FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance June 28, 2024

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

- 1. New DBH Budget Signed by Governor Parson Governor Parson signed the FY 25 State Budget late Friday afternoon. The attachment shows all of our NDI's and includes any that were vetoed in full or part. Veto action is also listed below for ease of reading.
 - RCC \$3.2M was vetoed, leaves \$1.2M recommended to support the 4 RCC's
 - Opioid Tx Expansion \$2M was vetoed for this item
 - Capstone Group Vetoed in full
 - Doorways Vetoed in full
 - IBH Grant Authority Vetoed \$75,000 in PS (so down to 1.00 position for this grant)
 - SUD Data Analytics Platform Vetoed in full
 - Recovery Lighthouse Vetoed in full
 - MH Hospital in KC \$5M GR was vetoed
- 2. New CVS Priority! With the change on July 1, 2024, from CPS CCBHC SUD to ADA CCBHC SUD, DBH administratively discharged all CPS CCBHC SUD programs. IT ran the discharge on June 18, 2024, with an end date of June 30, 2024. All consumers receiving SUD under the program must be enrolled in ADA CCBHC SUD effective July 1, 2024.

New program assignments can only be entered <u>after</u> the org change process and contract amendment is completed for all updated CCBHC requirements. This means the contract has been signed and returned to DMH. If you have any questions/concerns, please submit them to the DBH Support Center through the <u>provider portal</u>.

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **New How to Improve Your Grant Writing Skills** – In this program, there will be an overview of the federal agencies and private foundations that regularly offer funding and describe how to elevate which grants to apply for. Descriptions of the different sections of a grant application and what content should be covered in each section will be described. **Learn More**

- 2. SAMHSA Grants Dashboard Learn More
- 3. BJA Funding Opportunity: FY24 Comprehensive Opioid, Stimulant, and Substance Use Site-Based Program Through this program, BJA aims to develop comprehensive programs to address the overdose crisis and the impacts of illicit opioids, stimulants, and other substances. *Application due date: Monday, July 8, 2024* Learn More
- 4. Navigators in States with a Federally-facilitated Exchange CMS announced the 2024 Navigator Notice of Funding Opportunity (NOFO) which makes funding available to eligible entities and individuals to apply to operate as Navigators in the 29 states with a Federally-facilitated Exchange (FFE). Navigators help people access health insurance through the state's FFE. Application due date: Monday, July 8, 2024 Learn More to view the Notice of Funding Opportunity, visit: https://www.grants.gov/search-results-detail/349642 FAQs, visit: https://www.cms.gov/files/document/2024-navigator-nofo-faqs-applicants.pdf
- 5. SAMHSA Funding Opportunity: Minority AIDS Initiative: Substance Use Disorder (SUD) Prevention and Treatment Pilot Program The Minority AIDS Initiative: Substance Use Disorder (SUD) Prevention and Treatment Pilot Program is designed to help States and Territories "...provide substance use prevention, substance use disorder (SUD) treatment, HIV, and viral hepatitis prevention and treatment services for racial and ethnic individuals vulnerable to a SUD and/or mental health condition, HIV, viral hepatitis, and other infectious disease (e.g., sexually transmitted infections)." The program aims to pilot a syndemic approach to reducing SUD, HIV, and viral hepatitis by combing comprehensive prevention and treatment services specifically to minority groups at increased risk for SUD and infectious diseases. Application due date: Friday, July 12, 2024 Learn More

INFO & RESOURCES

- 1. **New Making Managed Care 'Work' In I/DD** A few weeks ago, the Institute for Exceptional Care (IEC), released the National Roadmap for Disability-Inclusive Healthcare. The focus of the roadmap is to improve health care for consumers with intellectual and developmental disabilities (I/DD) by giving clinicians the skills to care for these consumers. Read More
- 2. New PCSS MOUD Online Case-based Learning Collaboratives Session 3: OUD in Adolescents and Young Adults Recorded: Wednesday, May 29, 2024, now available on-demand. Join the 4-session online case-based learning collaborative series focused on treating opioid use disorder. Delve into best practices on treating OUD in Adolescents and Young Adults and explore real-world cases provided by addiction experts, applying knowledge to practical situations. Each session is presented live online and spans 1.5 hours. Learn More and Register
- 3. New Navigating Adolescent Risk: A Comprehensive Guide to ASAM Assessment and Dimensional Analysis Recorded: Thursday, June 13, 2024. A two-hour webinar on assessing adolescents using the ASAM risk ratings and dimensions with Marc Fishman, MD, is now available in Relias Learning. View slides
- 4. New Integrating AI in Behavioral Health EHR Systems This session will delve into how AI integration not only enhances operational efficiencies by automating complex tasks like quality assurance reviews and insurance utilization reviews, but also improves data flow and accuracy directly within the EHR. Tuesday, July 23, 2024, 12pm CT Register

TRAINING OPPORTUNITIES

New Understanding Resilience in Peer Support – Join us for a webinar on navigating work as peer workers and first-time supervisors. The webinar includes a moderator and panelists who previously worked together in a Transitional Age Youth (TAY) program. They will share individually and collectively about their experiences navigating employment, recovery, and work-life balance. Tuesday, July 2, 2024, 12pm CT Register

- 2. **New Fetal Alcohol Spectrum Disorders from a Trauma Lens** We are seeing high rates of children who have been prenatally exposed to alcohol, drugs, and high levels of in-utero stress which can have a significant impact on the individual's brain development. Although Fetal Alcohol Spectrum Disorders are twice as common as autism, this disorder often goes undiagnosed or misdiagnosed. **Wednesday, July 10, 2024, 11am-1pm CT** Register
- 3. Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. Click to register for the collaborative

Learning Objectives:

- Understand what dual diagnosis means for people with BHIDD
- Have an understanding of how to assess mental illness in people with IDD
- Understand how to support physical health, wellness, and aging and prevent risk over time
- Learn how to adapt therapy for IDD clients

Virtual Session Details:

- Wednesday, July 17, 2024: Crisis Prevention and Intervention: Reducing Risk
- Wednesday, July 31, 2024: Wellness and Aging
- Tuesday, October 8, 2024: Substance Use Disorder and IDD
- Wednesday, October 23, 2024: Adapting Therapy with IDD Clients (including alternative therapies)
- 4. Social Justice Leadership Academy (SJLA) Learning Series This is a free, monthly virtual learning opportunity combining informational presentations, workshops and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
 - <u>Promoting Social Equity for Underrepresented Individuals in the Workforce</u> *Thursday, July 18, 2024, 11am-12pm CT*
 - Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities Wednesday, August 21, 2024, 11am-12pm CT
 - Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities Wednesday, September 18, 2024, 11am-12pm CT
- 5. Mental Health First Aid Mental Health First Aid teaches you to recognize signs and symptoms of mental health and substance use challenges. It will prepare you to help a family member, friend, co-worker, or neighbor. This interactive training is valued at \$170 per person, but is being brought to Missourians at no charge by Missouri's Department of Mental Health and other sponsors. Register
 - Thursday, July 18, 2024, 11:30am-5:00pm
- 6. Workforce Development Learning Community Choose to attend one or more of the following sessions. Register
 - Thursday, July 18, 2024, 2pm CT
 - Thursday, August 15, 2024, 2pm CT
- 7. **2024 Missouri Suicide Prevention Conference** If you have been touched by suicide or want to know more about suicide prevention, registration is open for the FREE Missouri Suicide Prevention Conference taking place on *July 24*, **2024**, in Cape Girardeau. Attendees will learn about suicide risk factors and new evidence-based programs, hear from individuals with lived experience, and network with others across the state who are concerned about this topic. Register

- 8. **New Guiding Principles of Recovery** This webinar will explore definitions of recovery and the ten guiding principles, drawing on research, practice, and personal experience of recovering individuals. Participants will advance their understanding of the four major dimensions that support a life in recovery: home, health, purpose, and community. **Wednesday, July 24, 2024, 1pm CT** Register
- New Innovations in Recovery Leadership 3-day Training This training offers attendees an exciting and highly
 dynamic exploratory process in which the foundational pillars of recovery leadership are unpacked. The training is
 for emergent and seasonal leaders working or volunteering in a setting that prioritizes recovery support services.
 Wednesday-Friday, July 24-26, 2024 Register
- 10. Culturally Competent Community of Learning (CCCL) Information Exchange Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: Register
 - Thursday, July 25, 2024, 2pm CT
 - Thursday, September 26, 2024, 2pm CT
 - Thursday, November 28, 2024, 2pm CT
- 11. 2024 Annual Missouri EMS Conference and Expo The conference will bring together diverse industries and disciplines from the nation's Midwest around the evolving role of EMS in emergency and whole-person care through innovative and novel partnerships and care integration. The sessions, carefully curated to address the most pressing issues in healthcare, cover a wide range of topics, including emergency care, mobile integrated healthcare, primary care, behavioral health, substance use disorder, maternal health, and oral health. There is an early bird deadline of June 30, 2024! Monday-Thursday, August 5-8, 2024 Register
- 12. 2024 NASADAD National Prevention Network Conference Registration Now Open The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice.

 August 13-15 in Phoenix, AZ Register
- 13. **Zero Suicide Academy** The Zero Suicide Academy is a two-day training for leaders of health, behavioral health, and substance use treatment organizations seeking to reduce suicides among patients in their care. The training will take place in Columbia, Missouri, on *August 14-15, 2024, 8:30am-4:30pm* Apply
- 14. SAVE THE DATE VA St. Louis Health Care System 2024 Mental Health Summit! This will be a live virtual webinar. CEUs application is currently being processed for the following disciplines: Psychologist, physicians, social workers, LPC, NBCC, Nursing. The primary target audience is mental health staff. Organizations that work with Veterans, Veterans and family members will likely find the content interesting and helpful as well. Topics: PACT & COMPACT ACTs, SAVE Suicide Prevention & Advanced Safety Planning, Lethal Means Safety & Law Enforcement Brief, When a Loved One Won't Seek Mental Health Help, and Ethics of Welfare Checks. *Friday, August 16, 2024, 8am-12pm* Registration will be forthcoming.
- 15. Real Voices Real Choices Conference This annual conference aims to unite, inform, and empower individuals and families living with mental illness, developmental and intellectual disabilities, and those in recovery for substance use disorders. Registration is OPEN and will close on July 1, 2024. Sunday-Tuesday, August 25-27, 2024, at Margaritaville Lake Resort Register
- 16. Advanced Peer Supervision Virtual Training The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning,

effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: *Thursday-Friday, August 29-30, 2024 (Virtual)*.

Register

- 17. **New 2024 Missouri Behavioral Health Conference** This event hosts over 800 behavioral health and substance use professionals, crisis providers, hospital providers, primary care providers, and federally qualified health centers throughout Missouri. **Wednesday-Friday, September 11-13, 2024** Register
- 18. 2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this flyer. Wednesday-Friday, October 23-25, 2024 Register
- 19. Peer Summit Elevating Professionalism Together This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. Thursday-Friday, October 24-25, 2024 Register
- 20. **2024 Missouri Substance Use Prevention Conference** <u>Save the date</u> St. Charles Convention Center, Wednesday-Thursday, November 13-14, 2024.

RECURRING TRAINING OPPORTUNITIES

- Certified Peer Specialist (CPS) ECHO The <u>CPS Echo</u> is a great opportunity to learn from a panel of seven subject
 matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards
 renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist
 (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead
 of time by peer specialists. First and third Wednesday of every month from 11am-12pm CT
- Peer Recovery Center of Excellence Monthly Community of Practice calls for peers and peer supervisors. FREE
 Communities of Practice
- 3. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorder; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Flyer
- 4. SAMHSA-funded Technology Transfer Centers (TTC) There are three SAMHSA-funded Technology Transfer Centers (TTC) available as a resource in developing and strengthening the specialized behavioral healthcare and primary healthcare workforce that provides prevention, treatment, and recovery support services for substance use disorders and mental illness. The TTC program is comprised of three networks:

Missouri | Prevention Technology Transfer Center (PTTC) Network (pttcnetwork.org)

Mid-America ATTC | Addiction Technology Transfer Center (ATTC) Network (attcnetwork.org)

Mid-America MHTTC | Mental Health Technology Transfer Center (MHTTC) Network (mhttcnetwork.org)

- 5. Addiction Science Team Summer Schedule of Harm Reduction Training is Here! The Addiction Science Team's summer schedule of harm reduction training is here! All trainings are free and virtual, and registration is now open for dates in May, June and July. Anyone is welcome to join including professionals, community members, program participants and students.
 - Training offerings include topics like Foundations of Harm Reduction, Overdose Education, Stimulant Harm Reduction and more! <u>Learn more about the trainings and register here</u>. We also offer organization-specific training for staff and/or participants you can fill out a request form online also.
- 6. Advanced Buprenorphine Education: Interactive Patient Cases The set of five patient case scenarios offers learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder.

 Register Download the resource guideline here
- 7. **ASAM Fundamentals of Addiction Medicine** The ASAM Fundamentals of Addiction Medicine is an 8-hour, ondemand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. Register
- 8. **ASAM Treatment of Opioid Use Disorder Course** This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. Register
- 9. The ASAM Pain & Addiction: Essentials This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. Register
- 10. **ASAM Motivational Interviewing Mini Courses** ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. Register
- 11. **Health Disparities in Substance Use Disorder** This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. Register
- 12. Striking a Balance: Understanding Pain and Opioids 2024 This course is designed to meet the FDA's Opioid Analgesic REMS and will cover the latest science and best practices surrounding the prescription of opioids for pain. Register
- 13. Culturally and Linguistically Appropriate Services Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
- 14. HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals —
 These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients'

cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. Learn more and register here

- 15. Monthly Tobacco Use Disorder Integration Office Hours Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. Second Tuesday of every month from 1:30pm-2:30pm CT. Register
- 16. Harm Reduction Trainings Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. Registration is open for training dates in May-July. Anyone is welcome to join including professionals, community members, program participants and students. Addiction Science also offers organization-specific training for staff and/or participants by request. Register for or request organization training here.

Training offerings include:

- Foundations of Harm Reduction July 1, 2024, 9:30am
- Fentanyl Test Strips 101 July 2, 2024, 9am
- Overdose Education and Naloxone Distribution (OEND) July 3, 2024, 11am
- 17. **2024 Missouri Recovery Support Specialist Training** The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. Register for any of these trainings
 - July 22-24, 2024 8am-5pm Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - August 12-14, 2024 8am-5pm Location: Healing House 4505 St John Ave, Kansas City, MO
 - August 27-29, 2024 8am-5pm Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - September 17-19, 2024 8am-5pm Location: Mission Missouri 509 Ruth St, Sikeston, MO
- 18. Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice You can choose to attend one or more of the following Thursday sessions. Register
 - July 25, 2024, 2pm CT
 - September 26, 2024, 2pm CT
 - November 28, 2024, 2pm CT
- 19. Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. Watch the Video Series Now
- 20. NAMI-Parents Supporting Parents Group Prepping Mental Health for School Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. Register
- 21. NAMI Basics NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions.

Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. Register

- 22. **Family Support Provider Training** A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. Register
- 23. **Youth Peer Specialist (YPS)** The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.

 Register
- 24. Peer Supervision Training ALL ONLINE Self Study Course Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). Enroll
- 25. Specialty Peer Instruction Series The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 26. 2024 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training <u>Register</u>
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS
 or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being
 offered during the current quarter. Register
- 27. 2024 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register