

## SERVING, EMPOWERING AND SUPPORTING MISSOURIANS TO LIVE THEIR BEST LIVES.

## MO DDD & You: Let's Talk About the Missouri Quality Outcomes

Planning for the MOQO & You Supports to Families Report

Information for Individuals & Families

Presented by:

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March 26, 2024 12:30pm-1:00pm



## Webinar Talking Points



Introductions

Missouri Quality Outcomes (MOQO)

- MOQO & You Reports
- Supports to Families Report

## Introductions





Lisa Nothaus, BS Supporting Families Lead Division of DD in 2006



Caitlin Bartley, MSW NCI Coordinator 8 years with Division of DD

## What are the Missouri Quality Outcomes?



- The Missouri Quality Outcomes (MOQO) were created by listening to people with disabilities, their families, and advocates.
- The seven outcomes encourage people with disabilities to lead a self-determined life.
  - A Each person should define what quality of life means to them.
  - This may include personal values, choice, health, safety, inclusion and self-advocacy.

## Missouri Quality Outcomes





#### Daily Life & Employment:

People participate in meaningful activities of their choice.



#### Safety & Security:

People are educated about their rights and practice strategies to promote their safety and security.



#### **Community Living:**

People live in communities and with whom they choose, and in homes and environments designed to meet their needs.



#### Advocacy & Engagement:

People have the chance to advocate for themselves, others, and causes they believe in. This includes personal goals and dreams.



#### Social & Spirituality:

People are active members of their communities. They choose valued roles and relationships through self-determination.



#### Supports to Families:

Families are given knowledge to help them support the person's self-determination throughout their life.



#### **Healthy Living:**

People choose health/mental health resources and are supported into make informed decisions about their health and well-being. More information about the Outcomes can be found at:

https://dmh.mo.gov/dev-disabilities/quality-programs/outcomes

## More on the MOQO



- The MOQO can support discussion around what is important to the person and what they need to reach their "good life".
  - A Each outcome has a corresponding icon borrowed from UMKC Charting the Lifecourse.
- The MOQO is involved in many Division processes, like:
  - The Quality of Services Review
  - The Individualized Support Plan
  - Stakeholder education

## What are the MOQO & You Reports?



- Stakeholder education is important!
- The Division created the MOQO & You series to educate people with IDD and their families about the Missouri Quality Outcomes (MOQO).
  - ## Each report provides education on one or more Outcomes.
  - Posta and graphics are used to describe the Outcomes with applicable resources.

## **Current Reports**



NCI & the Missouri Quality Outcomes Report: briefly showcases each of the outcomes with relevant measures from the NCI and MOQO Surveys.

**Safety & Security Report**: provides education on abuse and neglect with the goal of increasing awareness and prevention.

**Healthy Living Report**: provides education, resources, and statistics on health topics that are important for everyone, including people with IDD.

**Daily Living & Employment Report:** based on the Charting the Lifecourse framework. Provides information and resources to support people with IDD across the lifespan.

Advocacy & Engagement Report: covers important advocacy topics, like self-determination, self-advocacy, guardianship and Supported Decision-Making.

Community Livng/Social & Spirituality Combo Report: provides data, information and resources on decision-making related to home, community, and social activities.

**MOQO Full Report**: crosswalks the MOQO with <u>all</u> available NCI and MOQO Survey data.

These reports can be found at: <a href="https://dmh.mo.gov/dev-disabilities/quality-enhancement/national-core-indicators">https://dmh.mo.gov/dev-disabilities/quality-enhancement/national-core-indicators</a>

## Next Up...



- The final report will be on Supports to Families.
- These reports are for individuals and families. Therefore, we want to hear from you!



- As a person with a disability, what information would help your family?
- As a family member of a person with a disability, what information do you need?
- As a support coordinator or other professional, what information should be included in the report?

## Provide Feedback



If you have a thought to share, please feel free to unmute yourself, drop a message in the chat, or email me!

caitlin.bartley@dmh.mo.gov

## Questions?





## Connect with the Division of DD



·Missouri Department of Mental Health Division of Developmental Disabilities



















## Mark Your Calendar



### **Next MO DDD & You**

April 23, 2024

12:30pm - 1:00pm

### Resources



#### Missouri Division of DD: Missouri Quality Outcomes Webpage:

https://dmh.mo.gov/dev-disabilities/quality-programs/outcomes

#### What are the MOQO?:

https://dmh.mo.gov/media/pdf/what-are-missouri-quality-outcomes

#### Missouri Quality Outcomes Talking Point Series:

https://www.lifecourselearning.com/pages/MOQO-talking-points-series

#### Charting the LifeCourse:

https://www.lifecoursetools.com/

#### MOQO Reports / National Core Indicators:

<u>https://dmh.mo.gov/dev-disabilities/quality-enhancement/national-core-indicators</u>



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**Thank You**