

7/29/24

Excessive Heat Information and Resources

Excessive heat will affect Missouri starting Monday, July 30th and last through Thursday, August 1st. The National Weather Service has provided a [briefing](#) and resources are listed below.

- Local cooling centers map and an extreme heat toolkit on the [DHSS website](#)
- Tips for hot weather and taking medications
 - [SAMHSA](#)
 - [National Weather Service](#)
 - [CDC Heat Health](#)
- Extreme Heat Safety from [Red Cross](#)
- Extreme Heat resources on [Office of Disaster Services](#)
- [Ready.gov Extreme Heat](#)

