

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance August 30, 2024

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New New Surgeon General Advisory** – On August 28, 2024, the U.S. Surgeon General, Dr. Vivek Murthy, released *Parents Under Pressure: The Surgeon General’s Advisory on the Mental Health and Well-Being of Parents*. 48% of parents say that most days their stress is completely overwhelming, compared to 26% among other adults. Parents and caregivers deserve government, workplace, and community programs that will support their needs. The [@Surgeon_General’s](#) new advisory has more on what we can do surgeongeneral.gov/parents. Click [here](#) to read Dr. Murthy’s reflections on the topic in the New York Times. <https://www.hhs.gov/sites/default/files/parents-under-pressure.pdf>
2. **New National 988 Day** – Mark your calendars for national 988 day on September 8! The [MO 988 website](#) has various social media posts for Suicide Prevention Month and also to promote 988 day.
3. **New** There are several upcoming training opportunities that will be amazing for staff who are part of the EP committee, behavioral health strike team, and respond to disaster crisis.
 - Nova Basic - **Monday-Wednesday, October 2-4, 2024** [see flyer](#)
 - Nova Basic – **Tuesday-Thursday, January 14-16, 2025** [see flyer](#); [register](#)
 - **SAVE THE DATE** – Disaster Behavioral Health Conference in Columbia – **Tues-Thurs, April 8-10, 2025**
4. **New** Upcoming PREPaRE trainings – please share with educators and those that work in school settings.
 - **Monday-Tuesday, October 7-8, 2024** in Springfield [see flyer](#)
 - **Tuesday-Wednesday, January 14-15, 2025** in Joplin [see flyer](#)
 - **Tuesday-Wednesday, February 4-5, 2025** in Kansas City [see flyer](#)
 - **Wednesday-Thursday, March 5-6, 2025** in St. Peters [see flyer](#)
 - **Tuesday-Wednesday, April 1-2, 2025** in Jeff City [see flyer](#)
5. **New September is Suicide Prevention Month** – The [Suicide Prevention webpage](#) has a tab that has a calendar and other links relating to suicide prevention month. Check it out!

Looking for employment? Know someone who is?

**Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health**

JOB ANNOUNCEMENTS

Contract Coordinator

The Division of Behavioral Health (DBH) is seeking a Contract Coordinator for Central Office domiciled in Jefferson City, Missouri. This position reports to the DBH Project Coordinator. Partial remote work schedule will be available. **Applications accepted through Wednesday, September 11, 2024.** [Learn More and Apply!](#)

FUNDING OPPORTUNITIES

1. Grant Resources:

- [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
- [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
- [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
- [Grant Eligibility | Grants.gov](#)
- [Grants | SAMHSA](#)

2. **MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:

- Family Medicine
- Internal Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

INFO & RESOURCES

1. **New Psychiatric Services Article Examines Impact of CCBHCs on Improved Crisis Care** – On Wednesday, August 14, 2024, a peer-reviewed article was published in the journal [Psychiatric Services](#) using National Council's Certified Community Behavioral Health Clinic (CCBHC) Impact Survey data. The analysis shows that CCBHCs, specifically with the Medicaid bundled payment, significantly improve crisis care through a stronger behavioral health workforce and better array of crisis services. The article underscores the importance of the Medicaid definition that was passed as part of the [Consolidated Appropriations Act, 2024](#), creating a permanent path for states to establish CCBHCs in Medicaid. [Read More](#)
2. **New SAMHSA Unveils Recovery Month and 988 Digital Toolkits** – Join SAMHSA in celebrating National Recovery Month, an observance held each September to recognize the millions of Americans on their paths of recovery from mental health and substance use challenges. SAMHSA's 2024 National Recovery Month Toolkit offers various assets, such as social media posts and shareable graphics, that will help you raise awareness about the information and resources SAMHSA offers to support people with mental health and substance use challenges in their journey to recovery. SAMHSA also recently released a 988 Day Digital Toolkit with resources for partners to share information and increase awareness about the 988 Suicide & Crisis Lifeline. The toolkit is a comprehensive resource designed to support the observance of 988 Day on September 8. The toolkit includes a variety of assets and guidelines to help

partners, grantees, crisis centers, and community leaders effectively engage their audiences and amplify the message of “No Judgment. Just Help.”

3. **New Large-scale implementation of evidence-based approaches to reduce overdose proves challenging** – Clinical trials and naturalistic studies have produced several evidence-based practices for opioid use disorder and overdose risk reduction, but how best to implement these strategies remains an open question. This major NIH-funded study tested large-scale, community-wide interventions for expanding evidence-based practices and assessed its effects on overdose death rates. [Read More](#)
4. **New Testing the combination of bupropion and extended-release naltrexone for methamphetamine use disorder** – Despite dozens of clinical trials costing many millions of dollars there are no FDA-approved medications for stimulant use disorders, such as cocaine or methamphetamine. This study investigated whether the combination of bupropion – which has shown promise in reducing stimulant use – and extended-release naltrexone – FDA-approved for both alcohol and opioid use disorder – improves outcomes for people with methamphetamine use disorder. [Read More](#)
5. **New People in treatment may prefer medically accurate, person-first language, but it’s always good to ask** – Language is important to avoid perpetuating stigma, but the language preferences among people suffering from substance use disorders themselves are unclear. This study characterized the items people in treatment prefer to describe themselves and their substance use. [Read More](#)
6. **New Does structured physical activity improve alcohol use disorder treatment outcomes?** – Physical activity may help people with alcohol use disorder cope with craving and unpleasant emotions. This study tested this idea out using a novel, telephone-delivered physical activity intervention with women engaged in alcohol treatment. [Read More](#)
7. **New Transgender people have more severe health histories and spend more days in substance use disorder treatment than cisgender peers** – A lack of research comparing treatment outcomes between cisgender and transgender patients has resulted in a knowledge gap – it is unclear what the specific needs of transgender patients are and how best to address them in treatment. This study analyzed substance use disorder patient care data to determine potential differences in mental health comorbidities and treatment engagement between transgender and cisgender people receiving treatment. [Read More](#)
8. **New Accurately diagnosing substance use disorder among adolescents** – Adolescence is a pivotal developmental growth period. Although the World Mental Health assessment called the “Composite International Diagnostic Interview Substance Abuse Model” (CIDI-SAM) was developed for adults, it is commonly used with adolescents. Thus, it may not accurately or reliably identify adolescents with substance use disorders. This study compared this module to diagnoses made by experienced clinicians. [Read More](#)
9. **New New Video Resource to Support Parents Following Their Child’s Suicide-Related Crisis.** The video as well as additional resources for parents are available on the [Zero Suicide Toolkit](#). ***Parents to Parents: After Your Child's Suicide Attempt*** is a one-hour video informed by interviews with parents and experts. The resource was created by the [Zero Suicide Institute](#) at the Education Development Center and [Parents-to-Parents](#), a non-profit organization that offers resources to caregivers whose child is struggling with mental health challenges or concerns. This film was made possible in part by the generous support of the [Four Pines Fund](#). This video describes what parents can expect in the days and weeks following a child’s suicide-related crisis; provides information on how to access effective treatment; offers insights on how parents can best support their child and family; shares information on evidence-based practices; and validates feelings that often arise. The film answers many of the questions that emerge for parents and caregivers. As the film is almost 60 minutes in length, we also offer it by chapters so that parents can return to specific content they might want to re-watch. **How You Can Promote this Film**
 - Health care systems should add a link to the video as part of discharge paperwork to make it readily accessible to families

- Embed distribution and use of this video as part of your Zero Suicide implementation
 - Share it with your members or with your communities via linking to it from your website, listservs, sharing it in publications
 - Create opportunities for parents to watch it while their child is in the hospital following an attempt
 - Host a viewing at a national or local conference you sponsor – consider a panel discussion to accompany it
 - Physicians, pediatricians, schools, others should readily offer it to families by talking about it, putting on their websites
 - Watch this film as part of education and training for your staff or for graduate/medical students
- Community based organizations, parent-serving organizations and faith leaders can disseminate

TRAINING OPPORTUNITIES

1. [Events from July 24, 2024 – September 4, 2024 – Faces & Voices of Recovery \(facesandvoicesofrecovery.org\)](https://facesandvoicesofrecovery.org)
2. **New Building a Resilient Workforce Learning Series** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. [Register](#)
 - **Wednesday, September 4, 2024, 1pm-2:15pm CT**
 - **Wednesday, October 9, 2024, 1pm-2:15pm CT**
 - **Thursday, November 7, 2024, 1pm-2:15pm CT**
 - **Monday, December 9, 2024, 1pm-2:15pm CT**
3. **CCBHCs and Supportive Housing Webinar Series** – Housing needs are one of the largest challenges facing people served by CCBHCs, and local housing providers are often unaware of the support opportunities available to their residents receiving services from CCBHCs. This four-part series (the first was on July 17) will educate CCBHC grantees on building quality and sustainable partnerships with the housing sector. See below for the other three sessions:
 - Session 4 – [Partnership Examples from CCBHCs](#) – **Wednesday, September 4, 2024, 2:30-4pm CT**
4. **New 988 Crisis Systems Response: Understanding Children, Youth & Family Services Across the Crisis Continuum Series; Session 1: The Foundation** – The purpose of this webinar series is to uplift the National Guidelines for Child and Youth Behavioral Health Crisis Care and highlight areas of focus and best practices to jurisdictions around the United States. Laying this foundation will be the first step in ensuring the delivery of 988 services to ensure high-quality, accessible, and culturally responsive services. The first session in this series is intended to discuss National Guidelines, lay the groundwork of the current state of youth crisis services and provide an overview of why its delivery across the crisis continuum is important. **Thursday, September 5, 2024, 11am CT** [Register](#)
5. **2024 Missouri Preceptor Academy** - The Missouri Preceptor Academy is designed to engage and grow current and future preceptors with key education tools, and strategies to foster a strong preceptor/orientee relationship. This interactive program provides information and practical tools to improve preceptor abilities. **Thursday, September 5, 2024, 7:30am-4:30pm CT** [Register](#)
6. **New Translating Equity, Diversity and Inclusion Practice into Action** – This virtual learning series is designed for staff who are leading their organizations’ EDI efforts and want to grow their understanding and application of key EDI concepts.
 - Cultural Humility – **Monday, September 9, 2024, 11am-1pm CT** [Register](#)
 - Implicit Bias – **Tuesday, September 24, 2024, 11am-1pm CT** [Register](#)
 - Psychological Safety and Equity – **Tuesday, October 1, 2024, 11am-1pm CT** [Register](#)

7. **Co-occurring Disorders: Anxiety, Depression, and PTSD** - The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded Providers Clinical Support System – Medications for Alcohol Use Disorder (PCSS-MAUD), in collaboration with the Addiction Technology Transfer Center (ATTC) – University of Missouri – Kansas City, is hosting a case-based discussion on [Co-occurring Disorders: Anxiety, Depression, & PTSD](#). The webinar will examine co-occurring conditions for patients with alcohol use disorder (AUD), including anxiety, depression, and Post-Traumatic Stress Disorder (PTSD), as well as treatment options for individuals who suffer from those co-occurring disorders. The webinar will also have a portion dedicated to case study discussions around strategies being used across the country to support patients with AUD and co-occurring disorders. **Monday, September 9, 2024, 11am CT [Register](#)**
8. **New Mastering the Art of Recovery – From Lived Experience to Professional Impact** – Whether you’re a peer specialist, health care professional or an ally, this event offers valuable insights into the transformative impact of lived experience in mental health and addiction recovery. **Tuesday, September 10, 2024, 11am-1pm CT [Register](#)**
9. **New Advancing Health Equity: Health Access for Special Populations** – Quality care and access for special populations and communities is essential yet remains a challenge for many today. During this webinar, the presenter will share and define who are special populations, the challenges of health access for these populations, and what factors contribute to systems that are meant to ensure quality care for all. **Tuesday, September 10, 2024, 12:30-2pm CT [Register](#)**
10. **New LGBTQ+ Identities 201: Going Beyond Understanding to Empowering** – Layla Orlando, Director of Health Equity & Wellness at Garden State Equality, will discuss how we can move beyond simply understanding LGBTQ+ identities and experiences to actively dispelling myths, undoing harm and empowering LGBTQ+ individuals and communities. **Tuesday, September 10, 2024, 1:30pm CT [Register](#)**
11. **2024 Missouri Behavioral Health Conference** – This event hosts over 800 behavioral health and substance use professionals, crisis providers, hospital providers, primary care providers, and federally qualified health centers throughout Missouri. **Wednesday-Friday, September 11-13, 2024 [Register](#)**
12. **Intermediate Motivational Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, September 11, 2024, 11am CT [Register](#)**
13. **From the Edge to Empowerment: A Conversation with Kevin Hines** – Two years after Kevin Hines was diagnosed with bipolar disorder, he attempted to take his own life by jumping from the Golden Gate Bridge. The fall broke his body, but not his spirit. Since then, Hines has dedicated his life to saving lives, becoming an award-winning global suicide prevention and mental health advocate and one of the most respected voices of lived experience. **Wednesday, September 11, 2024, 1pm CT [Register](#)**
14. **New Pregnant and Parenting People with a Substance Use Disorder Learning Collaborative Webinar** – The purpose of this webinar is to give attendees an overview of the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT) sponsored “Pregnant and Parenting People with a Substance Use Disorder Learning Collaborative” which took place with eight states from April to August 2024. Learning Collaboratives aim to support the practical implementation of best practices to improve state systems. LC participants engaged in a series of virtual and in-person workshops, exploring a range of topics pertinent to pregnant and parenting people. **Wednesday, September 11, 2024, 2pm CT [Register](#)**

15. **AI and Behavioral Health: A Primer** - Explore the cutting-edge applications and future possibilities of artificial intelligence (AI) in promoting mental wellbeing. In this insightful webinar, we'll explore the transformative impact of AI on behavioral health services. As technology continues to evolve, AI presents unprecedented opportunities to enhance the delivery of mental health care, personalize treatment plans and improve patient outcomes. **Thursday, September 12, 2024, 2pm CT** [Register](#)
16. **Treating Anxiety Together: Working with Kids, Caregivers, and Schools** – CBT and Exposure Therapy are best practices when it comes to treating anxious kids. However, treatment outcomes for kids often improve when the clinician collaborates with a child's parents and school. This program will present a complex case of an anxious child and help participants navigate the process of treating the child's anxiety while working together with caregivers and school staff. This is an advanced program and participants should have a foundational understanding of cognitive-behavioral and exposure-based therapies. **Thursday, September 12, 2024, 1pm CT** [Register](#)
17. **Three Crucial Factors in Treating Suicide Risk—Lessons Learned From the Interpersonal Theory of Suicide** – Treating a client at risk of suicide is a high-stakes challenge. Because the United States suicide rate has been going up relentlessly for decades, it is especially important for the behavioral healthcare industry to take the next step in continually improving quality care. The Interpersonal Theory is that next step. It is the foundation for the Suicide Prevention Lifeline/988 protocol and training. Join MHHRG for this important discussion **Thursday, September 12, 12 pm CT** [Register](#)
18. **Improving Outcomes for Patients with Communicable Diseases in Substance Use Treatment Settings** – This webinar will include a discussion of key communicable diseases (e.g., Hepatitis B, Hepatitis C, HIV, Syphilis, Tuberculosis, and more) including prevalence, and recommendations for screening, testing, and treatment; benefits of an integrated approach supported with state examples; and the sharing of key resources. **Thursday, September 12, 2024, 2pm CT** [Register](#)
19. **New Root Cause Analysis Tools for Effective Quality Improvement** – In this webinar, you will learn the mechanics of process improvement, specifically conducting a root cause analysis and applying tools and techniques. A root cause analysis (RCA) is a systematic approach to understanding the causes of an adverse event and identifying system flaws that can be corrected to prevent the error from happening again. **Thursday, September 12, 2024, 12pm CT** [Register](#)
20. **Opioid Use Disorders ECHO** – Show-Me Extension for Community Healthcare Outcomes (ECHO) presents the Opioid Use Disorder (OUD) ECHOs. ECHOs empower and support primary care professionals to more effectively and confidently treat patients suffering from opioid use disorder. These ECHOs integrate medical, pharmacological, and psychological considerations into patient care and shares best practices with two new upcoming didactic topics. At these ECHOs providers can learn more about maternal health and opioid use disorders. **Friday, September 13, 2024, 12pm** [Register](#) For more information, visit [Show-Me ECHO](#)
21. **Diagnosis and Treatment of Obsessive-Compulsive Personality Disorder** – This webinar will provide a thorough overview of obsessive-compulsive personality disorder and its most empirically-supported psychotherapies. **Friday, September 13, 2024, 9am-12pm CT** [Register](#)
22. **New Transforming Organizational Culture: Elevating Quality of Life at Work** – Join us to learn strategies for fostering long-term retention by creating an environment where employees feel valued, fulfilled, and motivated to stay. **Tuesday, September 17, 2024, 12pm CT** [Register](#)
23. **Midwest Rural Opioid & Stimulant Conference** – This conference will feature sessions focusing on opioid and stimulant use in rural areas across the country, along with innovative partnerships, evidence-based and research-based approaches, and networking opportunities. **Tuesday-Thursday, September 17-19, 2024** [Register](#)

24. **[Social Justice Leadership Academy \(SJLA\) Learning Series](#)** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops, and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year’s sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
- **[Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#)** *Wednesday, September 18, 2024, 11am-12pm CT*
25. **[Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#)** – Mental health and substance use treatment is often inaccessible for unhoused populations. This webinar will focus on the importance of supporting unhoused populations and connecting them with necessary services without judgment or stigma. Speakers will highlight the social determinants of health that impact access to treatment in rural and urban communities. We will also explore innovative approaches to working with unhoused populations, including children, youth and adults, so they can successfully navigate local systems and receive critical resources and care. *Wednesday, September 18, 2024, 11am CT* [Register](#)
26. **[Save the Date: Infectious Disease Management in Behavioral Health – OCMO Webinar](#)** - The Substance Abuse and Mental Health Services Administration (SAMHSA) Office of the Chief Medical Officer in collaboration with the Center for Mental Health Services (CMHS), the Center for Substance Abuse Prevention (CSAP), and the National Center for HIV, Viral Hepatitis, STD, and TB Prevention (NCHHSTP) at the Centers for Disease Control and Prevention (CDC) will conduct a webinar on infectious disease management in behavioral health. The webinar will be led by Dr. Jonathan Mermin, Director, NCHHSTP, and CAPT Christopher Jones, Director, CSAP. Dr. Mermin and CAPT Jones will provide an overview of the syndemic of infectious disease and substance use, harm reduction approaches, interagency collaborative efforts, and strategies for leveraging available resources to prevent adverse health outcomes. Attendees will have the opportunity to engage with the presenters via a moderated question and answer segment at the conclusion of the presentation. *Thursday, September 19, 2024, 2pm CT* [Register](#)
27. **[New Implementing Opt Out/Proactive Tobacco Use Treatment Approaches in Mental Health and Substance Use Treatment Settings](#)** – Join the National Center of Excellence for Tobacco-Free Recovery (CoE-TFR) to explore ways to implement Opt Out/Proactive tobacco-use treatment approaches in behavioral health settings to increase access to treatment and reduce disparities and harms associated with commercial tobacco use for people with behavioral health conditions. *Thursday, September 19, 2024, 12pm CT* [Register](#)
28. **[Trauma Informed Conflict De-Escalation: Creating and Maintaining a Safer Environment for You and Your Clients](#)** – Clients facing a myriad of life’s challenges can show up in our organizations and practices as frustrated and agitated. When we as practitioners are also on-edge, tensions can escalate quickly. This workshop uses trauma-informed concepts to explore safety in our organizations and explores how we can increase practitioner well-being as a strategy to decrease tension and de-escalate conflict. Through case studies, we will explore conflict and build on our tools to de-escalate conflict in productive, trauma-informed, strengths-based ways while attending to safety for all. *Thursday, September 26, 2024, 1pm CT* [Register](#)
29. **[New The Complex Interplay between Trauma, Substance Use and Avoidance Behaviors](#)** – Understanding the impact of trauma and substance use on the brain is crucial in addressing mental health disorders. Trauma can affect various areas of the brain, including the amygdala and prefrontal cortex, both involved in emotional regulation and decision-making. Similarly, substance use can also alter brain regions such as the nucleus accumbens and hippocampus, influencing reward processing and memory. By comprehensively understanding these dynamics, interventions can be tailored to address the complex interplay between trauma, substance use, and avoidance behaviors, promoting effective treatment and recovery strategies. *Thursday, September 26, 2024, 12pm CT* [Register](#)

30. **New Navigating the Behavioral Health AI Journey from Concept to Reality** – Join this event designed to demystify the intricate process of bringing AI from the drawing board to impactful implementation. This webinar will provide invaluable insights, practical strategies and real-world examples on how AI can revolutionize behavioral health and client care. **Thursday, September 26, 2024, 1pm CT** [Register](#)
31. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
- **Thursday, September 26, 2024, 2pm CT**
 - **Thursday, November 28, 2024, 2pm CT**
32. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)
- **Friday, September 27, 2024, 10am CT**
 - **Friday, October 25, 2024, 10am CT**
33. **ECHO Autism: Behavior Solutions in Hospitals** – Registration is now open for the Echo Autism: Behavior Solutions in Hospitals program. This free program is open to **Missouri hospital-based healthcare team members including mental healthcare and emergency department team members**. This program will review best practices for interfering behaviors, managing medical conditions including psychiatric conditions, connecting with community resources and family/caregiver support and more. It starts with on-demand training videos, a live program kickoff via zoon on **October 7**, and regular sessions **each Monday from October 14 through November 18**. Free continuing education credits are available. [Register here](#). If you have questions about this program, please contact Melinda Odum, at odumm@health.missouri.edu.
34. **New AI to Support our Workforce** – Artificial intelligence (AI) technologies are poised to enhance the mental health and substance use workforce’s ability to meet growing demands for services with more efficient and effective care and reduced administrative burdens. This webinar will explore what AI can do and how it can support you. **Tuesday, October 1, 2024, 1pm CT** [Register](#)
35. **New Vibrant Behavioral Health Conference** – We the Resilient: A conference on disaster behavioral health and building a truly resilient community. **Tuesday-Thursday, October 1-3, 2024** in Nashville. [Register](#)
36. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)
- Learning Objectives:**
- Understand what dual diagnosis means for people with BHIDD
 - Have an understanding of how to assess mental illness in people with IDD
 - Understand how to support physical health, wellness, and aging and prevent risk over time
 - Learn how to adapt therapy for IDD clients
- Virtual Session Details:**
- **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
 - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)

37. **New Choosing the Right AI Technology for your Organization** – Join us for an insightful webinar where we will examine the essentials for choosing AI technology that aligns with your organization’s unique requirements. **Wednesday, October 9, 2024, 12pm CT** [Register](#)
38. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)
39. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#) now for the following virtual training dates:
 - **Tuesday-Wednesday, October 15-16, 2024**
 - **Monday-Tuesday, December 9-10, 2024**
40. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector’s impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024** [Register](#)
41. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
42. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
43. **New Liability and Risk Considerations When Adopting AI Technology** – This webinar will explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. **Friday, October 25, 2024, 12pm CT** [Register](#)
44. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)
 - **Wednesday, October 30, 2024, 10-11am CT**
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
45. **The 65th National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024** [Register](#)
46. **Missouri Rural Health Conference** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year’s conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. **Wednesday-Thursday, November 6-7, 2024** [Register](#)

47. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)
- **Wednesday, November 6, 2024, 10-11am CT**
 - **Wednesday, February 5, 2025, 10-11am CT**
 - **Wednesday, May 7, 2025, 10-11am CT**
48. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
- **Tuesday, November 12, 2024, 10-11:30am CT**
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**
49. **2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024**. Registration is now open! [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Free Harm Reduction Professional trainings** – We are excited to share new dates for our various harm reduction training offerings. Follow the links below or visit mimhaddisci.org/training to learn more, view additional dates, and register.
- **Overdose Education and Naloxone Distribution**
[Wed, Sep 18th 12-1:30pm](#)
[Thu, Sep 26th 3-4:30pm](#)
 - **Stimulant Education: Harm Reduction & Overamping**
[Fri, Sep 6th 10-11:30am](#)
[Tue, Sep 17th 12-1:30pm](#)
[Mon, Sep 30th 3-4:30pm](#)
 - **Fentanyl Test Strips 101**
[Mon, Sep 9th 12-1pm](#)
[Thu, Sep 26th 2-3pm](#)
 - **Intramuscular Naloxone 101**
[Tue, Sep 10th 3-4pm](#)
[Thu, Sep 19th 1-2pm](#)
2. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)
3. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
4. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. FREE [Communities of Practice](#)

5. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
6. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
7. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
8. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
9. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
10. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
11. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
12. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**

13. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
14. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
15. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
16. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
17. **Peer Supervision Training** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
18. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
19. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
20. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)