



SERVING, EMPOWERING AND  
SUPPORTING **MISSOURIANS**  
TO LIVE THEIR **BEST LIVES.**

## **MO DDD & You: DD Health Home - Exploring Allison's Journey**

Information for Individuals & Families

Presented by:

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**May 28, 2024**  
**12:30pm-1:00pm**



# Talking Points



- Introductions
- Review Health Home Services
- Review Eligibility for Participation
- Allison's Journey video
- Questions/Answers



# MO DD Health Home



- 👤 The DD Health Home program will begin on 7/1/2024.
- 👤 On 4/29/2024, the Centers for Medicare and Medicaid Services (CMS) approved Missouri's Health Home State Plan Amendment effective 7/1/2024.
- 👤 Missouri is the 2nd state in the nation, following New York, to implement a Health Home uniquely designed to improve chronic health conditions and lower overall health care costs for individuals with intellectual and developmental disabilities.



# MO DD Health Home



## IS

- ✔ Access to a team of healthcare professionals that promote a healthy outcomes.
- ✔ An additional partner to help individuals and Support Coordinators identify health needs and goals.
- ✔ A program funded through MO HealthNet that will not affect an individual's current MO HealthNet (Medicaid) benefits or services.

## IS NOT

- ✔ **A home. It is not a place to live and does not change where the individual lives.**
- ✔ **A direct medical service. It does not take the place of an individual's primary care physician or medical specialist.**
- ✔ Home Health services which provide direct medical care.
- ✔ Replacing an individual's planning team.














# MO DD Health Home Eligibility



## Who is eligible?

Adults and youth receiving Division of DD services (**waiver & non-waiver**) who are covered by Medicaid if they have a chronic condition of intellectual and/or developmental disability, and have or be at risk of developing one of the following conditions:

-  Diabetes;
-  Asthma;
-  Cardiovascular disease or hypertension;
-  Chronic Obstructive Pulmonary Disease (COPD);
-  Overweight (Body Mass Index (BMI) > 25);
-  Dementia;
-  Dependent on a ventilator;
-  Tobacco use;
-  Diagnosis of Autism Spectrum Disorder;
-  One of the Fatal Five Plus Conditions: Pulmonary Aspiration, Bowel Obstruction, Gastroesophageal Reflux Disease (GERD), Seizures, Sepsis, Dehydration;
-  Using the Health Risk Screening Tool that identifies potential risk for individuals with a Healthcare Level of 3 or greater.







# MO DD Health Home

## How do individuals enroll?



MISSOURI DIVISION OF  
DEVELOPMENTAL  
DISABILITIES



### **Auto-enrollment of individuals**





-  The Division will auto-enroll eligible individuals and assign individuals to a DD Health Home Provider.
-  Individuals will receive a letter in June 2024 indicating they have been selected to participate in this program, the benefits of the service, and the individual's assigned DD Health Home Provider contact information.

### **Opt Out**

-  Individuals have the choice to opt out whenever they choose or request a different DD Health Home Provider.
-  This program is completely voluntary.



## Allison's Journey

-  Allison has diagnoses of GERD and diabetes, and is at-risk for other conditions, all of which make her eligible for the DD Health Home program.
-  Once she is enrolled, she begins working with her DD Health Home Nurse Care Manager (NCM) to set health goals.
-  Six months later, Allison has learned how to prepare healthy meals at home, she attends an aerobic class at the YMCA, and she has lowered her A1c level and decreased her body mass index.
-  Four years later, Allison's mother has passed, and she is receiving Individualized Supported Living (ISL) services. The story explores how her DD Health Home NCM and ISL Residential RN collaborate to help her manage issues with GERD.



## ***Questions/Feedback?***

***Call us toll free:  
(866) 466-8283***

***Email us at:  
[DDHealthHome@dmh.mo.gov](mailto:DDHealthHome@dmh.mo.gov)***

***Visit the DD Health Home Webpage:  
<https://dmh.mo.gov/dev-disabilities/health-home>***



# Mark Your Calendar



Next MO DDD & You:

**June 25, 2024**

**12:30pm-1:00pm**

# Connect with Us!



Missouri Department of Mental Health  
DIVISION OF DEVELOPMENTAL DISABILITIES



**Connect  
with us!**



[dmh.mo.gov/dev-disabilities](https://dmh.mo.gov/dev-disabilities)



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**Thank You**