

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **August 2, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New SAMHSA's Provider Clinical Support System – Medications for Alcohol Use Disorder Releases Education and Training Opportunities** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medication for Alcohol Use Disorder \(PCSS – MAUD\)](#) released a series of free [education and training resources](#). These resources are intended for multidisciplinary healthcare professionals and counselors and describe opportunities to improve access to and quality of prevention, treatment, and recovery support services for people with alcohol use disorder (AUD). Resources include online training modules, enduring trainings, live events, digital resources, and videos related to strategies for addressing AUD. PCSS-MAUD will update these resources in real-time. Continuing Medical Education and Continuing Education credits are available. Additional information on PCSS-MAUD and its resources can be found [here](#).
2. **New DMH-Children's Office Presents:** The Growing Healthy Communities Podcast is back with its third episode. This time, we are discussing "Parent or Family Peer Support-What is it? How does it help? And how do I find it?". [LISTEN](#) now to learn more about this resource and support for families!

JOB ANNOUNCEMENTS

Project Coordinator

The Division of Behavioral Health is seeking a Business Project Manager for Central Office domiciled in Jefferson City, Missouri. This position reports to the DBH Project Manager. This position is within the DBH administration systems unit to assist with system maintenance, development of new systems and enhancements to support Division initiatives and workload efficiencies. **Applications accepted through Monday, August 5, 2024** [Learn More and Apply!](#)

Housing Initiatives Specialist

The Department of Mental Health, Division of Behavioral Health is seeking to hire a new Housing Initiatives Specialist. This position will be domiciled at Central Office. Remote work may be a possibility after the successful completion of an initial training period. **Applications accepted through Wednesday, August 7, 2024** [Learn More and Apply!](#)

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- How to Improve Your Grant Writing Skills** – In this program, there will be an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. Descriptions of the different sections of a grant application and what content should be covered in each section will be described. [Learn More](#)
- Grant Resources:**
 - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
 - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
 - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
 - [Grant Eligibility | Grants.gov](#)
 - [Grants | SAMHSA](#)
- HHS Announces \$27.5 Million in Funding Opportunities for Enhancing Women’s Behavioral Health** – On Monday, July 8, the U.S. Department of Health and Human Services (HHS), through the SAMHSA announced [notices of funding opportunities aimed at improving women’s behavioral health throughout the country](#). The grants total approximately \$27.5 million. Additionally, SAMHSA announced nearly \$1 million in grant awards for two grant recipients as a part of the [Services Program for Residential Treatment for Pregnant and Postpartum Women](#). The Notices of Funding opportunities aim to support women’s behavioral health by expanding access to services and enhancing the capacity of providers to identify and address mental health and substance use challenges and gender-based violence. Available funding opportunities include \$15 million for the Community-Based Maternal Behavioral Health Services Program (see below) and \$12.5 million for the [Women’s Behavioral Health Technical Assistance Center](#) (applications due **Tuesday, August 20, 2024**).
- SAMHSA Funding Opportunity: Community-Based Maternal Behavioral Health Services Program** – This program aims to improve access to evidence-based, timely, and culturally relevant maternal mental health and substance use disorder (SUD) services by bolstering community referral pathways to ensure seamless transitions in care for pregnant people in the perinatal and postpartum periods who are at risk or have a mental health or SUD. Specifically, recipients must collaborate with pregnancy and post-partum healthcare organizations, refer people in need of mental health and SUD care to providers, and provide short-term mental health and SUD services to those unable to access care. SAMHSA will provide up to 6 awards of up to \$500,000 per year, per award, for up to 5 years for total program funding of \$15,000,000. Applications are due **August 26, 2024**. Additional details can be found in the program’s [Notice of Funding Opportunity](#).
- MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:
 - Family Medicine
 - Internal Medicine
 - Obstetrics/Gynecology
 - Pediatrics
 - Psychiatry**Applications due November 22, 2024** – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

INFO & RESOURCES

1. **New White Paper: Advancing Perinatal Health Care Integration** – This paper highlights the U.S. maternal health crisis and how the delivery of comprehensive, culturally responsive, trauma-informed integrated perinatal care can improve health outcomes and reduce maternal mortality. [Learn More](#)
2. **New Secondary Analysis Shows Which Patients With TRD Benefit Most From Ketamine** – Ketamine was associated with greater treatment response than electroconvulsive therapy (ECT) in patients with nonpsychotic treatment-resistant depression (TRD) who had moderately severe or severe pretreatment symptoms and who initiated treatment as outpatients, according to a secondary analysis of a randomized clinical trial published in *JAMA Network Open*. [Learn More](#)
3. **New Resource Guide: Best Practices for Effective Adolescent Substance Use Disorder Services** – This resource offers guidance for effectively serving adolescents living with substance use disorders (SUDs). It addresses the urgent need for tailored interventions and provides caregivers and providers with tools to support youth through recovery. [Learn More](#)
4. **New Resource Guide: Embracing Equity and Cultural Humility to Improve Care for Youth with Trauma** – This resource provides considerations, practical recommendations, case studies and self-care approaches for youth-serving primary care and mental health professionals to ensure providers are well equipped to enhance quality of care, improve patient outcomes and reduce clinician burnout. [Learn More](#)
5. **New CSAT Webinar – Prescribing in a Post-Waiver World: Expanding to MOUD and Implications of 42 CFR Part 8 Revisions** – The Center for Substance Abuse Treatment (CSAT) is hosting a webinar on strategies for expanding access to medications for opioid use disorder (MOUD) following the elimination of the DATA Waiver (X-waiver), as well as providing a history of the Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act and discussing revisions to 42 CFR Part 8. **Thursday, August 15, 2024, 2pm CT** [Register](#)
6. **New SAMHSA Releases New Report on Youth Social Media Usage** – The Biden-Harris Administration’s Kids Online Health and Safety Task Force released a new report outlining recommendations and best practices for children’s social media and internet usage. The Task Force is co-led by HHS, SAMHSA, and the U.S. Department of Commerce’s National Telecommunications and Information Administration. The report includes a commitment to further action, including providing additional resources for families and pediatricians, and conducting further research on these issues. [Learn More](#)
7. **New ACF’s Title IV-E Prevention Services Clearinghouse Email List** – The [Title IV-E Prevention Services Clearinghouse](#), established by the Administration for Children and Families (ACF), recently announced the launch of the Prevention Services Clearinghouse email list. Subscribers will receive regular updates on the latest program and service ratings, requests for program and service recommendations, engagement opportunities, and resources released by the Clearinghouse. The Title IV-E Prevention Services Clearinghouse was established to conduct an objective and transparent review of programs and services designed to support children and families and prevent foster care placements by rating child programs and services based on criteria identified under the [Family First Prevention Services Act \(FFPSA\)](#).
8. **New NIDA Study Examines Reasons Behind Physician’s Reluctance to Intervene to Treat SUD** – The National Institute on Drug Abuse (NIDA) recently published a new study in *JAMA Network Open* on [Physician Reluctance to Intervene in Addiction: A Systematic Review](#) that examined the reasons physicians give for not addressing substance use disorder (SUD) in their clinical practice. The systematic review of 238 articles from 1960 to 2021 found that the most commonly reported reason for physicians not intervening to treat SUD was a lack of institutional support.

9. **New SAMHSA's Provider Clinical Support System – Medications for Alcohol Use Disorder Releases Education and Training Opportunities** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medication for Alcohol Use Disorder \(PCSS – MAUD\)](#) released a series of free [education and training resources](#). These resources are intended for multidisciplinary healthcare professionals and counselors and describe opportunities to improve access to and quality of prevention, treatment, and recovery support services for people with alcohol use disorder (AUD). Resources include online training modules, enduring trainings, live events, digital resources, and videos related to strategies for addressing AUD. PCSS-MAUD will update these resources in real-time. Continuing Medical Education and Continuing Education credits are available. Additional information on PCSS-MAUD and its resources can be found [here](#).
10. **New Grief-Related Psychiatric Conditions Common Among Bereaved Adults** – Post-traumatic stress disorder (PTSD), major depressive disorder (MDD), and prolonged grief disorder (PGD) appear highly prevalent and comorbid among bereaved US adults, particularly those who experienced a traumatic loss of a psychologically close other. Researchers reported their findings in *JAMA Network Open*. [Learn More](#)
11. **New New Data Analysis Guides States on How to Navigate Concerns on Youth Crime, Violence, and Behavioral Health** – New analysis from the CSG Justice Center, with support from Prudential and the William T. Grant Foundation, offers a detailed examination of the most recent data available on youth behavioral health, arrests, court cases, incarceration, and racial disparities. View the full resource to explore key national data trends and gain a comprehensive understanding of the challenges facing youth in our justice system. It also provides the data and insights policymakers need to shape effective strategies. [Learn More](#)
12. **New BRIC Institute Launch** – A pivotal 3-day event from November 7th-9th in St. Louis, MO will bring together healthcare professionals, policymakers, and community leaders to learn about the BRIC Model for Bullet Related Injury (BRI) care. Attendees will gain hands-on training, practical tools, and new connections to improve care for those directly and indirectly impacted by bullets. [Learn More & Register](#)
13. **New Common Barriers to ADHD Recognition** – Though a common disorder, many obstacles still exist for some patients struggling with ADHD, making it difficult for people to get the help they need. Elizabeth Judd, NP, MHS, and Greg Mattingly, MD, sat down to discuss the remaining barriers to treatment as well as why some professionals may still be under-trained to recognize ADHD when they see it in practice. [Learn More](#)
14. **New Building a Recovery Support Infrastructure Learning Collaborative Webinar** – The purpose of the webinar is to give attendees an overview of the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT) sponsored *Building a Recovery Support Infrastructure Learning Collaborative (BRSI LC)* which took place with eight states and territories from April to August 2024. **Wednesday, August 28, 2024, 2pm CT** [Register](#)
15. **New Pregnant and Parenting People with a Substance Use Disorder Learning Collaborative Webinar** – The purpose of the webinar is to give attendees an overview of the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT) sponsored "Pregnant and Parenting People with a Substance Use Disorder Learning Collaborative" (PPP LC) which took place with eight states from April to August 2024. **Wednesday, September 11, 2024, 2pm CT** [Register](#)
16. **New A Comprehensive Update and Evaluation of State and Federal Statutes on Competency to Stand Trial: Dusky, Jackson, Sell, and Olmstead Considerations** – Competency to stand trial (CST) has become one of the most significant mental health issues facing the criminal justice system. What has been dubbed the “competency crisis” has been attributed to the ever-increasing referrals, rising costs, and limited availability for inpatient restoration. Concerns regarding criminal competencies have reached the highest branch of the judiciary, and each time, the Court opined that decisions rest with the state. With the goal of evaluating similarities and differences among state laws and procedures, state statutes were reviewed to identify the criteria being used to evaluate CST, the length of time deemed “reasonable” to restore competence, the legality of forcible medication for the sole purpose of restoring competence, and approved locations of restoration. [Learn More](#)

17. **New Justice and Behavioral Health Strategy Lab** – The CSG Justice Center has launched the Justice and Behavioral Health Strategy Lab, an interactive repository that features innovative approaches at the intersection of the justice system and behavioral health (BH). It presents local programs and policies from across the country that are addressing community needs and invites submissions of successful strategies, offering visibility and fostering a collaborative environment for changemakers. There are currently 202 local examples across 87 interventions; recent additions during the reporting period include information-sharing agreements, specialized probation responses, mental health professionals embedded in probation departments, and co-responder teams. They are also conducting an annual accuracy check of local examples and interventions, updating examples with more recent information, and including links to newer resources. [Learn More](#)
18. **New The Crime and Safety Blind Spot: Are Mental Health Disorders Fueling Criminal Activity?** – The majority of individuals with mental health issues, even serious mental health disorders, do not commit crimes. However, mental health and substance use often intersect, with individuals lacking the support systems to manage both conditions. Poverty exacerbates the struggle for adequate care, leaving many with serious mental health disorders without necessary support, perpetuating cycles of homelessness and incarceration. Fortunately, many communities are adopting alternative solutions, and many programs show promising outcomes. Initiatives like mental health courts, co-responder models, and mobile crisis teams offer more effective approaches. [Learn More](#)
19. **New Addressing Behavioral Health Needs During Community Reentry from Prison and Jail** – People returning to communities after incarceration face significant health challenges, including high rates of mental illness and substance use disorders. This population also encounters substantial barriers to accessing health care services and faces difficulty meeting key health-related social needs (HRSN), such as housing, healthy food, and employment. Behavioral health care providers, correctional facilities, policymakers, and other interested stakeholders can use this new Better Care Playbook Collection to understand evidence-based strategies to better address the behavioral health needs of people during reentry and learn about promising implementation strategies. [Learn More](#)
20. **New Join SAMHSA’s PCSS-MOUD Exchange Sessions to Learn About the Implementation of Opioid Use Disorder Treatment in a Variety of Healthcare Settings** – SAMHSA’s Providers Clinical Support System – Medications for Opioid Use Disorder (PCSS-MOUD) is hosting a four-part learning Exchange Session that addresses requirements, strategies, and considerations for integrating opioid use disorder treatment in various care settings. Sessions start on August 1 and run each week through August 22 at 3 p.m. ET. The PCSS-MOUD Exchange sessions will focus on exploring, preparing, implementing, and sustaining treatment services including the use of medications for opioid use disorder (MOUD). Topics such as medication review, patient screening, protocols, clinic workflows, and strategies for treating patients, including addressing treating patients with other health conditions. [Learn More](#)
21. **New CSRC Language Guide Words and Phrases to Effect Positive Change in Community Supervision Agencies** – The CSRC Language Guide is designed to help pretrial, probation, and parole practitioners understand, identify, and use person-first language. Person-first language is a way to emphasize the person and view a status, disorder, disease, condition, or disability as only one part of the whole person: what the person “has” rather than what the person “is.” Person-first language avoids using labels or adjectives to define someone. For example, people in prison versus prisoners, and people with mental illnesses versus the mentally ill. [Learn More](#)
22. **New From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response** – From Harm to Health offers a holistic and comprehensive framework to transform how we address mental health emergencies — from a reactive system driven by public safety goals and procedures to a preventative, health-first approach that centers racial equity, lived experience, systemic challenges, and cultural competency. It is a report created by The Front End Project – a collaborative effort that aims to set forth a vision and strategies rooted in public health to transform how mental health emergencies (or “crises”) develop and are handled, which in many communities heavily relies on or defaults to law enforcement. [Learn More](#)
23. **New Overdose Risk Assessment Tool: A Guide for Loved Ones and Allies** – This tool is for loved ones and allies to support Black and Hispanic/Latinx individuals who may be at risk for overdose. The self-assessment can be discussed with a loved one or ally and includes discussion points and resources to reduce overdose risk. [Learn More](#)

24. **New Providing Culturally Responsive LGBTQ+ Affirming Care Guide** – Finding the right provider is important for physical and mental health but can be hard to do. For LGBTQ+ people who are also Black and/or Hispanic/Latinx, finding a provider who supports their whole self can be an added challenge. Providers can and should take additional steps and care to create a positive, supportive environment that prioritizes cultural responsiveness in their care of Black and/or Hispanic/Latinx LGBTQ+ individuals. [Learn More](#)
25. **New Substance Use Treatment Resource Guide** – This guide provides a detailed list of substance use-related resources for people who are at risk for a substance use disorder, their loved ones and the providers who work with them. Resources focus heavily on Black and Hispanic/Latinx populations, with acknowledgment of the wide diversity and overlap that exists among these populations. [Learn More](#)
26. **New Tips for Finding Whole-person Health, Substance Use and Mental Health Care** – The decision to seek treatment for substance use and mental health challenges is an important step in the journey to physical and mental wellbeing. One part of this process is searching for a health care provider who is the right fit and can support your whole self. This can be challenging for populations with overlapping identities and dimensions of diversity, such as people who are Black, Hispanic/Latinx or LGBTQ+. [Learn More](#)

TRAINING OPPORTUNITIES

1. [Events from July 24, 2024 – September 4, 2024 – Faces & Voices of Recovery \(facesandvoicesofrecovery.org\)](#)
2. **Creating a Trauma-Informed Recovery Oriented System of Care – Webinar #1** – Research has demonstrated that people who have experienced multiple adverse childhood experiences (ACEs) are at greater risk for mental health and substance use challenges; conversely, many of these individuals are also at greater risk for traumatic events. Despite the link between trauma and substance use, trauma-informed care is often not fully integrated into substance use prevention and treatment efforts within many communities, particularly as it relates to opioid and stimulant use. **Monday, August 5, 2024, 2pm CT** [Register](#)
3. **2024 Missouri Tiered Supports Summit** – The summit will include presentations from change agents from across the country sharing experiences, resources, and implementation strategies. Sessions will highlight the community-level impact of Multi-Tiered Systems of Support and strategies to maximize the implementation of evidence-based practices across environments. **Monday-Tuesday, August 5-6, 2024** [Register](#)
4. **Mental Health First Aid Training Opportunity** – Missouri EMS Conference and Expo Pre-Conference Session. Mental Health First Aid is an early intervention public education program. It teaches adults how to recognize the signs and symptoms that suggest a potential mental health challenge, how to listen nonjudgmentally and give reassurance to a person who may be experiencing a mental health challenge, and how to refer a person to appropriate professional support services. **Monday-Tuesday, August 5-6, 2024** [Register](#)
5. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#) now for the following virtual training dates:
 - **Monday-Tuesday, August 5-6, 2024**
 - **Tuesday-Wednesday, October 15-16, 2024**
 - **Monday-Tuesday, December 9-10, 2024**
6. **2024 Annual Missouri EMS Conference and Expo** – The conference will bring together diverse industries and disciplines from the nation’s Midwest around the evolving role of EMS in emergency and whole-person care through innovative and novel partnerships and care integration. The sessions, carefully curated to address the most pressing issues in healthcare, cover a wide range of topics, including emergency care, mobile integrated healthcare, primary

care, behavioral health, substance use disorder, maternal health, and oral health. **Monday-Thursday, August 5-8, 2024** [Register](#)

7. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)
 - **Wednesday, August 7, 2024, 10-11am CT**
 - **Wednesday, November 6, 2024, 10-11am CT**
 - **Wednesday, February 5, 2025, 10-11am CT**
 - **Wednesday, May 7, 2025, 10-11am CT**
8. **The Changing Landscape of Ethics: Implications of the Digital Age (Virtual)** – This three-hour workshop will explore the tenets of ethics as it relates to various roles and credentials. It will also take a closer look at ethical principles that can pose unique challenges, such as technology, scope of practice, and dignity of the client. **Wednesday, August 7, 2024, 9am-12pm CT** [Register](#)
9. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, August 7, 2024, 1pm CT** [Register](#)
10. **New Relias: Navigating the Suicidal Crisis With Your Outpatient Client** – Explore the various presentations and reactions of outpatient clients experiencing a suicidal crisis and discuss the basics of assessing suicidality; how to establish immediate safety and de-escalation; and the immediate and ongoing ways to help the client manage. Other considerations for successful referrals and documentation best practices, will also be shared. **Thursday, August 8, 2024, 1pm CT** [Register](#)
11. **New Understanding Community Trauma: Systemic Challenges in Black and Brown Communities** – A webinar that takes a culturally specific trauma informed educational and experiential approach to understand oppression and its impact on maneuvering systems. It explores the relationships between systems (individual, institutional, and societal). **Thursday, August 8, 2024, 1pm CT** [Register](#)
12. **Diagnosis and Treatment: Mental Health Issues with Brain Injury** – After a moderate to severe brain injury, survivors often look “normal,” but they and those closest to them realize “something isn’t right.” The person may have been a high-functioning manager before, but now lacks initiation, is disorganized and unable to concentrate, and may act impulsively or inappropriately-especially when frustrated. Is it depression? Anxiety? Cognitive dysfunction due to forgotten brain injury? Or any/all of the above? **Friday, August 9, 2024, 9am-12pm** [Register](#)
13. **Taking Action for Wellbeing Conference** – Join the Copeland Center for Wellness and Recovery for a 3-day conference where we explore the most pressing issues in wellbeing from a personal, professional, and system-wide perspective. We will work on how we are taking action for our wellbeing, how to communicate with those we work with on their recovery journeys and collaborate on how to enhance systems of care to offer the evidence-based practices that create real change in people’s lives. **Sunday-Tuesday, August 11-13** [Register](#)
14. **New PCSS-MAUD Webinar: Case-Based Discussion on MAUD Basics for Social Workers and Counselors** – This no-cost case-based discussion webinar is intended to develop the foundational knowledge and skills of social workers and counselors to better educate and support clients taking MAUD. **Tuesday, August 12, 2024, 11am CT** [Register](#)

15. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
 - *Tuesday, August 13, 2024, 10-11:30am CT*
 - *Tuesday, November 12, 2024, 10-11:30am CT*
 - *Tuesday, February 11, 2025, 10-11:30am CT*
 - *Tuesday, May 13, 2025, 10-11:30am CT*

16. **2024 NASADAD National Prevention Network Conference Registration Now Open** – The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice. *August 13-15 in Phoenix, AZ* [Register](#)

17. **CCBHCs and Supportive Housing Webinar Series** – Housing needs are one of the largest challenges facing people served by CCBHCs, and local housing providers are often unaware of the support opportunities available to their residents receiving services from CCBHCs. This four-part series (the first was on July 17) will educate CCBHC grantees on building quality and sustainable partnerships with the housing sector. See below for the other three sessions:
 - Session 3 – [Supportive Housing 101](#) – *Wednesday, August 14, 2024, 2:30-4pm CT*
 - Session 4 – [Partnership Examples from CCBHCs](#) – *Wednesday, September 4, 2024, 2:30-4pm CT*

18. **Substance Use Disorder and LGBTQ+ People; Assessing the Impact of Compounded Stigma and Treatment Considerations for this Population** – Substance use is a complex issue that affects individuals from all walks of life, including the LGBTQ community. Unfortunately, members of this community often face unique challenges when it comes to seeking help for addiction. Stigma, shame, and lack of family support can all make it difficult for LGBTQ individuals to access the resources they need to overcome substance use disorders. *Thursday, August 15, 2024, 1-4pm CT* [Register](#)

19. **Workforce Development Learning Community** – Choose to attend one or more of the following sessions. [Register](#)
 - *Thursday, August 15, 2024, 2pm CT*

20. **SAVE THE DATE – VA St. Louis Health Care System 2024 Mental Health Summit!** This will be a live virtual webinar. CEUs application is currently being processed for the following disciplines: Psychologist, physicians, social workers, LPC, NBCC, Nursing. The primary target audience is mental health staff. Organizations that work with Veterans, Veterans and family members will likely find the content interesting and helpful as well. Topics: PACT & COMPACT ACTs, SAVE Suicide Prevention & Advanced Safety Planning, Lethal Means Safety & Law Enforcement Brief, When a Loved One Won't Seek Mental Health Help, and Ethics of Welfare Checks. *Friday, August 16, 2024, 8am-12pm* Registration will be forthcoming.

21. **NAATP: Wherever You Go You Take Your Trauma With You: Recognizing and Interrupting the Effects of Intergenerational Trauma to Improve Retention in Treatment** – The effects of trauma can show up in how we interact with others, in relationships and in our families. It can also show up in how we parent and even how we manage our money and can even impact our interactions at work. This session will present subtle manifestations of intergenerational trauma and how providers can help clients and treatment facility clinical leaders can help staff interrupt this insidious legacy of past traumas. *Wednesday, August 21, 2024, 12pm CT* [Register](#)

22. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops, and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).

- [Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities](#)
Wednesday, August 21, 2024, 11am-12pm CT
 - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#)
Wednesday, September 18, 2024, 11am-12pm CT
23. **New A Solution-Oriented Approach for Mental Health and Substance Use Treatment Provision in Rural Communities** – Speakers will explore how Certified Community Behavioral Health Clinics (CCBHCs) address barriers and provide mental health care infrastructure in rural communities. Learn how CCBHCs partner with providers and other community organizations to strengthen care coordination and provide quality services. We will also discuss how to embed diversity, equity and inclusion (DEI) in all aspects of care, including culturally competent services for diverse populations. *Wednesday, August 21, 2024, 11am CT* [Register](#)
 24. **New PCSS: Behavioral Treatments for Alcohol Use Disorder—Using Harm Reduction as a Path Forward** – Funding for this initiative was made possible by cooperative agreement number 1H79TI086771-01 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. *Thursday, August 22, 2024, 12pm CT* [Register](#)
 25. **Be a Part of the Team: Identify and Assess for FASD** – Fetal Alcohol Spectrum Disorders are not rare. In fact, they are more prevalent than either autism or Down Syndrome, but they are rarely diagnosed, denying services to those who need them to address immediate developmental concerns and mitigate lifelong damage caused by prenatal alcohol exposure. *Thursday, August 22, 2024, 1pm CT* [Register](#)
 26. **New Introductory/Refresher Virtual Screening, Brief Intervention and Referral to Treatment (SBIRT) Training** – Join this SBIRT training for an introduction to best practices you can integrate into your work to build in mental health. *Thursday, August 22, 2024, 1pm CT* [Register](#)
 27. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)
 - *Friday, August 23, 2024, 10am CT*
 - *Friday, September 27, 2024, 10am CT*
 - *Friday, October 25, 2024, 10am CT*
 28. **CONFERENCE UPDATE! Due to the limited number of hotel rooms, full conference registration for the Real Voices – Real Choices conference is CLOSED. If you would still like to attend the conference, we are offering partial registration for \$60. This partial registration DOES NOT include your hotel room at Margaritaville Lake Resort – You will need to arrange your own hotel accommodations. To make your partial registration, please call the Missouri Mental Health Foundation at 573-635-9201. ~~Real-Voices—Real-Choices-Conference~~**—This annual conference aims to unite, inform, and empower individuals and families living with mental illness, developmental and intellectual disabilities, and those in recovery for substance use disorders. Registration is OPEN and will close on July 1, 2024. *Sunday Tuesday, August 25-27, 2024, at Margaritaville Lake Resort* [Register](#)
 29. **New What Now: Xylazine in the Age of Opioid Use Disorder** – As the opioid use crisis continues to progress, communities across the country are now being faced with additional dangers such as the misuse of xylazine, a powerful sedative commonly used for animals, in the drug supply. Recent studies indicate this potent substance, when used with opioids, increases overdose risk and complicates treatment and long-term healthcare. Join as we discuss the history and context of xylazine and opioid use as well as options for treatment and care. *Tuesday, August 27, 2024, 1pm ET* [Register](#)

30. **Trauma-Focused Cognitive-Behavioral Therapy: Peeking into the Brain of a TF-CBT Therapist** – Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. **Thursday, August 29, 2024, 1-4pm CT** [Register](#)
31. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)
32. **2024 Missouri Preceptor Academy** - The Missouri Preceptor Academy is designed to engage and grow current and future preceptors with key education tools, and strategies to foster a strong preceptor/orientee relationship. This interactive program provides information and practical tools to improve preceptor abilities. **Thursday, September 5, 2024, 7:30am-4:30pm CT** [Register](#)
33. **2024 Missouri Behavioral Health Conference** – This event hosts over 800 behavioral health and substance use professionals, crisis providers, hospital providers, primary care providers, and federally qualified health centers throughout Missouri. **Wednesday-Friday, September 11-13, 2024** [Register](#)
34. **New Intermediate Motivational Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, September 11, 2024, 11am CT** [Register](#)
35. **New Three Crucial Factors in Treating Suicide Risk—Lessons Learned From the Interpersonal Theory of Suicide** – Treating a client at risk of suicide is a high-stakes challenge. Because the United States suicide rate has been going up relentlessly for decades, it is especially important for the behavioral healthcare industry to take the next step in continually improving quality care. The Interpersonal Theory is that next step. It is the foundation for the Suicide Prevention Lifeline/988 protocol and training. Join MHHRG for this important discussion **Thursday, September 12, 12 pm CT** [Register](#)
36. **New Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities** – Mental health and substance use treatment is often inaccessible for unhoused populations. This webinar will focus on the importance of supporting unhoused populations and connecting them with necessary services without judgment or stigma. Speakers will highlight the social determinants of health that impact access to treatment in rural and urban communities. We will also explore innovative approaches to working with unhoused populations, including children, youth and adults, so they can successfully navigate local systems and receive critical resources and care. **Wednesday, September 18, 2024, 11am CT** [Register](#)
37. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
- **Thursday, September 26, 2024, 2pm CT**
 - **Thursday, November 28, 2024, 2pm CT**
38. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics

important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)

Learning Objectives:

- Understand what dual diagnosis means for people with BHIDD
- Have an understanding of how to assess mental illness in people with IDD
- Understand how to support physical health, wellness, and aging and prevent risk over time
- Learn how to adapt therapy for IDD clients

Virtual Session Details:

- **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
- **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)

39. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)
40. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
41. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
42. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)
- **Wednesday, October 30, 2024, 10-11am CT**
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
43. **The 65th National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024** [Register](#)
44. **2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, Wednesday-Thursday, November 13-14, 2024.

RECURRING TRAINING OPPORTUNITIES

1. **New Novel Agents for the Rapid Relief of Postpartum Depression** – Join an on-demand webcast on novel agents for the rapid relief of postpartum depression. This webcast will assess the potential paradigm shift associated with novel treatments in the pathophysiology of PPD. After viewing this complimentary webcast, you'll have the opportunity to claim your CME/CE credits! [Register](#)
2. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)

3. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
4. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. FREE [Communities of Practice](#)
5. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri’s Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorder; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. [Flyer](#)
6. **SAMHSA-funded Technology Transfer Centers (TTC)** – There are three SAMHSA-funded Technology Transfer Centers (TTC) available as a resource in developing and strengthening the specialized behavioral healthcare and primary healthcare workforce that provides prevention, treatment, and recovery support services for substance use disorders and mental illness. The TTC program is comprised of three networks:
[Missouri | Prevention Technology Transfer Center \(PTTC\) Network \(pttcnetwork.org\)](#)
[Mid-America ATTC | Addiction Technology Transfer Center \(ATTC\) Network \(attcnetwork.org\)](#)
[Mid-America MHTTC | Mental Health Technology Transfer Center \(MHTTC\) Network \(mhttcnetwork.org\)](#)
7. **Advanced Buprenorphine Education: Interactive Patient Cases** – The set of five patient case scenarios offers learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder. [Register](#) Download the resource guideline [here](#)
8. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
9. **ASAM Treatment of Opioid Use Disorder Course** – This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. [Register](#)
10. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
11. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)

12. **Health Disparities in Substance Use Disorder** – This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. [Register](#)
13. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
14. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
15. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
16. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
17. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
18. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)
19. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
20. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5

hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)

21. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
22. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
23. **Peer Supervision Training** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
24. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
25. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
26. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)