

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance September 6, 2024

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- 1. New Peer Support Learning Collaborative Series** – These will be free, quarterly gathering of the MBHC member agency’s Peer Support Specialists, Youth Peer Support, Peer Supervisors, and Family Support Professionals. Our vision is to host different speakers and learning topics for the general meeting and provide breakout meetings specific to specialists and supervisors, along with round table discussions and presentations from agencies on how they are utilizing Peers within their agencies and what’s working well, obstacles, etc. These meetings will be in person, lasting from approximately 10 a.m. – 3 p.m. at a location in Jefferson City. Lunch and continuing education provided for meetings. [Register](#)
 - October 3, 2024
 - January 9, 2025
 - April 10, 2025
 - August 14, 2025
- 2. New MCB Open Board Positions** – The Missouri Credentialing Board (MCB) has two open Board positions starting January 1, 2025, for the Southwest and Northwest Representatives. Terms of office shall be three (3) years not to exceed two (2) consecutive terms. The Board of Directors for the MCB plays a critical role in guiding the organization’s mission and activities. Board members are expected to attend six meetings per year, which include three in-person meetings and three via virtual format. In addition to meeting attendance, members are encouraged to actively participate in the work of the board, such as serving on committees, assisting with outreach efforts, and representing their respective regions of the state. This is a volunteer position with no financial compensation, but it offers the opportunity to shape important credentialing processes and make a meaningful impact across Missouri. Interested parties are required to complete the Board questionnaire as part of the application process. After submitting the questionnaire, a representative of the Board will reach out to schedule a phone interview to discuss your potential role and responsibilities.
Southwest Representative – this person must reside in the southwest part of the state and hold any MCB credential.
Northwest Representative – this person must reside in the northwest part of the state and hold any MCB credential.
Anyone with interest, please submit your resume and letter of interest via the [Missouri Credentialing Board website](#) by October 4, 2024, by 5 p.m.
- 3. New Potential Resources (non-monetary, but valuable) from Missouri Foundation for Health** –
 - [Catchafire](#) is an online platform that connects professional volunteers with nonprofit organizations and provides free consultation calls or project support in areas ranging from marketing and fundraising to strategic design and professional development. St. Louis Community Foundation and MFH have partnered to provide access to the platform at no cost to any organizations in Missouri and the STL Metro area.
 - [First Fridays \(September\) | Philanthropy Missouri](#) – First Fridays are **free, confidential** opportunities for staff members from community organizations to meet with two funder representatives outside of a formal grantmaking process for a **45-minute technical assistance** meeting. These are planned through the end of the

year currently with the hopes to continue them in 2025. Additional dates will be uploaded to the events page – [Events Calendar | Philanthropy Missouri](#).

- [Fiscal Sponsorship – Build Missouri Health \(buildmohealth.org\)](#) – Build Missouri Health provides a valuable service by offering fiscal sponsorship to organizations and coalitions that are in alignment with our mission of fostering and amplifying community-led innovations through partnerships.
4. **September is Suicide Prevention Month** – The [Suicide Prevention webpage](#) has a tab that has a calendar and other links relating to suicide prevention month.
 5. There are several upcoming training opportunities that will be amazing for staff who are part of the EP committee, behavioral health strike team, and respond to disaster crisis.
 - Nova Basic - **Monday-Wednesday, October 2-4, 2024** [see flyer](#)
 - Nova Basic – **Tuesday-Thursday, January 14-16, 2025** [see flyer](#); [register](#)
 - **SAVE THE DATE** – Disaster Behavioral Health Conference in Columbia – **Tues-Thurs, April 8-10, 2025**
 6. Upcoming PREPaRE trainings – please share with educators and those that work in school settings.
 - **Monday-Tuesday, October 7-8, 2024** in Springfield [see flyer](#)
 - **Tuesday-Wednesday, January 14-15, 2025** in Joplin [see flyer](#)
 - **Tuesday-Wednesday, February 4-5, 2025** in Kansas City [see flyer](#)
 - **Wednesday-Thursday, March 5-6, 2025** in St. Peters [see flyer](#)
 - **Tuesday-Wednesday, April 1-2, 2025** in Jeff City [see flyer](#)



**Northwest Missouri Psychiatric Rehabilitation Center
150 Anniversary Celebration**

Celebration of the Sesquicentennial milestone of St. Joseph State Hospital (now known as Northwest Missouri Psychiatric Rehabilitation Center) was had on Friday, September 6. Staff, DMH and facility leadership, and community members gathered to commemorate this auspicious anniversary, to celebrate the legacy of the organization, whose unyielding commitment to mental health has transformed countless lives and paved the way for a future of ever-greater understanding, compassion, and healing.

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Contract Coordinator

The Division of Behavioral Health (DBH) is seeking a Contract Coordinator for Central Office domiciled in Jefferson City, Missouri. This position reports to the DBH Project Coordinator. Partial remote work schedule will be available. **Applications accepted through Wednesday, September 11, 2024.** [Learn More and Apply!](#)

FUNDING OPPORTUNITIES

1. **Grant Resources:**

- [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
- [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
- [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
- [Grant Eligibility | Grants.gov](#)
- [Grants | SAMHSA](#)

2. **MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:

- Family Medicine
- Internal Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

INFO & RESOURCES

1. **New Preventing Substance Use Among Young Adults with Disabilities** – SAMHSA has issued a new Advisory on Preventing Substance Use Among Young Adults with Disabilities. In 2021, approximately 3.2 million or about 6.8 percent of people between the ages of 14 and 24 were living with a physical or mental disability. This Advisory highlights the need for primary substance use prevention efforts for young adults ages 18 to 25 with disabilities, describes factors that may affect the delivery of prevention services, and provides guidance on designing and tailoring programs to meet the needs of this population. [Read More](#)
2. **New SAMHSA Back-to-School and National Suicide Prevention Month Toolkits** – SAMHSA recently released a [Back-to-School Toolkit](#) containing resources designed to help parents and caregivers talk to their children about mental health and substance use, identify where additional support may be needed, and provide connection to care. Additionally, SAMHSA also recently unveiled a [National Suicide Prevention Month Toolkit](#) that offers various assets, such as social media posts and shareable graphics, intended to help raise awareness about the information and resources SAMHSA offers about suicide prevention.
3. **New Virtual Training on Privacy Laws for School Officials** – The SAMHSA-funded Mental Health Technology Transfer Center (MHTTC) Network and the Center of Excellence for Protected Health Information (CoE-PHI) are hosting a 90-minute virtual training to help school mental health professionals and others understand how the federal health

privacy laws (e.g., HIPAA, FERPA) apply to student mental health information. The training is intended for health and mental health providers employed by a school district, community providers contracted by a school district to work on site, school-based/school-linked health center providers, school administrators, teachers, counselors, athletic trainers, and other school personnel. **Thursday, September 19, 2024, 12pm CT** [Register](#)

4. **New National Council Lived/Living Experience Council and CMS FAQ Guidance to States on Peer Support Services** – This week, peer specialists from the [CCBHC Lived/Living Experience Advisory Council](#) joined National Council staff to share reflections on their work in the recovery and mental health space, and on the critical role of lived and living experience in supporting folks along their healing journeys. While keeping in mind the incredible work done by peers across the country, we would like to take this time to remind you that in June, CMS released a Frequently Asked Questions (FAQ) document providing guidance to states on peer support services. The FAQ aims to provide clarifications regarding previously established policy on Medicaid and Children’s Health Insurance Program (CHIP) coverage of peer support services outlined in a [2007 State Medical Director letter](#). The 2007 letter was originally misinterpreted by some as setting a strict rule that only certain mental health clinicians or licensed providers may provide supervision of individuals providing peer support services. The [FAQ document](#) encourages states to expand availability and utilization of peer support services to adults, youth and families who experience mental health and substance use disorder challenges, including by allowing coverage of peer support services in emergency room and inpatient settings.
5. **New The Parents’ Network (TPN)** – TPN is a global community for parents and caregivers who have been impacted by social media online harm. Working to unite and uplift parents and caregivers, and to systemically change the social media platforms and devices that create a harmful environment for young people around the world, TPN won’t stop fighting for change until social media companies make their platforms safer by design, because one child lost is already too many. [Read More](#)

TRAINING OPPORTUNITIES

1. **Translating Equity, Diversity and Inclusion Practice into Action** – This virtual learning series is designed for staff who are leading their organizations’ EDI efforts and want to grow their understanding and application of key EDI concepts.
 - Cultural Humility – **Monday, September 9, 2024, 11am-1pm CT** [Register](#)
 - Implicit Bias – **Tuesday, September 24, 2024, 11am-1pm CT** [Register](#)
 - Psychological Safety and Equity – **Tuesday, October 1, 2024, 11am-1pm CT** [Register](#)
2. **Co-occurring Disorders: Anxiety, Depression, and PTSD** - The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded Providers Clinical Support System – Medications for Alcohol Use Disorder (PCSS-MAUD), in collaboration with the Addiction Technology Transfer Center (ATTC) – University of Missouri – Kansas City, is hosting a case-based discussion on [Co-occurring Disorders: Anxiety, Depression, & PTSD](#). The webinar will examine co-occurring conditions for patients with alcohol use disorder (AUD), including anxiety, depression, and Post-Traumatic Stress Disorder (PTSD), as well as treatment options for individuals who suffer from those co-occurring disorders. The webinar will also have a portion dedicated to case study discussions around strategies being used across the country to support patients with AUD and co-occurring disorders. **Monday, September 9, 2024, 11am CT** [Register](#)
3. **New SSA Dialogue on the Drawdown of SUPTRS BG Supplemental Funds** – The Center for Substance Abuse Treatment (CSAT) will host an interactive meeting for Single State Agencies (SSAs) on the spending of the SUPTRS BG COVID-19 and ARPA supplemental funds. This interactive session will allow SSAs and SUPTRS BG Coordinators the opportunity to participate in structured discussions alongside other SSAs and BG Coordinators, to discuss strategies for drawing down funds and barriers that are preventing or delaying the draw down of funds. **Tuesday, September 10, 2024, 2pm CT** [Register](#)

4. **Mastering the Art of Recovery – From Lived Experience to Professional Impact** – Whether you’re a peer specialist, health care professional or an ally, this event offers valuable insights into the transformative impact of lived experience in mental health and addiction recovery. *Tuesday, September 10, 2024, 11am-1pm CT* [Register](#)
5. **Advancing Health Equity: Health Access for Special Populations** – Quality care and access for special populations and communities is essential yet remains a challenge for many today. During this webinar, the presenter will share and define who are special populations, the challenges of health access for these populations, and what factors contribute to systems that are meant to ensure quality care for all. *Tuesday, September 10, 2024, 12:30-2pm CT* [Register](#)
6. **LGBTQ+ Identities 201: Going Beyond Understanding to Empowering** – Layla Orlando, Director of Health Equity & Wellness at Garden State Equality, will discuss how we can move beyond simply understanding LGBTQ+ identities and experiences to actively dispelling myths, undoing harm and empowering LGBTQ+ individuals and communities. *Tuesday, September 10, 2024, 1:30pm CT* [Register](#)
7. **2024 Missouri Behavioral Health Conference** – This event hosts over 800 behavioral health and substance use professionals, crisis providers, hospital providers, primary care providers, and federally qualified health centers throughout Missouri. *Wednesday-Friday, September 11-13, 2024* [Register](#)
8. **Intermediate Motivational Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. *Wednesday, September 11, 2024, 11am CT* [Register](#)
9. **From the Edge to Empowerment: A Conversation with Kevin Hines** – Two years after Kevin Hines was diagnosed with bipolar disorder, he attempted to take his own life by jumping from the Golden Gate Bridge. The fall broke his body, but not his spirit. Since then, Hines has dedicated his life to saving lives, becoming an award-winning global suicide prevention and mental health advocate and one of the most respected voices of lived experience. *Wednesday, September 11, 2024, 1pm CT* [Register](#)
10. **Pregnant and Parenting People with a Substance Use Disorder Learning Collaborative Webinar** – The purpose of this webinar is to give attendees an overview of the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT) sponsored “Pregnant and Parenting People with a Substance Use Disorder Learning Collaborative” which took place with eight states from April to August 2024. Learning Collaboratives aim to support the practical implementation of best practices to improve state systems. LC participants engaged in a series of virtual and in-person workshops, exploring a range of topics pertinent to pregnant and parenting people. *Wednesday, September 11, 2024, 2pm CT* [Register](#)
11. **AI and Behavioral Health: A Primer** - Explore the cutting-edge applications and future possibilities of artificial intelligence (AI) in promoting mental wellbeing. In this insightful webinar, we’ll explore the transformative impact of AI on behavioral health services. As technology continues to evolve, AI presents unprecedented opportunities to enhance the delivery of mental health care, personalize treatment plans and improve patient outcomes. *Thursday, September 12, 2024, 2pm CT* [Register](#)
12. **Treating Anxiety Together: Working with Kids, Caregivers, and Schools** – CBT and Exposure Therapy are best practices when it comes to treating anxious kids. However, treatment outcomes for kids often improve when the clinician collaborates with a child’s parents and school. This program will present a complex case of an anxious child and help participants navigate the process of treating the child’s anxiety while working together with caregivers and school staff. This is an advanced program and participants should have a foundational understanding of cognitive-behavioral and exposure-based therapies. *Thursday, September 12, 2024, 1pm CT* [Register](#)

13. **Three Crucial Factors in Treating Suicide Risk—Lessons Learned From the Interpersonal Theory of Suicide –** Treating a client at risk of suicide is a high-stakes challenge. Because the United States suicide rate has been going up relentlessly for decades, it is especially important for the behavioral healthcare industry to take the next step in continually improving quality care. The Interpersonal Theory is that next step. It is the foundation for the Suicide Prevention Lifeline/988 protocol and training. Join MHRG for this important discussion **Thursday, September 12, 12 pm CT** [Register](#)
14. **Improving Outcomes for Patients with Communicable Diseases in Substance Use Treatment Settings –** This webinar will include a discussion of key communicable diseases (e.g., Hepatitis B, Hepatitis C, HIV, Syphilis, Tuberculosis, and more) including prevalence, and recommendations for screening, testing, and treatment; benefits of an integrated approach supported with state examples; and the sharing of key resources. **Thursday, September 12, 2024, 2pm CT** [Register](#)
15. **Root Cause Analysis Tools for Effective Quality Improvement –** In this webinar, you will learn the mechanics of process improvement, specifically conducting a root cause analysis and applying tools and techniques. A root cause analysis (RCA) is a systematic approach to understanding the causes of an adverse event and identifying system flaws that can be corrected to prevent the error from happening again. **Thursday, September 12, 2024, 12pm CT** [Register](#)
16. **Opioid Use Disorders ECHO –** Show-Me Extension for Community Healthcare Outcomes (ECHO) presents the Opioid Use Disorder (OUD) ECHOs. ECHOs empower and support primary care professionals to more effectively and confidently treat patients suffering from opioid use disorder. These ECHOs integrate medical, pharmacological, and psychological considerations into patient care and shares best practices with two new upcoming didactic topics. At these ECHOs providers can learn more about maternal health and opioid use disorders. **Friday, September 13, 2024, 12pm** [Register](#) For more information, visit [Show-Me ECHO](#)
17. **Diagnosis and Treatment of Obsessive-Compulsive Personality Disorder –** This webinar will provide a thorough overview of obsessive-compulsive personality disorder and its most empirically-supported psychotherapies. **Friday, September 13, 2024, 9am-12pm CT** [Register](#)
18. **Transforming Organizational Culture: Elevating Quality of Life at Work –** Join us to learn strategies for fostering long-term retention by creating an environment where employees feel valued, fulfilled, and motivated to stay. **Tuesday, September 17, 2024, 12pm CT** [Register](#)
19. **Midwest Rural Opioid & Stimulant Conference –** This conference will feature sessions focusing on opioid and stimulant use in rural areas across the country, along with innovative partnerships, evidence-based and research-based approaches, and networking opportunities. **Tuesday-Thursday, September 17-19, 2024** [Register](#)
20. **Social Justice Leadership Academy (SJLA) Learning Series –** This is a free, monthly virtual learning opportunity combining informational presentations, workshops, and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
 - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) **Wednesday, September 18, 2024, 11am-12pm CT**
21. **Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities –** Mental health and substance use treatment is often inaccessible for unhoused populations. This webinar will focus on the importance of supporting unhoused populations and connecting them with necessary services without

judgment or stigma. Speakers will highlight the social determinants of health that impact access to treatment in rural and urban communities. We will also explore innovative approaches to working with unhoused populations, including children, youth and adults, so they can successfully navigate local systems and receive critical resources and care. **Wednesday, September 18, 2024, 11am CT** [Register](#)

22. **Save the Date: Infectious Disease Management in Behavioral Health – OCMO Webinar** - The Substance Abuse and Mental Health Services Administration (SAMHSA) Office of the Chief Medical Officer in collaboration with the Center for Mental Health Services (CMHS), the Center for Substance Abuse Prevention (CSAP), and the National Center for HIV, Viral Hepatitis, STD, and TB Prevention (NCHHSTP) at the Centers for Disease Control and Prevention (CDC) will conduct a webinar on infectious disease management in behavioral health. The webinar will be led by Dr. Jonathan Mermin, Director, NCHHSTP, and CAPT Christopher Jones, Director, CSAP. Dr. Mermin and CAPT Jones will provide an overview of the syndemic of infectious disease and substance use, harm reduction approaches, interagency collaborative efforts, and strategies for leveraging available resources to prevent adverse health outcomes. Attendees will have the opportunity to engage with the presenters via a moderated question and answer segment at the conclusion of the presentation. **Thursday, September 19, 2024, 2pm CT** [Register](#)
23. **Implementing Opt Out/Proactive Tobacco Use Treatment Approaches in Mental Health and Substance Use Treatment Settings** – Join the National Center of Excellence for Tobacco-Free Recovery (CoE-TFR) to explore ways to implement Opt Out/Proactive tobacco-use treatment approaches in behavioral health settings to increase access to treatment and reduce disparities and harms associated with commercial tobacco use for people with behavioral health conditions. **Thursday, September 19, 2024, 12pm CT** [Register](#)
24. **Trauma Informed Conflict De-Escalation: Creating and Maintaining a Safer Environment for You and Your Clients** – Clients facing a myriad of life’s challenges can show up in our organizations and practices as frustrated and agitated. When we as practitioners are also on-edge, tensions can escalate quickly. This workshop uses trauma-informed concepts to explore safety in our organizations and explores how we can increase practitioner well-being as a strategy to decrease tension and de-escalate conflict. Through case studies, we will explore conflict and build on our tools to de-escalate conflict in productive, trauma-informed, strengths-based ways while attending to safety for all. **Thursday, September 26, 2024, 1pm CT** [Register](#)
25. **The Complex Interplay between Trauma, Substance Use and Avoidance Behaviors** – Understanding the impact of trauma and substance use on the brain is crucial in addressing mental health disorders. Trauma can affect various areas of the brain, including the amygdala and prefrontal cortex, both involved in emotional regulation and decision-making. Similarly, substance use can also alter brain regions such as the nucleus accumbens and hippocampus, influencing reward processing and memory. By comprehensively understanding these dynamics, interventions can be tailored to address the complex interplay between trauma, substance use, and avoidance behaviors, promoting effective treatment and recovery strategies. **Thursday, September 26, 2024, 12pm CT** [Register](#)
26. **Navigating the Behavioral Health AI Journey from Concept to Reality** – Join this event designed to demystify the intricate process of bringing AI from the drawing board to impactful implementation. This webinar will provide invaluable insights, practical strategies and real-world examples on how AI can revolutionize behavioral health and client care. **Thursday, September 26, 2024, 1pm CT** [Register](#)
27. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
 - **Thursday, September 26, 2024, 2pm CT**
 - **Thursday, November 28, 2024, 2pm CT**
28. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services,

or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)

- **Friday, September 27, 2024, 10am CT**
- **Friday, October 25, 2024, 10am CT**

29. **ECHO Autism: Behavior Solutions in Hospitals** – Registration is now open for the Echo Autism: Behavior Solutions in Hospitals program. This free program is open to **Missouri hospital-based healthcare team members including mental healthcare and emergency department team members**. This program will review best practices for interfering behaviors, managing medical conditions including psychiatric conditions, connecting with community resources and family/caregiver support and more. It starts with on-demand training videos, a live program kickoff via zoon on **October 7**, and regular sessions **each Monday from October 14 through November 18**. Free continuing education credits are available. [Register here](#). If you have questions about this program, please contact Melinda Odum, at odumm@health.missouri.edu.
30. **AI to Support our Workforce** – Artificial intelligence (AI) technologies are poised to enhance the mental health and substance use workforce’s ability to meet growing demands for services with more efficient and effective care and reduced administrative burdens. This webinar will explore what AI can do and how it can support you. **Tuesday, October 1, 2024, 1pm CT** [Register](#)
31. **Vibrant Behavioral Health Conference** – We the Resilient: A conference on disaster behavioral health and building a truly resilient community. **Tuesday-Thursday, October 1-3, 2024** in Nashville. [Register](#)
32. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)
- Learning Objectives:**
- Understand what dual diagnosis means for people with BHIDD
 - Have an understanding of how to assess mental illness in people with IDD
 - Understand how to support physical health, wellness, and aging and prevent risk over time
 - Learn how to adapt therapy for IDD clients
- Virtual Session Details:**
- **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
 - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
33. **Choosing the Right AI Technology for your Organization** – Join us for an insightful webinar where we will examine the essentials for choosing AI technology that aligns with your organization’s unique requirements. **Wednesday, October 9, 2024, 12pm CT** [Register](#)
34. **Building a Resilient Workforce Learning Series** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. [Register](#)
- **Wednesday, October 9, 2024, 1pm-2:15pm CT**
 - **Thursday, November 7, 2024, 1pm-2:15pm CT**
 - **Monday, December 9, 2024, 1pm-2:15pm CT**

35. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)
36. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#) now for the following virtual training dates:
- **Tuesday-Wednesday, October 15-16, 2024**
 - **Monday-Tuesday, December 9-10, 2024**
37. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector’s impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024** [Register](#)
38. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
39. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
40. **Liability and Risk Considerations When Adopting AI Technology** – This webinar will explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. **Friday, October 25, 2024, 12pm CT** [Register](#)
41. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)
- **Wednesday, October 30, 2024, 10-11am CT**
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
42. **New St. Louis Harm Reduction Training Day** – The UMSL-MIMH Addiction Science Team will be hosting a **free, in-person, full-day harm reduction training event** for individuals and teams who work with people who use drugs. There will be **full and half-day training options** available. **Friday, November 1, 2024, 9am-5pm CT** [Register](#) and see the [full schedule](#).
43. **The 65th National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024** [Register](#)
44. **Missouri Rural Health Conference** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year’s conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. **Wednesday-Thursday, November 6-7, 2024** [Register](#)

45. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)
- **Wednesday, November 6, 2024, 10-11am CT**
 - **Wednesday, February 5, 2025, 10-11am CT**
 - **Wednesday, May 7, 2025, 10-11am CT**
46. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
- **Tuesday, November 12, 2024, 10-11:30am CT**
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**
47. **2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024**. Registration is now open! [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Free Harm Reduction Professional trainings** – We are excited to share new dates for our various harm reduction training offerings. Follow the links below or visit mimhaddisci.org/training to learn more, view additional dates, and register.
- **Overdose Education and Naloxone Distribution**
[Wed, Sep 18th 12-1:30pm](#)
[Thu, Sep 26th 3-4:30pm](#)
 - **Stimulant Education: Harm Reduction & Overamping**
[Tue, Sep 17th 12-1:30pm](#)
[Mon, Sep 30th 3-4:30pm](#)
 - **Fentanyl Test Strips 101**
[Mon, Sep 9th 12-1pm](#)
[Thu, Sep 26th 2-3pm](#)
 - **Intramuscular Naloxone 101**
[Tue, Sep 10th 3-4pm](#)
[Thu, Sep 19th 1-2pm](#)
2. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)
3. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
4. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. FREE [Communities of Practice](#)

5. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
6. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
7. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
8. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
9. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
10. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
11. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
12. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
13. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the

conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

14. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
15. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
16. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
17. **Peer Supervision Training – ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
18. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
19. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
20. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)