

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

October 11, 2024

[View past issues](#)

1. **New** The Missouri Department of Mental Health contracted with the Missouri Institute of Mental Health (MIMH) to conduct a survey exploring adult Missourians' awareness and knowledge of 988. The survey was designed and analyzed by MIMH and administered by YouGov, an international polling firm, in May 2024. Fourteen questions were asked of Missouri respondents that assessed awareness of 988, knowledge of how it can be accessed, and what 988 offers. Demographic questions were included to explore differences by age, sex, race, ethnicity, sexual identity, and military status. Below are some key findings from this survey. A follow-up survey is planned for 2025.
 - Of the 988 Missouri respondents, 57% had heard of 988 in some capacity.
 - 73% believed 988 could offer support in a suicide crisis.
 - Only 25% believed 988 could offer support for substance use.
 - 69% of individuals knew 988 could be accessed by phone, whereas 35% knew it could be accessed via text and 18% knew it could be accessed via chat.
 - Information about 988 had been obtained from a wide array of sources, most common were television (37%) and word of mouth (26%).
 - Younger participants were more familiar with 988 than older participants.
 - Black respondents were slightly more familiar with 988 than white respondents.
 - Sex, ethnicity, sexual identity, and Veteran/military status did not differ significantly in familiarity and knowledge of 988.

2. **New** Refer to the [ICPR Residential and Non-Residential Policy and Procedure Manual](#) for changes that are effective as of this date in the ICPR RES Provider Manual and the Supplemental Form. The changes include:
 - Revised process for ICPR RES CA tracking, revisions, and updates
 - Submission of a quarterly list of all current CA unit addresses utilized instead of submitting Supplemental Forms with each change of unit
 - Utilization of the Supplemental Form to change the total number of CA units instead of a revised proposal
 - Utilization of the Supplemental Form to change the CA staffing location/primary address instead of a revised proposal with required organizational change form
 - Utilization of the Supplemental Form to change CA staffing hours/days/ratios instead of a revised proposal
 - Revised Supplemental Form to incorporate changes above, which may include additional discussion
 - Addition in Section 5.2 Physical Environmental and Safety regarding IRTS/PISL to include:
 - The agency is responsible to consult with DMH Licensure and the State Fire Marshal for construction or renovation of new or existing sites.

Please refer to the [Appendix C DBH Supplemental Form CA](#) and [Appendix D ICPR Proposal form](#). Please contact your CACO if you have questions.

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
[MO Careers – Department of Mental Health](#)

JOB ANNOUNCEMENTS

Lead Administrative Support Assistant – Division of Behavioral Health

This position will provide support and coordinate activities for Recovery Services, 988, and Prevention. The best candidate for this position will need to possess excellent writing and oral communication skills, be well-organized, and be able to multi-task and prioritize assignments. ***Applications accepted through Tuesday, October 15, 2024***

Human Resources Director

The Missouri Division of Behavioral Health – East Region seeks a Human Resources Director to oversee internal HR operations for St. Louis Forensic Treatment Center in St. Louis City, and Hawthorn Children’s Psychiatric Hospital in St. Louis County. This position will provide regional management and oversight for both facility HR departments. Both facilities employ approximately 1000 employees at three sites. ***Applications accepted through Tuesday, October 22, 2024***

Administrative Support Professional-DBH

This position will provide administrative/clerical support to the DBH Offices of Administration and Facility Operations. The best candidate for this position will need to be well-organized with the ability to multi-task, be able to prioritize assignments, and have excellent professional verbal and written communication skills. ***Applications accepted through Tuesday, October 22, 2024***

Housing Initiatives Specialist

This position will provide training and technical assistance to providers across the state, monitor grant performance, conduct street outreach activities with Housing liaisons, and work directly with Missourians who experience Severe Mental Illness and Substance Use Disorders in obtaining services and benefits that help them meet their needs. ***Applications accepted through Thursday, October 24, 2024***

FUNDING OPPORTUNITIES

1. Grant Resources:

- [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
- [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
- [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
- [Grant Eligibility | Grants.gov](#)
- [Grants | SAMHSA](#)

2. MO GME Grant Program to Expand Residency Slots – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now

open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:

- Family Medicine
- Internal Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

INFO & RESOURCES

1. **[New NASADAD Unveils New Name: Embracing Language that Reflects Our Commitment to Single State Agencies \(SSAs\) and the People They Serve](#)** – Today marks a significant milestone for the National Association of State Alcohol and Drug Abuse Directors (NASADAD) as we proudly announce the unveiling of our new name, brand, and logo. These changes reflect our renewed dedication to the respect and dignity of individuals and communities affected by substance use, misuse, and substance use disorders (SUD). The changes also convey our commitment to the State agencies that provide alcohol and drug services to individuals with no or insufficient means to services.
2. **[New October is Substance Use Prevention Month!](#)** Prevention Month is an annual observance dedicated to recognizing the role of prevention in the continuum, the value of prevention services, and the dangers associated with substance use and misuse. This year's theme is: ***Telling the Prevention Story***. In recognition of Prevention Month, the Substance Abuse and Mental Health Services Administration (SAMHSA) released the [2024 Prevention Month Toolkit](#), which offers social media shareables, website graphics, virtual meeting backgrounds, and more to elevate prevention's impact on communities across the country. Throughout this month and year-round, SAMHSA is also elevating various prevention initiatives, including:
 - ["Talk. They Hear You"](#)
 - [Communities Talk to Prevent Alcohol and Other Drug Misuse](#)
 - [Voices of Youth](#)[Here are additional Prevention Month resources.](#)
3. **[New](#)** On September 26, the Centers for Medicare & Medicaid Services (CMS) released guidance on [Best Practices for Adhering to Early and Periodic Screening, Diagnostic, and Treatment \(EPSDT\) Requirements](#) under Medicaid and the Children's Health Insurance Program (CHIP). The EPSDT requirements are designed to ensure Medicaid-eligible children and youth receive comprehensive prevention, diagnostic, and treatment services, including for mental health and substance use disorder (SUD). The guidance reinforces the EPSDT requirements and highlights best practices for States to implement those requirements. The guidance is divided into three topics:
 - "Promoting EPSDT awareness and accessibility
 - Expanding and using the child-focused (EPSDT) workforce
 - Improving care for EPSDT-eligible children with specialized needs"The guidance also includes a section dedicated to strategies on meeting children's mental health and SUD needs. Dr. Miriam Delphin-Rittmon, Assistant Secretary for Mental Health and Substance Use, the Substance Abuse and Mental Health Services Administration (SAMHSA), also circulated a [Dear Colleague Letter](#) in support of the guidance.
4. **[New](#)** The American Society of Addiction Medicine (ASAM) is seeking public comment on the standards for the Adolescent and Transition Age Youth Volume of the 4th Edition of The ASAM Criteria. Specifically, ASAM seeks input from stakeholders on the draft standards for adolescent volume, which includes:
 - "Assessment and Treatment Planning Standards
 - The Adolescent Continuum of Care

- Adolescent Level of Care Standards”

[Here is the Draft Framework](#). ASAM is accepting comments until November 15. [You can make those comments through the online submission form](#).

5. **New NIDA-Funded Study Finds Fewer Than Half of U.S. Jails Provide Any Form of MOUD** – A National Institute on Drug Abuse (NIDA)-funded study, published in JAMA Network Open, on [Factors Associated With the Availability of Medications for Opioid Use Disorder in US Jails](#) found that fewer than half of all U.S. jails offer any form of medications for opioid use disorder (MOUD). The study surveyed more than 2,750 jails across the country and found that 43.8% offered any form of MOUD, with only 12.8% of them making MOUD available to anyone with opioid use disorder (OUD). The researchers note that most often, MOUD are only made available to people who are pregnant or to those who are already receiving MOUD at the time of their incarceration. Other key findings include:

- “Among jails with MOUD available, the most common type of medication used was buprenorphine (69.9%), followed by naltrexone (54.5%), while less than half of jails offered methadone (46.6%).
- Most jails offered some type of substance use treatment or recovery support (70.1%).
- The most common reason jails reported for not offering MOUD was a lack of adequate or licensed staff to administer it. In support of this finding, we found that the type of health care model was associated with offering MOUD or any type of treatment for SUDs, and jails reporting services other than direct, contracted, or hybrid health care arrangements (generally, jails with no on-site health care services available) were less likely to offer MOUD than those using their own health care staff.
- In general, larger jails, those in counties with lower “social vulnerability” (lower levels of poverty and unemployment, and greater education, housing, and transportation access), and those with greater proximity to community-based providers of medications for opioid use disorder were more likely to offer these treatments.”

The researchers call for more attention to addressing barriers to accessing MOUD in jails as a critical intervention point to prevent overdose. Specifically, they suggest supporting staff training, infrastructure improvements, and partnerships with community providers to improve treatment for people in jail. [Here is NIDA’s press release on the study](#).

TRAINING OPPORTUNITIES

1. **New Workforce Solutions Jam | Leveraging AI to Streamline Administrative Tasks in Behavioral Health** – Key highlights in the webinar include finding the right AI tools and vendors to meet your organizational needs and goals; utilization of AI to improve client outcomes and documentation compliance; using AI as a recruitment and retention tool; identifying practical challenges and barriers to AI implementation; and considerations for whether AI is the right tool for you. **Tuesday, October 15, 2024, 12pm CT**
2. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. Register now for the following virtual training dates:
 - **Tuesday-Wednesday, October 15-16, 2024**
 - **Monday-Tuesday, December 9-10, 2024**
3. **National Disability Employment Awareness Month (NDEAM) Celebration Event** - Join others for an event celebrating National Disability Employment Awareness Month with a Keynote Speech from Lydia Olmsted, a Musical Performance by Kayla Patek, Assistive Device Demonstrations, along with other exhibitors and refreshments. The National Disability Employment Awareness Month (NDEAM) Celebration is a reminder of our dedication to promoting equal employment opportunities for individuals with disabilities. It serves as a powerful testament to the ongoing efforts to provide workers with disabilities access to meaningful and fulfilling jobs.

That is the inspiration behind this year's NDEAM theme: "Access to Good Jobs for All." **Monday, October 21, 2024, Harry S. Truman Building room 490-492 at 11:00 a.m.**

4. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector's impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024**
5. **New Fortifying the Future: Data Privacy & Security in Behavioral Health AI** – During this webinar, attendees will learn which existing and emerging security regulations and best practices apply to their organizations-and their AI vendor partners; how to navigate key AI security, compliance, and ethical concerns in a behavioral health setting; what steps they must take to protect sensitive client information from AI-specific threats; and how Eleos accounts for all of the above in our industry-leading AI platform. **Tuesday, October 22, 2024, 1pm CT**
6. **CoE-TFR Webinar: Getting to Next Level Outcomes – The Important Role that Peers Play in Supporting Tobacco-Free Recovery** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded **National Center of Excellence for Tobacco-Free Recovery (CoE-TFR)** is hosting a webinar on **Getting to the Next Level Outcomes – The Important Role that Peers Play in Supporting Tobacco-Free Recovery**. This no-cost webinar is on **October 22, at 1pm CT**. The webinar is intended for peer support specialists, recovery coaches, and peer supervisors and will describe the critical role peers play in addressing commercial tobacco use and social norms around tobacco-free recovery in mental health and substance use disorder (SUD) settings. Learning objectives include:
 - "Describe the role of a peer support specialist/peer recovery coach in a behavioral health setting
 - Explore the evidence and importance of integrating peer-driven support services as part of a coordinated system of care to support people on their quit journey
 - Discuss barriers, challenges, and opportunities to leverage peers to support Tobacco-Free Recovery"
7. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included.

Learning Objectives:

 - Understand what dual diagnosis means for people with BHIDD
 - Have an understanding of how to assess mental illness in people with IDD
 - Understand how to support physical health, wellness, and aging and prevent risk over time
 - Learn how to adapt therapy for IDD clients

Virtual Session Details:

 - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
8. **2023 MH-CLD/MH-TEDS Data Reporting Results** – The webinar is open to all state data staff, state MH planners, and other state leaders interested in learning about the trends and results from the 2023 Mental Health Client Level Data collection. **Wednesday, October 23, 2024, 2-3:30pm CT**
9. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024**

10. **Liability and Risk Considerations When Adopting AI Technology** – This webinar will explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. **Friday, October 25, 2024, 12pm CT**
11. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. **Friday, October 25, 2024, 10am CT**
12. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis.
 - **Wednesday, October 30, 2024, 10-11am CT**
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
13. **New The Power of Well-Being at Work: Utilize Well-being as a Catalyst for Organizational success** – In the demanding work that mental healthcare providers do daily, employee well-being is more than a wellness perk—it's both a necessity and a strategic advantage. Join MTM Services for an insightful webinar where we explore the latest tactics for leveraging well-being to drive organizational success. **Wednesday, October 30, 2024, 11am**
14. **St. Louis Harm Reduction Training Day** – The UMSL-MIMH Addiction Science Team will be hosting a **free, in-person, full-day harm reduction training event** for individuals and teams who work with people who use drugs. There will be **full and half-day training options** available. **Friday, November 1, 2024, 9am-5pm CT** [See the full schedule for the St. Louis Harm Reduction Training Day.](#)
15. **New Panic Disorder Management: Evidence-Based Tools to Enhance Clinical Practice** – This webinar will provide an overview of Panic Disorder assessment, with emphasis on strategies for collaboration with key stakeholders (e.g., medical providers) and the use of functional assessments to identify relevant clinical targets. The primary focus will be on first-line, evidence-based interventions, specifically the application of Cognitive Behavioral Therapy (CBT) and exposure-based strategies to address and alleviate panic symptoms. **Friday, November 1, 2024, 10am CT**
16. **The 65th National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024.**
17. **New Advancing Equity Workshop: Fundamentals to Support Your Journey** – During this three-part virtual workshop, participants will learn and engage in a safe environment, where they can ask questions and share reflections with their peers. Using Social Current's three-prong approach to EDI (Person, Organization and Systems), the presenters will encourage participants to develop a deeper personal EDI journey, to build an inclusive work culture, and to become more aware of the systems that impact us all. **Wednesday, November 6, 2024, 11am-2pm CT**
18. **Missouri Rural Health Conference** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year's conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. **Wednesday-Thursday, November 6-7, 2024.**

19. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms.
 - **Wednesday, November 6, 2024, 10-11am CT**
 - **Wednesday, February 5, 2025, 10-11am CT**
 - **Wednesday, May 7, 2025, 10-11am CT**

20. **New Engaging Community Partners in Civil Diversion Programs** – Successful civil diversion programs leverage existing legal, financial, and social service resources in a community to provide support to litigants who want to resolve their disputes outside of traditional litigation. Learn how courts around the country are thinking creatively and holistically as they work to help litigants address both the immediate legal crisis and their underlying needs through strong collaborative partnerships with community service providers. **Thursday, November 7, 2024, 2pm CT**

21. **Building a Resilient Workforce Learning Series** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence.
 - **Thursday, November 7, 2024, 1pm-2:15pm CT**
 - **Monday, December 9, 2024, 1pm-2:15pm CT**

22. **New Virtual SBIRT Overview Training** – The National Council for Mental Wellbeing is pleased to offer a new virtual opportunity for training in SBIRT. If you are an administrator or clinician who is new to SBIRT or looking for an overview, this three-hour training is just for you. **Thursday, November 7, 2024, 1pm CT**

23. **Postpartum and Infant Year One: Center on the Dyad (Part 2)** – This final session will focus on ensuring equitable access to and outcomes from ongoing culturally and linguistically effective mental health, substance use, and physical health care for infant and dyad, including but not limited to developmental milestones and vaccination. **Friday, November 8, 2024, 11am CT.**

24. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources.
 - **Tuesday, November 12, 2024, 10-11:30am CT**
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**

25. **2024 Missouri Substance Use Prevention Conference** – [Save the date flyer for the 2024 Missouri Substance Use Prevention Conference](#) – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024.** Registration is now open!

26. **New Virtual YSBIRT Overview Training** – The National Council for Mental Wellbeing is pleased to offer a new virtual opportunity for training in YSBIRT. If you are an administrator or clinician who is new to YSBIRT or looking for an overview, this three-hour training is just for you. **Tuesday, November 19, 2024, 1pm CT**

27. **New Motivational Interviewing Overview National Training** – Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
 - **[Register for Motivational Interviewing Overview on Thursday, November 21, 2024, 1pm CT](#)**

- [Register for Motivational Interviewing Overview on Thursday, March 13, 2025, 1pm CT](#)
28. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions:
 - **Thursday, November 28, 2024, 2pm CT**
 29. **New WHAM Individual Facilitator Training** – WHAM promotes physical and mental health while empowering peer providers to support the whole health of your clients. Use WHAM training to invest in peers as they support recovery across communities. **Wednesday-Thursday, December 18-19, 2024, 9:30am CT**
 30. **New Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk.
 - [Register for Intermediate Motivational Interviewing on Wednesday, January 8, 2025, 11am CT](#)
 - [Register for Intermediate Motivational Interviewing on Wednesday, May 14, 2025, 11am CT](#)
 31. **PREPaRE Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals** – This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the physical health of members of the school community and students’ perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multi-tiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.
 - **Tuesday-Wednesday, January 14-15, 2025 – [Register for the PREPaRE Workshop in Joplin](#)**
 - **Tuesday-Wednesday, February 4-5, 2025 – [Register for the PREPaRE Workshop in Kansas City](#)**
 - **Wednesday-Thursday, March 5-6, 2025 – [Register for the PREPaRE Workshop in St. Peters](#)**
 - **Tuesday-Wednesday, April 1-2, 2025 – [Register for the PREPaRE Workshop in Jefferson City](#)**

RECURRING TRAINING OPPORTUNITIES

1. **PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medications for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Assessment and Management of Alcohol Withdrawal](#). This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:
 - “Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.
 - Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
 - Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
 - Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.
 - Create patient-centered goals for individuals with alcohol use disorder.”

2. **On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder** – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers.
3. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders.
4. **Certified Peer Specialist (CPS) ECHO** – The CPS Echo is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. ***First and third Wednesday of every month from 11am-12pm CT***
5. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors.
6. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction.
7. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics.
8. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings.
9. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org.
10. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours.
11. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share

insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. ***Second Tuesday of every month from 1:30pm-2:30pm CT.***

12. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions.
 - ***November 28, 2024, 2pm CT***
13. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families.
14. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit.
15. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
16. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
17. **Peer Supervision Training** – ***ALL ONLINE Self Study Course*** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours).
18. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.
19. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training**
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter.
20. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Missouri Recovery Support Specialist Trainings**
 - **Ethics Trainings**