

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance ***September 20, 2024***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New** As of September 17, **georouting is officially live for T-Mobile and Verizon U.S. wireless carriers**. Calls from help-seekers with these carriers will now be routed to the crisis center nearest to the caller's general physical location, rather than their phone number's area code.

As a result, crisis centers may start receiving calls from phone numbers with area codes outside their state. As SAMHSA and Vibrant continue working with other wireless carriers to activate georouting, this will become even more common. The 988 Lifeline will monitor the impact of this update throughout the network and reach out to states and/or crisis centers if any unexpected impacts occur.

The 988 Lifeline is working with AT&T to activate georouting. Expect to receive updates closer to finalizing the timeline for AT&T's launch. For more details on georouting, please review [Georouting FAQ](#). If you encounter any immediate issues related to the georouting implementation, you can report through [Georouting Go-Live Day Feedback Form](#) or reach out to your Center Engagement Manager or email lifelineinfo@vibrant.org with questions or feedback about how georouting is working for your crisis center or state.

2. **New** The Crisis Intervention Team (CIT) International held their 18th annual conference in Indianapolis, Indiana, August 26-28, 2024. There were over 1,800 attendees and 70 CIT professionals from Missouri attended which included law enforcement, state agency staff from DOC and DMH; behavioral health professionals including Community Behavioral Health Liaisons (CBHLs), Youth Behavioral Health Liaisons (YBHLs), Emergency Room Enhancement staff, Co-Responders, those with lived experience, and staff from the Missouri Behavioral Health Council. Missouri CIT professionals provided presentations on the First Responder Provider Network, Excited Delirium, and Crisis Resources.
3. **New** On August 28, 2024, the U.S. Surgeon General Dr. Vivek Murthy released ***Parents Under Pressure: The Surgeon General's Advisory on the Mental Health and Well-Being of Parents***. 48% of parents say that most days their stress is completely overwhelming, compared to 26% among other adults. Parents and caregivers deserve government, workplace, and community programs that will support their needs. The [@Surgeon General's](#) new advisory has more on what we can do surgeongeneral.gov/parents. [Read](#) Dr. Murthy's reflections on the topic in the *New York Times*. To read the full **Advisory**, and access **information and resources**, visit their **website** at www.surgeongeneral.gov/parents.
4. **New National Disability Employment Awareness Month (NDEAM) Celebration Event** - Join others in Harry S. Truman Building room 490-492 on October 21 at 11:00 a.m. for an event celebrating National Disability Employment Awareness Month with a Keynote Speech from Lydia Olmsted, a Musical Performance by Kayla Patek, Assistive Device Demonstrations, along with other exhibitors and refreshments. The National Disability Employment Awareness Month (NDEAM) Celebration is a reminder of our dedication to promoting equal employment opportunities for individuals with disabilities. It serves as a powerful testament to the ongoing efforts to provide workers with disabilities access to meaningful and fulfilling jobs. That is the inspiration behind this year's NDEAM theme: **"Access to Good Jobs for All"**

5. **New Bridging the Licensure Gap: How Employers Can Support Clinician Success** – learn how targeted resources and support can make a significant difference in the professional growth of your clinicians and – through them – in the success of your clinic. Licensure exams are a critical step on clinicians' career paths. The process can be challenging, and pass rates vary significantly by test-taker demographics. Join National Council Gold Partner Triad for a webinar to explore how employers can bridge the gap, offer vital support to improve pass rates and promote equitable outcomes. **Friday, September 27, 2024, 11:00 CT.** [Register](#)
6. **New** The MO HealthNet Division (MHD) has added several new resources to the [Healthy Moms Healthy Babies](#) website. **For participants**, a link has been added on the Find Support tab to assist them with finding assistance with their pregnancy in their local area. [Pregnant and Need Help?](#) allows the participant to choose the city where they live or that is closest to them and find a nearby Pregnancy Resource Center, Local Public Health Agency, Doula Service, and more. This link also provides helpful websites and phone numbers. If you are a provider or organization that would like to be added to this resource, please send an email to MHD.Education@dss.mo.gov Participants can also access a brochure from [Teams for Infants Exposed to Substance Use \(TIES\)](#) on the Outreach tab of the site. **For providers**, the list of agencies found at the link described above, can also be printed for your reference: [Pregnant and Need Help? Printable List](#). Also added to the Provider tab of the site: [Hypertension in Pregnancy Change Package](#)
7. **New** The Missouri Governor's Challenge to Prevent Suicide Among Service Members, Veterans & the Families state team have launched a new Training webpage. The webpage will connect Missouri's service members, Veterans, and their families to in-person, suicide prevention training offered at no cost. The page links people to the Missouri Veterans Suicide Prevention Team, Safer Homes Collaborative, and the U.S. Department of Veterans Affairs' S.A.V.E. trainings. Visit www.mogovchallenge.com today. Stop by our social media sites and help share the news using @mogovchallenge on Facebook, Twitter, and Instagram.

The logo for the Missouri Governor's Challenge is circular with a blue border. Inside the circle, there is a depiction of a group of people, including a soldier in uniform, standing in front of a building. The words "MISSOURI GOVERNOR'S CHALLENGE" are written around the inner edge of the circle.

PREVENTING SUICIDE
AMONG SERVICE MEMBERS,
VETERANS & THEIR FAMILIES
8. **Update on Administrative Rules** – A proposed amendment to [9 CSR 30-3.132 Opioid Treatment Programs](#) has been posted on the [DMH website](#) for a 30-day public comment period. A proposed amendment to 9 CSR 10-7.030, Service Delivery Requirements is final in the Code of State Regulations and will become effective 10/30/24.
9. **September is National Suicide Prevention and National Recovery Month** – The Substance Abuse and Mental Health Services Administration (SAMHSA) offers the Recovery Month Toolkit which includes social media content to spread awareness about the recovery process, to support those in recovery, and much more – see [SAMHSA's website](#). The 2024 Suicide Prevention Month Toolkit offers assets like social media posts and shareable graphics to raise awareness about the information, services, and resources they offer.
10. **Crisis Intervention and De-escalation in Primary Care** – The Health Resources and Services Administration (HRSA), Bureau of Primary Health Care will support a learning collaborative starting in October 2024 on Crisis Intervention and De-escalation in Primary Care. This is open to all primary care providers. In this learning collaborative, Renaye James Healthcare Advisors (RJHA) will help health care workers identify, de-escalate, and intervene in crisis behaviors in the health care setting. Speakers will use evidence-based practice interventions that promote safety for patients and staff by emphasizing preventative measures and least-restrictive/non-physical interventions to reduce the risk of unsafe crisis behaviors. Each session will provide an opportunity for participants to plan de-escalation and crisis interventions that promote patient and staff safety in their health settings. [Read More](#)
11. **CMS Region 7 Conjoined Behavioral Health and Community and Faith-Based Hybrid Meeting** – REMINDER! If you are planning to travel for this special hybrid meeting it will be held at our CMS Regional office, located at the Richard Bolling Federal Building, 601 E. 12th Street, Kansas City, MO 64106. **We ask that all participants who plan to attend this meeting in-person, please register for this event so we know how many of our valuable partners to expect.** A finalized agenda for this event will be sent closer to the event day. **Thursday, October 24, 2024, at 10am CT** [Register](#)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

1. **Grant Resources:**

- [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
- [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
- [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
- [Grant Eligibility | Grants.gov](#)
- [Grants | SAMHSA](#)

2. **MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:

- Family Medicine
- Internal Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

INFO & RESOURCES

1. **New Federal Privacy Protections for Patients Receiving SUD Treatment Services in Integrated Settings: Understanding 42 CFR Part 2 in Community Mental Health Centers and Certified Community Behavioral Health Centers** – This resource describes key privacy considerations for patients’ SUD treatment records that originate from a Part 2 program or provider within community mental health centers (CMHSs) or certified community behavioral health centers (CCBHCs). [Learn More](#)
2. **New Medicaid-Funded Housing Services: Opportunities for Alignment and Coordination with Housing Resources within Homeless CES** – Increasingly, states are adding coverage of housing-related services under Medicaid that can be coordinated with housing assistance to provide supportive housing for eligible individuals experiencing homelessness. This explanatory brief offers basic information and strategies to help Continuums of Care (CoCs) and Coordinated Entry Systems (CES) align and coordinate Medicaid-funded pre-tenancy and tenancy-sustaining services with housing assistance to help individuals achieve and maintain housing. It is intended to assist communities offer housing with appropriate services in states currently covering or planning to cover such services under Medicaid. [Learn More](#)
3. **New Office of Behavioral Health Equity – September 2024 Announcements** – September is Suicide Prevention Month. To support local communities, numerous Centers of Excellence have developed Suicide Prevention Resource guides. [Learn More](#)

4. **New Solicitation for Applications: SAMHSA’s GAINS Center Seeks Communities, Agencies, and Organizations to Develop Trauma-Informed Training Capacity** – The GAINS Center is offering a series of Train-the-Trainer (TTT) events to teach local trainers to deliver its “How Being Trauma-Informed Improves Criminal Justice System Responses” curriculum. The target audiences for this training are community-based adult criminal justice system professionals, including reentry staff, drug court personnel, community corrections officers (probation, parole, and pretrial services), and law enforcement officers (including local Crisis Intervention Team trainers), and mental health and substance use disorder treatment service providers and peers who work with justice-involved adult populations. [Learn More](#)
5. **New Emerging Challenges in the Treatment of Substance Use Disorders: Q&A with Dr. Mark Gold** – Join the Addiction Policy Forum on October 16th at 1 pm ET for an engaging webinar with Dr. Mark Gold, M.D., a renowned expert in addiction and psychiatry. Dr. Gold will explore emerging challenges in treating substance use disorders, sharing insights from his recent publications. Topics will include the role of exercise in recovery, the impact of genetic inheritance on substance use disorders, medications for opioid use disorder, and new findings on treating tobacco addiction. [Learn More](#)
6. **New Providing Equitable Care for LGBTQ+ Youth in Rural Communities** - Children and young people across the U.S. are experiencing a mental health crisis. Improving access to equitable and high-quality care is critical for our young people, particularly in rural communities due to long-standing health care shortages. This is especially true for those with marginalized identities, such as BIPOC and LGBTQ+ youth in rural areas, who experience disproportionate challenges in accessing equitable, person-centered care. What steps can we take to help bridge the gaps? [Learn More](#)

TRAINING OPPORTUNITIES

1. **New Review of Pharmacotherapy for Alcohol Use Disorder** – This presentation will broadly cover medications for alcohol use disorder. We will review the existing evidence for available MAUD and also review theoretical mechanisms of effectiveness and discuss potential treatment algorithms. This activity was developed to meet the needs of physicians, nurses, PAs, pharmacists and interprofessional healthcare providers. **Tuesday, September 24, 2024, 11am-12pm CT.** [Register](#)
2. **New Psychiatric Advanced Directives: A New Mental Health Crisis Tool** –This webinar will provide an overview of Psychiatric Advanced Directives, commonly referred to as PADs, including their uses, timing, benefits, challenges, and misconceptions. Join us to enhance your understanding of PADs and how they can enable individuals to make their own decisions about psychiatric treatment ahead of a crisis. **Wednesday, September 25, 2024, 11:00am-12:00pm CT.** [Register](#)
3. **Translating Equity, Diversity and Inclusion Practice into Action** – This virtual learning series is designed for staff who are leading their organizations’ EDI efforts and want to grow their understanding and application of key EDI concepts.
 - Implicit Bias – **Tuesday, September 24, 2024, 11am-1pm CT** [Register](#)
 - Psychological Safety and Equity – **Tuesday, October 1, 2024, 11am-1pm CT** [Register](#)
4. **New The Role of Social Media on Mental Health Among Younger Populations: Analyzing how technological advances are causing a new social dilemma** – Given the data that has been analyzed and the correlation between social media usage and the increase in mental health disorders among young adults and adolescents, this symposium seeks to address the role that government legislations pose in mitigating the use of technological platforms and anxiety/depression disorders. This event seeks to discuss and observe ways that marketing and advertisements are impacting and increasing young adult and adolescent use of social media platforms. **Thursday, September 26, 2024, 11:30am-3pm CST.** [Register](#)

5. **Trauma Informed Conflict De-Escalation: Creating and Maintaining a Safer Environment for You and Your Clients** – Clients facing a myriad of life’s challenges can show up in our organizations and practices as frustrated and agitated. When we as practitioners are also on-edge, tensions can escalate quickly. This workshop uses trauma-informed concepts to explore safety in our organizations and explores how we can increase practitioner well-being as a strategy to decrease tension and de-escalate conflict. Through case studies, we will explore conflict and build on our tools to de-escalate conflict in productive, trauma-informed, strengths-based ways while attending to safety for all. **Thursday, September 26, 2024, 1pm CT.** [Register](#)
6. **The Complex Interplay between Trauma, Substance Use and Avoidance Behaviors** – Understanding the impact of trauma and substance use on the brain is crucial in addressing mental health disorders. Trauma can affect various areas of the brain, including the amygdala and prefrontal cortex, both involved in emotional regulation and decision-making. Similarly, substance use can also alter brain regions such as the nucleus accumbens and hippocampus, influencing reward processing and memory. By comprehensively understanding these dynamics, interventions can be tailored to address the complex interplay between trauma, substance use, and avoidance behaviors, promoting effective treatment and recovery strategies. **Thursday, September 26, 2024, 12pm CT.** [Register](#)
7. **Navigating the Behavioral Health AI Journey from Concept to Reality** – Join this event designed to demystify the intricate process of bringing AI from the drawing board to impactful implementation. This webinar will provide invaluable insights, practical strategies and real-world examples on how AI can revolutionize behavioral health and client care. **Thursday, September 26, 2024, 1pm CT.** [Register](#)
8. **Labor and Delivery: Birth in the Context of Substance Use** – This five-part webinar series called “Birth Equity: Pregnancy, Parenting and Drug Use” focuses on providing equitable access to and outcomes from care for pregnant and parenting people who use drugs or have a substance use disorder. In this session, we will review analgesic considerations and concerns, breastfeeding, rooming-in, Substance Exposed Newborn (SEN) assessments including “eat, sleep console” (ESC), and mandatory reporting. **Thursday, September 26, 2024, 1pm CT.** [Register](#)
9. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
 - **Thursday, September 26, 2024, 2pm CT**
 - **Thursday, November 28, 2024, 2pm CT**
10. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. [Register](#)
 - **Friday, September 27, 2024, 10am CT**
 - **Friday, October 25, 2024, 10am CT**
11. **New Bridging the Licensure Gap: How Employers Can Support Clinician Success** – Learn how targeted resources and support can make a significant difference in the professional growth of your clinicians and – through them – in the success of your clinic. Licensure exams are a critical step on clinicians’ career paths. The process can be challenging, and pass rates vary significantly by test-taker demographics. Join National Council Gold Partner Triad for a webinar to explore how employers can bridge the gap, offer vital support to improve pass rates and promote equitable outcomes. **Friday, September 27, 2024, 11:00 CT.** [Register](#)
12. **New HIV Basics** – Objectives of this free live webinar: Define Sexual Health; Review current national and regional HIV statistics; Review Ending the HIV Epidemic Goals and Plans; Explain HIV basics, testing/treatment and prevention; and Discuss the need for trauma-informed practices and anti-stigmatizing language. **Monday, September 30, 2024, 1:00-3:00 CT.** [Register](#)

13. **ECHO Autism: Behavior Solutions in Hospitals** – Registration is now open for the Echo Autism: Behavior Solutions in Hospitals program. This free program is open to **Missouri hospital-based healthcare team members including mental healthcare and emergency department team members**. This program will review best practices for interfering behaviors, managing medical conditions including psychiatric conditions, connecting with community resources and family/caregiver support and more. It starts with on-demand training videos, a live program kickoff via zoon on **October 7**, and regular sessions **each Monday from October 14 through November 18**. Free continuing education credits are available. [Register here](#). If you have questions about this program, please contact Melinda Odum, at odumm@health.missouri.edu.
14. **AI to Support our Workforce** – Artificial intelligence (AI) technologies are poised to enhance the mental health and substance use workforce's ability to meet growing demands for services with more efficient and effective care and reduced administrative burdens. This webinar will explore what AI can do and how it can support you. **Tuesday, October 1, 2024, 1pm CT**. [Register](#)
15. **Vibrant Behavioral Health Conference** – We the Resilient: A conference on disaster behavioral health and building a truly resilient community. **Tuesday-Thursday, October 1-3, 2024** in Nashville. [Register](#)
16. **The Youth Protective Factors Study: Risk, Strengths, and Reoffending** – This is an unprecedented multistate, multiyear examination of the risk and protective factors that most influence reoffending – particularly serious offenses that involve physical harm to others – among youth ages 10 to 23 in the juvenile justice system. **Wednesday, October 2, 2024, 1pm CT**. [Register](#)
17. **New Cognitive Processing Therapy: Real World Applications** – This seminar will focus on providing an overview of Cognitive Processing Therapy, an evidence-based treatment for adults experiencing trauma disorder symptoms. In this presentation, we review the overall structure of the manualized treatment protocol, providing case example highlights throughout to better illustrate important points. **Wednesday, October 3, 2024, 1pm-4pm CT**. [Register](#)
18. **Postpartum and Infant Year One: Center on the Dyad (Part 1)** – In this two-part presentation, we will introduce the concept of the 4th trimester. This first session will focus on the immediate post-birthing hospitalization with an emphasis on dyadic care. This includes but is not limited to equitable access to and outcomes from culturally and linguistically effective evidence-informed infant care for SEN, early attachment supports, chronic disease management, and warm handoffs for parent and infant continuing care. **Monday, October 7, 2024, 11am CT**. [Register](#)
19. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)

Learning Objectives:

 - Understand what dual diagnosis means for people with BHIDD
 - Have an understanding of how to assess mental illness in people with IDD
 - Understand how to support physical health, wellness, and aging and prevent risk over time
 - Learn how to adapt therapy for IDD clients

Virtual Session Details:

 - **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
 - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
20. **Choosing the Right AI Technology for your Organization** – Join us for an insightful webinar where we will examine the essentials for choosing AI technology that aligns with your organization's unique requirements. **Wednesday, October 9, 2024, 12pm CT**. [Register](#)

21. **Building a Resilient Workforce Learning Series** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. [Register](#)
 - **Wednesday, October 9, 2024, 1pm-2:15pm CT**
 - **Thursday, November 7, 2024, 1pm-2:15pm CT**
 - **Monday, December 9, 2024, 1pm-2:15pm CT**
22. **Navigating the Complexities of the Nurse Manager Role** - Participants in this two-day workshop will engage in interactive discussions, explore strategies and gain valuable insights into the complexities and distinct challenges that nurse managers face in their daily responsibilities. **Wednesday-Thursday, October 9-10, 2024** [Register](#)
23. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#) now for the following virtual training dates:
 - **Tuesday-Wednesday, October 15-16, 2024**
 - **Monday-Tuesday, December 9-10, 2024**
24. **New National Disability Employment Awareness Month (NDEAM) Celebration Event** - Join others for an event celebrating National Disability Employment Awareness Month with a Keynote Speech from Lydia Olmsted, a Musical Performance by Kayla Patek, Assistive Device Demonstrations, along with other exhibitors and refreshments. The National Disability Employment Awareness Month (NDEAM) Celebration is a reminder of our dedication to promoting equal employment opportunities for individuals with disabilities. It serves as a powerful testament to the ongoing efforts to provide workers with disabilities access to meaningful and fulfilling jobs. That is the inspiration behind this year's NDEAM theme: "Access to Good Jobs for All". **Monday, October 21, 2024, Harry S. Truman Building room 490-492 at 11:00 a.m.** [Learn More](#)
25. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector's impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024** [Register](#)
26. **2024 ADOS-2 Training & ECHO Autism Advanced Diagnosis** – Our team is excited to partner with you and other clinicians to improve and expand care for autistic people in Missouri. We aim to increase local access to high-quality, more complex, ASD diagnostic evaluations for all Missourians and to reduce the wait time for these evaluations. Please consider sharing this [flyer](#). **Wednesday-Friday, October 23-25, 2024** [Register](#)
27. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024** [Register](#)
28. **Liability and Risk Considerations When Adopting AI Technology** – This webinar will explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. **Friday, October 25, 2024, 12pm CT** [Register](#)
29. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. [Register](#)

- *Wednesday, October 30, 2024, 10-11am CT*
 - *Wednesday, January 29, 2025, 10-11am CT*
 - *Wednesday, April 30, 2025, 10-11am CT*
30. **St. Louis Harm Reduction Training Day** – The UMSL-MIMH Addiction Science Team will be hosting a **free, in-person, full-day harm reduction training event** for individuals and teams who work with people who use drugs. There will be **full and half-day training options** available. **Friday, November 1, 2024, 9am-5pm CT** [Register](#) and see the [full schedule](#).
 31. **The 65th National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024.** [Register](#)
 32. **Missouri Rural Health Conference** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year’s conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. **Wednesday-Thursday, November 6-7, 2024.** [Register](#)
 33. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. [Register](#)
 - *Wednesday, November 6, 2024, 10-11am CT*
 - *Wednesday, February 5, 2025, 10-11am CT*
 - *Wednesday, May 7, 2025, 10-11am CT*
 34. **Postpartum and Infant Year One: Center on the Dyad (Part 2)** – This final session will focus on ensuring equitable access to and outcomes from ongoing culturally and linguistically effective mental health, substance use, and physical health care for infant and dyad, including but not limited to developmental milestones and vaccination. **Friday, November 8, 2024, 11am CT.** [Register](#)
 35. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. [Register](#)
 - *Tuesday, November 12, 2024, 10-11:30am CT*
 - *Tuesday, February 11, 2025, 10-11:30am CT*
 - *Tuesday, May 13, 2025, 10-11:30am CT*
 36. **2024 Missouri Substance Use Prevention Conference** – [Save the date](#) – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024.** Registration is now open! [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **New On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder** – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers. [Click here](#) for On-Demand training.

2. **Free Harm Reduction Professional trainings** – We are excited to share new dates for our various harm reduction training offerings. Follow the links below or visit mimhaddisci.org/training to learn more, view additional dates, and register.
 - **Overdose Education and Naloxone Distribution**
[Thu, Sep 26th 3-4:30pm](#)
 - **Stimulant Education: Harm Reduction & Overamping**
[Mon, Sep 30th 3-4:30pm](#)
 - **Fentanyl Test Strips 101**
[Thu, Sep 26th 2-3pm](#)
 - **Intramuscular Naloxone 101**
[Thu, Sep 19th 1-2pm](#)
3. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders. [Register](#)
4. **Certified Peer Specialist (CPS) ECHO** – The [CPS Echo](#) is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. ***First and third Wednesday of every month from 11am-12pm CT***
5. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors. FREE [Communities of Practice](#)
6. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
7. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)
8. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
9. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
10. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients'

cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)

11. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. *Second Tuesday of every month from 1:30pm-2:30pm CT.* [Register](#)
12. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
13. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
14. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
15. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
16. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
17. **Peer Supervision Training – ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
18. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
19. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)

- Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

20. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)