

# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance** **May 3, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New Budget Update** - Last week the Senate Appropriations Committee held their markup hearings. Markups are going HB by HB and agreeing with the Governor, House, or recommending something different to the budget by the committee. DBH staff are still working through the detail of the hearings. There were a lot of changes, which is good...sometimes just hard to track without the detail. This week we anticipated they would vote on the appropriations on the Senate floor; however, as many of you may be aware, there was a filibuster instead so budget was not touched, but was discussed some during the filibuster. The Senate will be back on the floor Monday, May 6, at 2 p.m. It will be a busy week. They will be voting on the appropriation bills on the Senate floor; an amendment can be offered and accepted on the floor. Appropriations bills have to be Truly Agreed to and Finally Pass (TAFP) by Friday, May 10, by 6 p.m.
2. **New Franklin Presents at MATCP** – Lori Franklin, Mental Health Manager for Recovery Supports at the DMH-DBH presented at the Missouri Association of Treatment Court Professionals on April 11, 2024. The session, “Aligning Peer Credentials with Missouri Department of Mental Health Standards: A Collaborative Approach”, explored the critical intersection of the Missouri Credentialing Board peer credentials and the Department of Mental Health standards, focusing on the imperative need for alignment and collaboration. Discussions took place on the benefits of collaboration and the strategies for establishing mutual standards that enhance the effectiveness and credibility of peer support services.
3. **New Mental Health Awareness Month** –The National Council for Mental Wellbeing invites you to help move mental wellbeing forward across the country. By raising your voice, prioritizing your self-care, celebrating mental wellbeing and being the difference, you can positively impact yourself and others. Start by downloading the Four Ways Forward toolkit, which includes blog posts, a self-care calendar, best practices and social media graphics. Mental Health Awareness Month is more than just an observance. It’s an important opportunity to bring mental wellbeing into focus for yourself, your family, your friends and your community. Join in the work to make mental wellbeing, including recovery from substance use, a reality for everyone. [Download your toolkit.](#)
4. **2024 Mental Health Awareness Month Toolkit** – Check out what SAMHSA is doing and share our materials, and remember that we all play active roles in caring for our mental health! [Learn More](#)
5. **New Missouri State Standing Order for Drug-Deactivation-Disposal Packets** – The MO Department of Health and Senior Services is pleased to provide the new annual Missouri State Standing Order for Drug-Deactivation-Disposal Packets.
  - This standing order is active: 5/1/2024-4/30/2025
  - The goal of these products is to safely dispose of controlled substances to avoid overdose, diversion, accidental ingestion, and other individual and public safety hazards.
  - These products are available over the counter without a prescription.

- This standing order is just for MO HealthNet participants. MO HealthNet covers these products for participants who may not be able to afford them otherwise, but they do require a prescription for coverage- thus the standing order.
- The most significant changes from last year include: 1) date changes, 2) improved descriptions of “Eligible Candidates” inclusive of both opioid and other substance use, as well as more up-to-date medical indications.  
More information can be found on the [website](#).

6. **2024 Mental Health Champions Banquet** – Each year three remarkable Missourians, who have overcome many challenges to make life better for themselves, others, and their communities, are selected to receive the Missouri Mental Health Champions’ award. This year’s champions are: Audrey Whittenberg, Clifford Atterberry, and Lilly Eikermann. This year’s banquet is **Tuesday, May 7, 2024** at the Capitol Plaza Hotel and Convention Center in Jefferson City. Registration just opened! [Register](#)

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

## **JOB ANNOUNCEMENTS**

### **Abuse/Neglect Investigator East Region**

This job requires an eye for detail, excellent oral and written communication skills, and the ability to analyze and interpret complex information. We value responsibility, integrity, and professionalism. As part of our team, you will play a crucial role in the investigation process while contributing to the safety of individuals receiving Department of Mental Health services and the reasonable treatment of employees who provide these services.

**Must apply by Monday, May 20, 2024.** [Learn More and Apply!](#)

### **Part-Time Administrative Support Assistant**

If you enjoy being part of a team and caring for others through meaningful work, YOU can make a difference in the lives of those impacted by a mental illness or developmental disability so they have the opportunity to pursue their dreams, live their lives to the fullest, and be a valued member of their communities. **Must apply by Friday,**

**May 17, 2024** [Learn More and Apply!](#)

## **FUNDING OPPORTUNITIES**

1. **SAMHSA Grants Dashboard** – [Learn More](#)
2. **HRSA Funding Opportunity: RCORP – Impact** - The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the [Rural Communities Opioid Response Program \(RCORP\) – Impact](#). RCORP – Impact is a new rural opioid treatment and recovery initiative intended to supplement the work of [RCORP](#) by improving access to integrated and coordinated treatment and recovery services for substance use disorder (SUD), particularly opioid use disorder (OUD), in [HRSA-designated rural areas](#). The program’s goals include:
  - “Goal 1: Service Delivery: Establish and/or expand coordinated and comprehensive SUD treatment and recovery services.
  - Goal 2: Workforce: Develop a responsive SUD workforce, which includes both peers and clinical providers with diverse scopes of practice.

- Goal 3: Supportive Services: Establish and/or enhance coordination with supportive social services to ensure that rural individuals and families affected by SUD have the greatest opportunity possible for sustained, long-term recovery.
- Goal 4: Sustainability: Develop innovative, multi-sectoral approaches to ensure the continued availability of services supported by RCORP – Impact in the target rural service area.”

Awardees are required to provide medication for opioid use disorder (MOUD). Funds can only be used to support activities in HRSA-designated rural areas.

Additional details on program requirements can be found in the program’s Notice of Funding Opportunity (NOFO) under "Related Documents," [here](#). HRSA will offer up to 16 awards of up to \$750,000 per award per year for up to 4 years for total program funding of \$12,000,000. Applications are due **Monday, May 6, 2024**. Additional information on eligibility and how to apply can be found [here](#).

3. **The National Center for Mental Health: Dissemination, Implementation, and Sustainment** – The purpose of this program is to build the expertise of Center for Mental Health Services (CMHS) service, capacity building, and technical assistance recipients and organizations that oversee or directly provide mental health services to use science-based methods to implement, disseminate, and sustain services. The MHDIS recipient will be expected to provide: 1) training and technical assistance (TTA) on the planning implementation, adaptation, and sustainment of a new/existing service and 2) localized, targeted, and intensive technical assistance (TA) to CMHS recipients and other mental health providers to improve the process of implementation, dissemination, and sustainment of services. **Application due date: Monday, June 10, 2024** [Learn More](#)
4. **HRSA Funding Opportunity: Supporting Fetal Alcohol Spectrum Disorders Screening and Intervention** – This program aims to both reduce alcohol use during pregnancy and improve outcomes for children with fetal alcohol spectrum disorders (FASD). The program focuses on communities with higher rates of binge drinking during pregnancy, including rural areas and medically underserved communities. Specifically, the program provides education to primary care providers on the use of screening, intervention, and referral processes for high-risk pregnancies. The program’s goals include:
  - “Increase primary care providers’ knowledge of the risks of drinking alcohol during pregnancy
  - Promote recommended screening, interventions, and referral approaches; and
  - Develop skills to identify and manage FASD, with an emphasis on fostering effective communication with families”

HRSA will provide one award of up to \$950,000 for a one year project. **Applications are due June 21, 2024.** [Related documents](#)

## **INFO & RESOURCES**

1. **New Mental Health Client-Level Data (MH-CLD) 2022: Data on Clients Receiving Mental Health Treatment Services Through State Mental Health Agencies** – SAMHSA has released the 2022 Mental Health Client-Level Data (MH-CLD) Annual Report, which details the total number of clients receiving mental health treatment services in 2022 by demographics, National Outcome Measures, top five mental health diagnoses for children (ages 0-17) and adults (ages 18 and older) by geographic distribution. The report additionally includes a summary of client characteristics for the 2018-2022 reporting periods. [Learn More](#)
2. **New Family History of TRD May Be Significant Risk Factor for the Disorder** – Patients with a family history of treatment-resistant depression (TRD) were found to have an increased risk of suicide mortality and antidepressant resistance, according to recent cohort study results published in *JAMA Psychiatry*. [Learn More](#)

3. **New Volunteers Requested—The U.S. Department of Health and Human Services, Office of the Assistant Secretary for Health, (HHS OASH) is seeking individuals to participate in a virtual focus group** – The goal of these groups is to learn about harm reduction prevention practices/risk mitigation and policies aimed at reducing infectious disease risk and substance use disorder (SUD) in rural communities. **Seeking individuals 18 and older in rural communities** who have a history of SUD, people who inject drugs, people living with HIV or a sexually transmitted infection (STI) due to injection drug use. In addition, we are also interested in hearing from providers (such as peer support specialists, case workers, physicians, or allied professionals) who have worked directly with individuals with these lived experiences. If you are interested or know of someone who would be willing to participate in the focus group and/or you have any questions or concerns, please email Dr. Lauren Ramsey from MayaTech Corporation at [ORHOfocusgroup@mayatech.com](mailto:ORHOfocusgroup@mayatech.com). **Please respond by May 10<sup>th</sup> with either your interest to participate in or potential participants for the virtual focus groups.**
4. **New NIDA Funded Chestnut Health Systems – Research Institute Opportunity** – Lighthouse Institute offers an exciting new opportunity for young adults (ages 18-25) with lived or living experience with recovery from substance use. The *Initiative for Justice and Emerging Adult Populations (JEAP Initiative)* is currently recruiting new members for their young adult community board to partner with researchers. The board guides the research to improve the effectiveness of recovery support services. It is a paid opportunity and could be instrumental in helping young adults gain skills, make connections, share their expertise, and improve the field of recovery support services. Community board members will be asked to attend virtual meetings approximately 4 times per year, with each meeting lasting about 90 minutes. They will also be asked to spend about two hours prior to each meeting reviewing materials and preparing. Board members will receive a stipend of \$150 for each board meeting that they attend and are asked to commit to serving on the board for at least one year. [Learn More](#)
5. **New FDA Approves First Prescription Digital Therapeutic for Adjunctive Major Depressive Disorder Treatment** - The US Food and Drug Administration (FDA) approved Rejoyn, the first prescription digital therapeutic for the treatment of major depressive disorder (MDD) symptoms. Developed as "CT-152," Rejoyn is now authorized as an adjunct to clinician-managed outpatient care for adult patients with MDD aged 22 years and older who are on antidepressant medication. [Learn More](#)
6. **New Agencies Join Together to Release New Resource to Connect People Returning to the Community to Health Care Services** – The Office of Justice Programs and the Centers for Medicare & Medicaid Services Office of Minority Health have joined together to release a new Coverage to Care (C2C) resource to support individuals upon release and re-entering the community to connect to health coverage and health services. [Click here to view: Returning to the Community: Health Care After Incarceration](#) This guide, [Returning to the Community: Health Care After Incarceration](#), will assist individuals upon release and re-entering the community to better understand their health care needs, including physical and behavioral health, to learn key information, terms, people, and titles to help connect to health care services pre- and post-release, learn about insurance coverage types and how to apply, and tips to get started using health coverage to receive needed services to support a successful reentry and healthy life. To learn more about Coverage to Care, sign up for their listserv, visit <https://go.cms.gov/c2c> or email [CoverageToCare@cms.hhs.gov](mailto:CoverageToCare@cms.hhs.gov).
7. **New Medication Limitations and Adverse Effects in Bipolar Disorder Treatment** – Join Desiree Matthews, PHMNP-BC, from Monarch community mental health center in Charlotte, North Carolina, as she explores the limitations of traditional antipsychotic agents and off-label therapies and uncovers the ongoing challenges of weight gain, sedation, and cardiometabolic disturbances. [Learn More](#)
8. **New DBT Training Videos for Community Mental Health agencies** – Places for People Illume and DMH fidelity team have begun production of a series of four DBT training videos for Community Mental Health agencies providing DBT programming. These training videos are to be included in the DBT Training Library on the DMH website. Each will be added as they are completed, edited, and uploaded.

## TRAINING OPPORTUNITIES

1. **Tobacco Treatment Specialist (TTS) Certification Training** - The program consists of both online learning and a 3-day live virtual training (see times below) focusing on the skills needed to effectively treat tobacco dependence. The training will prepare professionals to provide individuals with effective, evidence-based interventions for tobacco dependence. Professionals who work in the field of health academics, policy, and education will benefit from the up-to-date research/information presented. **Register by May 6, 2024** [Learn More](#)
2. **NEW Suicide Prevention Training for Those Working with Youth** – This training is designed for individuals who are working with adolescents who could be at risk for suicide. Participants will learn about risk factors, protective factors, warning signs of suicide, and ways to help someone considering suicide. The training will also cover the relationship between substance use and suicide and focus on keeping individuals at risk safe from suicide. [Register](#)
  - **May 6, 2024, 8am-4:30pm CT** (Virtual)
  - **May 7, 2024, 8am-4:30pm CT** (Virtual)
  - **May 8, 2024, 8am-4:30pm CT**, Compass, Wentzville
  - **May 9, 2024, 8am-4:30pm CT**, Community Counseling Center, Cape Girardeau
  - **May 28, 2024, 8am-4:30pm CT**, MBHC Office, Jefferson City
3. **Hardwired for Fear and Connection: The Intersection of Brain Science and Equity** – Our brains are designed to keep us safe, constantly monitoring our surroundings and putting up “fight or flight” barriers when we experience things that are new or different. Yet, we are also social beings, craving connection and belonging. What happens in our brains and in our bodies when we experience diversity, bias, and racism? And how do we apply brain-based strategies to ensure we don’t let fear and discomfort hinder our ability to build relationships? Three-part virtual learning opportunity. **Tuesday, May 7, 2024, 12pm-3pm CT** [Register](#)
4. **Behavioral Health Services: Impact of School-Based Mental Health Care** – In this Mental Health Awareness Month webinar, experts will discuss the latest data and trends regarding youth mental health, the importance of school-based health services, best practices for working with partners and stakeholders to build effective school-based programs, and tools to help connect children to care during outreach and enrollment efforts. **Wednesday, May 8, 2024, 2-3pm CT** [Register](#)
5. **Preventing and Addressing Xylazine Use in a Behavioral Health or Clinical Setting** – The Office of the Chief Medical Officer in collaboration with the Center for Substance Abuse Treatment (CSAT) will conduct a virtual webinar on strategies for preventing and treating xylazine in a behavioral health or clinical setting. The webinar will provide an overview of xylazine including what it is and its intended use, emerging trends of misuse, and how substance use prevention and treatment teams can combat trends in their communities. **Wednesday, May 8, 2024, 2-3pm CT** [Register](#)
6. **New Introductory/Refresher Virtual YSBIRT Training** – Youth Screening, Brief Intervention and Referral to Treatment (YSBIRT) is an integrated, comprehensive approach that helps you identify, reduce and prevent risky alcohol and drug use among youth. Research shows that early identification and intervention decreases the long-term likelihood of substance use disorder. If you’re an administrator or clinician new to YSBIRT or looking for a refresher on best practices, join us for this introductory/refresher training. **Thursday, May 9, 2024, 1-4pm CT.** [Register](#)
7. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care



and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, May 9-10, 2024 (VIRTUAL) and Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)

8. **An Introduction to EMDR: The Art and Science of EMDR-IFS** – Designed for mental health professionals seeking to deepen their understanding perhaps pursue in depth training in this transformative approach. This session covers the fundamental principles, history, and applications of EMDR. Participants will explore the Adaptive Information Processing (AIP) model and its relevance EMDR. The EMDR Certified therapist and also Consultant in Training will delve into the eight phases of EMDR therapy. **Friday, May 10, 2024, 1-4pm CT** [Register](#)
9. **MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. **Monday/Tuesday, May 13-14, 2024, 8am-2pm CT** [Register](#)
10. **Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours. **May 13, 14, 15, 2024, 9am-5pm CT** [Register](#)
11. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT** [Register](#)
12. **Annual National Summit to Increase Social Connections** – Speakers and attendees will explore how to leverage technology to advance social connections for older adults and people with disabilities. **May 14-15, 2024, 12-3pm CT** [Register](#)
13. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT** [Register](#)
14. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
  - [Bridging the Gap: Engaging Community Organizations and Peer Recovery Specialists in Your Work](#) **Wednesday, May 15, 2024, 11am-12pm CT**
  - [Supporting LGBTQ+ Communities With an Intersectional Lens](#) **Thursday, June 20, 2024, 11am-12pm CT**
  - [Promoting Social Equity for Underrepresented Individuals in the Workforce](#) **Thursday, July 18, 2024, 11am-12pm CT**

- [Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities](#)  
*Wednesday, August 21, 2024, 11am-12pm CT*
  - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#)  
*Wednesday, September 18, 2024, 11am-12pm CT*
15. **New Screening, Brief Intervention and Referral to Treatment (SBIRT) Training** – If you are an administrator or clinician who is new to SBIRT or looking for a refresher, this three-hour training is just for you. SBIRT helps you integrate mental health and medical care as you identify, reduce and prevent risky or unhealthy alcohol and drug use in adults. This integrated, evidence-based, early-intervention program can be implemented in primary care, emergency departments, mental health clinics and school-based health settings. *Thursday, May 16, 2024, 1pm CT*  
[Register](#)
  16. **Workforce Development Learning Community** – Choose to attend one or more of the following sessions. [Register](#)
    - *Thursday, May 16, 2024, 2pm CT*
    - *Thursday, June 20, 2024, 2pm CT*
    - *Thursday, July 18, 2024, 2pm CT*
    - *Thursday, August 15, 2024, 2pm CT*
  17. **Spring Training Institute** – The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. *Thursday/Friday, May 16-17, 2024* [Register](#)
  18. **Center for Evidence-Based Youth Mental Health Psychological Services Clinic will be hosting some spring workshops.** [Register](#)
    - Exposure Plus Response Prevention for Pediatric Obsessive-Compulsive Disorder – *Friday, May 17, 2024, 1-4pm CT*
    - Cognitive-Behavioral Therapy for Substance Use Disorders – *Friday, May 24, 2024, 1-4pm CT*
  19. **Providing Recovery Support Services for Pregnant and Parenting Families (PPF) Training and Credential** – The overall goal of this training is to better prepare Behavioral Health professionals to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents. *May 20-22, 2024, 9am-5pm CT* [Register](#)
  20. **CoE-PHI Webinar: 42 CFR Part 2 Final Rule: What You Need to Know** – This no-cost webinar will outline recent changes to 42 CFR Part 2, the role of 42 CFT Part 2 in protecting confidentiality of substance use disorder (SUD) treatment records, and related technical assistance and resources from CoE-PHI. *May 21, 2024, 2pm CT*  
[Registration](#) is required.
 

Learning objectives include:

    - “Describe the recent changes to 42 CFR Part 2
    - Apply recent changes to practical scenarios within case studies
    - Identify how to access resources and technical assistance provided by the CoE-PHI.”
  21. **New How the ADA Applies to Addiction and Recovery** – There are thousands of people with addiction to alcohol and in recovery from opioids and other drugs unaware of their civil rights under the Americans with Disabilities Act (ADA). This webinar provides an overview on how the ADA applies to alcohol and substance use disorders using scenarios to illustrate the application of the ADA to alcohol, opioids and other drugs, including cannabis. *Wednesday, May 22, 2024, 11-12:30 CT* [Register](#)
  22. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is

intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, May 22, 2024, 11am-3pm CT** [Register](#)

23. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
  - **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)
24. **New Resilient Aging Through Community Café Models** – The first step toward addressing the challenge of isolation and loneliness in our aging communities is being able to talk with one another. Through multi-partner collaboration, “The Cafes” (Age Café, Death Café and Memory Café) convene and engage diverse communities in facilitated discussions on topics that matter in an informal, comfortable and welcoming space. [Register](#)
25. **Upcoming Mental Health First Aid Webinars** –
  - **May 28-29 (9:30a.m.-5:30p.m. CT):** [WHAM Individual Facilitator Training](#)
  - **June 13 (12-1 p.m. CT):** [Introduction to Psychedelics for the Treatment of Substance Use Disorder](#)
26. **Fundamentals of Community Inclusion and Participation and Implications for Coordinated Specialty Care** – This 3-part webinar will provide attendees with knowledge needed to promote community inclusion and participation among this young adult population. [Register](#)
  - **Tuesday, May 28, 2024, 11am**
  - **Tuesday, June 4, 2024, 11am**
  - **Tuesday, June 11, 2024, 11am**
27. **New PCSS-MOUD Online Case-based Learning Collaborative Session 3: OUD in Adolescents and Young Adults** – This session explores best practices on OUD in adolescents and young adults, as well as real-world cases provided by addiction experts, applying knowledge to practical situations. This session is presented live online. **Wednesday, May 29, 2024, 4-5:30 pm CT** [Register](#)
28. **Advancing Harm Reduction Approaches** – Participants will be introduced to the principles of harm reduction and given the basic skills to help individuals understand the spectrum of positive and negative effects of drugs, process addictions, compulsive behaviors, and their impacts. **Wednesday, May 29, 2024, 1-2pm CT** [Register](#)
29. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is *"Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities."* **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)
30. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
  - **Thursday, May 30, 2024, 2pm CT**
  - **Thursday, July 25, 2024, 2pm CT**
  - **Thursday, September 26, 2024, 2pm CT**
  - **Thursday, November 28, 2024, 2pm CT**



31. **New Integrating Addiction Medicine with Treatment Courts** – This virtual-live course hosted by ASAM provides the education needed for prescribing clinicians to strengthen skills in partnering with treatment court and advocating for patients who are involved in treatment court. The course will include didactic presentations, small group discussions, FAQs, and challenging case studies. **Monday, June 3, 2024, 9am-4pm CT.** [Register](#)
  32. **2024 Missouri Crisis Conference** - The Missouri Department of Mental Health and Missouri Behavioral Health Council have partnered to bring together crisis providers and advocates to learn, network, and grow Missouri's crisis care continuum of services! Registration is free! **June 24-25, 2024** [Register](#)
  33. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)
- Learning Objectives:**
- Understand what dual diagnosis means for people with BHIDD
  - Have an understanding of how to assess mental illness in people with IDD
  - Understand how to support physical health, wellness, and aging and prevent risk over time
  - Learn how to adapt therapy for IDD clients
- Virtual Session Details:**
- **Wednesday, July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
  - **Wednesday, July 31, 2024:** Wellness and Aging
  - **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
  - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
34. **New 2024 Missouri Suicide Prevention Conference** – If you have been touched by suicide or want to know more about suicide prevention, registration is open for the FREE Missouri Suicide Prevention Conference taking place on **July 24, 2024**, in Cape Girardeau. Attendees will learn about suicide risk factors and new evidence-based programs, hear from individuals with lived experience, and network with others across the state who are concerned about this topic. [Register](#)
  35. **2024 NASADAD National Prevention Network Conference Registration Now Open** – The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice. **August 13-15 in Phoenix, AZ** [Register](#)
  36. **Zero Suicide Academy** – Over two days, teams will learn best practices, common challenges, and strategic guidance. **August 14-15, 2024, 8:30am-4:30pm** [Learn More](#)

## ***RECURRING TRAINING OPPORTUNITIES***

1. **New Addiction Science Team Summer Schedule of Harm Reduction Training is Here!** – The Addiction Science Team's summer schedule of harm reduction training is here! All trainings are free and virtual, and registration is now open for dates in May, June and July. Anyone is welcome to join - including professionals, community members, program participants and students.

Training offerings include topics like Foundations of Harm Reduction, Overdose Education, Stimulant Harm Reduction and more! [Learn more about the trainings and register here](#). We also offer organization-specific training for staff and/or participants - you can fill out a [request form online also](#).

2. **New Advanced Buprenorphine Education: Interactive Patient Cases** – The set of five patient case scenarios offers learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder. [Register](#) Download the resource guideline [here](#)
3. **New ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
4. **New ASAM Treatment of Opioid Use Disorder Course** – This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. [Register](#)
5. **New The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
6. **New ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
7. **New Health Disparities in Substance Use Disorder** – This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. [Register](#)
8. **New Striking a Balance: Understanding Pain and Opioids 2024** – This course is designed to meet the FDA’s Opioid Analgesic REMS and will cover the latest science and best practices surrounding the prescription of opioids for pain. [Register](#)
9. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization’s quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact [Kreasha.Williams@uhkc.org](mailto:Kreasha.Williams@uhkc.org)
10. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients’ cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
11. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)

12. **Harm Reduction Trainings** – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. Registration is open for training dates in May-July. Anyone is welcome to join - including professionals, community members, program participants and students. Addiction Science also offers organization-specific training for staff and/or participants by request. [Register for or request organization training here.](#)

Training offerings include:

- **Foundations of Harm Reduction**
- **Harm Reduction In Practice**
- **Overdose Education and Naloxone Distribution (OEND)**
- **Intramuscular (IM) Naloxone Use**
- **Stimulant Education: Harm Reduction & Overamping**
- **Fentanyl Test Strips 101**
- **Specialty Peer Integration Training (online, self-paced)**
- **Wound Care for Non-Clinicians (online, self-paced)**

13. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)

- **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
- **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
- **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
- **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
- **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
- **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO

14. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**

- **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)

15. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)

- **July 25, 2024, 2pm CT**
- **September 26, 2024, 2pm CT**
- **November 28, 2024, 2pm CT**

16. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)

17. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the

conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

18. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
19. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
20. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
21. **Peer Supervision Training – converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
22. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
23. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training – [Register](#)
  - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
24. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings – [Register](#)
  - Ethics Trainings – [Register](#)