



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

10/17/24

FREE Missouri Open Door Government Benefit Series
Topic: Assistive Technology for Mental Health

October 23, 2024
12:30 pm – 1:30 pm

The Missouri Open Door (MOD) Workshop Technology Series is a series of FREE monthly virtual workshops, with each session designed to focus on a specific topic area that will provide participants with immediate use ideas and solutions.

During this session, participants will learn about technology options that are available to help with mental health needs. Through every-day skill-building strategies and integrated services and supports, the goal of this session focuses on:

- Providing immediate use ideas for mental health
- Strengthening everyday technology knowledge
- Incorporating / Understanding local service and support strategies.

[Register](#) for this workshop.

Questions should be directed to angelinaalpert@umkc.edu



Missouri Department of Mental Health
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