

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

October 18, 2024

[View past issues](#)

1. **New** Certified Peer Specialist (CPS) training has had a makeover! In order to meet SAMHSA standards of a 40-hour training program, Missouri's curriculum went from 35 hours to 48.75 hours. The breakdown is as follows:
 - As soon as someone registers for CPS training, they will receive immediate access to all the training materials AND a new 20-hour online course that they should start working on right away. By the time their designated training dates arrive, they will already have 20 hours of the program completed.
 - The live/virtual training portion of the training is 28.75 hours. This will be attended during the dates the participant registered for.
 - Starting in 2025, there are both traditional training schedules and alternate training schedules being offered!
 - The traditional schedule is 5 days, Monday-Friday from 8:00 a.m. to 3:00 p.m.
 - The alternate schedule is 4 days from 8:00 a.m. to 5:00 p.m. Those 4 days will vary but will always include a weekend, both Saturday and Sunday. Some of them will be two consecutive weekends and not include any weekdays.

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

[MO Careers – Department of Mental Health](#)

JOB ANNOUNCEMENTS

Human Resources Director

The Missouri Division of Behavioral Health – East Region seeks a Human Resources Director to oversee internal HR operations for St. Louis Forensic Treatment Center in St. Louis City, and Hawthorn Children's Psychiatric Hospital in St. Louis County. This position will provide regional management and oversight for both facility HR departments. Both facilities employ approximately 1000 employees at three sites. ***Applications accepted through Tuesday, October 22, 2024***

Administrative Support Professional-DBH

This position will provide administrative/clerical support to the DBH Offices of Administration and Facility Operations. The best candidate for this position will need to be well-organized with the ability to multi-task, be able to prioritize assignments, and have excellent professional verbal and written communication skills. ***Applications accepted through Tuesday, October 22, 2024***

Housing Initiatives Specialist

This position will provide training and technical assistance to providers across the state, monitor grant performance, conduct street outreach activities with Housing liaisons, and work directly with Missourians who experience Severe Mental Illness and Substance Use Disorders in obtaining services and benefits that help them meet their needs. ***Applications accepted through Thursday, October 24, 2024***

Housing Development Officer

This position will engage in local HUD Continuum of Care meetings, manage coordinated entry case conferencing for numerous regions, complete data entry into the Homelessness Management Information Systems, and work directly with Missourians who experience Severe Mental Illness and Substance Use Disorders in obtaining services and benefits. ***Applications accepted through Monday, October 28, 2024***

Sr. Research Data Analyst

This candidate will possess knowledge and skills related to data processes and database design; knowledge and skills related to coordinating work in a team-based setting; have good communication skills; and can learn skills related to Microsoft SQL, SAS, Tableau, and Microsoft Reporting Services, as well as other tools used for data reporting. ***Applications accepted through Monday, October 28, 2024***

FUNDING OPPORTUNITIES

1. Grant Resources:

- [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
- [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
- [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
- [Grant Eligibility | Grants.gov](#)
- [Grants | SAMHSA](#)

2. MO GME Grant Program to Expand Residency Slots – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:

- Family Medicine
- Internal Medicine
- Obstetrics/Gynecology
- Pediatrics
- Psychiatry

Applications due November 22, 2024 – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).

3. New Statewide Consumer Network SM-25-005 (Forecast) – The purpose of this program is to strengthen the capacity of statewide mental health peer-led organizations to partner with state efforts to improve mental

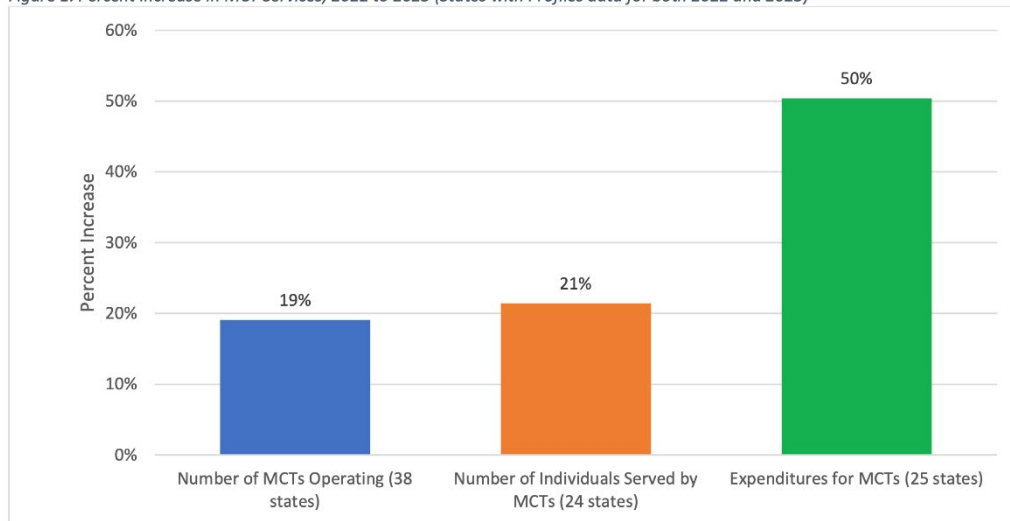
health support system and related services for individuals with serious mental illness (SMI) or serious emotional disturbance (SED) as agents of transformation. **Application due date: December 16, 2024**

4. **[New Strategic Prevention Framework-Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations SM-25-002 \(Forecast\)](#)** – The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. **Application due date: January 15, 2025**
5. **[New Strategic Prevention Framework-Partnerships for Success for States SM-25-003](#)** – The purpose of the SPF-PFS program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of state and community substance misuse prevention and mental health promotion services. **Application due date: January 15, 2025**

INFO & RESOURCES

1. **[New SMHA Support for Mobile Crisis Teams \(MCTs\)](#)** – Mobile Crisis Teams (MCTs) are a critical component of the behavioral health crisis care continuum as they are designed to meet face-to-face with an individual experiencing a behavioral health crisis and have demonstrated effectiveness in helping address crises and reduce use of emergency rooms, psychiatric hospitalizations, and adverse criminal justice system interactions. This report highlights information about Mobile Crisis Teams (MCTs) being supported by states. Information about the number of MCTs, number of clients served, who operated MCTs, funding of MCTs, how MCTs are dispatched, workforce shortages, 24/7 statewide availability of MCTs, and outcomes of MCT dispatches are addressed.

Figure 1: Percent Increase in MCT Services, 2022 to 2023 (States with Profiles data for both 2022 and 2023)



2. **[New Stepping Into the Future of Behavioral Health: Opportunities, Challenges, and Possibilities](#)** – Ron Manderscheid, NRI Board Member, Partner at Capstone Solutions Consulting Group, and Adjunct Professor at Bloomberg School of Public Health, Johns Hopkins University, and Suzanne Dworak Peck School of Social Work, University of Southern California recently published an article in the American Journal of Orthopsychiatry. The article forecasted the future of behavioral health by examining clinical and community developments through which expected future developments can be expected to flourish.
3. **[New SAMHSA Releases the 2024 Technical Assistance Coalition Compendium](#)** – SAMHSA’s 2024 Technical Assistance Coalition Compendium features a series of 10 papers that reflects the current best thinking toward

advancing SAMHSA's vision of crisis care that is available 24/7 and responsive to wherever the person in crisis is located.

4. **[New Caring Contacts Coping Tools](#)** – This new program is a 6-week series of supportive emails providing information about coping tools – skills, techniques, resources, and other suggestions that you can turn to if you feel anxious or distressed. Caring contacts is presented by the 988 Suicide & Crisis Lifeline. Visitors can sign up and unsubscribe at any time.
5. **[New Social Determinants of Health](#)** – Through an increased understanding of the Social Determinants of Health, judges and court leaders can be more aware of how social context affects families and are able to have a more comprehensive picture of the barriers and limitations to resources and supports that court-involved families experience. The SDOH is a place-based framework that extends beyond individual health behaviors to the social, physical, and environmental factors that can have a causal role in health outcomes.
6. **[New Recovery Housing: Expanding Access and Supporting Choice](#)** – The Homeless and Housing Resource Center brief explains what recovery housing is, why it is an important resource within a CoC, and how housing and homeless service providers can help people find this type of housing.
7. **[New A Look at Mental Health Courts](#)** – According to Hallie Fader-Towe, Director of Justice and Health Initiatives, Behavioral Health at The Council of State Governments (CSG), “mental health courts bring together elements that have been shown to improve health and justice outcomes, and when these interventions are aligned with identified needs associated with health and justice-system involvement, it makes sense that mental health courts have positive outcomes.” However, she believes that “there are things every court can do to identify mental health needs and connect people to appropriate treatment and supports, even outside participating in a specific program.” Judge Britton sees these positive effects firsthand. “I witness recovery every single time I hold court and love supporting and praising participants who rarely in their life have ever received a congratulations, let alone from a judge. My experience is that our graduates are happier and healthier than non-participant defendants in my court.”
8. **[New Stressed Out? These 8 Skills Can Help Boost Mood and Reduce Anxiety](#)** – Is your to-do list overwhelming? Do the demands of family or work stress you out? Or maybe it's politics, climate change, or global conflict that are making you feel anxious. It's impossible to eliminate all of your stress, but science shows you can learn to manage it better.
9. **[New Integrated Care Financing Series](#)** – The Center of Excellence for Integrated Health Solutions (CoE-HIS), in partnership with Bowling Business Strategies, is thrilled to share the updated Integrated Care Billing Decision Support Tool (DST). It includes two new billing modules – tobacco use disorder treatment and health-related social needs – to help provider organizations sustainably finance integrated care.
10. **[New Multilingual Fentanyl Education Resources](#)** – In a large-scale effort to make fentanyl and counterfeit pill education resources available to non-English speaking communities, The Addiction Policy Forum today released fentanyl educational resources translated into 12 different languages.
11. **[New What Happens When People are Actively Suicidal? An in-depth Analysis of 988 Suicide & Crisis Lifeline Imminent Risk Data](#)** – The shift from the National Suicide Prevention Lifeline 1-800 number to the 988 Suicide & Crisis Lifeline (988 Lifeline) on July 16, 2022, marked an important moment in the United States's efforts to improve support for people experiencing a mental health crisis. The 988 Lifeline includes a network of more than 200 independently operated local crisis centers which offer emotional support through call, text, and chat, connecting individuals in distress with trained crisis counselors. This transition reflects a focused effort to improve accessibility and responsiveness in times of crisis.

12. **[New Maternal Suicide In The U.S. – Opportunities For Improved Data Collection And Health Care System Change](#)** – Maternal suicide is a leading cause of maternal mortality in the US. While maternal mortality has rightfully garnered increasing attention in recent years, maternal suicide has been historically overlooked as a cause of maternal mortality because national maternal mortality rates previously excluded suicides as pregnancy-related deaths, instead classifying maternal suicides deaths as incidental or accidental deaths.
13. **[New Spanish Mental Health Fact Sheets](#)** – NIMH offers brochures and fact sheets on mental disorders and related topics for the general public, including patients and their families, health professionals, and other audiences. Printed materials can be ordered free of charge. Brochures and fact sheets are also offered in digital formats and are available in English and Spanish.
14. **[New Facilitating Care Across the Crisis Continuum: The Roles of Peers Throughout the Crisis Service System & More](#)** – This is a video that highlights how states are utilizing peer specialists in their crisis service systems. The National Association of State Mental Health Program Directors’ Senior Peer Support Coordinator, Justin Volpe, provided the national perspective of peer specialists in crisis services, and states Alaska, Delaware, and Kansas shared how they have incorporated peers into their crisis system workforce, including working in rural and remote areas, with criminal justice systems, and with veterans experiencing crisis.
15. **[New Suicide Prevention, Intervention, and Postvention for African Americans: An Equity-focused Review of Resources](#)** – In the United States, suicidality is rising in all ethnic categories (CDC, 2023), but in African American communities it is rising more rapidly and reaching more alarming heights. For example, between 2007 and 2020, Black youth had the fastest-growing suicide rates of all their peers (Johns Hopkins, 2023), and Black youth ages 15-24 are more likely than their White counterparts to be drawn to suicidal thoughts and behaviors (Kann et al., 2017; Sheftall & Miller, 2021; Goodwill, 2022) but less likely to report their suicidal ideation or plans (Lindsay, Sheftall, & Joe, 2019) or to seek help for those challenges (Sheftall & Miller, 2021; Goodwill, 2022).
16. **[New Implementing Individual Placement and Support in Rural Communities: Barriers and Strategies](#)** – Individual Placement and Support (IPS) is an evidence-based practice that helps people with mental health conditions achieve competitive integrated employment. This issue brief describes barriers that program leaders face in implementing IPS in rural communities and the range of strategies used to eliminate these hurdles. The brief draws primarily on a qualitative study involving interviews with 27 IPS specialists in 15 states with successful IPS programs in rural communities.
17. **[New FDA Approves Drug with New Mechanism of Action for Treatment of Schizophrenia](#)** – On September 26, 2024, the U.S. Food and Drug Administration approved Cobenfy (xanomeline and trospium chloride) capsules for oral use for the treatment of schizophrenia in adults. It is the first antipsychotic drug approved to treat schizophrenia that targets cholinergic receptors as opposed to dopamine receptors, which has long been the standard of care.
18. **[New Supporting Young Minds Resource Guide](#)** – Today’s youth are facing unprecedented challenges to their mental well-being, and supportive adults can make a significant difference in a young person’s mental health journey. Mental Health America’s 2024 Supporting Young Minds Guides have been created to empower parents, caregivers, teachers, and others to provide support by fostering nonjudgmental environments where young people feel safe expressing themselves.

TRAINING OPPORTUNITIES

1. **National Disability Employment Awareness Month (NDEAM) Celebration Event** - Join others for an event celebrating National Disability Employment Awareness Month with a Keynote Speech from Lydia Olmsted, a Musical Performance by Kayla Patek, Assistive Device Demonstrations, along with other exhibitors and refreshments. The National Disability Employment Awareness Month (NDEAM) Celebration is a reminder of our dedication to promoting equal employment opportunities for individuals with disabilities. It serves as a powerful testament to the ongoing efforts to provide workers with disabilities access to meaningful and fulfilling jobs. That is the inspiration behind this year's NDEAM theme: "Access to Good Jobs for All." **Monday, October 21, 2024, Harry S. Truman Building room 490-492 at 11:00 a.m.**
2. **SPARK 2024 Conference** – This conference will unite practice excellence, innovation, and federal policy advocacy to advance our sector's impact and help all families and communities thrive. This in-person event will elevate important conversations around our most vexing challenges and showcase insight and expertise from the field. This event is designed for leaders who are fueled by a commitment to advance equity and improve the well-being of people. Together, we will share inspiration and practical tools for implementing innovative practice, policy, and research. **October 20-22, 2024**
3. **Fortifying the Future: Data Privacy & Security in Behavioral Health AI** – During this webinar, attendees will learn which existing and emerging security regulations and best practices apply to their organizations-and their AI vendor partners; how to navigate key AI security, compliance, and ethical concerns in a behavioral health setting; what steps they must take to protect sensitive client information from AI-specific threats; and how Eleos accounts for all of the above in our industry-leading AI platform. **Tuesday, October 22, 2024, 1pm CT**
4. **CoE-TFR Webinar: Getting to Next Level Outcomes – The Important Role that Peers Play in Supporting Tobacco-Free Recovery** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [National Center of Excellence for Tobacco-Free Recovery \(CoE-TFR\)](#) is hosting a webinar on [Getting to the Next Level Outcomes – The Important Role that Peers Play in Supporting Tobacco-Free Recovery](#). This no-cost webinar is on **October 22, at 1pm CT**. The webinar is intended for peer support specialists, recovery coaches, and peer supervisors and will describe the critical role peers play in addressing commercial tobacco use and social norms around tobacco-free recovery in mental health and substance use disorder (SUD) settings. Learning objectives include:
 - "Describe the role of a peer support specialist/peer recovery coach in a behavioral health setting
 - Explore the evidence and importance of integrating peer-driven support services as part of a coordinated system of care to support people on their quit journey
 - Discuss barriers, challenges, and opportunities to leverage peers to support Tobacco-Free Recovery"
5. **New Certified Peer Support Ad-On Training** – This course is complementary to the standard peer support training. Much of the content is similar to the education maternal mental health clinicians receive but has been adapted to meet the needs of people delivering peer support in the perinatal time period. Perinatal mental health complications in pregnancy and postpartum look different than at any other time in a person's life. While clinicians receive this training to diagnose and potentially treat or refer people in pregnancy and postpartum, peers need a full understanding of perinatal mental health conditions to provide support, address myths and stigma, and connect people to appropriate treatment services. **Tuesday-Thursday, October 22-24**
6. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included.

Learning Objectives:

- Understand what dual diagnosis means for people with BHIDD
- Have an understanding of how to assess mental illness in people with IDD
- Understand how to support physical health, wellness, and aging and prevent risk over time
- Learn how to adapt therapy for IDD clients

Virtual Session Details:

- **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)

7. **2023 MH-CLD/MH-TEDS Data Reporting Results** – The webinar is open to all state data staff, state MH planners, and other state leaders interested in learning about the trends and results from the 2023 Mental Health Client Level Data collection. **Wednesday, October 23, 2024, 2-3:30pm CT**
8. **Peer Summit – Elevating Professionalism Together** – This conference will have several featured speakers and topics, including: Thomas Gabriel, Rosalind Pichardo, Damon West, SAMHSA speakers, ATTC speakers, Office of Recovery, Certified Peer Specialists, Family Support Providers, Youth Peer Support, Trauma Training, Leadership Training, Ethics Hours. **Thursday-Friday, October 24-25, 2024**
9. **Liability and Risk Considerations When Adopting AI Technology** – This webinar will explore the critical liability and risk considerations involved in integrating AI technology into behavioral health settings. **Friday, October 25, 2024, 12pm CT**
10. **Bureau of Justice Assistance Access & Recovery PRSS TTAC: Peer Networking Hour** – These meeting will be open to BJA COSSUP grantees, as well as Peers within organizations offering Peer Support services, Recovery Coach services, or similar. These sessions offer a safe space for Peers to come together and support each other, learn new ideas from colleagues, problem solve, celebrate successes, and collaborate. **Friday, October 25, 2024, 10am CT**
11. **New An Introduction to EMDR: The Art and Science of EMDR-IFS** – Embark on a journey of discovery and skill development with our introductory training session on Eye Movement Desensitization and Reprocessing (EMDR) therapy. Designed for mental health professionals seeking to deepen their understanding perhaps pursue in depth training in this transformation approach. This session covers the fundamental principles, history, and applications of EMDR. Participants will explore the Adaptive Information Processing (AIP) model and its relevance EMDR. The EMDR Certified therapist and also Consultant in Training will delve into the eight phases of EMDR therapy. **Friday, October 25, 2024, 1pm CT**
12. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis.
 - **Wednesday, October 30, 2024, 10-11am CT**
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
13. **The Power of Well-Being at Work: Utilize Well-being as a Catalyst for Organizational success** – In the demanding work that mental healthcare providers do daily, employee well-being is more than a wellness perk—it's both a necessity and a strategic advantage. Join MTM Services for an insightful webinar where we explore the latest tactics for leveraging well-being to drive organizational success. **Wednesday, October 30, 2024, 11am**
14. **St. Louis Harm Reduction Training Day** – The UMSL-MIMH Addiction Science Team will be hosting a **free, in-person, full-day harm reduction training event** for individuals and teams who work with people who use drugs. There will be **full and half-day training options** available. **Friday, November 1, 2024, 9am-5pm CT** [See the full schedule for the St. Louis Harm Reduction Training Day.](#)

15. **[Panic Disorder Management: Evidence-Based Tools to Enhance Clinical Practice](#)** – This webinar will provide an overview of Panic Disorder assessment, with emphasis on strategies for collaboration with key stakeholders (e.g., medical providers) and the use of functional assessments to identify relevant clinical targets. The primary focus will be on first-line, evidence-based interventions, specifically the application of Cognitive Behavioral Therapy (CBT) and exposure-based strategies to address and alleviate panic symptoms. ***Friday, November 1, 2024, 10am CT***
16. **[The 65th National Dialogues on Behavioral Health](#)** – Successful strategies to support individuals with complex needs to improve outcomes. ***Sunday-Wednesday, November 3-6, 2024.***
17. **[Advancing Equity Workshop: Fundamentals to Support Your Journey](#)** – During this three-part virtual workshop, participants will learn and engage in a safe environment, where they can ask questions and share reflections with their peers. Using Social Current’s three-prong approach to EDI (Person, Organization and Systems), the presenters will encourage participants to develop a deeper personal EDI journey, to build an inclusive work culture, and to become more aware of the systems that impact us all. ***Wednesday, November 6, 2024, 11am-2pm CT***
18. **[Missouri Rural Health Conference](#)** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year’s conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. ***Wednesday-Thursday, November 6-7, 2024.***
19. **[Assessment 101-B](#)** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms.
 - ***Wednesday, November 6, 2024, 10-11am CT***
 - ***Wednesday, February 5, 2025, 10-11am CT***
 - ***Wednesday, May 7, 2025, 10-11am CT***
20. **[Engaging Community Partners in Civil Diversion Programs](#)** – Successful civil diversion programs leverage existing legal, financial, and social service resources in a community to provide support to litigants who want to resolve their disputes outside of traditional litigation. Learn how courts around the country are thinking creatively and holistically as they work to help litigants address both the immediate legal crisis and their underlying needs through strong collaborative partnerships with community service providers. ***Thursday, November 7, 2024, 2pm CT***
21. **[Building a Resilient Workforce Learning Series](#)** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence.
 - ***Thursday, November 7, 2024, 1pm-2:15pm CT***
 - ***Monday, December 9, 2024, 1pm-2:15pm CT***
22. **[Virtual SBIRT Overview Training](#)** – The National Council for Mental Wellbeing is pleased to offer a new virtual opportunity for training in SBIRT. If you are an administrator or clinician who is new to SBIRT or looking for an overview, this three-hour training is just for you. ***Thursday, November 7, 2024, 1pm CT***

23. **Postpartum and Infant Year One: Center on the Dyad (Part 2)** – This final session will focus on ensuring equitable access to and outcomes from ongoing culturally and linguistically effective mental health, substance use, and physical health care for infant and dyad, including but not limited to developmental milestones and vaccination. **Friday, November 8, 2024, 11am CT.**
24. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources.
 - **Tuesday, November 12, 2024, 10-11:30am CT**
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**
25. **2024 Missouri Substance Use Prevention Conference** – [Save the date flyer for the 2024 Missouri Substance Use Prevention Conference](#) – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024.** Registration is now open!
26. **Virtual YSBIRT Overview Training** – The National Council for Mental Wellbeing is pleased to offer a new virtual opportunity for training in YSBIRT. If you are an administrator or clinician who is new to YSBIRT or looking for an overview, this three-hour training is just for you. **Tuesday, November 19, 2024, 1pm CT**
27. **Motivational Interviewing Overview National Training** – Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
 - [Register for Motivational Interviewing Overview on Thursday, November 21, 2024, 1pm CT](#)
 - [Register for Motivational Interviewing Overview on Thursday, March 13, 2025, 1pm CT](#)
28. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions:
 - **Thursday, November 28, 2024, 2pm CT**
29. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. Register now for the following virtual training dates:
 - **Monday-Tuesday, December 9-10, 2024**
30. **WHAM Individual Facilitator Training** – WHAM promotes physical and mental health while empowering peer providers to support the whole health of your clients. Use WHAM training to invest in peers as they support recovery across communities. **Wednesday-Thursday, December 18-19, 2024, 9:30am CT**
31. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk.
 - [Register for Intermediate Motivational Interviewing on Wednesday, January 8, 2025, 11am CT](#)
 - [Register for Intermediate Motivational Interviewing on Wednesday, May 14, 2025, 11am CT](#)
32. **PREPaRE Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals** – This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the

physical health of members of the school community and students' perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multi-tiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.

- **Tuesday-Wednesday, January 14-15, 2025** – [Register for the PREPaRE Workshop in Joplin](#)
- **Tuesday-Wednesday, February 4-5, 2025** – [Register for the PREPaRE Workshop in Kansas City](#)
- **Wednesday-Thursday, March 5-6, 2025** – [Register for the PREPaRE Workshop in St. Peters](#)
- **Tuesday-Wednesday, April 1-2, 2025** – [Register for the PREPaRE Workshop in Jefferson City](#)

33. **New Supporting the Uptake of Behavioral Health Apps and Technology** – The increasing demand for behavioral health services, coupled with challenges in the workforce, creates a compelling reason to take a closer look at forward-thinking solutions. Behavioral health apps and other technologies have the potential to supplement existing services by increasing access and engagement among specific communities or population groups. This quarterly CBHL Leadership Community series is designed for any CBHL member interested in the successful integration of behavioral health apps and technology as a complement to existing practices. You are encouraged to register and join the full series. **Thursday, March 6, 2025 1pm CT**

RECURRING TRAINING OPPORTUNITIES

1. **New Incentives, Sanctions, and Service Adjustments Workshop** – This interactive, two-day workshop is designed to educate interdisciplinary teams in the theory and application of behavior modification as it applies to an effective adult treatment court. The incentives, sanctions, and service adjustments (ISSA) workshop will challenge court teams to self-assess and receive assistance with taking corrective steps to improve policy, practice, and outcomes. The workshop includes a follow-up coaching session by faculty to observe staff meetings and status hearings, and to provide feedback on progress with implementation plans developed during the workshop.
2. **PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medications for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Assessment and Management of Alcohol Withdrawal](#). This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:
 - “Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.
 - Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
 - Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
 - Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.
 - Create patient-centered goals for individuals with alcohol use disorder.”
3. **On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder** – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers.

4. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders.
5. **Certified Peer Specialist (CPS) ECHO** – The CPS Echo is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
6. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors.
7. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction.
8. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics.
9. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings.
10. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org.
11. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours.
12. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.**

13. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions.
 - ***November 28, 2024, 2pm CT***
14. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families.
15. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit.
16. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
17. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
18. **Peer Supervision Training** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours).
19. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.
20. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training**
 - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter.
21. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
 - **Missouri Recovery Support Specialist Trainings**
 - **Ethics Trainings**