thursday, July 18, 2024, 2pm CT**
 - **Thursday, August 15, 2024, 2pm CT**
17. **ADHD – A Need for Family Focused Treatment with Minors** – The American Academy of Pediatrics and American Academy of Children and Adolescent Psychiatry encourages a parenting focus when working with youth. This course was developed to help fellow clinicians grow their knowledge base on ADHD, the reasons for a family-based

approach and guide them on strategies to help incorporate families into the clinical space. **Friday, March 22, 2024, 8am-12pm CT** [Register](#)

18. **New Coping with the Loss of a Client: Managing Your Own Grief** – How to evaluate, analyze, and manage the emotional impact of the loss of a client. **Friday, March 22, 2024, 1pm-3pm CT** [Register](#)
19. **Treating the Chemically Addicted Couple along the Whole Continuum of Care** – In early recovery from substance use disorder, couples often grapple with three key challenges. To address these struggles, various interventions are employed across residential, intensive outpatient (IOP), and outpatient services, aiming to provide comprehensive support for sustained sobriety. Upon completion of this webinar, attendees will identify three struggles couples face in early recovery from substance use disorder; introduce three interventions utilized in residential, IOP, and outpatient services to support ongoing sobriety; and practice interventions with another participant to facilitate learning objective. **Tuesday, March 26, 2024, 12pm-1pm CT** [Register](#)
20. **New Financing Peer Recovery Support: Opportunities to Enhance the Substance Use Disorder Peer Workforce** – This webinar summarizes state-by-state peer recovery support services financing, from funding through federal grant programs to current Medicaid reimbursements. **Tuesday, March 26, 2024, 12pm CT** [Register](#)
21. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, March 27, 2024, 11am-3pm CT.** [Register](#)
22. **New Motivational Interviewing** – MI is a conversational approach that empowers people to make meaningful change. **Wednesday, March 27, 2024, 11am-3pm CT** [Register](#)
23. **New Explore Restorative Justice and Credible Messengers in Juvenile Justice** – This webinar brings together experts from the fields of restorative and juvenile justice to review the current state of research and use of restorative justice practices and credible messengers with youth who are involved in the juvenile justice system or at risk of becoming involved. **Wednesday, March 27, 2024, 1pm-2pm CT** [Register](#)
24. **New Myth-busting and Skill-building for Treating Binge Eating Disorder** - Binge Eating Disorder (BED) is the most common eating disorder, affecting 3x the number of adults diagnosed with anorexia and bulimia combined! Despite its prevalence, the experiences of clients with BED and how to address them are all too often misunderstood. This 90-minute webinar will help clinicians better understand BED and how to properly treat clients who struggle. **Thursday, March 28, 2024, 9am CT** [Register](#)
25. **New Coping with the Loss of a Client: Supporting Family Members** – Provides the knowledge and skills necessary to effectively support family members and caregivers who are grieving the loss of a loved one with SMI. **Friday, March 29, 2024, 1pm-3pm CT** [Register](#)
26. **Missouri Crisis Intervention Team Conference (10th Anniversary)** – The Missouri Crisis Intervention Team (MO CIT) Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The Missouri Behavioral Health Council has approved this program for behavioral health continuing education contact hours and POST hours. MBHC will be responsible for this program and maintain a record of your continuing education hours earned. **Margaritaville Lake Resort, Osage Beach, MO, Monday-Wednesday, April 1-3, 2024.** [Register](#)

27. **BHST/VIC Virtual Trainings** – The Office of Disaster Services will be hosting virtual trainings for the Behavioral Health Strike Team-Victim's Information Center volunteers throughout the start of 2024. Select dates you would like to attend. [Register](#)
- **Caring for Children in Disasters** – *Monday, April 1, 2024 10am-11:30am CT*
 - **Addressing Grief** – *Tuesday, April 9, 2024 1pm-2:30pm CT*
28. **New Words Matter Stigma and Language** – This webinar will explore how the words we use affect individuals in recovery. This session will focus on how to utilize our words to create greater inclusivity, apply strategies to destigmatize individuals with Substance Use Disorder, and perform language audits within your organization. *Wednesday, April 3, 2024, 1pm-2pm CT* [Register](#)
29. **Implementing the 4Ms-Behavioral Health: Applying the 4Ms of an Age-Friendly Health System in Mental Health and Substance Use Services** – *Friday, April 5, 2024, 12pm CT* [Register](#)
30. **Virtual Training to Prescribe Medications for Opioid Use Disorder** – Visit the Providers Clinical Support System website to access free trainings on the treatment and management of patients with opioid or other substance use disorders. Trainings count towards the Drug Enforcement Administration's (DEA) new eight-hour training requirement when applying for or renewing your DEA license. *Monday/Tuesday, April 8-9, 2024, 8am-5pm CT* [Register](#)
31. **New CAPE-Youth Webinar: State Policies to Improve Mental Health and Employment of Youth with Marginalized Racial Identities** – The webinar will feature discussion on improving mental health access for youth with marginalized racial identities from speakers with the White House Domestic Policy Council and policymakers. *Tuesday, April 9, 2024, 12:30pm CT* [Register](#)
32. **Early Psychosis Conference** – The Early Psychosis Care (EPC) Center is hosting their second annual Early Psychosis Conference at the Courtyard by Marriot Blue Springs, Kansas City. Conference sessions are a combination of lectures and interactive workshops tailored to behavioral health providers, individuals with lived experience, their families/social supports, students, and researchers. *Wednesday/Thursday, April 10-11, 2024, 9am-5pm CT* [Register](#)
33. **2024 MO Association of Treatment Court Professionals Conference** – Registration for the 2024 MO Association of Treatment Court Professionals Conference is open. The 26th Annual Treatment Court Conference program can be found here: [MATCP-Registration-2.pdf \(motreatmentcourts.org\)](#) Electronic conference applications can be found here: [2024 MATCP Conference – Missouri Association of Treatment Court Professionals \(motreatmentcourts.org\)](#). **New Conference Agenda Branson, MO, Wednesday-Friday, April 10-12, 2024.**
34. **Diagnosing Prolonged Grief Disorder** – For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. The presenter will discuss the criteria and differences among the disorders, current grief practices and theories, grieving styles, and communication strategies. *Friday, April 12, 2024, 9am-12pm CT* [Register](#)
35. **New Center for Evidence-Based Youth Mental Health Psychological Services Clinic will be hosting some spring workshops.** [Register](#)
- **Cognitive-Behavioral Therapy for Insomnia (CBT-i) Among Youths** – *Friday, April 12, 2024, 1:30-4:30pm*
 - **Transdiagnostic Dialectical Behavior Therapy Skills Training for Adolescents and Adults** – *Friday, April 19, 2024, 1:30-4:30pm CT*
 - **Applications of Motivational Interviewing (MI) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Substance Use Concerns in Adolescents and Adults** – *Friday, April 26, 2024, 1:30-4:30 pm CT*

- **Exposure Plus Response Prevention for Pediatric Obsessive-Compulsive Disorder – Friday, May 17, 2024, 1-4pm CT**
- **Cognitive-Behavioral Therapy for Substance Use Disorders – Friday, May 24, 2024, 1-4pm CT**

36. **NatCon24** – This is THE event in mental health and substance use treatment. NatCon24 is more than a conference! NatCon24 connects you with the most in-demand audiences in our field – from influencers and decision-makers to advocates and executives. **St. Louis, MO, Monday-Wednesday, April 15-17, 2024** [Register](#)
37. **A Beginner’s Guide to Learning or Teaching the DSM** – This presentation will benefit learners with a wide range of experience related to using the DSM. The goal is for beginners and those who are supervising, teaching, or mentoring individuals new to the mental health field to have a starting point for their discussions. **Thursday, April 18, 2024, 1:00pm-4:00pm CT** [Register](#)
38. **New Missouri Children’s Trauma Network Training Summit – April 23-24, 2024** At the Holiday Inn and Expo Center in Columbia, MO [See Agenda](#) [Register](#)
39. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you are a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, April 24, 2024, 11am-3pm CT** [Register](#)
40. **New Addressing the Impact of Social Media on Youth** – As our world becomes increasingly digital, policy considerations such as enhancing content and privacy regulations on social media platforms, collaborating with tech companies to bolster safety features, and investing in mental health support related to social media are essential steps for protecting youth online. **Wednesday, April 24, 2024, 3-4pm CT** [Register](#)
41. **New Missouri Association of Infant and Early Childhood Mental Health Spring Training** – Topics include: Countering Bias, including family and community by Vetta L. Sanders Thompson, PhD; Two Generational Perspectives on addressing trauma and parenting to support IMH by Dr. Melissa Johnson-Reid; Reflective Supervision Panel Discussion. **Friday, April 26, 2024, 10am-3pm CT** [Register](#)
42. **New Tobacco Treatment Specialist (TTS) Certification Training** - The program consists of both online learning and a 3-day live virtual training (see times below) focusing on the skills needed to effectively treat tobacco dependence. The training will prepare professionals to provide individuals with effective, evidence-based interventions for tobacco dependence. Professionals who work in the field of health academics, policy, and education will benefit from the up-to-date research/information presented. **Register by May 6, 2024** [Learn More](#)
43. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, May 9-10, 2024 (VIRTUAL) and Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)
44. **MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. **Monday/Tuesday, May 13-14, 2024, 8am-2pm CT** [Register](#)

45. **Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours. **May 13, 14, 15, 2024, 9am-5pm CT** [Register](#)
46. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT** [Register](#)
47. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT** [Register](#)
48. **New Spring Training Institute** – The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. **Thursday/Friday, May 16-17, 2024** [Register](#)
49. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, May 22, 2024, 11am-3pm CT** [Register](#)
50. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is "*Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities.*" **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)
51. **2024 Crisis Conference (Save the Date)** – **Holiday Inn Executive Center, Columbia, MO, June 24-25, 2024.**

RECURRING TRAINING OPPORTUNITIES

1. **New Early Psychosis Care (EPC) Center's introduces the Youth Advisory Council (YAC)** – EPC is proud to facilitate a youth advisory council! Youth and young adults aged 15-35 with lived experience with psychosis are invited to join our virtual meetings, where they can build connections, empower themselves and others, and influence changes. Meetings are held via Zoom on the **second Monday of the month at 6pm CT.** [Sign up here!](#) For more information, reach us at contact@epcmisouri.org.
2. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org

3. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
4. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
5. **Harm Reduction Trainings** – Harm Reduction Trainings – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. **Registration is open for training dates in March and April**, including some evening and weekend options, and organizations looking for additional opportunities can request training via our new training request form. [Learn more and register here for any of the trainings offered.](#) Training offerings include:
 - **Foundations of Harm Reduction**
 - **Harm Reduction In Practice**
 - **Overdose Education and Naloxone Distribution (OEND)**
 - **Intramuscular (IM) Naloxone Use**
 - **Stimulant Education: Harm Reduction & Overamping**
 - **Fentanyl Test Strips 101**
 - **Specialty Peer Integration Training (online, self-paced)**
 - **Wound Care for Non-Clinicians (online, self-paced)**
6. **2024 Spring Zoom Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **March 29, 2024, 9am-12pm CT**
 - **March 29, 2024, 1pm-4pm CT**
 - **April 19, 2024, 9m-12pm CT**
 - **April 26, 2024, 1pm-4pm CT**
7. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
 - **April 25-26, 2024** - Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - **May 2-3, 2024** – New MBHC temporary location, 2401 East McCarty, Jefferson City, MO 65109
8. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **March 18-20, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **April 22-24, 2024 8am-5pm** - Location: Splitlog Baptist Church 3670 Splitlog Rd, Goodman, MO
 - **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO

- **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
9. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
- **Wednesday, March 27, 2024, 3pm-4:30pm PT** – Challenging Oppression in Healing Work [Register Session 2](#)
 - **Wednesday, April 24, 2024, 3pm-4:30pm PT** – Uplifting Culturally Sustaining Practices in Substance Use Prevention [Register Session 3](#)
 - **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)
10. **2024 Spring LIVE Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
- **March 22, 2024** – Springfield Recovery Community Center, 1925 Bennett St., Springfield, MO, **9am-4pm CT.**
11. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
- **March 28, 2024, 2pm CT**
 - **May 30, 2024, 2pm CT**
 - **July 25, 2024, 2pm CT**
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
12. **Behavioral Health and Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. CEs are included. [Register](#)
- **April 18, 2024:** Using the DM-ID, 2 as a Clinical Resource
 - **April 25, 2024:** IDD and chronic health conditions, physical health care advocacy: sharing information with providers
 - **July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
 - **July 31, 2024:** Wellness and Aging
 - **October 8, 2024:** SUD and IDD
 - **October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
13. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)
14. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

15. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
16. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
17. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
18. **Peer Supervision Training** – **converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
19. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
20. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - [Certified Peer Specialist Basic Training](#) – [Register](#)
 - [Certified Peer Specialist Specialty Training](#) – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
21. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - [Missouri Recovery Support Specialist Trainings](#) – [Register](#)
 - [Ethics Trainings](#) – [Register](#)