

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **July 19, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New Evidence Based Services Summer 2024 Edition Newsletter** – [Read More](#)
2. **New Missouri Master Plan on Aging Survey Kickoff** – Help make Missouri a great place to age with dignity! Missouri is developing a Master Plan on Aging and we need to hear from you to ensure it is the best plan for older adults, adults with disabilities, and caregivers. All Missourians are encouraged to take the survey as we are all aging and are, or will be, a caregiver. [Read More](#)
3. **New First Missouri Crisis Conference** – The Missouri Crisis Conference, held on June 24-25, 2024, in Columbia, Missouri, brought together approximately 350 partners and professionals dedicated to improving behavioral health crisis services across the state. This conference was a collaboration between the DMH and Missouri Behavioral Health Council (MBHC). The event featured key discussions on community-based crisis prevention and intervention, as well as innovative approaches to care, highlighting best practices occurring across the state and recognized nationally. A highlight of the conference was the presentation of the Lauren Moyer Legacy Award to **Lauren Moyer**, Executive Vice President of Clinical Innovations at Compass Health Network, in recognition of her outstanding contributions to the field.
4. **New MO HealthNet (MHD) Rate Increase for School-Based Individualized Education Plan (IEP) Direct Services** – Maximum Allowable Rate Increase Effective for dates of service on or after July 1, 2024, the MO HealthNet fee-for-service maximum allowable rates are increased for the following School-Based IEP Direct Services which include Private Duty Nursing and Applied Behavior Analysis (ABA). [Read More](#)
5. **New MHD Dental Program Rate Increase** – Pending Centers for Medicare & Medicaid Services (CMS) approval, effective for dates of service on and after July 1, 2024, the MO HealthNet Division (MHD) will increase the fee-for-service maximum allowable rates for the dental services listed below. Upon approval of the State Plan amendment by CMS, MHD will update the claims processing system with the indicated maximum allowable reimbursement rates and reprocess claims paid for dates of service on or after July 1, 2024. [Read More](#)
6. **New MHD Residential Treatment Rate Update** – MO HealthNet Division plans to submit a state plan amendment (SPA) to CMS to update the fee schedule for the below billing codes. Pending CMS approval on the SPA, effective for dates of services on or after July 1, 2024, Q RTP rates will no longer differ according to Medicaid institution for mental disease (IMD) status. [Read More](#)
7. **New MHD Rate Update for Applied Behavior Analysis (ABA) Services** - MO HealthNet Division plans to submit a state plan amendment (SPA) to CMS to update the fee schedule for the below billing codes. Pending CMS approval on the SPA, effective for dates of services on or after July 1, 2024, MHD has increased the fee-for-service maximum allowable amount for select ABA services. These procedures are receiving an increase to align with MO HealthNet Developmental Disabilities Waiver rates. [Read More](#)

8. **New MHD Opioid Reversal Agents** – In 2021, nearly 1 out of 47 deaths in Missouri were attributed to an opioid-involved overdose. Naloxone is an opioid antagonist indicated for the emergency treatment of unknown or suspected opioid overdose, as manifested by respiratory and/or central nervous system depression. Pharmacists in Missouri can dispense naloxone according to protocol upon request or upon presentation of a valid prescription. A statewide Standing Order issued by the Missouri Department of Health and Senior Services (DHSS) is available at: <https://health.mo.gov/data/opioids/pdf/naloxone-standing-order.pdf>
If a patient has not been to the doctor, they can go to a pharmacy in Missouri and ask for naloxone, and the pharmacist can dispense it under the standing order. Important: MO HealthNet participants have zero copays on prescriptions! [Learn More](#)
9. **New** To see all hot tips, bulletins, and newsletters, visit [MO HealthNet News](#).
10. **New** To find more resources, visit the [MO HealthNet Provider page](#).

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **How to Improve Your Grant Writing Skills** – In this program, there will be an overview of the federal agencies and private foundations that regularly offer funding and describe how to elevate which grants to apply for. Descriptions of the different sections of a grant application and what content should be covered in each section will be described. [Learn More](#)
2. **Grant Resources:**
 - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
 - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
 - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
 - [Grant Eligibility | Grants.gov](#)
 - [Grants | SAMHSA](#)
3. **New HHS Announces \$27.5 Million in Funding Opportunities for Enhancing Women’s Behavioral Health** – On Monday, July 8, the U.S. Department of Health and Human Services (HHS), through the SAMHSA announced [notices of funding opportunities aimed at improving women’s behavioral health throughout the country](#). The grants total approximately \$27.5 million. Additionally, SAMHSA announced nearly \$1 million in grant awards for two grant recipients as a part of the [Services Program for Residential Treatment for Pregnant and Postpartum Women](#). The Notices of Funding opportunities aim to support women’s behavioral health by expanding access to services and enhancing the capacity of providers to identify and address mental health and substance use challenges and gender-based violence. Available funding opportunities include \$15 million for the Community-Based Maternal Behavioral Health Services Program (see below) and \$12.5 million for the [Women’s Behavioral Health Technical Assistance Center](#) (applications due **Tuesday, August 20, 2024**).
4. **SAMHSA Funding Opportunity: Community-Based Maternal Behavioral Health Services Program** – This program aims to improve access to evidence-based, timely, and culturally relevant maternal mental health and substance use disorder (SUD) services by bolstering community referral pathways to ensure seamless transitions in care for pregnant people in the perinatal and postpartum periods who are at risk or have a mental health or SUD.

Specifically, recipients must collaborate with pregnancy and post-partum healthcare organizations, refer people in need of mental health and SUD care to providers, and provide short-term mental health and SUD services to those unable to access care. SAMHSA will provide up to 6 awards of up to \$500,000 per year, per award, for up to 5 years for total program funding of \$15,000,000. Applications are due **August 26, 2024**. Additional details can be found in the program's [Notice of Funding Opportunity](#).

5. **MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:

- Family Medicine
- Internal Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

INFO & RESOURCES

1. **New Federal Behavioral Health Parity Rule Submitted to OMB** – On Monday, July 1, the U.S. Department of Labor (DOL) submitted a rule to the White House Office of Management and Budget (OMB) that seeks to address disparities in treatment for mental health and substance use disorder challenges. In conjunction with HHS and the Department of Treasury, DOL first issued the proposed rule, [Requirements Related to the Mental Health Parity and Addiction Equity Act \(MHPAEA\)](#), in August 2023. The proposed rule expands upon the fundamental goal of MHPAEA – to prohibit plans from imposing more restrictive requirements on mental health or substance use disorder benefits than on medical and surgical benefits. The agencies have jointly expressed that in some instances, group health plans and health insurance issuers have not fully complied with the provisions of MHPAEA, which can lead to poor outcomes for individuals with mental health conditions and substance use disorders. [Read More](#).
2. **New Addressing Health Equity and Racial Justice Within Integrated Care Settings** – The Center of Excellence for Integrated Health Solutions (CoE-IHS) developed this interactive, online toolkit and list of resources for you and your organization to support you in addressing racial inequities and the associated stigmas that lead to mental health and substance use treatment disparities and ensure you have the tools to support your patients and organizations. [Learn More](#).
3. **New Interventions Needed to Overcome Racial, Ethnic Disparities in Depression Care among Youth** – Children and adolescents experience substantial racial and ethnic disparities in depression care that require interventions to address, according to a poster presented at the American Psychiatric Association Annual Meeting. [Learn More](#).
4. **New Clinical Community Partnerships to Support Behavioral Health in Service Members, Veterans and their Families** – Join us for an informative webinar on how clinical community partners can work together to support the behavioral health needs of service members, Veterans, and their families. **Tuesday, July 30, 2024, 12pm CT** [Register](#)
5. **New HRSA Announces New Rural SUD Info Center** – The Health Resources and Services Administration (HRSA) recently announced the publication of the [Rural SUD Info Center](#), a clearinghouse dedicated to highlighting the work of three different [Rural Centers of Excellence on Substance Use Disorders \(SUD\)](#). Funded under HRSA's Federal Office of Rural Health Policy's (FORHP) Rural Communities Opioid Response Program (RCORP), the Rural Centers of Excellence on SUD implement, evaluate, and disseminate evidence-based programs and best practices for prevention, treatment, and recovery in rural communities. The Rural SUD Info Center is designed to share these resources to support rural providers, rural community members, and other partners in developing comprehensive

SUD systems in rural areas across the nation. The Info Center will also offer technical assistance opportunities on addressing SUD in rural communities that supports tailored prevention, treatment, and recovery options.

6. **New ICCPUD Hosting STOP Act Stakeholder Meeting for Public Comment – [The Interagency Coordinating Committee on the Prevention of Underage Drinking \(ICCPUD\)](#)** is hosting its [STOP ACT Stakeholder Meeting for Public Comment](#) on **August 7, 2024, at 9 a.m. CT**. The Sober Truth on Preventing Underage Drinking (STOP) Act requires ICCPUD to create, in consultation with stakeholders, including public health and alcohol beverage industry entities, annual reports on: [underage drinking](#); State underage drinking prevention activities; [State performance and best practices](#); and an evaluation of the [National Media Campaign to Prevent Underage Drinking](#). This meeting seeks to solicit input from key stakeholders on these various reports and will include an overview of the state of underage drinking in America, the [2023 ICCPUD Comprehensive Plan](#), and an update on the ongoing [Alcohol Intake and Health Study](#). There will be 30 minutes total for public comment, with two minutes per speaker. Comments and questions can be submitted by email to: underageddrinking@samhsa.hhs.gov. Registration is required.
7. **New Trauma and Addiction** – Treatment options for both trauma and substance use disorders exist, offering a pathway to recovery and healing. Counseling, medications, and support groups may help in addition to family support. While the focus of this article is on helping a loved one, it's important to recognize that you too may have experienced trauma and need help. [Read More](#)
8. **New LGBTQ+, Family & Substance Use** – As a parent or caregiver, showing your love, acceptance and support is essential to promoting your child's well-being. This behavior can significantly decrease an LGBTQ+ teen's likelihood of substance use and improve their mental health. [Read More](#)
9. **New Expanding Peer Support and Supporting the Peer Workforce in Mental Health** – This issue brief offers valuable information to State Mental Health Authorities about the benefits of peer support and inclusion of the peer workforce throughout the behavioral health continuum. The document highlights current standards and best practices for including peer support workers as an essential component of services delivery for mental and co-occurring disorders, like substance use disorder (SUD). [Read More](#)

TRAINING OPPORTUNITIES

1. **Understanding the Basics of DBT, a 4-Part Foundational Webinar Series** – In June, Northeast and Caribbean MHTTC, hosted a 4-part webinar series on Dialectical Behavior Therapy (DBT) focused on DBT's core modules and designed to enhance the skills of students and new professionals. This series addressed mindfulness, regulating emotions, and reducing emotional vulnerability, coping with crises and difficult situations, and navigating interpersonal relationships effectively. Throughout the series, participants gained valuable insights and practical techniques to support individuals in applying tools to their daily lives. You can access the recordings for sessions 1-3 below:
 - [Session 1](#)
 - [Session 2](#)
 - [Session 3](#)
2. **Healing School Communities in the Context of Faith-Based Bullying: A Two-Part Conversation Series** – This series explores bullying & belonging with attention to faith-based experiences of stigma, contention, conflict and policies and programs that foster religious literacy, thereby enhancing school culture and climate. **Session 1: Tuesday, July 23, 2024, 1-2:30 CT and Session 2: Thursday, July 25, 2024, 1-2:30 CT** [Register](#)

3. **2024 Missouri Suicide Prevention Conference** – If you have been touched by suicide or want to know more about suicide prevention, registration is open for the FREE Missouri Suicide Prevention Conference taking place on **July 24, 2024**, in Cape Girardeau. Attendees will learn about suicide risk factors and new evidence-based programs, hear from individuals with lived experience, and network with others across the state who are concerned about this topic. [Register](#)
4. **Guiding Principles of Recovery** – This webinar will explore definitions of recovery and the ten guiding principles, drawing on research, practice, and personal experience of recovering individuals. Participants will advance their understanding of the four major dimensions that support a life in recovery: home, health, purpose, and community. **Wednesday, July 24, 2024, 1pm CT** [Register](#)
5. **New Events from July 24, 2024 – September 4, 2024 – Faces & Voices of Recovery (facesandvoicesofrecovery.org)**
6. **Innovations in Recovery Leadership 3-day Training** – This training offers attendees an exciting and highly dynamic exploratory process in which the foundational pillars of recovery leadership are unpacked. The training is for emergent and seasonal leaders working or volunteering in a setting that prioritizes recovery support services. **Wednesday-Friday, July 24-26, 2024** [Register](#)
7. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
 - **Thursday, July 25, 2024, 2pm CT**
 - **Thursday, September 26, 2024, 2pm CT**
 - **Thursday, November 28, 2024, 2pm CT**
8. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)
 - **Friday, July 26, 2024, 10am CT**
 - **Friday, August 23, 2024, 10am CT**
 - **Friday, September 27, 2024, 10am CT**
 - **Friday, October 25, 2024, 10am CT**
9. **New 2024 Annual Postpartum Support International Conference** – The 2024 Annual PSI Conference provides an opportunity to meet, learn together and share ideas with others involved in the field of Perinatal Mental Health. Conference Registration is closed, but you can sign up for Conference recordings. **Friday-Sunday, July 26-28, 2024** [Sign up](#)
10. **Office of the Chief Medical Officer Webinar: Integrating Syphilis Programming into Behavioral Healthcare Settings** – This webinar will convey strategies for integrating syphilis programming into behavioral healthcare settings. The presentation will include a discussion of SAMHSA’s funding and resources to address the emerging syndemic, and a detailed examination of congenital syphilis including an overview of syphilis, diagnosis and treatment options, trends, and resources that medical providers and behavioral health practitioners may use to meet the needs of individuals seeking services. **Monday, July 29, 2024, 2-3:30pm CT** [Register](#)
11. **New Informal and Formal Family Peer Support: The Impact and Evidence** – Family peer support provides hope and community for families of loved ones of any age with mental health and substance use challenges, serious mental illnesses, and/or serious emotional disturbances. The growing base of evidence reaffirms an abundance of stories from families who have benefitted from family peer support. **Tuesday, July 30, 2024, 12:30pm CT** [Register](#)

12. **New CoE-TFR Webinar: Getting Beyond “No” – Addressing Tobacco Use Treatment in the Pre-Contemplation Stage** – This webinar will outline recovery-oriented strategies to engage, support, and treat people with mental health and substance use disorder (SUD) conditions who use commercial tobacco and are not yet contemplating attempting to quit smoking. **Tuesday, July 30, 2024, 1pm CT** [Register](#)
13. **New Transformative Strategies for Person-centered Care: Bringing Health Disparities for Justice-involved Individuals** – Join the National Behavioral Health Network on **Tuesday, July 30, 2024, 2-4pm CT**, for a masterclass on addressing tobacco-related disparities that exist in carceral settings, as well as practical steps agencies can take to support policy and treatment work. [Register](#)
14. **New Stopping Syphilis: The HHS Summer Seminar Series** – This series consists of distinct webinars designed to share knowledge and tools to help reverse the syphilis and congenital syphilis epidemic in the U.S. **Wednesday, July 31, 2024, 11am CT** [Register](#)
15. **New CCBHCs and Supportive Housing Webinar Series** – Housing needs are one of the largest challenges facing people served by CCBHCs, and local housing providers are often unaware of the support opportunities available to their residents receiving services from CCBHCs. This four-part series (the first was on July 17) will educate CCBHC grantees on building quality and sustainable partnerships with the housing sector. See below for the other three sessions:
 - Session 2 – [Housing Partners: Partner Priorities, Needs and Resources](#) – **Wednesday, July 31, 2024, 2:30-4pm CT**
 - Session 3 – [Supportive Housing 101](#) – **Wednesday, August 14, 2024, 2:30-4pm CT**
 - Session 4 – [Partnership Examples from CCBHCs](#) – **Wednesday, September 4, 2024, 2:30-4pm CT**
16. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)

Learning Objectives:

 - Understand what dual diagnosis means for people with BHIDD
 - Have an understanding of how to assess mental illness in people with IDD
 - Understand how to support physical health, wellness, and aging and prevent risk over time
 - Learn how to adapt therapy for IDD clients

Virtual Session Details:

 - **Wednesday, July 31, 2024:** Wellness and Aging
 - **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
 - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
17. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)
 - **Wednesday, July 31, 2024, 10-11am CT**
 - **Wednesday, October 30, 2024, 10-11am CT**
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
18. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)

- **Wednesday, August 7, 2024, 10-11am CT**
- **Wednesday, November 6, 2024, 10-11am CT**
- **Wednesday, February 5, 2025, 10-11am CT**
- **Wednesday, May 7, 2025, 10-11am CT**

19. **New 2024 Missouri Tiered Supports Summit** – The summit will include presentations from change agents from across the country sharing experiences, resources, and implementation strategies. Sessions will highlight the community-level impact of Multi-Tiered Systems of Support and strategies to maximize the implementation of evidence-based practices across environments. **Monday-Tuesday, August 5-6, 2024** [Register](#)
20. **Mental Health First Aid Training Opportunity** – Missouri EMS Conference and Expo Pre-Conference Session. Mental Health First Aid is an early intervention public education program. It teaches adults how to recognize the signs and symptoms that suggest a potential mental health challenge, how to listen nonjudgmentally and give reassurance to a person who may be experiencing a mental health challenge, and how to refer a person to appropriate professional support services. **Monday-Tuesday, August 5-6, 2024** [Register](#)
21. **2024 Annual Missouri EMS Conference and Expo** – The conference will bring together diverse industries and disciplines from the nation’s Midwest around the evolving role of EMS in emergency and whole-person care through innovative and novel partnerships and care integration. The sessions, carefully curated to address the most pressing issues in healthcare, cover a wide range of topics, including emergency care, mobile integrated healthcare, primary care, behavioral health, substance use disorder, maternal health, and oral health. **Monday-Thursday, August 5-8, 2024** [Register](#)
22. **The Changing Landscape of Ethics: Implications of the Digital Age (Virtual)** – This three-hour workshop will explore the tenets of ethics as it relates to various roles and credentials. It will also take a closer look at ethical principles that can pose unique challenges, such as technology, scope of practice, and dignity of the client. **Wednesday, August 7, 2024, 9am-12pm CT** [Register](#)
23. **Diagnosis and Treatment: Mental Health Issues with Brain Injury** – After a moderate to severe brain injury, survivors often look “normal,” but they and those closest to them realize “something isn’t right.” The person may have been a high-functioning manager before, but now lacks initiation, is disorganized and unable to concentrate, and may act impulsively or inappropriately-especially when frustrated. Is it depression? Anxiety? Cognitive dysfunction due to forgotten brain injury? Or any/all of the above? **Friday, August 9, 2024, 9am-12pm** [Register](#)
24. **Taking Action for Wellbeing Conference** – Join the Copeland Center for Wellness and Recovery for a 3-day conference where we explore the most pressing issues in wellbeing from a personal, professional, and system-wide perspective. We will work on how we are taking action for our wellbeing, how to communicate with those we work with on their recovery journeys and collaborate on how to enhance systems of care to offer the evidence-based practices that create real change in people’s lives. **Sunday-Tuesday, August 11-13** [Register](#)
25. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
 - **Tuesday, August 13, 2024, 10-11:30am CT**
 - **Tuesday, November 12, 2024, 10-11:30am CT**
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**
26. **2024 NASADAD National Prevention Network Conference Registration Now Open** – The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice. **August 13-15 in Phoenix, AZ** [Register](#)

27. **Zero Suicide Academy** – The Zero Suicide Academy is a two-day training for leaders of health, behavioral health, and substance use treatment organizations seeking to reduce suicides among patients in their care. The training will take place in Columbia, Missouri, on **August 14-15, 2024, 8:30am-4:30pm** [Apply](#)
28. **Substance Use Disorder and LGBTQ+ People; Assessing the Impact of Compounded Stigma and Treatment Considerations for this Population** – Substance use is a complex issue that affects individuals from all walks of life, including the LGBTQ community. Unfortunately, members of this community often face unique challenges when it comes to seeking help for addiction. Stigma, shame, and lack of family support can all make it difficult for LGBTQ individuals to access the resources they need to overcome substance use disorders. **Thursday, August 15, 2024, 1-4pm CT** [Register](#)
29. **Workforce Development Learning Community** – Choose to attend one or more of the following sessions. [Register](#)
- **Thursday, August 15, 2024, 2pm CT**
30. **SAVE THE DATE – VA St. Louis Health Care System 2024 Mental Health Summit!** This will be a live virtual webinar. CEUs application is currently being processed for the following disciplines: Psychologist, physicians, social workers, LPC, NBCC, Nursing. The primary target audience is mental health staff. Organizations that work with Veterans, Veterans and family members will likely find the content interesting and helpful as well. Topics: PACT & COMPACT ACTs, SAVE Suicide Prevention & Advanced Safety Planning, Lethal Means Safety & Law Enforcement Brief, When a Loved One Won't Seek Mental Health Help, and Ethics of Welfare Checks. **Friday, August 16, 2024, 8am-12pm** Registration will be forthcoming.
31. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops, and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
- [Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities](#) **Wednesday, August 21, 2024, 11am-12pm CT**
 - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) **Wednesday, September 18, 2024, 11am-12pm CT**
32. **CONFERENCE UPDATE! Due to the limited number of hotel rooms, full conference registration for the Real Voices – Real Choices conference is CLOSED. If you would still like to attend the conference, we are offering partial registration for \$60. This partial registration DOES NOT include your hotel room at Margaritaville Lake Resort – You will need to arrange your own hotel accommodations. To make your partial registration, please call the Missouri Mental Health Foundation at 573-635-9201. ~~RealVoices—RealChoices Conference~~—This annual conference aims to unite, inform, and empower individuals and families living with mental illness, developmental and intellectual disabilities, and those in recovery for substance use disorders. Registration is OPEN and will close on July 1, 2024. ~~Sunday-Tuesday, August 25-27, 2024, at Margaritaville Lake Resort~~ [Register](#)**
33. **Trauma-Focused Cognitive-Behavioral Therapy: Peeking into the Brain of a TF-CBT Therapist** – Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. **Thursday, August 29, 2024, 1-4pm CT** [Register](#)

34. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)
35. **2024 Missouri Preceptor Academy** - The Missouri Preceptor Academy is designed to engage and grow current and future preceptors with key education tools, and strategies to foster a strong preceptor/orientee relationship. This interactive program provides information and practical tools to improve preceptor abilities. **Thursday, September 5, 2024, 7:30am-4:30pm CT** [Register](#)
36. **2024 Missouri Behavioral Health Conference** – This event hosts over 800 behavioral health and substance use professionals, crisis providers, hospital providers, primary care providers, and federally qualified health centers throughout Missouri. **Wednesday-Friday, September 11-13, 2024** [Register](#)
37. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)
38. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
39. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
40. **The 65th National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024** [Register](#)
41. **2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, Wednesday-Thursday, November 13-14, 2024.

RECURRING TRAINING OPPORTUNITIES

1. **New On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)
2. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**

3. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. [FREE Communities of Practice](#)
4. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri’s Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorder; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. [Flyer](#)
5. **SAMHSA-funded Technology Transfer Centers (TTC)** – There are three SAMHSA-funded Technology Transfer Centers (TTC) available as a resource in developing and strengthening the specialized behavioral healthcare and primary healthcare workforce that provides prevention, treatment, and recovery support services for substance use disorders and mental illness. The TTC program is comprised of three networks:
[Missouri | Prevention Technology Transfer Center \(PTTC\) Network \(pttcnetwork.org\)](#)
[Mid-America ATTC | Addiction Technology Transfer Center \(ATTC\) Network \(attcnetwork.org\)](#)
[Mid-America MHTTC | Mental Health Technology Transfer Center \(MHTTC\) Network \(mhttcnetwork.org\)](#)
6. **Addiction Science Team Summer Schedule of Harm Reduction Training is Here!** – The Addiction Science Team’s summer schedule of harm reduction training is here! All trainings are free and virtual, and registration is now open for dates in May, June and July. Anyone is welcome to join - including professionals, community members, program participants and students.
Training offerings include topics like Foundations of Harm Reduction, Overdose Education, Stimulant Harm Reduction and more! [Learn more about the trainings and register here](#). We also offer organization-specific training for staff and/or participants - you can fill out a [request form online also](#).
7. **Advanced Buprenorphine Education: Interactive Patient Cases** – The set of five patient case scenarios offers learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder. [Register](#) Download the resource guideline [here](#)
8. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
9. **ASAM Treatment of Opioid Use Disorder Course** – This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. [Register](#)
10. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
11. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)

12. **Health Disparities in Substance Use Disorder** – This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. [Register](#)
13. **Striking a Balance: Understanding Pain and Opioids 2024** – This course is designed to meet the FDA’s Opioid Analgesic REMS and will cover the latest science and best practices surrounding the prescription of opioids for pain. [Register](#)
14. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization’s quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
15. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients’ cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
16. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
17. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
18. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **July 25, 2024, 2pm CT**
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
19. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)

20. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
21. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
22. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
23. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
24. **Peer Supervision Training** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
25. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
26. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
27. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)