

DBH Updates, Notices, and Policy Guidance July 12, 2024

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. **New CIMOR/CVS Priority Notice** – The FY25 CIMOR/CVS Billing Schedule has been posted to the DMH Portal. Please login to the portal to view the updated schedule.

Applications, Documents, & Videos

Security Access Request

Access Request Application (ARA) - CIMOR Access

DMH Application Request System (DARS) - Non-CIMOR Access

DARS Instructions for External Users

Assistance for DD Service Providers in Selecting Roles through ARA

CIMOR Roles Summary

Applications

Data Central Reports

Integrated Quality Management Functions Database

DD Consumer Referrals

DD Consumer Referral Documents

DD Mortality Review

DMH Extranet
TEDS Submission System

DMH File Transfer
CVS Provider Test

TSOR - Compulsive Gambling

Documents

Billing Payment Schedule:

Year 2025 Year 202

Year 2023 Year 2022 Year 2021

- 2. **New I/DD Disaster Preparedness Guidebooks** We are very excited to announce the launch of the Disaster Preparedness Guidebooks for those with Intellectual and Developmental Disabilities (I/DD). There are two guidebooks available along with videos and animations that can be accessed and shared. Learn more about I/DD Disaster Planning and Preparedness or jump directly to information Guidebooks.
 - Individual guidebook This guide is designed for individuals with intellectual and/or developmental disabilities (I/DD) and their families. It is designed to help individuals or families plan and be prepared in the event of a disaster.
 - **Provider guidebook** This guide is designed for direct service providers, case managers, and others who serve individuals with intellectual and/or developmental disabilities (I/DD). It is designed to help providers plan and be prepared to ensure the needs of those served are met in the event of a disaster.
 - Videos The video guides are concepts taken directly from the individual and provider planning guides and put into a fun and engaging format. Videos are organized into two modules: Guidebook Concepts and Addressing Personal Needs. Topics include: Overview of the Guidebook, Disaster Preparedness Check, Service Animals, and so much more.
 - **Animations** Five videos on disaster preparedness (Routine disruption, Be Aware of Warnings, Ready In 3, Service Animals and Shelter in Place/Evacuation).

This content is housed on the new <u>DMH Content Hub</u> along with a lot of other great resources and training opportunities. Simply create your account and start reviewing the resources and trainings available. Be on the lookout for information about the new DMH Content Hub in the near future!

Want posters or cards to share about the new guidebooks? Let us know – we have posters for our facilities and providers to hang in their offices and other locations to advertise these guidebooks. Just let Disaster Services know and they will mail them out to you. In addition, there will be printed guidebooks in the near future but for now, they are online. For questions, trainings, or additional information, please reach out to the Office of Disaster Services DD Preparedness Coordinator <u>Debra.Hendricks@dmh.mo.gov</u>.

- 3. **New Provider Bulletin Dental Program –** This applies to MO HealthNet Fee-For-Service Dental Providers with an effective date of July 1, 2024. <u>Read More</u>
- 4. New Project HepCure The MO HealthNet Division (MHD) has awarded AbbVie a three-year contract to continue their collaboration on Project HepCure. This initiative provides MAVYRET®, a medication with a 98% cure rate, at no cost to MO HealthNet (Medicaid) enrollees. Project HepCure focuses on eliminating hepatitis C by promoting early testing and treatment, particularly for high-risk groups. Despite 27,344 MO HealthNet participants being diagnosed with hepatitis C, only 6,606 have received treatment. MHD Pharmacy Director, Joshua Moore, PharmD, emphasizes the importance of prioritizing testing for all adults aged 18 and older. Dr. Blair Thedinger from KC Care Health Center praised the program, stating, "MO HealthNet's Project HepCure has made accessing treatment for most of my patients so easy." Short video message from Joshua Moore. For more information, visit the Project HepCure webpage.
- 5. New MO HealthNet/WIC Collaborative Efforts Over the last six months, MHD and the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) staff have worked closely together to increase uptake in WIC enrollment and participation for women and children in MO HealthNet (Medicaid), but not currently enrolled in WIC. WIC provides supplemental food, health care referrals, nutrition education and breastfeeding promotion and support to eligible pregnant, breastfeeding and postpartum women, infants and children up to age five. Fathers, grandparents, guardians and foster parents may also apply for benefits for the children living in their household. MHD sent text messages to participants currently enrolled in Medicaid but are not receiving WIC benefits, letting them know they can sign up for free food. There has been a 30% uptake in WIC benefits! If you would like to refer a patient to WIC, you can share the following link so they can apply: health.mo.gov/living/families/wic
- New 1st Annual Region 7 Peer Summit (Missouri, Kansas, Nebraska, and Iowa) "Elevating Professionalism
 Together: Advancing Through Peer Collaboration" Experience the power of collaboration as we unite to address
 shared challenges, seize emerging opportunities, and propel our collective success to new heights. Thursday-Friday,
 October 24-25, 2024 Register
- 7. **New** Increase of the MO HealthNet Asset Limits for FY2025 https://dmh.mo.gov/media/pdf/increase-mo-healthnet-asset-limit
- 8. New Online map and text number will help families locate local summer food programs The Missouri Department of Health and Senior Services Summer Food Service Program is designed to provide breakfast, lunch, suppers and/or snacks to children living in eligible areas during the summer months and during times of public emergencies, when children do not have access to free or reduced-price meals at school. An online interactive map is provided to help families in Missouri find out where their children can receive free meals this summer. The map shows sites where children must sit and eat the meal, but the map also shows certain rural sites that are designated as non-congregate multi-day meal pick-up sites. Community organizations serve the meals at schools, churches, parks, swimming pools, YMCA facilities, Boys and Girls Clubs, and other spots where children gather when school is not in session. The meals are provided to all children who attend the meal service location. Children do not have to be registered and there is no fee to participate in the program. For families without access to the internet, summer meal sites in the area can also be found by texting the phrase "Summer Meals" to 914-342-7744. You can also call 888-435-1464 for more information.

Looking for employment? Know someone who is? Open positions across the state and throughout the DMH can be found at MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- 1. How to Improve Your Grant Writing Skills In this program, there will be an overview of the federal agencies and private foundations that regularly offer funding and describe how to elevate which grants to apply for. Descriptions of the different sections of a grant application and what content should be covered in each section will be described. Learn More
- 2. New Grant Resources:
 - Nonprofit Grant Program | Department of Economic Development (mo.gov)
 - Grants Management St. Louis Community Foundation (stlgives.org)
 - Missouri Grants for Nonprofits, Businesses and Individuals GrantWatch
 - Grant Eligibility | Grants.gov
 - Grants | SAMHSA
- 3. New SAMHSA Funding Opportunity: Community-Based Maternal Behavioral Health Services Program This program aims to improve access to evidence-based, timely, and culturally relevant maternal mental health and substance use disorder (SUD) services by bolstering community referral pathways to ensure seamless transitions in care for pregnant people in the perinatal and postpartum periods who are at risk or have a mental health or SUD. Specifically, recipients must collaborate with pregnancy and post-partum healthcare organizations, refer people in need of mental health and SUD care to providers, and provide short-term mental health and SUD services to those unable to access care. SAMHSA will provide up to 6 awards of up to \$500,000 per year, per award, for up to 5 years for total program funding of \$15,000,000. Applications are due August 26, 2024. Additional details can be found in the program's Notice of Funding Opportunity.
- 4. New MO GME Grant Program to Expand Residency Slots The Missouri Department of Health and Senior Services (DHSS) the Missouri Graduate Medical Education First Program (MO GME Grant Program) application is now open for application submission. The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025 for the following specialties:
 - Family Medicine
 - Internal Medicine
 - Obstetrics/Gynecology
 - Pediatrics
 - Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: <u>Missouri Graduate Medical Education Grant Program Application</u>.

INFO & RESOURCES

New Peer Phone Line – The statewide Peer Phone Line offers safe, confidential telephone support provided by
peers in recovery from mental illness. Peer responders are available to assist individuals with non-crisis mental
health issues. They provide assistance in problem solving, goal setting, conflict resolution, and coping skills. They
also provide resources and referrals to other agencies providing services including housing, food banks,

transportation, professional counseling, and crisis management. For more information: Consumer Operated Services Programs. Compassionate Ear Warmline – Mental Health America of the Heartland, (913) 281-2251 or (866) 927-6327 – Available 9:00 a.m. – 9:00 p.m.

- 2. New The National Institutes of Health Request for Information on the Helping to End Addiction Long-term (HEAL) Initiative This RFI solicits input on future research priorities of the HEAL Initiative regarding scientific research to address the public health challenges related to opioid use disorder (OUD), overdose, and chronic pain. The HEAL Initiative is designed to support research on evidence-based solutions to the overdose crisis, including strategies to address OUD, overdose reversal medications, and pain management. Specifically, NIH is seeking input on: 1) "Research on opioid use disorder and overdose not already captured in NIDA's strategic plan; 2) research aimed at addressing unmet needs for pain management, and; 3) cross-cutting research at the intersection of opioid use disorder/overdose and pain management." NIH is soliciting input from all interested parties, including the scientific community, the private sector, community-based organizations, healthcare providers, professional societies, advocacy groups, patient communities, people with living/lived experience, caregivers, funding agencies, and other interested members of the public. Additional details can be found here.
- 3. New CDC Study Identifies Gaps in "Cascade of Care" for People with Opioid Use Disorder This study applied data from the 2022 National Survey on Drug Use and Health (NSDUH) to the "cascade of care" framework to generate population estimates for the percentage of the adult U.S. population who need opioid use disorder (OUD) treatment, received OUD treatment, and specifically, received medications for opioid use disorder (MOUD). The report found that a significant percentage of U.S. adults who needed OUD treatment in 2022 either did not perceive that they needed it (43%) or received treatment that did not include MOUD (30%). Other key points from the report include: 1) "In 2022, an estimated 3.7% (9,367,000) of U.S. adults needed OUD treatment. Among these, 55.2% (5,167,000) received OUD treatment, and 23.1% (2,353,000) received medications for OUD; 2) The percentage of adults aged 18-25 years who needed OUD treatment (2.2%) was lower than that among older age groups; 3) The percentage of adults needing OUD treatment who received treatment was lower among those aged ≥50 years (44.9%) than among younger age groups; 4) The percentage of adults who received treatment was higher among non-Hispanic White Adults (60.3%) than among non-Hispanic Black or African American (43.8%) or Hispanic or Latino (45.7%) adults among adults with severe OUD (53.0%) than among those with mild or moderate OUD (20.5%)." The report provides additional estimates based on other characteristics, including poverty level, employment status, education level, and illicit drug use, among others.
- 4. New The National Institute on Drug Abuse (NIDA) Webinar: Hepatitis C in the Context of Drug Use; State-of-the Art Diagnostic and Pathogenic Efforts The National Institute on Drug Abuse (NIDA) is hosting a webinar as part of the National Institutes of Health's (NIH) and the Coalition for Global Hepatitis Elimination's series Moving from Hepatitis Discovery to Elimination: NIH Research Advancing Hepatitis Elimination on Hepatitis C in the Context of Drug Use; State-of-the-Art Diagnostic and Pathogenic Efforts. Monday, July 22, 2024, 11am CT Registration is required.
- 5. New SAMHSA Webinar: Clinical Community Partnerships to Support Behavioral Health for Service Members, Veterans, and their Families The webinar will feature speakers from SAMHSA's Center for Mental Health Services (CMHS) and community-based organizations that work around access to Veterans' mental health and substance use disorder (SUD) services who will discuss strategies to develop clinical community partnerships to support the mental health and SUD needs of Service Members, Veterans, and their Families (SMVF). Specifically, the webinar will review the role of clinical community partnerships in improving SMVF's access to emergency suicide care and care coordination among the Department of Veterans Affairs (VA) and Certified Community Behavioral Health Clinics (CCBHCs). Tuesday, July 30, 2024, 12pm CT Register
- 6. **New Emerging Therapies in Bipolar Disorder Treatment** In this video, Rakesh Jain, MD, MPH, psychiatrist at Mental Wellness in Austin, Texas, discussed the recent advances and emerging therapies coming out in bipolar disorder treatment. While highlighting innovative therapies like he olanzapine-samidorphin combination, cariprazine, and lumateperone, Dr. Jain also emphasizes the enduring value of traditional treatments such as lithium. Watch video

- 7. New Adult Treatment Provider Training Now Available via E-Learning Center Over the past few years, All Rise has partnered with the American Society of Addiction Medicine (ASAM) to create and deliver training for substance use disorder treatment providers working with adult participants in treatment courts. The online course provides foundational knowledge needed for treatment providers, particularly clinicians, working within a multidisciplinary treatment court team to strengthen their skills in screening, assessing, diagnosing, and treating justice-involved patients with SUD. Through interactive and application-focused learning experiences, the course focuses on the clinician's role in educating, communicating, and advocating for evidence-based practices in the treatment court setting. Learn More
- 8. New The Deflection Conversation Framework: A Community Engagement Tool for First Responders One of the five critical elements of deflection is the standardization of deflection practices within the first responder agency (Critical Element 3). This element emphasizes the necessity of training to both educate first responders and other deflection personnel on substance use and garner buy-in and support for deflection initiatives. The three-module training is designed to provide first responders and other deflection personnel with the empathetic communication skills they need to effectively engage people who use drugs during deflection interactions and make a positive impact on someone's journey to recovery. This self-directed e-course was developed for the Bureau of Justice Assistance's Comprehensive Opioid, Stimulant, and Substance Use Program (COSSUP). Learn More
- 9. New Pew: Most States Already Collect Data That Can Help Improve Opioid Use Disorder Treatment Pew recommends that state officials not only collect data on the measures but also make it publicly available "to create accountability on the effectiveness of the state's efforts to address the opioid crisis." Such public reporting of clinical measures has been associated with improving health outcomes. Currently, most of the core Opioid Use Disorder (OUD) treatment measures are included in the federal reporting requirements for at least one Medicaid program. Learn More
- 10. New Planning Initiative to Build Bridges to Increase Access to Opioid Use Disorder Treatment Options in the Nation's Jails Increasing access to medication-assisted treatment (MAT) in the nation's jails—where more than 60 percent of individuals have a substance use disorder—is the goal of the Building Bridges initiative. The Institute for Intergovernmental Research (IIR) is releasing this solicitation for applications on behalf of the Bureau of Justice Assistance (BJA). BJA, in partnership with the U.S. Drug Enforcement Administration and the Substance Abuse and Mental Health Services Administration, will lead the support for this 9-month planning initiative to help communities develop a comprehensive continuum of care that targets individuals with opioid use disorder (OUD) in jails and builds bridges to increase access to treatment both in custody and with community-based MAT providers upon release. Under this solicitation, up to 15 communities will be selected to participate in the planning initiative. Learn More
- 11. **New Homeless and Housing Resource Center Newsletter** Commemorating the 25th Anniversary of *Olmstead*; Supporting the Peer Workforce; and Eviction Prevention: Strategies for Supporting Individuals with Serious Mental Illness and Substance Use Disorders. <u>Learn More</u>
- 12. New Dosing Starts in Pharmacokinetics Study of AD04 for Alcohol Use Disorder The study, which is expected to take 6 months to complete, satisfies a requirement of US Food and Drug Administration (FDA) guidance for an upcoming phase 3 trial of AD04. The investigational therapeutic agent is a genetically targeted, serotonin-3 receptor antagonist for the treatment of alcohol use disorder in patients who drink less than 10 drinks per drinking day. AD04 is thought to reduce alcohol craving. Learn More
- 13. **New Refuel Your Mission: Skills to Revitalize Caring Professionals** During this interactive 90-minute webinar, participants will develop a clear understanding of how to thrive as caring professionals even when faced with challenging work and life circumstances. **Friday, August 16, 2024, 10-11:30am CT** Register

- 14. **New National Minority Mental Health Awareness Month** July is National Minority Mental Health Awareness Month! We bring awareness to the unique mental health struggles that underrepresented racial and ethnic communities face in the United States. Resource List
- 15. New Partnering with Families in Behavioral Health: The FAMILY Approach This session highlighted a new, free online module, "Partnering with Families in Behavioral Health," developed by the National Family Support Technical Assistance Center (NFSTAC) and the Center for Psychiatric Rehabilitation at Boston University. The course presents an approach that teaches the behavioral health workforce how to partner with families. The presentation offered opportunities for participants to engage in reflection exercises, as well as opportunities to ask questions of the course developers, so that they can increase their understanding of the strategies involved in family partnerships.
- 16. New A Triple P Perspective: Personal, Parental, and Professional Perspectives on Promoting Inclusivity and Positive Mental Health for LGBTQ Youth This dynamic panel presentation offered unique insights from personal, parental, and professional viewpoints, advocating for a world where every LGBTQ youth has access to an affirming school community.
- 17. New Understanding Substance Use Trends, Treatments, and Care Options for the Mental Health Workforce Northeast and Caribbean MHTTC hosted a webinar series to help educate participants about treatment options for opioid, stimulant and other substance use disorders and how to overcome barriers to care. The webinar series explored factors to consider for treatment referrals, resources to connect people with peer support, and how services are evolving to support families and offer person-centered, trauma-informed care. Other topics included, the neurobiology of addiction, how brain changes can impact decision-making, and strategies to improve treatment engagement. You can access the recording for sessions 1-4 below:
 - Session 1
 - Session 2
 - Session 3
 - Session 4
- 18. **New Perinatal Mood and Anxiety Disorders Webinar** In June, expert speaker, Dr. Marianela Rodriguez, explained the prevalence, signs, and symptoms of common mental disorders experienced by birthing parents. Participants learned about the symptoms and practical doping and management strategies while learning about resources available to expecting parents and their families, empowering them with actionable steps to navigate the perinatal journey with resilience and support.
- 19. New Interpersonal Risk and Resilience in Latine Immigrants The aim of this presentation is to outline interpersonal factors that exacerbate and mitigate risk for mental health problems among Latine immigrants, particularly asylum seekers from Central America. Data from across the lifespan, including children, adolescents, young adults, and adults, will be presented centered on how interpersonal processes shape risk and resilience for immigrants. Monday, July 29, 2024, 12-1:30pm CT Register
- 20. **New Partnership to End Addiction** Did you know the Partnership has a YouTube channel full of informational videos? <u>Visit it here</u>. We've recently categorized our video content to make it easier to find what you're looking for. Here are some video categories to explore:
 - Substance use prevention
 - Family support in addiction recovery
 - Having difficult conversations
 - Parenting skills

TRAINING OPPORTUNITIES

- 1. New Understanding the Basics of DBT, a 4-Part Foundational Webinar Series In June, Northeast and Caribbean MHTTC, hosed a 4-part webinar series on Dialectical Behavior Therapy (DBT) focused on DBT's core modules and designed to enhance the skills of students and new professionals. This series addressed mindfulness, regulating emotions, and reducing emotional vulnerability, coping with crises and difficult situations, and navigating interpersonal relationships effectively. Throughout the series, participants gained valuable insights and practical techniques to support individuals in applying tools to their daily lives. You can access the recordings for sessions 1-3 below:
 - Session 1
 - Session 2
 - Session 3
- New Virtual Training: The 42 CFR Part 2 Final Rule-What State Agency Leaders Need to Know to Support
 Implementation This training will cover the latest changes to 42 CFR Part 2, the implications of the changes on
 protections on the confidentiality of substance use treatment records, and strategies to support implementation for
 State Agency leaders. The training will also take participants through a number of interactive case studies around
 common scenarios related to Part 2 implementation. Wednesday, July 17, 2024, 2pm CT Register
- 3. Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. Click to register for the collaborative

Learning Objectives:

- Understand what dual diagnosis means for people with BHIDD
- Have an understanding of how to assess mental illness in people with IDD
- Understand how to support physical health, wellness, and aging and prevent risk over time
- Learn how to adapt therapy for IDD clients

Virtual Session Details:

- Wednesday, July 17, 2024: Crisis Prevention and Intervention: Reducing Risk
- Wednesday, July 31, 2024: Wellness and Aging
- Tuesday, October 8, 2024: Substance Use Disorder and IDD
- Wednesday, October 23, 2024: Adapting Therapy with IDD Clients (including alternative therapies)
- 4. Social Justice Leadership Academy (SJLA) Learning Series This is a free, monthly virtual learning opportunity combining informational presentations, workshops and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
 - Promoting Social Equity for Underrepresented Individuals in the Workforce Thursday, July 18, 2024, 11am-12pm CT
 - Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities Wednesday, August 21, 2024, 11am-12pm CT
 - Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities Wednesday, September 18, 2024, 11am-12pm CT

- 5. Mental Health First Aid Mental Health First Aid teaches you to recognize signs and symptoms of mental health and substance use challenges. It will prepare you to help a family member, friend, co-worker, or neighbor. This interactive training is valued at \$170 per person, but is being brought to Missourians at no charge by Missouri's Department of Mental Health and other sponsors. Register
 - Thursday, July 18, 2024, 11:30am-5:00pm
- 6. Workforce Development Learning Community Choose to attend one or more of the following sessions. Register
 - Thursday, July 18, 2024, 2pm CT
 - Thursday, August 15, 2024, 2pm CT
- 7. **New Trauma Strategies for Peer Support Using Self-Care** This workshop reviews how trauma situations may present when supporting clients to recognize and cues alerting as to when to step away from a trauma-inducing situation. Content will also offer practical strategies for peers and other staff self-care and self-supportive resources to build and maintain resiliency. **Monday, July 22, 2024, 9-11am CT** Register
- 8. **New Recovery Organizing Coaching Open Office Hours –** Have something advocacy related you need to brainstorm? Are you stuck in your community organizing? Jump into this event to listen and learn with other recovery community organizer coaches to move towards a solution. Different coaches will be available for each hour of this Open Office Hours. **Monday, July 22, 2024, 11am-2pm CT** Register
- New Healing School Communities in the Context of Faith-Based Bullying: A Two-Part Conversation Series This series explores bullying & belonging with attention to faith-based experiences of stigma, contention, conflict and policies and programs that foster religious literacy, thereby enhancing school culture and climate. Session 1:
 Tuesday, July 23, 2024, 1-2:30 CT and Session 2: Thursday, July 25, 2024, 1-2:30 CT Register
- 10. 2024 Missouri Suicide Prevention Conference If you have been touched by suicide or want to know more about suicide prevention, registration is open for the FREE Missouri Suicide Prevention Conference taking place on July 24, 2024, in Cape Girardeau. Attendees will learn about suicide risk factors and new evidence-based programs, hear from individuals with lived experience, and network with others across the state who are concerned about this topic. Register
- 11. **Guiding Principles of Recovery** This webinar will explore definitions of recovery and the ten guiding principles, drawing on research, practice, and personal experience of recovering individuals. Participants will advance their understanding of the four major dimensions that support a life in recovery: home, health, purpose, and community. **Wednesday, July 24, 2024, 1pm CT** Register
- 12. Innovations in Recovery Leadership 3-day Training This training offers attendees an exciting and highly dynamic exploratory process in which the foundational pillars of recovery leadership are unpacked. The training is for emergent and seasonal leaders working or volunteering in a setting that prioritizes recovery support services.

 Wednesday-Friday, July 24-26, 2024 Register
- 13. Culturally Competent Community of Learning (CCCL) Information Exchange Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: Register
 - Thursday, July 25, 2024, 2pm CT
 - Thursday, September 26, 2024, 2pm CT
 - Thursday, November 28, 2024, 2pm CT

- 14. New Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. Register
 - Friday, July 26, 2024, 10am CT
 - Friday, August 23, 2024, 10am CT
 - Friday, September 27, 2024, 10am CT
 - Friday, October 25, 2024, 10am CT
- 15. New Office of the Chief Medical Officer Webinar: Integrating Syphilis Programming into Behavioral Healthcare Settings This webinar will convey strategies for integrating syphilis programming into behavioral healthcare settings. The presentation will include a discussion of SAMHSA's funding and resources to address the emerging syndemic, and a detailed examination of congenital syphilis including an overview of syphilis, diagnosis and treatment options, trends, and resources that medical providers and behavioral health practitioners may use to meet the needs of individuals seeking services. Monday, July 29, 2024, 2-3:30pm CT Register
- 16. **New Assessment 101-A First Episode Psychosis Screening** This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. **Register**
 - Wednesday, July 31, 2024, 10-11am CT
 - Wednesday, October 30, 2024, 10-11am CT
 - Wednesday, January 29, 2025, 10-11am CT
 - Wednesday, April 30, 2025, 10-11am CT
- 17. **New Assessment 101-B** Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. Register
 - Wednesday, August 7, 2024, 10-11am CT
 - Wednesday, November 6, 2024, 10-11am CT
 - Wednesday, February 5, 2025, 10-11am CT
 - Wednesday, May 7, 2025, 10-11am CT
- 18. **New Mental Health First Aid Training Opportunity** Missouri EMS Conference and Expo Pre-Conference Session. Mental Health First Aid is an early intervention public education program. It teaches adults how to recognize the signs and symptoms that suggest a potential mental health challenge, how to listen nonjudgmentally and give reassurance to a person who may be experiencing a mental health challenge, and how to refer a person to appropriate professional support services. **Monday-Tuesday, August 5-6, 2024** Register
- 19. 2024 Annual Missouri EMS Conference and Expo The conference will bring together diverse industries and disciplines from the nation's Midwest around the evolving role of EMS in emergency and whole-person care through innovative and novel partnerships and care integration. The sessions, carefully curated to address the most pressing issues in healthcare, cover a wide range of topics, including emergency care, mobile integrated healthcare, primary care, behavioral health, substance use disorder, maternal health, and oral health. Monday-Thursday, August 5-8, 2024 Register
- 20. New The Changing Landscape of Ethics: Implications of the Digital Age (Virtual) This three hour workshop will explore the tenets of ethics as it relates to various roles and credentials. It will also take a closer look at ethical principles that can pose unique challenges, such as technology, scope of practice, and dignity of the client. Wednesday, August 7, 2024, 9am-12pm CT Register

- 21. New Diagnosis and Treatment: Mental Health Issues with Brain Injury After a moderate to severe brain injury, survivors often look "normal," but they and those closest to them realize "something isn't right." The person may have been a high-functioning manager before, but now lacks initiation, is disorganized and unable to concentrate, and may act impulsively or inappropriately-especially when frustrated. Is it depression? Anxiety? Cognitive dysfunction due to forgotten brain injury? Or any/all of the above? Friday, August 9, 2024, 9am-12pm Register
- 22. **New Taking Action for Wellbeing Conference** Join the Copeland Center for Wellness and Recovery for a 3-day conference where we explore the most pressing issues in wellbeing from a personal, professional, and system-wide perspective. We will work on how we are taking action for our wellbeing, how to communicate with those we work with on their recovery journeys, and collaborate on how to enhance systems of care to offer the evidence-based practices that create real change in people's lives. **Sunday-Tuesday, August 11-13** Register
- 23. **New Psychosis 101** Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources.

 Register
 - Tuesday, August 13, 2024, 10-11:30am CT
 - Tuesday, November 12, 2024, 10-11:30am CT
 - Tuesday, February 11, 2025, 10-11:30am CT
 - Tuesday, May 13, 2025, 10-11:30am CT
- 24. 2024 NASADAD National Prevention Network Conference Registration Now Open The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice.

 August 13-15 in Phoenix, AZ Register
- 25. **Zero Suicide Academy** The Zero Suicide Academy is a two-day training for leaders of health, behavioral health, and substance use treatment organizations seeking to reduce suicides among patients in their care. The training will take place in Columbia, Missouri, on **August 14-15, 2024, 8:30am-4:30pm** Apply
- 26. New Substance Use Disorder and LBGTQ+ People; Assessing the Impact of Compounded Stigma and Treatment Considerations for this Population Substance use is a complex issue that affects individuals from all walks of life, including the LGBTQ community. Unfortunately, members of this community often face unique challenges when it comes to seeking help for addiction. Stigma, shame, and lack of family support can all make it difficult for LGBTQ individuals to access the resources they need to overcome substance use disorders. Thursday, August 15, 2024, 1-4pm CT Register
- 27. SAVE THE DATE VA St. Louis Health Care System 2024 Mental Health Summit! This will be a live virtual webinar. CEUs application is currently being processed for the following disciplines: Psychologist, physicians, social workers, LPC, NBCC, Nursing. The primary target audience is mental health staff. Organizations that work with Veterans, Veterans and family members will likely find the content interesting and helpful as well. Topics: PACT & COMPACT ACTs, SAVE Suicide Prevention & Advanced Safety Planning, Lethal Means Safety & Law Enforcement Brief, When a Loved One Won't Seek Mental Health Help, and Ethics of Welfare Checks. *Friday, August 16, 2024, 8am-12pm* Registration will be forthcoming.
- 28. New CONFERENCE UPDATE! Due to the limited number of hotel rooms, full conference registration for the Real Voices Real Choices conference is CLOSED. If you would still like to attend the conference, we are offering partial registration for \$60. This partial registration DOES NOT include your hotel room at Margaritaville Lake Resort You will need to arrange your own hotel accommodations. To make your partial registration, please call the Missouri Mental Health Foundation at 573-635-9201. Real Voices Real Choices Conference This annual conference aims to unite, inform, and empower individuals and families living with mental illness, developmental

and intellectual disabilities, and those in recovery for substance use disorders. Registration is OPEN and will close on July 1, 2024. **Sunday Tuesday, August 25-27, 2024, at Margaritaville Lake Resort** Register

- 29. New Trauma-Focused Cognitive-Behavioral Therapy: Peeking into the Brain of a TF-CBT Therapist Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. Thursday, August 29, 2024, 1-4pm CT Register
- 30. Advanced Peer Supervision Virtual Training The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: *Thursday-Friday, August 29-30, 2024* (*Virtual*). Register
- 31. **New 2024 Missouri Preceptor Academy** The Missouri Preceptor Academy is designed to engage and grow current and future preceptors with key education tools, and strategies to foster a strong preceptor/orientee relationship. This interactive program provides information and practical tools to improve preceptor abilities. **Thursday**, **September 5, 2024, 7:30am-4:30pm CT** Register
- 32. **2024 Missouri Behavioral Health Conference** This event hosts over 800 behavioral health and substance use professionals, crisis providers, hospital providers, primary care providers, and federally qualified health centers throughout Missouri. **Wednesday-Friday, September 11-13, 2024** Register
- 33. **New Navigating the Complexities of the Nurse Manager Role** Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** Register
- 34. 2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this flyer. Wednesday-Friday, October 23-25, 2024 Register
- 35. Peer Summit Elevating Professionalism Together This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. Thursday-Friday, October 24-25, 2024 Register
- 36. **New The 65**th **National Dialogues on Behavioral Health** Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024** Register
- 37. **2024** Missouri Substance Use Prevention Conference <u>Save the date</u> St. Charles Convention Center, Wednesday-Thursday, November 13-14, 2024.

RECURRING TRAINING OPPORTUNITIES

1. **Certified Peer Specialist (CPS) ECHO** – The <u>CPS Echo</u> is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist

(around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. *First and third Wednesday of every month from 11am-12pm CT*

- 2. Peer Recovery Center of Excellence Monthly Community of Practice calls for peers and peer supervisors. FREE Communities of Practice
- 3. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorder; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Flyer
- 4. SAMHSA-funded Technology Transfer Centers (TTC) There are three SAMHSA-funded Technology Transfer Centers (TTC) available as a resource in developing and strengthening the specialized behavioral healthcare and primary healthcare workforce that provides prevention, treatment, and recovery support services for substance use disorders and mental illness. The TTC program is comprised of three networks:
 Missouri | Prevention Technology Transfer Center (PTTC) Network (pttcnetwork.org)
 Mid-America ATTC | Addiction Technology Transfer Center (ATTC) Network (attcnetwork.org)
 Mid-America MHTTC | Mental Health Technology Transfer Center (MHTTC) Network (mhttcnetwork.org)
- 5. Addiction Science Team Summer Schedule of Harm Reduction Training is Here! The Addiction Science Team's summer schedule of harm reduction training is here! All trainings are free and virtual, and registration is now open for dates in May, June and July. Anyone is welcome to join including professionals, community members, program participants and students.
 Training offerings include topics like Foundations of Harm Reduction, Overdose Education, Stimulant Harm Reduction and more! Learn more about the trainings and register here. We also offer organization-specific training for staff and/or participants you can fill out a request form online also.
- 6. Advanced Buprenorphine Education: Interactive Patient Cases The set of five patient case scenarios offers learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder. Register Download the resource guideline here
- 7. **ASAM Fundamentals of Addiction Medicine** The ASAM Fundamentals of Addiction Medicine is an 8-hour, ondemand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. Register
- 8. **ASAM Treatment of Opioid Use Disorder Course** This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. Register
- 9. **The ASAM Pain & Addiction: Essentials** This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. Register

- 10. **ASAM Motivational Interviewing Mini Courses** ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. Register
- 11. **Health Disparities in Substance Use Disorder** This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. Register
- 12. Striking a Balance: Understanding Pain and Opioids 2024 This course is designed to meet the FDA's Opioid Analgesic REMS and will cover the latest science and best practices surrounding the prescription of opioids for pain. Register
- 13. Culturally and Linguistically Appropriate Services Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
- 14. HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals —
 These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. Learn more and register here
- 15. Monthly Tobacco Use Disorder Integration Office Hours Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. Second Tuesday of every month from 1:30pm-2:30pm CT. Register
- 16. 2024 Missouri Recovery Support Specialist Training The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. Register for any of these trainings
 - July 22-24, 2024 8am-5pm Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - August 12-14, 2024 8am-5pm Location: Healing House 4505 St John Ave, Kansas City, MO
 - August 27-29, 2024 8am-5pm Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - September 17-19, 2024 8am-5pm Location: Mission Missouri 509 Ruth St, Sikeston, MO
- 17. Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice You can choose to attend one or more of the following Thursday sessions. Register
 - July 25, 2024, 2pm CT
 - September 26, 2024, 2pm CT
 - November 28, 2024, 2pm CT

- 18. Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. Watch the Video Series Now
- 19. NAMI-Parents Supporting Parents Group Prepping Mental Health for School Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. Register
- 20. NAMI Basics NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. Register
- 21. Family Support Provider Training A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. Register
- 22. **Youth Peer Specialist (YPS)** The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.

 Register
- 23. Peer Supervision Training ALL ONLINE Self Study Course Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 24. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 25. 2024 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training <u>Register</u>
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS
 or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being
 offered during the current quarter. Register
- 26. 2024 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register