

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **March 8, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **NEW Regulatory Update: DHSS Files Emergency EMS Transport Rule** - The Department of Health and Senior Services has [published](#) an emergency rule allowing Emergency Medical Services to transport patients to non-hospital locations. This rule goes into effect March 11, 2024, and expires September 6, 2024. A proposed rule will be published in the April 1, 2024, *Missouri Register*. Hospitals are encouraged to review the emergency rule. Once the proposed rule is published, hospitals are encouraged to provide comment. The Missouri Hospital Association plans to provide comment. Sarah Willson, Vice President of Clinical and Regulatory Affairs, swillson@mhanet.com, is the MHA contact.
2. **NEW Adaptive Strategies Video Series – CBT for ID Population** – Despite long-held beliefs that people with intellectual and/or developmental disabilities (I/DD) may not benefit from mental health treatment, we know that people with I/DD can successfully utilize integrated medical, mental, and behavioral healthcare. [Video link](#)
3. **Update on Administrative Rules** – The following regulations are published in the February 29, 2024, issue of the [Code of State Regulations](#) and will be effective **March 30, 2024**:

9 CSR 30-3.192 Comprehensive Substance Treatment and Rehabilitation (CSTAR) Program for Adolescents (updates terminology and general requirements for adolescent CSTAR programs including age criteria, notification procedures for registered offenders and juvenile sex offenders, eligibility criteria, treatment principles, education, and services provided in schools)

9 CSR 40-4.001 Program and Staffing Requirements/IRTS/PISL (updates terminology, clarifies staff supervision requirements, and adds a provision to allow a LPN to provide nursing oversight and coordination)

9 CSR 40-6.001 Provider Requirements and Program Structure/Family Living Arrangements (adds dietary requirements)

The Division of Behavioral Health is accepting comments on proposed [Core Rule 9 CSR 10-7.140 Definitions and Staff Qualifications](#). Questions and comments should be submitted to debbie.mcbaire@dmh.mo.gov by **March 20, 2024**.

4. **NEW ICPR MANUAL POSTED** – A policy and procedure manual has been developed for Intensive CPR for Adults in Residential Settings (ICPR RES) and Non-Residential Settings and is posted to the DBH website [ICPR RES and Non-Residential Manual](#). This manual replaces memos dated June 26, 2014 (ICPR for adults in non-residential settings) and November 13, 2020, ICPR for adults in residential settings. **Your regional CACO will be contacting providers in March regarding tracking changes for clustered apartments (information is included in the Manual)**. Please reach out to your regional Chief of Adult Community Operations [DBH Regional Offices](#) for additional information or questions.

5. **The CMHC Adult Community Residential Allocation Guidelines have been updated** and posted on the DBH website at [CMHC Adult Community Residential Allocation Guidelines | dmh.mo.gov](https://dmh.mo.gov).

The changes made are:

- Added rent reasonableness as an option on pages 7 and 11 and
- Added a training opportunities section on pages 13 and 14.

6. MO HealthNet Updates

- **Occupational Therapy for Behavioral Health Conditions** – Effective for dates of service on or after November 1, 2023, the MO HealthNet Division (MHD) will allow occupational therapists and occupational therapy assistants to provide behavioral health services to eligible MHD fee-for-service participants. Occupational therapy (OT) services are covered as an Early and Periodic Screening Diagnostic and Treatment (EPSDT) service for children through age 20 when providing a medically necessary service related to a behavioral health diagnosis that is ordered by an advanced practice registered nurse, physician, or other practitioner of the healing arts and is within the scope of the licensed occupational therapists' or licensed occupational therapy assistants' practice. [Read More](#)
 - **2024 Healthcare Common Procedure Coding System** – Effective January 1, 2024, the MO HealthNet Division (MHD) requires the 2024 versions of the Current Procedural Technology (CPT) and the HCPCS medical code sets. Providers should reference the appendix of the CPT and HCPCS books for a summary of the additions, deletions and revisions. For dates of service prior to January 1, 2024, claims must be billed with the 2023 version of CPT and HCPCS codes and modifiers. HCPCS codes that were deleted by Centers for Medicare & Medicaid Services (CMS) for 2024 are not payable for dates of service January 1, 2024, and after. Claims billed with these codes will be denied. [Read More](#)
 - **Biopsychosocial Treatment of Obesity in a FQHC and a RHC** – Effective for dates of service on or after February 1, 2024, Biopsychosocial Treatment of Obesity Services can be performed in an FQHC or RHC. Biopsychosocial Treatment of Obesity provides integrated medical nutrition therapy (MNT) and behavioral health services, coordinated by the primary care or referring physician, or other licensed practitioner, to facilitate behavior changes to manage obesity and associated co-morbidities for youth and adult participants. This program offers services consistent with the United States Preventive Services Task Force (USPSTF) recommendations for intensive, multicomponent behavioral interventions to improve weight status for adults and children/youth with obesity. [Read More](#)
 - **Occupational Therapy for Behavioral Health School-Based IEP Direct Services** – Effective January 1, 2024, the MO HealthNet Division (MHD) will allow reimbursement for covered school-based IEP behavioral health services provided by enrolled MO HealthNet occupational therapists and occupational therapy assistant providers. A prescription for occupational therapy services from a MO HealthNet enrolled primary care physician, or other licensed practitioner of the healing arts working within the scope of their practice under state law is required. MHD's prescription requirements. [Read More](#)
7. **Early Psychosis Care (EPC) Center's introduces the Youth Advisory Council (YAC)** – EPC is proud to facilitate a youth advisory council! Youth and young adults aged 15-35 with lived experience with psychosis are invited to join our virtual meetings, where they can build connections, empower themselves and others, and influence change. Meetings are held via Zoom on the second Monday of the month at 6PM CST. [Sign up here!](#) For more information, reach us at contact@epcmisouri.org.

How can you get involved? Inspired by feedback from those who have navigated early psychosis treatment in the past, EPC is collecting books to provide comfort during psychiatric crises. Your support makes a difference - whether by donating books or spreading the word. Let's come together to make a positive impact and support those facing mental health challenges. Stay tuned for more details!

8. DMH Provider/Employee Operational Learning Opportunities!

- **Facilitating the Root Cause Analysis Process (Virtual)** – This course provides participants with the skills to use this powerful interdisciplinary tool to help organizations identify underlying causes of serious incidents that can have an impact on those we serve. The technique includes not just the identification of root causes, but the requirement that organizations identify and implement potential solutions. The principles taught are consistent with The Joint Commission definitions of root cause analysis and use with sentinel events.

April 9 9:00am-11:30am and 1:00pm-3:30pm

April 10 9:00am-11:30am

<https://www.eventbrite.com/e/846315571657?aff=oddtcreator>

OR

May 21 9:00am-11:30am and 1:00pm-3:30pm

May 22 9:00am-11:30am

<https://www.eventbrite.com/e/846719198917?aff=oddtcreator>

- **Mortality Review and Death Investigations (Virtual)** – This course is a two day program focusing on issues unique to those incidents involving the death of an individual receiving services within the context of an organization's incident management and quality improvement processes. This two day training is for clinical directors, risk managers, nurse managers, quality assurance staff, investigators and anyone involved in incident management and mortality review processes.

April 30-May 1, 2024 9:00am-11:30am and 1:00pm-3:30pm both days

<https://www.eventbrite.com/e/847475420797?aff=oddtcreator>

9. **Missouri Suicide Prevention Network (MSPN) Statewide Plan** - MSPN released a newly published statewide plan to help Missourians prevent and lower the risk of suicide in their families and communities. The five-year strategic plan, created by MSPN in partnership with the Missouri Behavioral Health Council and the Department of Mental Health, was debuted during a recent stakeholder meeting. Missouri continues to have a higher suicide rate than the national average, and the plan offers suggestions for what community members can do to make a difference. The plan can be viewed at [MSPN Prevention State Plan](#)

JOB ANNOUNCEMENTS

Legal Intern

The Office of the Director for the Department of Mental Health is seeking a legal intern to be domiciled in St. Louis. Our legal internship program is designed to provide an interesting and meaningful experience for a participant within the Office of General Counsel. Application deadline is **March 14, 2024**. [Learn More and Apply!](#)

Human Resources Director

The Office of the Director for the Department of Mental Health is seeking a Human Resources Director. Application deadline is March 14, 2024. [Learn More and Apply!](#)

Looking for employment? Know someone who is?

**Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health**

FUNDING OPPORTUNITIES

1. **HRSA Forecasted Funding Opportunities** – [Learn More](#)
2. **HRSA Primary Care Training: Physician Assistant Rural Training in Behavioral Health** – Only an academically affiliated physician assistant training program accredited by the Accreditation Review Commission on Education for the Physician Assistant (ARC-PA) may apply for this grant. **Applications are due March 15, 2024.** [Learn More](#)
3. **HRSA Funding Opportunity: Behavioral Health Integration Evidence Based Telehealth Network Program** – The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the [Behavioral Health Integration \(BHI\) Evidence Based Telehealth Network Program \(EB-TNP\)](#). This program seeks to integrate mental health and substance use disorder (SUD) services into primary care settings through telehealth technology via telehealth networks in rural and underserved communities. The program will award a total of \$8.75 million for up to 25 grantees over five years. **Applications are due March 22, 2024.** Additional details on eligibility can be found [here](#).
4. **HRSA Funding Opportunity: Licensure Portability Grant Program** – The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the Licensure Portability Grant Program (LDGP). The LPGP seeks to support innovative multi-State collaborations to enable licensed health care professionals to provide physical health and mental health and substance use disorder (SUD) services through telehealth. Specifically, the LPGP's objective is to: "...provide support for state professional licensing boards to carry out programs under which licensing boards of various states cooperate to develop and implement state laws and related policies that will reduce statutory and regulatory barriers to telehealth." HRSA will provide Competing Continuation Awards of up to \$100,000 per award, per year for a 5-year period of performance or New Awards of up to \$150,000 per award. HRSA is also including a special consideration for multi-State licensure collaboratives focused on Licensed Clinical Social Workers. **Applications are due April 8, 2024.** Additional details on eligibility and how to apply can be found [here](#).
5. **SAMHSA Funding Opportunity: Screening, Brief Intervention, and Referral to Treatment** – SAMHSA announced a new funding opportunity for the Screening, Brief Intervention, and Referral to Treatment (SBIRT) program. This program is designed to help States implement the SBIRT public health model for children, adolescents, and/or adults in primary care and community health settings and schools with a focus on underage drinking, opioid use, and other substance use. Ultimately, the program aims to support the expansion of clinically appropriate services for people at risk or diagnosed with substance use disorder (SUD) by promoting the adoption of SBIRT into routine healthcare for a system-level approach to reduce alcohol and other drug consumption. SAMHSA will provide up to 10 awards of up to \$995,000 per year, per award, for up to 5 years for total program funding of \$9,950,000. **Applications are due April 12, 2024.** Additional details on eligibility and how to apply can be found [here](#).
6. **CDC Funding Opportunity: Drug-Free Communities (DFC) Support Program** – The Centers for Disease Control and Prevention (CDC) recently announced a new funding opportunity for the fiscal year (FY) 2024 Drug-Free Communities (DFC) Support Program - NEW (Year 1). The DFC Support Program is designed to strengthen collaboration among community coalitions working to prevent youth substance use and build safe, healthy, and drug-free communities. CDC will provide up to 100 awards of up to \$125,000 per award, per year for up to 10 years for total program funding of \$62,500,000. **Applications are due April 17, 2024.** Additional details on eligibility and how to apply can be found [here](#).
7. **SAMHSA Funding Opportunities: Prevention Technology Transfer Centers Cooperative Agreements** – SAMHSA announced a new funding opportunity for the Prevention Technology Transfer Centers (PTTC) Cooperative Agreements. The PTTC Cooperative Agreements program aims to maintain and enhance the PTTC Network to provide training and technical assistance services to the substance use prevention field. Recipients will work directly with SAMHSA and across the PTTC Network to improve the implementation and delivery of substance use prevention interventions with a focus on equity for underserved, under-reached populations. SAMHSA will provide

up to 11 awards of up to \$739,529 per award, per year for up to 5 years for total program funding of \$8,134,816. Eligible applicants include domestic public and private non-profit entities. **Applications are due April 24, 2024.** The PTTC Cooperative Agreements Notice of Funding Opportunity (NOFO) can be found [here](#).

INFO & RESOURCES

1. **MO Families 4 Families** invites you to join for their 18th Annual Shining Light Award Ceremony. The award ceremony will be in person and virtual this year at **3705 Route C, Jefferson City, Saturday, April 20, 2024, 11am CT**. They will be celebrating the 29th year of Children's Mental Health Week. Children's Mental Health Week was started in Missouri in 1991 and is now observed nationally. Learn more and submit nominations for Shining Light Awards (**due by March 15, 2024**) by contacting Barb Scheideger at (573) 619-1322 or at mofam4fam@gmail.com
2. **New Adults Living Alone at Higher Depression Risk Than Those Living With Others** – according to recent findings from the cross-sectional National Health Statistics Report. [Learn More](#)
3. **New Stimulant Treatment for ADHD Safe to Continue during Pregnancy** – Amphetamine/dextroamphetamine and methylphenidate exposure in utero are unlikely to increase the risk of childhood neurodevelopmental disorders, according to a recent cohort study published in JAMA Psychiatry. [Learn More](#)

TRAINING OPPORTUNITIES

1. **NEW Adaptive Strategies Video Series – CBT for ID Population** – Despite long-held beliefs that people with intellectual and/or developmental disabilities (I/DD) may not benefit from mental health treatment, we know that people with I/DD can successfully utilize integrated medical, mental, and behavioral healthcare. [Video link](#)
2. **Mobile Crisis and Community Partnering Webinar 3: Creative Solutions for Mobile Crisis Teams to Effectively Engage with Rural and Frontier Communities** – With some estimates of farmer and rancher suicide rates being between ¼-½ higher than other occupations and with overall rates of suicide higher in rural communities than urban, it is vital for crisis teams to reach and effectively engage with rural and frontier communities. This session provides practical strategies. **Tuesday, March 12, 2024, 12:00pm CT.** [Register](#)
3. **BHST/VIC Virtual Trainings** – The Office of Disaster Services will be hosting virtual trainings for the Behavioral Health Strike Team-Victim's Information Center volunteers throughout the start of 2024. Select dates you would like to attend. [Register](#)
 - **Community Violence & School Shooting Events - Wednesday, March 13, 2024 10am-11:30am CT.**
 - **Caring for Children in Disasters – Monday, April 1, 2024 10am-11:30am CT.**
 - **Addressing Grief – Tuesday, April 9, 2024 1pm-2:30pm CT.**
4. **A Follow-Up Conversation to the Ensuring Effective Communication for People with Disabilities Webinar** – Join us for a follow-up conversation to our webinar titled **Ensuring Effective Communication for People with Disabilities (aired January 2023)**. Due to the overwhelming interest in this important topic, we received more questions than we could answer during the one-hour webinar. This follow-up conversation is intended to tackle those unanswered questions and provide some "how to" tools and examples you can start to implement now. *Please watch the [January 31 webinar](#) before joining us for this conversation.* **Wednesday, March 13, 2024, 11am-12pm CT.** [Register](#)
5. **New Addressing Drug Use and Recovery Stigma in Healthcare** – A presentation by Elevyst to discuss perceptions of drug use, how we got here, and how our novel research demonstrates the need for changes in healthcare. We will discuss in-depth the results of our 2022 study of attitudes and perceptions of healthcare professionals toward people who use drugs or are in recovery, and our recommended solutions and opportunities in the healthcare space to reduce stigma. **Wednesday, March 13, 2024, 11:00am-12:00pm CT** [Register](#)

6. **Paving the Path Forward: A Systems-Relational Exploration of SUD-Related Policies** – This webinar offers a unique exploration into the complex landscape of Substance Use Disorder (SUD) policies from a systems and relational-based perspective. By integrating historical insights with the latest neuroscience findings, we aim to uncover the multifaceted impact of SUD policies on individuals, families, and communities. This session is designed to foster a holistic understanding of SUD treatment and recovery, emphasizing the need for systemic policy interventions that recognize and address the interconnectedness of individual health within broader relational and societal frameworks. **Wednesday, March 13, 2024, 11:30am-12:30pm CT.** [Register](#)
7. **Primary Care Development Corporation: Using a High-Performing Team to Successfully Achieve Integrated Care** – Don't miss this opportunity to learn from a leading expert in the field of integrated care and health equity as she focuses on enhancing understanding of integrated care models and aspects of gaining leadership support for successful implementation. **Wednesday, March 13, 2024, 12pm-1:30pm CT.** [Register](#)
8. **A1 in Behavioral Health: The Future is Here** – What can AI do? What should it do? For all the potential that artificial intelligence holds, it remains a deeply confusing – and controversial – technology. But some National Council members have made the leap and are incorporating AI into their daily workflow to streamline administrative tasks, sort through data and improve operations. Join us we demystify AI for organizations that provide mental health and substance use treatment and care. **Wednesday, March 13, 1pm-2pm CT.** [Register](#)
9. **New Enhancing Maternal Health Outcomes through Integrated Care for Women of Color** – Research shows that discrimination and racial injustice have a significant impact on maternal mortality rates among people who identify as women of color. Studies have also shown that women of color are disproportionately impacted by maternal mortality and negative whole-person health outcomes, with factors such as implicit bias, unequal access to health care services, socio-economic disparities, and systemic racism playing a role in these disparities. **Thursday, March 14, 2024, 11:00am CT** [Register](#)
10. **DBT Lunch and Learn: How to Think like an Adherence Coder: The DBT AC-I in Practice** - The Department of Mental Health and Missouri Behavioral Health Council are excited to offer this learning opportunity. This virtual event is open to all and is not strictly reserved for DBT providers. It will provide a brief overview of the development of the DBT AC-I, including core therapeutic strategies that are used to evaluate adherence, as well as tips and tricks for reviewing sessions with an eye towards adherence. **Thursday, March 14, 2024, 12pm-1pm CT.** [Register](#)
11. **Social Current: Closing the Gap—Addressing Racial Disparity in Licensure Exam Rates** – Every year, the human services sector experiences a staggering loss of licensure-track therapists from its workforce due to candidates struggling to pass licensure exams. In addition, there is a large racial disparity in outcomes. Pass rates for Black-identifying test takers are more than 30% lower than for white-identifying test takers. In addition to discussing this critical issue that negatively impacts therapists, organizations, and communities, this session will provide strategies for increasing pass rates and ensuring an even distribution of educational and exam preparation resources to promote equity in standardized exams. **Thursday, March 14, 2024, 12pm-1pm CT.** [Register](#)
12. **The Ethics of Duty to Warn and Protect** – A client tells their therapist that they wish someone was dead. How does a therapist ethically and legally handle this situation? Therapists have legal and ethical responsibilities to both their clients and greater society. Many mental health professionals face challenges determining the best course of action when clients make threats towards others. This workshop will present a history of duty to warn laws and an examination of Tarasoff Rule. Case vignettes will illustrate various situations that therapists may encounter when clients are expressing threats, violence, or harm to others. Learners will be provided with concrete and ethically sound practices to increase their confidence in managing duty to warn dilemmas. **Thursday, March 14, 2024, 1pm-4pm CT.** [Register](#)

13. **New Understanding Social Security Disability: Guide on Process and Approval** – Attorney Matthew R. Grundy has been focusing on Social Security disability and SSI disability law in the Kansas City area for over 19 years. He has been serving as social security disability attorney for many years, and understands how intimidating and frustrating it can be. The Grundy Disability Group will guide you through every step of the way. **Friday, March 15, 2024, 10:00am-11:30am CT** [Register](#)
14. **Understanding Social Security Disability: Guide on Processes and Approval** – After attending this webinar the participant will be able to discuss what Social Security is looking for in order to approve a claim for either physical and/or psychiatric impairments; describe the process used to determine disability and explain what Social Security means when it identifies a person as disabled; and be informed about the technical requirements for both SSI and Disability Insurance benefits. **Friday, March 15, 2024, 10am-11:30am CT.** [Register](#)
15. **988 and Behavioral Health Crisis Coordinating Office Equity Convening** – Journey to Embed Equity in Your 988 and Crisis Response System. Funded by SAMHSA. **March 18-19, 2024.** [Register](#)
16. **Hardwired for Fear and Connection: The Intersection of Brain Science and Equity** – Our brains are designed to keep us safe, constantly monitoring our surroundings and putting up “fight or flight” barriers when we experience things that are new or different. Yet, we are also social beings, craving connection and belonging. What happens in our brains and in our bodies when we experience diversity, bias, and racism? And how do we apply brain-based strategies to ensure we don’t let fear and discomfort hinder our ability to build relationships? Three-part virtual learning opportunity. **Tuesdays, March 19, April 16 and May 7, 2024, 12pm-3pm CT.** [Register](#)
17. **Improving Continuity of Care for Justice-Involved Individuals: Lessons from the Field** – Transitioning from jails and prisons back into the community can be especially difficult for people with opioid use disorders (OUD). Research suggests that opioid use overdose increases dramatically within the first 30 days of citizens returning to the community. Further, individuals recently released from incarceration face a risk of opioid overdose ten times greater than the general public. During these transitions it is critical that people receive seamless and appropriate resources in order to prevent overdose and return to use. This proper transition can help lower health care costs, hospitalizations and emergency department visits, as well as decrease mortality and recidivism for justice-involved individuals, yet at this time only 13 states have sought Medicaid waivers to provide SUD services pre-release. **Tuesday, March 19, 2024, 2pm-3pm CT.** [Register](#)
18. **New Assuring A Child Welfare Competent Mental Health Workforce: An Overview of the National Adoption Competency Mental Health Training (NTI)** – NASMHPD, the National Council and the Innovations Institute have partnered to develop a four-part series titled *Youth Behavioral Health Continuum Services and Supports Learning Series* which focuses on the role of multiple sectors in addressing comprehensive youth behavioral health and well-being. **Tuesday, March 19, 2024, 1:00pm CT** [Register](#)
19. **National Organization for Victim Assistance (NOVA) Basic and Advanced Training** – The Department of Mental Health Office of Disaster Services is offering these trainings free to everyone who is already a member of the Behavioral Health Strike Team (BHST) OR those that have an interest in joining. You are invited to include anyone at your agency who may be someone you would ask to deploy if a disaster happens in your community. **Basic NOVA Training must be completed before Advanced NOVA Training. The only basic training on the calendar currently is in Springfield, MO on March 19-21.** Contact the DMH Office of Disaster Services for more information.
 - **NOVA Basic Training – Springfield, MO, Tuesday-Thursday, March 19-21, 2024, 8am-5pm CT.** Must be taken before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – Jefferson City, MO, Tuesday-Thursday, June 4-6, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – St. Peters, MO, Tuesday-Thursday, June 18-20, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)
 - **NOVA Advanced Training – Springfield, MO, Tuesday-Thursday, July 9-11, 2024, 8am-5pm CT.** Must have taken NOVA Basic Training before NOVA Advanced Training, [Register](#)

20. **Management of Stimulant Use Disorder Webinar Series: Medication Management for Stimulant Use Disorder** – A This 1-hour, live webinar will summarize recommendations on medication management for stimulant use disorder from ASAM/AAAP Clinical Practice Guideline on the Management of Stimulant Use Disorder. The webinar will include discussion of a case scenario and a question-and-answer session. The target audience for this webinar series includes physicians, advanced practice providers (i.e., nurses, nurse practitioners, and physician assistants), and addiction educators. **Wednesday, March 20, 2024, 2pm-3pm CT.** [Register](#)
21. **Virtual SPARCS Learning Collaborative Cohort #3 (Virtual Only)** - Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) is an evidence-informed group therapy intervention recommended by the National Child Traumatic Stress Network and the Illinois Department of Children and Family Services. SPARCS is also being incorporated into schools' plans for Positive Behavioral Intervention & Supports. SPARCS is used in a variety of treatment delivery settings, including community-based programs, schools, outpatient clinics, shelters, residential, and juvenile justice settings. **Wednesday-Friday, March 20-22, 2024, 8:30am-12:30pm** [Register](#)
22. **Anxiety and OCD in Kids and Teens** – Learn from McLean Hospital and Harvard Medical School experts how best to support the young people and their families who come to you for help with anxiety. This course will delve into the realities of these conditions in children and teenagers, explore the crucial role that adults play in supporting young individuals, examine effective methods of recognizing and diagnosing various conditions affecting this population, and finally, discuss what effective, modern treatment looks like for those who require it. **Thursday, March 21, 2024, 9am—1:30pm CDT.** [Register](#)
23. **Creating a Thriving Organization** – Thriving organizations make work enjoyable, have higher employee retention and constantly strive to be the best for the communities they serve! This session will give you an overview of a healthy work environment, practical ways to reduce workplace conflict and turnover, and allow you to apply new skills to support staff and volunteer wellness. **Thursday, March 21, 2024, 1pm-2pm CT.** [Register](#)
24. **New Reducing Suicide Ideation through Mindfulness** – The CDC reports that 45,979 people died by suicide in the United States in 2020, which is 1 death every 11 minutes. The loss of life in this manner is heartbreaking, unnecessary and it impacts all of us collectively. While death by suicide is multi-dimensional, research shows that mindfulness interventions can contribute to the reduction of suicide ideation. **Thursday, March 21, 2024, 1:00pm-4:00pm CT** [Register](#)
25. **Workforce Development Learning Community** – You can choose to attend one or more of the following sessions. [Register](#)
- **Thursday, March 21, 2024, 2pm CT.**
 - **Thursday, April 18, 2024, 2pm CT.**
 - **Thursday, May 16, 2024, 2pm CT.**
 - **Thursday, June 20, 2024, 2pm CT.**
 - **Thursday, July 18, 2024, 2pm CT**
 - **Thursday, August 15, 2024, 2pm CT**
26. **ADHD – A Need for Family Focused Treatment with Minors** – The American Academy of Pediatrics and American Academy of Children and Adolescent Psychiatry encourages a parenting focus when working with youth. This course was developed to help fellow clinicians grow their knowledge base on ADHD, the reasons for a family-based approach and guide them on strategies to help incorporate families into the clinical space. **Friday, March 22, 2024, 8am-12pm CT.** [Register](#)
27. **Treating the Chemically Addicted Couple along the Whole Continuum of Care** – In early recovery from substance use disorder, couples often grapple with three key challenges. To address these struggles, various interventions are employed across residential, intensive outpatient (IOP), and outpatient services, aiming to provide comprehensive support for sustained sobriety. Upon completion of this webinar, attendees will identify three struggles couples face in early recovery from substance use disorder; introduce three interventions utilized in residential, IOP, and

outpatient services to support ongoing sobriety; and practice interventions with another participant to facilitate learning objective. **Tuesday, March 26, 2024, 12pm-1pm CT** [Register](#)

28. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, March 27, 2024, 11am-3pm CT.** [Register](#)
29. **Missouri Crisis Intervention Team Conference (10th Anniversary)** – The Missouri Crisis Intervention Team (MO CIT) Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The Missouri Behavioral Health Council has approved this program for behavioral health continuing education contact hours and POST hours. MBHC will be responsible for this program and maintain a record of your continuing education hours earned. **Margaritaville Lake Resort, Osage Beach, MO, Monday-Wednesday, April 1-3, 2024.** [Register](#)
30. **New Words Matter Stigma and Language** – This webinar will explore how the words we use affect individuals in recovery. This session will focus on how to utilize our words to create greater inclusivity, apply strategies to de-stigmatize individuals with Substance Use Disorder, and perform language audits within your organization. **Wednesday, April 3, 2024, 1:00pm-2:00pm CT** [Register](#)
31. **Implementing the 4Ms-Behavioral Health: Applying the 4Ms of an Age-Friendly Health System in Mental Health and Substance Use Services** – **Friday, April 5, 2024, 12pm CT.** [Register](#)
32. **Virtual Training to Prescribe Medications for Opioid Use Disorder** – Visit the Providers Clinical Support System website to access free trainings on the treatment and management of patients with opioid or other substance use disorders. Trainings count towards the Drug Enforcement Administration's (DEA) new eight-hour training requirement when applying for or renewing your DEA license. **Monday/Tuesday, April 8-9, 2024, 8am-5pm CT.** [Register](#)
33. **Early Psychosis Conference** – The Early Psychosis Care (EPC) Center is hosting their second annual Early Psychosis Conference at the Courtyard by Marriot Blue Springs, Kansas City. Conference sessions are a combination of lectures and interactive workshops tailored to behavioral health providers, individuals with lived experience, their families/social supports, students, and researchers. **Wednesday/Thursday, April 10-11, 2024, 9am-5pm CT.** [Register](#)
34. **2024 MO Association of Treatment Court Professionals Conference** – Registration for the 2024 MO Association of Treatment Court Professionals Conference is open. The 26th Annual Treatment Court Conference program can be found here: [MATCP-Registration-2.pdf \(motreatmentcourts.org\)](#) Electronic conference applications can be found here: [2024 MATCP Conference – Missouri Association of Treatment Court Professionals \(motreatmentcourts.org\).](#) **Branson, MO, Wednesday-Friday, April 10-12, 2024.**
35. **Diagnosing Prolonged Grief Disorder** – For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. The presenter will discuss the criteria and differences among the disorders, current grief practices and theories, grieving styles, and communication strategies. **Friday, April 12, 2024, 9am-12pm CT.** [Register](#)
36. **NatCon24** – This is THE event in mental health and substance use treatment. NatCon24 is more than a conference! NatCon24 connects you with the most in-demand audiences in our field – from influencers and decision-makers to advocates and executives. **St. Louis, MO, Monday-Wednesday, April 15-17, 2024.** [Register](#)

37. **New A Beginner's Guide to Learning or Teaching the DSM** – This presentation will benefit learners with a wide range of experience related to using the DSM. The goal is for beginners and those who are supervising, teaching, or mentoring individuals new to the mental health field to have a starting point for their discussions. **Thursday, April 18, 2024, 1:00pm-4:00pm CT** [Register](#)
38. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, April 24, 2024, 11am-3pm CT.** [Register](#)
39. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, May 9-10, 2024 (VIRTUAL) and Thursday-Friday, August 29-30, 2024 (Virtual).** [Register](#)
40. **MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. **Monday/Tuesday, May 13-14, 2024, 8am-2pm CT.** [Register](#)
41. **Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours. **May 13, 14, 15, 2024, 9am-5pm CT.** [Register](#)
42. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT.** [Register](#)
43. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT.** [Register](#)
44. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, May 22, 2024, 11am-3pm CT.** [Register](#)

45. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is *"Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities."* **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)
46. **2024 Crisis Conference (Save the Date)** – **Holiday Inn Executive Center, Columbia, MO, June 24-25, 2024.**

RECURRING TRAINING OPPORTUNITIES

1. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
2. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
3. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
4. **Harm Reduction Trainings** – Harm Reduction Trainings – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. **Registration is open for training dates in March and April**, including some evening and weekend options, and organizations looking for additional opportunities can request training via our new training request form. [Learn more and register here for any of the trainings offered](#). Training offerings include:
 - **Foundations of Harm Reduction**
 - **Harm Reduction In Practice**
 - **Overdose Education and Naloxone Distribution (OEND)**
 - **Intramuscular (IM) Naloxone Use**
 - **Stimulant Education: Harm Reduction & Overamping**
 - **Fentanyl Test Strips 101**
 - **Specialty Peer Integration Training (online, self-paced)**
 - **Wound Care for Non-Clinicians (online, self-paced)**
5. **PREPaRE** – PREPaRE trains school-employed mental health professionals and other educators how to best fill the roles and responsibilities generated by their membership on school crisis response teams. PREPaRE is the only comprehensive, nationally available training curriculum developed by educators (each of whom have firsthand school crisis response experience and formal training) for educators. Specifically, the PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: To Register, email YSTraining@BurrellCenter.com the dates you wish to attend.
P—Prevent and prepare for crises

R—Reaffirm physical health & welfare, and perceptions of safety & security

E—Evaluate psychological trauma risk

P—Provide interventions

a—and

R—Respond to mental health needs

E—Examine the effectiveness of crisis preparedness

- **March 12 and 13, 2024** – Kirksville (almost full)

6. **2024 Spring Zoom Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **March 8, 2024, 9am-12pm CT**
 - **March 8, 2024, 1pm-4pm CT**
 - **March 15, 2024, 1pm-4pm**
 - **March 29, 2024, 9am-12pm CT**
 - **March 29, 2024, 1pm-4pm CT**
 - **April 19, 2024, 9m-12pm CT**
 - **April 26, 2024, 1pm-4pm CT**
7. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
 - **March 14-15, 2024** - Recovery Center, Springfield, MO | 1925 East Bennett Suite J, Springfield, MO 65804
 - **April 25-26, 2024** - Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
 - **May 2-3, 2024** – New MBHC temporary location, 2401 East McCarty, Jefferson City, MO 65109
8. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **March 18-20, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **April 22-24, 2024 8am-5pm** - Location: Splitlog Baptist Church 3670 Splitlog Rd, Goodman, MO
 - **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
 - **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
9. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
 - **Wednesday, March 27, 2024, 3pm-4:30pm PT** – Challenging Oppression in Healing Work [Register Session 2](#)
 - **Wednesday, April 24, 2024, 3pm-4:30pm PT** – Uplifting Culturally Sustaining Practices in Substance Use Prevention [Register Session 3](#)
 - **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)

10. **2024 Spring LIVE Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
 - **March 22, 2024** – Springfield Recovery Community Center, 1925 Bennett St., Springfield, MO, **9am-4pm CT**.
11. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **March 28, 2024 , 2pm CT**
 - **May 30, 2024, 2pm CT**
 - **July 25, 2024, 2pm CT**
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
12. **Behavioral Health and Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. CEs are included. [Register](#)
 - **April 18, 2024:** Using the DM-ID, 2 as a Clinical Resource
 - **April 25, 2024:** IDD and chronic health conditions, physical health care advocacy: sharing information with providers
 - **July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
 - **July 31, 2024:** Wellness and Aging
 - **October 8, 2024:** SUD and IDD
 - **October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
13. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)
14. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
15. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
16. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
17. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)

18. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)

19. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

20. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

21. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Missouri Recovery Support Specialist Trainings** – [Register](#)
 - **Ethics Trainings** – [Register](#)