

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance May 10, 2024***

*Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>*

1. **Mental Health Awareness Month** –The National Council for Mental Wellbeing invites you to help move mental wellbeing forward across the country. By raising your voice, prioritizing your self-care, celebrating mental wellbeing and being the difference, you can positively impact yourself and others. Start by downloading the Four Ways Forward toolkit, which includes blog posts, a self-care calendar, best practices and social media graphics. Mental Health Awareness Month is more than just an observance. It’s an important opportunity to bring mental wellbeing into focus for yourself, your family, your friends and your community. Join in the work to make mental wellbeing, including recovery from substance use, a reality for everyone. [Download your toolkit.](#)
2. **New 2024 Spring Edition Evidence Based Services Newsletter** – The Spring edition of the EBS Newsletter has been posted to the website. It can be found [here](#).

**Looking for employment? Know someone who is?  
Open positions across the state and throughout the DMH can be found at  
MO Careers - Department of Mental Health**

### **JOB ANNOUNCEMENTS**

#### **Abuse/Neglect Investigator East Region**

This job requires an eye for detail, excellent oral and written communication skills, and the ability to analyze and interpret complex information. We value responsibility, integrity, and professionalism. As part of our team, you will play a crucial role in the investigation process while contributing to the safety of individuals receiving Department of Mental Health services and the reasonable treatment of employees who provide these services. **Must apply by Monday, May 20, 2024.** [Learn More and Apply!](#)

#### **Part-Time Administrative Support Assistant**

If you enjoy being part of a team and caring for others through meaningful work, YOU can make a difference in the lives of those impacted by a mental illness or developmental disability so they have the opportunity to pursue their dreams, live their lives to the fullest, and be a valued member of their communities. **Must apply by Friday, May 17, 2024** [Learn More and Apply!](#)

3. **New SAMHSA National Prevention Week Virtual Kickoff Celebration Event** – SAMHSA is hosting a [virtual celebration event to kick off National Prevention Week](#) featuring SAMHSA leadership, grantees, FentAlert Challenge winners, and other special guests. The event will highlight the latest innovations in prevention science and prevention-related activities stemming from various SAMHSA initiatives. **Monday, May 13, 2024, 1pm CT**

## FUNDING OPPORTUNITIES

1. **SAMHSA Grants Dashboard** – [Learn More](#)
2. **The National Center for Mental Health: Dissemination, Implementation, and Sustainment** – The purpose of this program is to build the expertise of Center for Mental Health Services (CMHS) service, capacity building, and technical assistance recipients and organizations that oversee or directly provide mental health services to use science-based methods to implement, disseminate, and sustain services. The MHDIS recipient will be expected to provide: 1) training and technical assistance (TTA) on the planning implementation, adaptation, and sustainment of a new/existing service and 2) localized, targeted, and intensive technical assistance (TA) to CMHS recipients and other mental health providers to improve the process of implementation, dissemination, and sustainment of services. **Application due date: Monday, June 10, 2024** [Learn More](#)
3. **HRSA Funding Opportunity: Supporting Fetal Alcohol Spectrum Disorders Screening and Intervention** – This program aims to both reduce alcohol use during pregnancy and improve outcomes for children with fetal alcohol spectrum disorders (FASD). The program focuses on communities with higher rates of binge drinking during pregnancy, including rural areas and medically underserved communities. Specifically, the program provides education to primary care providers on the use of screening, intervention, and referral processes for high-risk pregnancies. The program’s goals include:
  - “Increase primary care providers’ knowledge of the risks of drinking alcohol during pregnancy
  - Promote recommended screening, interventions, and referral approaches; and
  - Develop skills to identify and manage FASD, with an emphasis on fostering effective communication with families”HRSA will provide one award of up to \$950,000 for a one year project. **Applications are due June 21, 2024.** [Related documents](#)

## INFO & RESOURCES

1. **New DMH Veterans Services Launches Video to Promote Suicide Prevention Training** – Two months after receiving suicide prevention training, Missouri Veterans Marlo and Rick recognized the warning signs of suicide, listened to the person’s story and helped connect them to care. The two Veterans share their story of helping a fellow Veteran in suicidal crisis in a video titled *Can Suicide Prevention Training Really Save A Life?* Marlo and Rick received suicide prevention training from a DMH Veterans Services program called the Missouri Veterans Suicide Prevention Team (MOVSPT), a network of volunteer, military-connected suicide prevention trainers that provide free training across Missouri. The video can be viewed on Facebook ([@MOVSPT](#)) or on the DMH YouTube channel <https://youtu.be/kB2-lmNdLFs>.
2. **New Overlooked Concussion in Children May Cause Mental Health Comorbidities** – Among US children who show significant symptoms after a head injury, 23% are not evaluated for concussion or brain trauma. These children are also more likely to experience mental and social disturbances, such as [depressive symptoms](#), and require mental health services. [Read More](#)
3. **New National Fentanyl Awareness Day (NAFD)** – [NAFD](#) was on May 7. This is a day of observance in recognition of those who have lost loved ones to the overdose crisis and to raise awareness of the lethal danger of illegally made fentanyl (IMF). In recognition of National Fentanyl Awareness Day, the Centers for Disease Control and Prevention’s

(CDC) Division of Overdose Prevention released a Partner Toolkit containing ready-made social media graphics and messaging to amplify awareness of the risks of IMF and to remember the lives lost. The NAFD Partner Toolkit also includes links to additional CDC resources related to fentanyl and drug overdose prevention. The CDC National Fentanyl Awareness Day Partner Toolkit can be found on CDC's webpage, [here](#).

4. **New SAMHSA Program to Advance Recovery Knowledge** – SAMHSA Program to Advance Recovery Knowledge (SPARK) is a national technical assistance center to support transformational, recovery-oriented change for every state, tribal, and territorial behavioral health system and promote equitable access to recovery supports in the United States. [Learn More](#)
5. **New Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch these short videos to find valuable, firsthand advice from peer specialists who have many years of combined experience in the field. Find practical insights to help you grasp the different systems of care, navigate relationships, maintain peer support values, understand roles, establish boundaries, and much more. [Watch Videos](#)
6. **New SMI and Criminal Justice: How to Hire and Keep People Who Check Both Boxes** – On the 3<sup>rd</sup> day of the NASMHPD 2023 Annual Meeting, Amy Cohen, Christy Malik, and Justin Volpe presented on the intersection of mental health care and the criminal justice system. The presentation highlighted [SMI Adviser](#) as a resource for clinicians providing care for individuals with SMI, and the disproportionate impacts of SMI among people leaving the criminal justice system. To address this, they shared their recent collaboration between SMI Adviser and NASMHPD to publish [Building New Horizons: Opening Career Pathways for Peers with Criminal Justice Backgrounds](#).
7. **New Toolkit for Building System Capacity to Engage Fathers and Paternal Relatives in Child Welfare: Self-Assessment** – This self-assessment tool is designated to help gauge an organization's overall engagement of fathers and paternal relatives within their programming. The results of the self-assessment can help organizations understand where they are currently, and how to enhance paternal participation in their programs. Initially created for child welfare programs, the tool can be applied to other agency settings working directly with families. The assessment can be found [here](#).
8. **New Atypical Antipsychotics for Depressive Episodes: Clinical Considerations and Strategies in BD vs. MDD** – This is a webcast that discusses the challenges of managing bipolar and unipolar depression with conventional mood stabilizers and/or antidepressants. [Watch Now](#)
9. **New NIDA Notice of Special Interest: Telehealth Strategies for Individuals with HIV and Substance Use Disorders** – The National Institute on Drug Abuse (NIDA) announced a Notice of Special Interest (NOSI) for [Telehealth Strategies for Individuals with HIV and Substance Use Disorders](#). Specifically, NIDA is seeking research "...to explore and develop telehealth methods and strategies for diagnosis, prevention, treatment, and population analysis in individuals living with HIV and substance use disorder." Applications are due **September 7, 2024**. Additional information can be found [here](#).
10. **New New CDC-Funded Campaign: Start with Hope** – The Ad Council, in partnership with the National Council for Mental Wellbeing and Shatterproof, recently launched a new campaign, [Start With Hope](#). The campaign aims to inspire individuals at risk or living with a substance use disorder (SUD) to begin their journey to recovery by connecting them with harm reduction and treatment resources. The campaign is designed for all adults living with or at-risk for developing SUD but focuses on supporting marginalized communities who face greater barriers to accessing substance use treatment. The Ad Council's press release announcing the new campaign can be found [here](#).
11. **New CDC Study on Cigarette Smoking Among Pregnant Women During the Perinatal Period** – Researchers from the CDC recently published a study in *Morbidity and Mortality Weekly Report* on [Cigarette Smoking Among Pregnant Women During the Perinatal Period: Prevalence and Health Care Provider Inquiries-Pregnancy Risk Assessment Monitoring System, United States, 2021](#). The study utilized data from CDC's [2021 Pregnancy Risk Assessment](#)

[Monitoring System \(PRAMS\)](#) of more than 36,000 women across the country to estimate the prevalence of smoking before, during, and after pregnancy, as well as whether health care providers offered pregnant women assistance with smoking cessation throughout their pregnancy.

12. **New SAMHSA CFTI Webinar: BestPractices4Data: Sharing Innovations and Best Practices for Grantees, from Grantees** – This webinar is a series of six issue briefs developed by CFRI through listening sessions with grantees and government project officers that highlight strategies grantees are using to optimize data collection processes. **Thursday, June 6, 2024, 1pm CT** [Register](#)

## TRAINING OPPORTUNITIES

1. **MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. **Monday/Tuesday, May 13-14, 2024, 8am-2pm CT** [Register](#)
2. **Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours. **May 13, 14, 15, 2024, 9am-5pm CT** [Register](#)
3. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT** [Register](#)
4. **Annual National Summit to Increase Social Connections** – Speakers and attendees will explore how to leverage technology to advance social connections for older adults and people with disabilities. **May 14-15, 2024, 12-3pm CT** [Register](#)
5. **New Webinar Series: Stigma and Substance Use Prevention** – This no-cost webinar series will examine stigma related to substance use and its impact on substance use prevention through research and lived experience, including defining stigma, identifying the many forms that stigma may manifest in people who use drugs, and what prevention stakeholders can do to address it and encourage prevention.
  - Stigma and Substance Use Prevention Part 1: The Impacts of Stigma – **Tuesday, May 14, 2024, 12pm CT** [Register](#)
  - Stigma and Substance Use Prevention Part 2: What Prevention Professionals and Others Can Do – **Thursday, May 15, 2024, 12pm CT** [Register](#)
6. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT** [Register](#)

7. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year’s sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
  - [Bridging the Gap: Engaging Community Organizations and Peer Recovery Specialists in Your Work](#) **Wednesday, May 15, 2024, 11am-12pm CT**
  - [Supporting LGBTQ+ Communities With an Intersectional Lens](#) **Thursday, June 20, 2024, 11am-12pm CT**
  - [Promoting Social Equity for Underrepresented Individuals in the Workforce](#) **Thursday, July 18, 2024, 11am-12pm CT**
  - [Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities](#) **Wednesday, August 21, 2024, 11am-12pm CT**
  - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) **Wednesday, September 18, 2024, 11am-12pm CT**
8. **Screening, Brief Intervention and Referral to Treatment (SBIRT) Training** – If you are an administrator or clinician who is new to SBIRT or looking for a refresher, this three-hour training is just for you. SBIRT helps you integrate mental health and medical care as you identify, reduce and prevent risky or unhealthy alcohol and drug use in adults. This integrated, evidence-based, early-intervention program can be implemented in primary care, emergency departments, mental health clinics and school-based health settings. **Thursday, May 16, 2024, 1pm CT** [Register](#)
9. **Workforce Development Learning Community** – Choose to attend one or more of the following sessions. [Register](#)
  - **Thursday, May 16, 2024, 2pm CT**
  - **Thursday, June 20, 2024, 2pm CT**
  - **Thursday, July 18, 2024, 2pm CT**
  - **Thursday, August 15, 2024, 2pm CT**
10. **Spring Training Institute** – The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. **Thursday/Friday, May 16-17, 2024** [Register](#)
11. **Center for Evidence-Based Youth Mental Health Psychological Services Clinic will be hosting some spring workshops.** [Register](#)
  - Exposure Plus Response Prevention for Pediatric Obsessive-Compulsive Disorder – **Friday, May 17, 2024, 1-4pm CT**
  - Cognitive-Behavioral Therapy for Substance Use Disorders – **Friday, May 24, 2024, 1-4pm CT**
12. **Providing Recovery Support Services for Pregnant and Parenting Families (PPF) Training and Credential** – The overall goal of this training is to better prepare Behavioral Health professionals to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents. **May 20-22, 2024, 9am-5pm CT** [Register](#)
13. **New Building Hope: A Journey Through Crisis Residential Services** – As the Nation and communities across the country continue to invest and strengthen their Crisis Response Services systems, many are also recognizing the need for Crisis Stabilization services as alternatives to Emergency Departments and inpatient hospital stays for those in behavioral health crises. **Tuesday, May 21, 2024, 12:30pm CT** [Register](#)

14. **CoE-PHI Webinar: 42 CFR Part 2 Final Rule: What You Need to Know** – This no-cost webinar will outline recent changes to 42 CFR Part 2, the role of 42 CFT Part 2 in protecting confidentiality of substance use disorder (SUD) treatment records, and related technical assistance and resources from CoE-PHI. **Tuesday, May 21, 2024, 2pm CT** [Registration](#) is required.  
Learning objectives include:
- “Describe the recent changes to 42 CFR Part 2
  - Apply recent changes to practical scenarios within case studies
  - Identify how to access resources and technical assistance provided by the CoE-PHI.”
15. **New Post-Overdose Paramedic Buprenorphine Initiation in Missouri** – Josh Wilson, EMS Outreach Coordinator at UMSL: MIMH Addiction Science team for the DOTS+MOBILE project has partnered with six EMS districts across Missouri to bring EMS-initiated buprenorphine (Suboxone) to the state. This project aims to provide patients struggling with opioid use disorder with stabilizing medication following an overdose and connecting them to resources and continuing care. There will be two community info sessions so people can learn more about this work and ask questions. **Tuesday, May 21, 2024, 6-7pm CT or Thursday, May 23, 2024, 9-10am CT** [Register](#)
16. **How the ADA Applies to Addiction and Recovery** – There are thousands of people with addiction to alcohol and in recovery from opioids and other drugs unaware of their civil rights under the Americans with Disabilities Act (ADA). This webinar provides an overview on how the ADA applies to alcohol and substance use disorders using scenarios to illustrate the application of the ADA to alcohol, opioids and other drugs, including cannabis. **Wednesday, May 22, 2024, 11-12:30 CT** [Register](#)
17. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, May 22, 2024, 11am-3pm CT** [Register](#)
18. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
- **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)
19. **New Building Stronger Foundations: The Intersection of Suicide Prevention Infrastructure and Behavioral Health Services** – Suicide is a global public health concern, and the need for robust prevention infrastructure is more critical than ever. This learning session will delve into the multi-faceted approach the Suicide Prevention Resource Center (SPRC) has taken to support states and territories in building effective and sustainable suicide prevention infrastructure. **Wednesday, May 22, 2024, 11am CT** [Register](#)
20. **Resilient Aging Through Community Café Models** – The first step toward addressing the challenge of isolation and loneliness in our aging communities is being able to talk with one another. Through multi-partner collaboration, “The Cafes” (Age Café, Death Café and Memory Café) convene and engage diverse communities in facilitated discussions on topics that matter in an informal, comfortable and welcoming space. **Thursday, May 23, 2024, 1-2pm CT** [Register](#)

21. **Upcoming Mental Health First Aid Webinars –**

- **May 28-29 (9:30a.m.-5:30p.m. CT):** [WHAM Individual Facilitator Training](#)
- **June 13 (12-1 p.m. CT):** [Introduction to Psychedelics for the Treatment of Substance Use Disorder](#)

22. **Fundamentals of Community Inclusion and Participation and Implications for Coordinated Specialty Care –** This 3-part webinar will provide attendees with knowledge needed to promote community inclusion and participation among this young adult population. [Register](#)

- **Tuesday, May 28, 2024, 11am**
- **Tuesday, June 4, 2024, 11am**
- **Tuesday, June 11, 2024, 11am**

23. **Suicide Prevention Training for Those Working with Youth –** This training is designed for individuals who are working with adolescents who could be at risk for suicide. Participants will learn about risk factors, protective factors, warning signs of suicide, and ways to help someone considering suicide. The training will also cover the relationship between substance use and suicide and focus on keeping individuals at risk safe from suicide. [Register](#)

- **May 28, 2024, 8am-4:30pm CT**, MBHC Office, Jefferson City

24. **PCSS-MOUD Online Case-based Learning Collaborative Session 3: OUD in Adolescents and Young Adults –** This session explores best practices on OUD in adolescents and young adults, as well as real-world cases provided by addiction experts, applying knowledge to practical situations. This session is presented live online. **Wednesday, May 29, 2024, 4-5:30 pm CT** [Register](#)

25. **Advancing Harm Reduction Approaches –** Participants will be introduced to the principles of harm reduction and given the basic skills to help individuals understand the spectrum of positive and negative effects of drugs, process addictions, compulsive behaviors, and their impacts. **Wednesday, May 29, 2024, 1-2pm CT** [Register](#)

26. **Middle America School Mental Health Conference –** The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is "*Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities.*" **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)

27. **Culturally Competent Community of Learning (CCCL) Information Exchange -** Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)

- **Thursday, May 30, 2024, 2pm CT**
- **Thursday, July 25, 2024, 2pm CT**
- **Thursday, September 26, 2024, 2pm CT**
- **Thursday, November 28, 2024, 2pm CT**

28. **New Iceberg Ahead! Turning the Titanic in Adolescent Substance Use –** This presentation will engage in discussion about adolescent substance use. Addiction and the effects of addiction will be explained. Vaping and whether it is a gateway drug, and vaping in the school system will be discussed. The role of parent/guardians, group therapy and group ideas will also be discussed. Various modes of treatment will be discussed along with when each would be appropriate to use. **Thursday, May 30, 2024, 1-4pm CT** [Register](#)

29. **Integrating Addiction Medicine with Treatment Courts –** This virtual-live course hosted by ASAM provides the education needed for prescribing clinicians to strengthen skills in partnering with treatment court and advocating for patients who are involved in treatment court. The course will include didactic presentations, small group discussions, FAQs, and challenging case studies. **Monday, June 3, 2024, 9am-4pm CT.** [Register](#)

30. **New Exploring Effective Trauma Treatment Strategies** – The treatment of trauma continues to be a central focus in psychotherapy. This workshop is designed to explore specific resilience-based trauma therapy interventions for clients who have experienced trauma. **Thursday, June 6, 2024, 1-4pm CT** [Register](#)
31. **New Empowering Clients to Embrace Financial Wellness: A training for providers on financial wellness strategies for clients** – This specialized training program is designed to provide practical guidance, resources, and support tailored to the unique needs and challenges faced by people with disabilities in managing their finances. This two-day in-person training will provide an overview of financial wellness, highlight activities to incorporate within service delivery, including case management services, and identify resources and tools to help move individuals toward financial wellness. [Register](#)
- St. Louis, MO, Places for People/Illume – **June 12-13, 2024, 9am-4pm CT**
  - Kansas City, MO, PACE KC – **June 26-27, 2024, 9am-4pm CT**
32. **2024 Missouri Crisis Conference** - The Missouri Department of Mental Health and Missouri Behavioral Health Council have partnered to bring together crisis providers and advocates to learn, network, and grow Missouri's crisis care continuum of services! Registration is free! **June 24-25, 2024** [Register](#)
33. **New Diagnosis and Treatment of Eating Disorders Webinar** – This webinar will educate participants on the signs and symptoms of eating disorders and all the ways those symptoms can manifest in different patients. Participants will also grow in their confidence to interact with those suffering from eating disorders and know when to refer them to a specialist or a higher level of care. **Friday, June 28, 2024, 9am-12pm CT** [Register](#)
34. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)
- Learning Objectives:**
- Understand what dual diagnosis means for people with BHIDD
  - Have an understanding of how to assess mental illness in people with IDD
  - Understand how to support physical health, wellness, and aging and prevent risk over time
  - Learn how to adapt therapy for IDD clients
- Virtual Session Details:**
- **Wednesday, July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
  - **Wednesday, July 31, 2024:** Wellness and Aging
  - **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
  - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
35. **2024 Missouri Suicide Prevention Conference** – If you have been touched by suicide or want to know more about suicide prevention, registration is open for the FREE Missouri Suicide Prevention Conference taking place on **July 24, 2024**, in Cape Girardeau. Attendees will learn about suicide risk factors and new evidence-based programs, hear from individuals with lived experience, and network with others across the state who are concerned about this topic. [Register](#)
36. **2024 NASADAD National Prevention Network Conference Registration Now Open** – The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice. **August 13-15 in Phoenix, AZ** [Register](#)



37. **New Zero Suicide Academy** – Over two days, teams will learn best practices, common challenges, and strategic guidance. **August 14-15, 2024, 8:30am-4:30pm** [Learn More](#) and [Apply](#)
38. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addiction Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **Addiction Science Team Summer Schedule of Harm Reduction Training is Here!** – The Addiction Science Team’s summer schedule of harm reduction training is here! All trainings are free and virtual, and registration is now open for dates in May, June and July. Anyone is welcome to join - including professionals, community members, program participants and students.  
  
Training offerings include topics like Foundations of Harm Reduction, Overdose Education, Stimulant Harm Reduction and more! [Learn more about the trainings and register here](#). We also offer organization-specific training for staff and/or participants - you can fill out a [request form online also](#).
2. **Advanced Buprenorphine Education: Interactive Patient Cases** – The set of five patient case scenarios offers learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder. [Register](#) Download the resource guideline [here](#)
3. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
4. **ASAM Treatment of Opioid Use Disorder Course** – This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. [Register](#)
5. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
6. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
7. **Health Disparities in Substance Use Disorder** – This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. [Register](#)

8. **Striking a Balance: Understanding Pain and Opioids 2024** – This course is designed to meet the FDA’s Opioid Analgesic REMS and will cover the latest science and best practices surrounding the prescription of opioids for pain. [Register](#)
9. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization’s quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact [Kreasha.Williams@uhkc.org](mailto:Kreasha.Williams@uhkc.org)
10. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients’ cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
11. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
12. **Harm Reduction Trainings** – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. Registration is open for training dates in May-July. Anyone is welcome to join - including professionals, community members, program participants and students. Addiction Science also offers organization-specific training for staff and/or participants by request. [Register for or request organization training here.](#)

Training offerings include:

  - **Foundations of Harm Reduction**
  - **Harm Reduction In Practice**
  - **Overdose Education and Naloxone Distribution (OEND)**
  - **Intramuscular (IM) Naloxone Use**
  - **Stimulant Education: Harm Reduction & Overamping**
  - **Fentanyl Test Strips 101**
  - **Specialty Peer Integration Training (online, self-paced)**
  - **Wound Care for Non-Clinicians (online, self-paced)**
13. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfeifferkorn. [Register for any of these trainings](#)
  - **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
  - **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
  - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
  - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
  - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
  - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO

14. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
  - **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)
15. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
  - **July 25, 2024, 2pm CT**
  - **September 26, 2024, 2pm CT**
  - **November 28, 2024, 2pm CT**
16. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)
17. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
18. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
19. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
20. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
21. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
22. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

23. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training – [Register](#)
- Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

24. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)