



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

9/24/24

we  **care**

Wellness, Education, Confidence,
Assessment & Recognizing Emergencies

The Association on Aging with Developmental Disabilities, in partnership with the University of Missouri-Kansas City's Institute for Human Development, has created and implemented WE ♥ CARE, an eight-week curriculum to empower mutual caregivers with developmental disabilities nationwide.

This initiative strives to enhance caregivers' ability to provide essential care and maintain home safety while aging in place. The full WE ♥ CARE curriculum offers 8 modules of content, and a comprehensive facilitation guide in both English and Spanish.

All materials are available at no cost in both English and Spanish and are located on the [WE ♥ CARE curriculum page](#).



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