

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **September 13, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New** A proposed amendment to [9 CSR 30-3.132 Opioid Treatment Programs](#) will be posted on the [DMH website](#) for a 30-day public comment period.

Update on Administrative Rules – A proposed amendment to 9 CSR 10-7.030, Service Delivery Requirements is final in the Code of State Regulations and will become effective 10/30/24.

2. **New Applied Behavior Analysis (ABA) Update: Grace Period for Registered Behavior Technician Credential – Applies to: Providers of ABA Services**
Effective date: April 1, 2024

- Behavior Technicians
- Ninety (90) Day Grace Period

Behavior Technicians – Behavior Technicians are paraprofessionals who practice under the supervision of a licensed ABA practitioner. The licensed individual supervising the behavior technician is responsible for the work performed by the behavior technician. Behavior technicians must: 1) Be at least 18 years of age; 2) Possess a minimum of a high school diploma or national equivalent; 3) Have completed forty (40) hours of Registered Behavior Technician (RBTTM) training and passed the RBTTM initial competency assessment.

Ninety (90) Day Grace Period – Effective dates of service on or after April 1, 2024, the MO HealthNet Division (MHD) is implementing a 90-day grace period for behavior technicians to attain RBTTM credential. The goal of this policy change is to improve continuity of care by enhancing the recruitment and retention of behavior technicians in the ABA workforce. This policy change means that behavior technicians may render services to MO HealthNet eligible participants for up to 90 calendar days from the date they passed the RBTTM initial competency assessment. The behavior technician must pass the national RBTTM exam by the end of the 90-day grace period and be credentialed by the Behavior Analyst Certification Board as an RBTTM to continue rendering ABA services. [Read More](#)

3. **New Revised Psychiatric Residential Treatment Facilities – Bed Hold Reimbursement – Applies to: Psychiatric Residential Treatment Facilities**
Effective date: October 1, 2023

- Bed Hold Reimbursement
- Medical Leave Days
- Therapeutic Leave Days
- Treatment Episode
- Procedure Code, Limitation, Modifiers, and Maximum Allowable Rate
- Notification Required

Bed Hold Reimbursement – Effective October 1, 2024, Psychiatric Residential Treatment Facilities (PRTFs) will receive reimbursement for medical and therapeutic leave days at 50% of the PRTF per diem rate.

Medical Leave Days – Medical leave days/bed hold days are reimbursed a maximum of five (5) days for inpatient psychiatric care hospital admission and five (5) days for medical/surgical hospital admission per treatment episode.

Therapeutic Leave Days – Therapeutic leave days/bed hold days are for purposes of transition from the PRTF to the designated placement and must be included in the participant’s plan of care. Therapeutic leave days are reimbursed a maximum of ten (10) days per treatment episode.

Treatment Episode – A treatment episode is defined as the period of time from a participant’s date of admission to the PRTF through their date of discharge from the PRTF. [Read More](#)

4. **New September is National Suicide Prevention and National Recovery Month** – The Substance Abuse and Mental Health Services Administration (SAMHSA) offers the Recovery Month Toolkit which includes social media content to spread awareness about the recovery process, to support those in recovery, and much more – see [SAMHSA’s website](#). The 2024 Suicide Prevention Month Toolkit offers assets like social media posts and shareable graphics to raise awareness about the information, services, and resources they offer.
5. **New Crisis Intervention and De-escalation in Primary Care** – The Health Resources and Services Administration (HRSA), Bureau of Primary Health Care will support a learning collaborative starting in October 2024 on Crisis Intervention and De-escalation in Primary Care. This is open to all primary care providers. In this learning collaborative, Renaye James Healthcare Advisors (RJHA) will help health care workers identify, de-escalate, and intervene in crisis behaviors in the health care setting. Speakers will use evidence-based practice interventions that promote safety for patients and staff by emphasizing preventative measures and least-restrictive/non-physical interventions to reduce the risk of unsafe crisis behaviors. Each session will provide an opportunity for participants to plan de-escalation and crisis interventions that promote patient and staff safety in their health settings. [Read More](#)
6. **New CMS Region 7 Conjoined Behavioral Health and Community and Faith-Based Hybrid Meeting** – REMINDER! If you are planning to travel for this special hybrid meeting it will be held at our CMS Regional office, located at the Richard Bolling Federal Building, 601 E. 12th Street, Kansas City, MO 64106. **We ask that all participants who plan to attend this meeting in-person, please register for this event so we know how many of our valuable partners to expect.** A finalized agenda for this event will be sent closer to the event day. **Thursday, October 24, 2024, at 10am CT** [Register](#)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **Grant Resources:**
 - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
 - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
 - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
 - [Grant Eligibility | Grants.gov](#)
 - [Grants | SAMHSA](#)
2. **MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:
 - Family Medicine
 - Internal Medicine

- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

INFO & RESOURCES

1. **New New Resource: Early Recognition and Effective Treatment of Early Serious Mental Illness** – The Substance Abuse and Mental Health Services Administration (SAMHSA) is excited to share a series of valuable resources designed to provide guidance to State Mental Health Authorities (SMHAs) on critical issues that intersect with the Community Mental Health Services Block Grant (MHBG). Our goal is to empower SMHAs to utilize the strategies outlined within the resources to best support programs and services that can enhance behavioral health services throughout the state. The [Early Recognition and Effective Treatment of Early Serious Mental Illness](#) brochure emphasizes the crucial role of early detection and intervention in serious mental illnesses, emphasizing the need for prompt attention at the first onset of symptoms. In addition, the resource highlights the importance of youth and family engagement in early intervention services and supports. Please take time to review this document and consider how you can support programs and services throughout your state. Early detection of serious mental illness and the provision of effective treatment can improve outcomes for individuals and promote long term mental health recovery. Additional State Technical Assistance Resources can be found [here](#). Any other questions or if interested in learning more about TA opportunities, please email: SAMHSAStateTA@jbsinternational.com.
2. **New New Health Education Resources to Address Overdose** – Learn how to recognize and respond to an overdose – this knowledge can save lives. NIDA has new resources focused on overdose to support your educational efforts for National Drug and Alcohol Facts Week (NDAFW) and year-round. The new activities are tailored for youth, educators, and any others supporting them. See how you can incorporate these assets in your curriculum or community plans for NDAFW, taking place March 17-23, 2025.
 - **Empowering Youth to Save Lives** – NIDA’s Guide to Hosting a Naloxone Demonstration and slide presentation offer engaging, educational content about overdoses and the use of naloxone – a lifesaving medicine that rapidly reverses an opioid overdose. [Presentation and Guide](#).
 - **Naloxone Education for School Nurses Toolkit** – Developed by the National Association of School Nurses, this toolkit offers resources to assist school nurses and other school leaders in evaluating and responding to the drug overdose crisis. [Toolkit](#).
 - **Teaching Youth to Recognize an Overdose and Respond** – Students and educators can be equipped with overdose prevention and response skills to create healthier, safer schools and communities. Check out the NIDA blog featured on the Society of Health and Physical Educators (SHAPE) America website to learn more about these valuable, and potentially lifesaving, tools. [Read More](#)
 - **Overdose: Know the Facts** – The newest NIDA Kahoot! Quiz, *Overdose: Know the Facts*, tests teens’ knowledge and helps them learn more about opioids, including fentanyl. This resource also covers health risks associated with opioids, including fake pills, and how you as a bystander could help save the life of someone experiencing an overdose. [Play the Quiz](#)
 - **Why are Drugs So Hard to Quit?** – The *Why are Drugs so Hard to Quit?* [video](#) and Kahoot! [Quiz](#) help youth understand the science of addiction, why stopping drug use can be difficult, and that help is available.

TRAINING OPPORTUNITIES

1. **Transforming Organizational Culture: Elevating Quality of Life at Work** – Join us to learn strategies for fostering long-term retention by creating an environment where employees feel valued, fulfilled, and motivated to stay. **Tuesday, September 17, 2024, 12pm CT** [Register](#)

2. **Midwest Rural Opioid & Stimulant Conference** – This conference will feature sessions focusing on opioid and stimulant use in rural areas across the country, along with innovative partnerships, evidence-based and research-based approaches, and networking opportunities. *Tuesday-Thursday, September 17-19, 2024* [Register](#)
3. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops, and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year's sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
 - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) *Wednesday, September 18, 2024, 11am-12pm CT*
4. **Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities** – Mental health and substance use treatment is often inaccessible for unhoused populations. This webinar will focus on the importance of supporting unhoused populations and connecting them with necessary services without judgment or stigma. Speakers will highlight the social determinants of health that impact access to treatment in rural and urban communities. We will also explore innovative approaches to working with unhoused populations, including children, youth and adults, so they can successfully navigate local systems and receive critical resources and care. *Wednesday, September 18, 2024, 11am CT* [Register](#)
5. **New Professionals and Community Members as Recovery Allies** – Family members, friends, neighbors, professionals, and other community members play a critical role as allies in supporting recovery. Research shows that creating a meaningful life in recovery requires access to healthcare, safe and affordable housing, educational opportunities that may have been missed during periods of drug use, and employment that allows people in recovery to support themselves and their families and contribute to society. The session will begin with a presentation on the recovery ecosystem and recovery capital and will then identify real world examples of ways allies in communities have supported recovery by changing the community environment and creating opportunities to boost recovery capital. *Wednesday, September 18, 2024, 11am CT* [Register](#)
6. **Save the Date: Infectious Disease Management in Behavioral Health – OCMO Webinar** - The Substance Abuse and Mental Health Services Administration (SAMHSA) Office of the Chief Medical Officer in collaboration with the Center for Mental Health Services (CMHS), the Center for Substance Abuse Prevention (CSAP), and the National Center for HIV, Viral Hepatitis, STD, and TB Prevention (NCHHSTP) at the Centers for Disease Control and Prevention (CDC) will conduct a webinar on infectious disease management in behavioral health. The webinar will be led by Dr. Jonathan Mermin, Director, NCHHSTP, and CAPT Christopher Jones, Director, CSAP. Dr. Mermin and CAPT Jones will provide an overview of the syndemic of infectious disease and substance use, harm reduction approaches, interagency collaborative efforts, and strategies for leveraging available resources to prevent adverse health outcomes. Attendees will have the opportunity to engage with the presenters via a moderated question and answer segment at the conclusion of the presentation. *Thursday, September 19, 2024, 2pm CT* [Register](#)
7. **Implementing Opt Out/Proactive Tobacco Use Treatment Approaches in Mental Health and Substance Use Treatment Settings** – Join the National Center of Excellence for Tobacco-Free Recovery (CoE-TFR) to explore ways to implement Opt Out/Proactive tobacco-use treatment approaches in behavioral health settings to increase access to treatment and reduce disparities and harms associated with commercial tobacco use for people with behavioral health conditions. *Thursday, September 19, 2024, 12pm CT* [Register](#)
8. **Translating Equity, Diversity and Inclusion Practice into Action** – This virtual learning series is designed for staff who are leading their organizations' EDI efforts and want to grow their understanding and application of key EDI concepts.
 - Implicit Bias – *Tuesday, September 24, 2024, 11am-1pm CT* [Register](#)

- Psychological Safety and Equity – **Tuesday, October 1, 2024, 11am-1pm CT** [Register](#)
9. **Trauma Informed Conflict De-Escalation: Creating and Maintaining a Safer Environment for You and Your Clients** – Clients facing a myriad of life’s challenges can show up in our organizations and practices as frustrated and agitated. When we as practitioners are also on-edge, tensions can escalate quickly. This workshop uses trauma-informed concepts to explore safety in our organizations and explores how we can increase practitioner well-being as a strategy to decrease tension and de-escalate conflict. Through case studies, we will explore conflict and build on our tools to de-escalate conflict in productive, trauma-informed, strengths-based ways while attending to safety for all. **Thursday, September 26, 2024, 1pm CT** [Register](#)
 10. **The Complex Interplay between Trauma, Substance Use and Avoidance Behaviors** – Understanding the impact of trauma and substance use on the brain is crucial in addressing mental health disorders. Trauma can affect various areas of the brain, including the amygdala and prefrontal cortex, both involved in emotional regulation and decision-making. Similarly, substance use can also alter brain regions such as the nucleus accumbens and hippocampus, influencing reward processing and memory. By comprehensively understanding these dynamics, interventions can be tailored to address the complex interplay between trauma, substance use, and avoidance behaviors, promoting effective treatment and recovery strategies. **Thursday, September 26, 2024, 12pm CT** [Register](#)
 11. **Navigating the Behavioral Health AI Journey from Concept to Reality** – Join this event designed to demystify the intricate process of bringing AI from the drawing board to impactful implementation. This webinar will provide invaluable insights, practical strategies and real-world examples on how AI can revolutionize behavioral health and client care. **Thursday, September 26, 2024, 1pm CT** [Register](#)
 12. **New Labor and Delivery: Birth in the Context of Substance Use** – This five-part webinar series called “Birth Equity: Pregnancy, Parenting and Drug Use” focuses on providing equitable access to and outcomes from care for pregnant and parenting people who use drugs or have a substance use disorder. In this session, we will review analgesic considerations and concerns, breastfeeding, rooming-in, Substance Exposed Newborn (SEN) assessments including “eat, sleep console” (ESC), and mandatory reporting. **Thursday, September 26, 2024, 1pm CT** [Register](#)
 13. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
 - **Thursday, September 26, 2024, 2pm CT**
 - **Thursday, November 28, 2024, 2pm CT**
 14. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)
 - **Friday, September 27, 2024, 10am CT**
 - **Friday, October 25, 2024, 10am CT**
 15. **ECHO Autism: Behavior Solutions in Hospitals** – Registration is now open for the Echo Autism: Behavior Solutions in Hospitals program. This free program is open to **Missouri hospital-based healthcare team members including mental healthcare and emergency department team members**. This program will review best practices for interfering behaviors, managing medical conditions including psychiatric conditions, connecting with community resources and family/caregiver support and more. It starts with on-demand training videos, a live program kickoff via zoon on **October 7**, and regular sessions **each Monday from October 14 through November 18**. Free continuing education credits are available. [Register here](#). If you have questions about this program, please contact Melinda Odum, at odumm@health.missouri.edu.

16. **AI to Support our Workforce** – Artificial intelligence (AI) technologies are poised to enhance the mental health and substance use workforce’s ability to meet growing demands for services with more efficient and effective care and reduced administrative burdens. This webinar will explore what AI can do and how it can support you. **Tuesday, October 1, 2024, 1pm CT** [Register](#)
17. **New The Youth Protective Factors Study: Risk, Strengths, and Reoffending** – This is an unprecedented multistate, multiyear examination of the risk and protective factors that most influence reoffending – particularly serious offenses that involve physical harm to others – among youth ages 10 to 23 in the juvenile justice system. **Wednesday, October 2, 2024, 1pm CT** [Register](#)
18. **Vibrant Behavioral Health Conference** – We the Resilient: A conference on disaster behavioral health and building a truly resilient community. **Tuesday-Thursday, October 1-3, 2024** in Nashville. [Register](#)
19. **New Postpartum and Infant Year One: Center on the Dyad (Part 1)** – In this two-part presentation, we will introduce the concept of the 4th trimester. This first session will focus on the immediate post-birthing hospitalization with an emphasis on dyadic care. This includes but is not limited to equitable access to and outcomes from culturally and linguistically effective evidence-informed infant care for SEN, early attachment supports, chronic disease management, and warm handoffs for parent and infant continuing care. **Monday, October 7, 2024, 11am CT** [Register](#)
20. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)
Learning Objectives:
 - Understand what dual diagnosis means for people with BHIDD
 - Have an understanding of how to assess mental illness in people with IDD
 - Understand how to support physical health, wellness, and aging and prevent risk over time
 - Learn how to adapt therapy for IDD clients**Virtual Session Details:**
 - **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
 - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
21. **Choosing the Right AI Technology for your Organization** – Join us for an insightful webinar where we will examine the essentials for choosing AI technology that aligns with your organization’s unique requirements. **Wednesday, October 9, 2024, 12pm CT** [Register](#)
22. **Building a Resilient Workforce Learning Series** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. [Register](#)
 - **Wednesday, October 9, 2024, 1pm-2:15pm CT**
 - **Thursday, November 7, 2024, 1pm-2:15pm CT**
 - **Monday, December 9, 2024, 1pm-2:15pm CT**
23. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)

24. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#) now for the following virtual training dates:
- **Tuesday-Wednesday, October 15-16, 2024**
 - **Monday-Tuesday, December 9-10, 2024**
25. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector’s impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024** [Register](#)
26. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
27. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
28. **Liability and Risk Considerations When Adopting AI Technology** – This webinar will explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. **Friday, October 25, 2024, 12pm CT** [Register](#)
29. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)
- **Wednesday, October 30, 2024, 10-11am CT**
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
30. **St. Louis Harm Reduction Training Day** – The UMSL-MIMH Addiction Science Team will be hosting a **free, in-person, full-day harm reduction training event** for individuals and teams who work with people who use drugs. There will be **full and half-day training options** available. **Friday, November 1, 2024, 9am-5pm CT** [Register](#) and see the [full schedule](#).
31. **The 65th National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024** [Register](#)
32. **Missouri Rural Health Conference** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year’s conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. **Wednesday-Thursday, November 6-7, 2024** [Register](#)
33. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)

- *Wednesday, November 6, 2024, 10-11am CT*
 - *Wednesday, February 5, 2025, 10-11am CT*
 - *Wednesday, May 7, 2025, 10-11am CT*
34. **New Postpartum and Infant Year One: Center on the Dyad (Part 2)** – This final session will focus on ensuring equitable access to and outcomes from ongoing culturally and linguistically effective mental health, substance use, and physical health care for infant and dyad, including but not limited to developmental milestones and vaccination. *Friday, November 8, 2024, 11am CT* [Register](#)
35. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
- *Tuesday, November 12, 2024, 10-11:30am CT*
 - *Tuesday, February 11, 2025, 10-11:30am CT*
 - *Tuesday, May 13, 2025, 10-11:30am CT*
36. **2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, *Wednesday-Thursday, November 13-14, 2024*. Registration is now open! [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Free Harm Reduction Professional trainings** – We are excited to share new dates for our various harm reduction training offerings. Follow the links below or visit mimhaddisci.org/training to learn more, view additional dates, and register.
 - **Overdose Education and Naloxone Distribution**
[Wed, Sep 18th 12-1:30pm](#)
[Thu, Sep 26th 3-4:30pm](#)
 - **Stimulant Education: Harm Reduction & Overamping**
[Tue, Sep 17th 12-1:30pm](#)
[Mon, Sep 30th 3-4:30pm](#)
 - **Fentanyl Test Strips 101**
[Thu, Sep 26th 2-3pm](#)
 - **Intramuscular Naloxone 101**
[Thu, Sep 19th 1-2pm](#)
2. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)
3. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. *First and third Wednesday of every month from 11am-12pm CT*
4. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. FREE [Communities of Practice](#)

5. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
6. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
7. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
8. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
9. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
10. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
11. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
12. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
13. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the

conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

14. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
15. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
16. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
17. **Peer Supervision Training – ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
18. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
19. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
20. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings – [Register](#)
 - Ethics Trainings – [Register](#)