

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance***

October 25, 2024

[View past issues](#)

1. **New [Spend Down 101](#)** – This is a recording of the Medicaid Spend Down Lunch and Learn that was on October 10, 2024. This has been uploaded to Relias.
2. **New [“Standards of Justice” Who Belongs in Treatment Court?](#)** – This resource is about Adult Treatment Court Best Practice Standard I: Target Population. Former New Hampshire Superior Court Chief Justice Tina Nadeau walks us through the key takeaways from this standard and addresses some of the common barriers’ treatment courts face during its implementation. The conversation touches on determining who is high-risk/high-need, managing proximal and distal goals, understanding motivation for change, and building resource capacity to ensure that these individuals’ needs are met.

Looking for employment? Know someone who is?  
Open positions across the state and throughout the DMH can be found at  
[MO Careers – Department of Mental Health](#)

## **JOB ANNOUNCEMENTS**

### **Housing Development Officer**

This position will engage in local HUD Continuum of Care meetings, manage coordinated entry case conferencing for numerous regions, complete data entry into the Homelessness Management Information Systems, and work directly with Missourians who experience Severe Mental Illness and Substance Use Disorders in obtaining services and benefits.

***Applications accepted through Monday, October 28, 2024***

### **Sr. Research Data Analyst**

This candidate will possess knowledge and skills related to data processes and database design; knowledge and skills related to coordinating work in a team-based setting; have good communication skills; and can learn skills related to Microsoft SQL, SAS, Tableau, and Microsoft Reporting Services, as well as other tools used for data reporting.

***Applications accepted through Monday, October 28, 2024***

## FUNDING OPPORTUNITIES

- 1. New SAMHSA's CFRI Highlights New Projects** – The Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Financing Reform & Innovation (CFRI) is highlighting new projects underway at the Center regarding financing mechanisms for mental health and substance use disorder (SUD) care. These new projects are designed to identify opportunities, innovations, and challenges to service delivery and access and provide guidance on the use of various financing mechanisms to provide SUD services across the continuum. These resources include new reports, one-pagers, journal articles, and webinars that discuss financing strategies for mental health and SUD care. Project topics include:
  - Financing Peer Crisis Respite in the United States
  - Measurement-Based Care Financing
  - Coverage of Selected Behavioral Health Services Among Older Medicare and Medicaid Beneficiaries
  - Public Financial Investments in Behavioral Health
  - National Gaps in Health Care Access and Health Insurance Among LGB Populations
  - Funding Strategies of Community-Based Behavioral Health organizations Serving Under-served, Minoritized, Racial, and Ethnic Communities
- 2. Grant Resources:**
  - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
  - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
  - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
  - [Grant Eligibility | Grants.gov](#)
  - [Grants | SAMHSA](#)
- 3. MO GME Grant Program to Expand Residency Slots** – The Missouri Department of Health and Senior Services (DHSS) the [Missouri Graduate Medical Education First Program \(MO GME Grant Program\)](#) application is now open for application submission. **The purpose of this grant opportunity is to fund the expansion of residency slots at existing residency programs starting in June/July 2025** for the following specialties:
  - Family Medicine
  - Internal Medicine
  - Obstetrics/Gynecology
  - Pediatrics
  - Psychiatry**Applications due November 22, 2024** – The application portal for the MO GME Grant Program is now open. Submit your application online: [Missouri Graduate Medical Education Grant Program Application](#).
- 4. New Rigorous Evaluation of Primary and Secondary Overdose Prevention Activities Among Populations Disproportionately Affected by Overdose** – This grant funds research on preventing drug overdoses and substance use, particularly among high-risk individuals and those impacted by social determinants of health, with a focus on youth. **Application deadline: December 2, 2024**
- 5. Statewide Consumer Network SM-25-005 (Forecast)** – The purpose of this program is to strengthen the capacity of statewide mental health peer-led organizations to partner with state efforts to improve mental health support system and related services for individuals with serious mental illness (SMI) or serious emotional disturbance (SED) as agents of transformation. **Application due date: December 16, 2024**
- 6. Strategic Prevention Framework-Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations SM-25-002 (Forecast)** – The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. **Application due date: January 15, 2025**

7. **Strategic Prevention Framework-Partnerships for Success for States SM-25-003** – The purpose of the SPF-PFS program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of state and community substance misuse prevention and mental health promotion services. **Application due date: January 15, 2025**

## INFO & RESOURCES

1. **New Mercy Neighborhood Ministry Resources** – Mercy Neighborhood Ministry provides the resources below to help agency workers when referring clients to seek additional help.

- [Cover Page – Resource Lists](#)
- [Resource Lists Table of Contents](#)
- [St. Louis Area Bereavement Support Groups](#)
- [Cancer Resources](#)
- [Child Care Resources](#)
- [Clothing Resources – St. Louis City and County](#)
- [Dental Resources – St. Louis Area](#)
- [Dental Resources – Franklin, Jefferson, St. Francois, & Washington Counties](#)
- [Department of Health Programs](#)
- [Diabetes Resources](#)
- [Disability Resources](#)
- [Domestic Violence Resources](#)
- [Donation Sites](#)
- [Employment and Training Resources](#)
- [Ex-offender Resources](#)
- [Extended Stay Hotel Resources](#)
- [Eye Care – Vision Resources](#)
- [Family and Youth Resources](#)
- [Farmers Markets](#)
- [Fitness / Recreation Resources](#)
- [Food Pantries – St. Louis City](#)
- [Food Pantries – St. Louis County](#)
- [Food Pantries – Crawford, Franklin, Gasconade, and Washington Counties](#)
- [Food Pantries – Jefferson County](#)
- [Food Pantries – St. Charles, Lincoln, and Warren Counties](#)
- [Funeral and Burial Resources](#)
- [Government-Related Resources](#)
- [Health Center and Clinic Resources – St. Louis](#)
- [Health Center and Clinic Resources – Outside St. Louis](#)
- [Health Centers Map](#)
- [HIV-AIDS Resources](#)
- [Homeless Shelter Resources](#)
- [Housing and Foreclosure Resources](#)
- [Immigrant and Refugee Resources](#)
- [Laundry Resources](#)
- [Legal Assistance Resources](#)
- [Meal Programs – St. Louis City and County](#)
- [Meal Programs – Franklin, Gasconade, and Washington Counties](#)
- [Meal Programs – St. Charles, Lincoln, and Warren Counties](#)
- [Medical Equipment](#)

- [Mental Health Resources](#)
- [Organizational Payees](#)
- [Pet Resources](#)
- [Prescription Assistance](#)
- [Prescription and OTC Drop Off Locations](#)
- [Senior Citizen Resources](#)
- [Sewer Assistance Resources](#)
- [Substance Use Resources](#)
- [Technology Assistance Resources](#)
- [Transportation Resources – St. Louis](#)
- [Transportation Resources – St. Louis – South](#)
- [Transportation Resources – Franklin County](#)
- [Transportation Resources – Jefferson County](#)
- [Transportation Resources – Lincoln, St. Charles, Warren Counties](#)
- [Transportation – Metro Reduced Fare Application](#)
- [Utility and Rent Assistance – St. Louis City and County](#)
- [Utility and Rent Assistance – Franklin, Gasconade, Washington Counties](#)
- [Utility and Rent Assistance – Jefferson County](#)
- [Utility and Rent Assistance – Lincoln, St. Charles, Warren Counties](#)
- [Vaccination Resources](#)
- [Warming Center Site List – Missouri and Illinois](#)
- [Women, Infants and Children Program \(WIC\) St. Louis](#)
- [Women, Infants and Children Program \(WIC\) Franklin, Jefferson, Washington](#)
- [Women, Infants and Children Program \(WIC\) Lincoln, St. Charles, Warren Counties](#)

2. **[New HRSA’s Maternal and Child Health Bureau Data Brief: National Survey of Children’s Health: Adolescent Mental and Behavioral Health, 2023](#)** – The brief highlights the latest findings from the 2023 National Survey of Children’s Health (NSCH), which is the largest national- and State-level survey on the mental health and substance use disorder (SUD) needs of children, their families, and communities. Specifically, the brief provides the latest data on the following topics:
  - Health conditions and functional difficulties
  - Social and emotional well-being
  - Health-related behaviors
  - Health care service access and use
  - Preparation for transition to adult health care
  - School environment and engagement
  - Family life and activities
  - Adverse childhood experiences
  - Community activities or experiences
3. **[New HRSA Resource: Tips for Using Telehealth for Behavioral Health](#)** – This resource outlines the types and benefits of telehealth services for mental health and substance use disorder (SUD) care, as well as how new patients can make an appointment. This tip sheet is one of several resources on the use of telehealth for mental health and SUD care that can be found on [telehealth.hhs.gov](https://telehealth.hhs.gov).
4. **[New HIDTA Releases Series of Resources on Prevention in Schools and Among School-Age Youth](#)** – These resources, released ahead of the 2024 HIDTA Prevention Summit, outline strategies to promote collaboration between schools and communities on prevention programming, prevention interventions targeting school-age youth, and opportunities to raise awareness for prevention issues. The new resources include:
  - [Preventing Opioid Use & Overdose in School-Age Youth](#)
  - [School-Based Prevention: Principles, Pillars, & Opportunities for School-Community Collaboration](#)

- [\*A Guide to Implementing a Social Norms Media Campaign for Substance Use Prevention in Secondary Schools\*](#)

5. **New NIDA-funded Study Suggests Higher Doses of Buprenorphine May Improve Treatment Outcomes for People with OUD** – A National Institute on Drug Abuse (NIDA)-funded study, published in *JAMA Network Open*, on [\*Association of Daily Doses of Buprenorphine With Urgent Health Care Utilization\*](#) found evidence suggesting that higher doses of buprenorphine were associated with lower rates of mental health and substance use disorder (SUD)-related emergency department and inpatient care visits. Researchers reviewed insurance claims from over 35,000 people diagnosed with opioid use disorder (OUD) who began buprenorphine treatment between 2016 and 2021. Specifically, the study found that, when compared to adults receiving the recommended dose of buprenorphine (16 mg per day), those taking higher daily doses (>16-24 mg) took 20% longer to have a subsequent emergency department or inpatient care visit. Other key findings include:
  - Among all people who started buprenorphine treatment between 2016 and 2021, 48.4% had a recent mental health diagnosis and 80.8% had a recent SUD diagnosis.
  - Among all people who started buprenorphine treatment between 2016 and 2021, 17.9% had a recent mental health or SUD-related emergency department or inpatient care visit.
  - Among all people who started buprenorphine treatment between 2016 and 2021, 12.5% experienced an emergency department or inpatient visit related to mental health or SUD.
  - Adults taking daily doses of more than 24 mg of buprenorphine went 50% longer before having a subsequent emergency department or inpatient care visit related to mental health or SUD compared to those receiving less than 16 mg a day.

The authors note that these findings build upon accumulating evidence of the safety and efficacy of higher doses of buprenorphine and call for revisiting prescribing guidelines and other barriers to accessing higher doses of buprenorphine.

6. **New [The Pipeline of Deadly Fentanyl Into the U.S. May be Drying Up, Experts Say](#)** – An unexpected shortage of fentanyl on U.S. streets has experts cautiously optimistic, as overdose deaths fall nationwide for the first time in decades.
7. **New [Helping Recovery Take Root Through Integrated Health Care Systems](#)** – Recovery from substance use disorder isn't just treatment – it's a lifelong journey, and integrating recovery services into the broader health care system is the key to making it stick.
8. **New [Higher Buprenorphine Doses Prevent Hospitalization of People with Fentanyl Addiction, Study Finds](#)** – A new study published in the *JAMA Network Open* finds that higher doses of buprenorphine significantly reduce hospitalizations and improve treatment retention for people with fentanyl addiction, challenging current federal dosing guidelines.
9. **New [Holding the Weight: Supporting the Peer Workforce Through Loss](#)** – In the midst of the opioid crisis, peer specialists carry the heavy emotional weight of losing those they support. How can we ensure they receive the support they need to continue their vital work?
10. **New [Fewer Than Half of U.S. Jails Provide Life-saving Medications for Opioid Use Disorder](#)** – National Institutes of Health (NIH) findings highlight critical gaps in treatment access in correctional facilities for people with substance use disorders (SUDs). A [New York Times article](#) highlights how one prison system has improved overdose prevention by offering an extended-release buprenorphine shot, bridging the critical gap between release and Medicaid enrollment.
11. **New [DEA Poised to Issue Another Extension of Telehealth Flexibilities](#)** – The DEA is expected to extend telehealth flexibilities for prescribing controlled substances, as a final rule, "Third Temporary Extension of COVID-19 Telemedicine Flexibilities for Prescription of Controlled Medications" is now under review by the White House. With these flexibilities set to expire at the end of 2024, over 300 organizations, including the National Council and

the Alliance for Connected Care, are urging Congress and the DEA to extend the rules without additional restrictions to avoid disrupting patient care.

12. **[New Substance Use Treatment Resource Guide for Black and Hispanic/Latinx Populations](#)** – This guide provides substance use resources for people at risk for a substance use disorder, their loved ones and the providers who work with them.
13. **[New Start with Hope but Don't Stop There: an Insights and Resource Guide](#)** – Written by the National Council team in collaboration with One World Recovery Network and panelists from the Start with Hope But Don't Stop There, this resource guide offers insights into the unique recovery challenges faced by Black, Indigenous and Latine/Latinx communities. This includes an emphasis on the need for trauma-informed, culturally responsive care and practical strategies for fostering inclusive recovery ecosystems.
14. **[New Mini Video Series on Medications to Treat Alcohol Use Disorder](#)** – Tune in to each video to hear from experts about the benefits of peer support for people with Alcohol Use Disorder (AUD), key components of effective monitoring for AUD, behavioral approaches providers can leverage to manage cravings for alcohol, and best practices for treating AUD among people with cognitive impairment and/or dementia.
15. **[New The Role of Housing in Improving Health Outcomes and HIV Care Continuity for People Who Use Drugs: Narratives and Recommendations from Lived Experience](#)** – With first-hand narratives, research and recommendations, this document helps readers to understand and explore housing provision as a comprehensive health and overdose prevention strategy.
16. **[New Use of Fentanyl Test Strips by People Who Inject Drugs](#)** – The study found no significant differences in drug use behaviors between those who used fentanyl test strips (FTS) in the past 30 days and those who did not. However, women and non-White people who inject drugs (PWID) were more likely to use FTS than men and white PWID.
17. **[New How Post Overdose Response Efforts Can Address Social Determinants of Health Among People Who Use Drugs](#)** – This in-depth analysis of the state of New York's Post Overdose Response Teams (PORTs) shares quantitative and qualitative findings from their pilot phase, and examines how PORTs address social determinants of health (SDOH) through harm reduction to improve outcomes for overdose survivors.
18. **[New New Hub for Youth Mental Wellbeing](#)** – Introducing the new "Youth Hub," featuring a comprehensive collection of national resources dedicated to supporting youth mental wellbeing. This initiative is a collaboration among the National Council, the Substance Abuse and Mental Health Services Administration (SAMHSA), Youth Move National and The Tepper Foundation. The hub offers a variety of materials – including webinar recordings, written resources, blogs and videos – organized by audience.
19. **[New SAMHSA's Evidence-Based Practices Resource Center Highlights Resources Recognizing Substance Use Prevention Month](#)** – These resources intend to raise awareness for the risks associated with substance use, misuse, and substance use disorder (SUD) among youth and the importance of prevention services in strengthening protective factors, reducing risk, and building resilient communities. SAMHSA remains committed to promoting culturally responsive prevention services rooted in respect, compassion, and innovation. EBPRC is highlighting the following resources regarding substance use prevention:
  - [Preventing Marijuana Use Among Youth](#)
  - [Advisory: Prescription Stimulant Misuse and Prevention Among Youth and Young Adults](#)
  - [Reducing Vaping Among Youth and Young Adults](#)
  - [Advisory: Screening and Treatment of Substance Use Disorder among Adolescents](#)
  - [Selecting Best-fit Programs and Practices: Guidance for Substance Misuse Prevention Practitioners](#)
  - [State Performance & Best Practices for the Prevention and Reeducation of Underage Drinking 2020](#)

20. **New National Drug Abuse Treatment Clinical Trials Network Releases Prenatal Action for Taking Health Steps Toolkit** – The National Institute on Drug Abuse’s (NIDA) [National Drug Abuse Clinical Trials Network \(CTN\)](#) recently released the [Prenatal Action for Taking Health Steps \(PATHS\) Toolkit](#). The PATHS toolkit is a suite of educational resources that contains evidence-based resources about messaging for the use of medications for opioid use disorder (MOUD) by pregnant and postpartum individuals. The toolkit includes flyers, information sheets, posters, educational videos, and social media images, as well as a discussion guide for conversing about MOUD with pregnant and postpartum individuals. The toolkit also offers external links to additional resources.
21. **New PCSS-MAUD Online Module: Alcohol Use Disorder and Common Co-occurring Psychiatric Conditions** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System-Medications for Alcohol Use Disorder \(MAUD\)](#) released an online training module on [Alcohol Use Disorder and Common Co-occurring Psychiatric Conditions](#). This two-hour on-demand training module is designed for clinical healthcare professionals who prescribe medications in outpatient or inpatient settings and explores the interplay of alcohol use disorder (AUD) and common co-occurring psychiatric conditions, including bipolar disorder, major depressive disorder, and generalized anxiety disorder. Specifically, the module outlines how these conditions interact, diagnostic tools for screening and diagnosis, and treatment strategies.
22. **New ARCR Introduces Curated Collections** – ARCR announces the launch of Curated Collections, a new feature on their website that organizes articles published by ARCR from 2012 through today. Curated Collections highlight key research areas in the field of alcohol research. Collections include topics such as how Genetics can confer risk for and resilience to alcohol misuse and related consequences; the effects of Perinatal Alcohol Exposure and Fetal Alcohol Spectrum Disorder; and the Neurobiology of alcohol misuse and alcohol use disorder. Within the research areas highlighted, Curated Collections will help you to quickly locate relevant ARCR articles on our website. To date, ARCR has developed 19 Curated Collections. New articles will be added to existing Collections, and new Collections will be created as the alcohol research field continues to evolve. Any given ARCR article may belong to multiple Collections, while others may not be part of any Collection. Regardless of whether they have been assigned to a Collection, all published ARCR articles remain available on our website, and they can be located on either the Current Volume or Archive pages. We hope our Curated Collections will make the ARCR website even more useful and user-friendly.

## TRAINING OPPORTUNITIES

1. **New Snapchat for Law Enforcement and Prosecutors** – This webinar, hosted by the National District Attorney’s Association (NDAA), will provide an overview of how Snapchat works, whether Snapchat posts can be preserved, how to obtain Snapchat evidence, and how Snapchat works with law enforcement and prosecutors. **Monday, October 28, 2024, 2pm CT**
2. **New HRSA HIV/AIDS Bureau Webinar: A Trauma-Informed Approach for Integrating HIV Primary Care and Behavioral Health** – The webinar will review the key components of a trauma-informed approach to integrate HIV primary care into mental health and substance use disorder (SUD) care to provide coordinated and co-located services and to establish shared protocols, data collection, and continued engagement in HIV care. **Tuesday, October 29, 2024, 1pm CT**
3. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis.
  - **Wednesday, October 30, 2024, 10-11am CT**
  - **Wednesday, January 29, 2025, 10-11am CT**
  - **Wednesday, April 30, 2025, 10-11am CT**

4. **The Power of Well-Being at Work: Utilize Well-being as a Catalyst for Organizational success** – In the demanding work that mental healthcare providers do daily, employee well-being is more than a wellness perk—it's both a necessity and a strategic advantage. Join MTM Services for an insightful webinar where we explore the latest tactics for leveraging well-being to drive organizational success. **Wednesday, October 30, 2024, 11am**
5. **St. Louis Harm Reduction Training Day** – The UMSL-MIMH Addiction Science Team will be hosting a **free, in-person, full-day harm reduction training event** for individuals and teams who work with people who use drugs. There will be **full and half-day training options** available. **Friday, November 1, 2024, 9am-5pm CT** [See the full schedule for the St. Louis Harm Reduction Training Day.](#)
6. **Panic Disorder Management: Evidence-Based Tools to Enhance Clinical Practice** – This webinar will provide an overview of Panic Disorder assessment, with emphasis on strategies for collaboration with key stakeholders (e.g., medical providers) and the use of functional assessments to identify relevant clinical targets. The primary focus will be on first-line, evidence-based interventions, specifically the application of Cognitive Behavioral Therapy (CBT) and exposure-based strategies to address and alleviate panic symptoms. **Friday, November 1, 2024, 10am CT**
7. **The 65<sup>th</sup> National Dialogues on Behavioral Health** – Successful strategies to support individuals with complex needs to improve outcomes. **Sunday-Wednesday, November 3-6, 2024.**
8. **Advancing Equity Workshop: Fundamentals to Support Your Journey** – During this three-part virtual workshop, participants will learn and engage in a safe environment, where they can ask questions and share reflections with their peers. Using Social Current's three-prong approach to EDI (Person, Organization and Systems), the presenters will encourage participants to develop a deeper personal EDI journey, to build an inclusive work culture, and to become more aware of the systems that impact us all. **Wednesday, November 6, 2024, 11am-2pm CT**
9. **New Rural Youth and Adverse Childhood Experiences (ACEs)** – This webinar, hosted by the National District Attorney's Association (NDAA), will discuss various aspects of adverse childhood experiences (ACEs) among rural youth, providing perspectives from public health researchers and system-involved youth service providers. The presentation will include an overview of the research on ACEs among youth in detention and ways to counteract or build resiliency to ACEs, focusing on rural youth. It will also include presentations from system-involved youth service providers on how to address common challenges in rural jurisdictions. **Wednesday, November 6, 2024, 12pm CT**
10. **New State Strategies to Tackle the Stimulant Crisis** – Join our complimentary webinar on Contingency Management in California to enhance your state's strategies. Gain insights directly from industry leaders. While there is no FDA-approved medications for stimulant use disorder, there is an effective evidence based treatment, Contingency Management (CM). **Wednesday, November 6, 2024, 11am CT**
11. **Missouri Rural Health Conference** – Join us for the Missouri Rural Health Conference, dedicated to enhancing the health and well-being of rural communities across Missouri. Co-hosted by the Missouri Rural Health Association and The Association of Rural Health Clinics, this year's conference will bring together healthcare professionals, policymakers, advocates, and community leaders for an enriching and collaborative experience. Attendees will gain insights into the latest trends, challenges, and innovations in rural healthcare. **Wednesday-Thursday, November 6-7, 2024.**
12. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms.
  - **Wednesday, November 6, 2024, 10-11am CT**
  - **Wednesday, February 5, 2025, 10-11am CT**

- **Wednesday, May 7, 2025, 10-11am CT**

13. **Engaging Community Partners in Civil Diversion Programs** – Successful civil diversion programs leverage existing legal, financial, and social service resources in a community to provide support to litigants who want to resolve their disputes outside of traditional litigation. Learn how courts around the country are thinking creatively and holistically as they work to help litigants address both the immediate legal crisis and their underlying needs through strong collaborative partnerships with community service providers. **Thursday, November 7, 2024, 2pm CT**
14. **New Pathways to Support: SSI/SSDI Outreach That Works** – Have you heard about SOAR? It stands for SSI/SSDI Outreach, Access and Recovery, and it is a culturally sensitive, trauma-informed, community-based program designed to increase access to Social Security disability benefits. It's an essential resource for individuals experiencing or at risk of homelessness who have behavioral health and/or co-occurring disorders. In this webinar, you will hear from some leaders behind SOAR and discover the essential elements for implementing a successful SOAR program. **Thursday, November 7, 2024, 1pm CT**
15. **Building a Resilient Workforce Learning Series** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence.
  - **Thursday, November 7, 2024, 1pm-2:15pm CT**
  - **Monday, December 9, 2024, 1pm-2:15pm CT**
16. **Virtual SBIRT Overview Training** – The National Council for Mental Wellbeing is pleased to offer a new virtual opportunity for training in SBIRT. If you are an administrator or clinician who is new to SBIRT or looking for an overview, this three-hour training is just for you. **Thursday, November 7, 2024, 1pm CT**
17. **Postpartum and Infant Year One: Center on the Dyad (Part 2)** – This final session will focus on ensuring equitable access to and outcomes from ongoing culturally and linguistically effective mental health, substance use, and physical health care for infant and dyad, including but not limited to developmental milestones and vaccination. **Friday, November 8, 2024, 11am CT.**
18. **New Sustained Recovery: Don't Make Aftercare an Afterthought** – Recovery is a process, and Family Treatment Courts (FTCs) are a time-limited acute intervention in a family's life. FTCs must blend aftercare planning into its program design to best support parents and their children after case closure. Aftercare plans, also known as "continuing care plans," can provide parents with structure, accountability, and needed ongoing services to both parents and children after child welfare, treatment services, and the FTC no longer remain a central part of their lives. **Tuesday, November 12, 2024, 1pm CT**
19. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources.
  - **Tuesday, November 12, 2024, 10-11:30am CT**
  - **Tuesday, February 11, 2025, 10-11:30am CT**
  - **Tuesday, May 13, 2025, 10-11:30am CT**
20. **2024 Missouri Substance Use Prevention Conference** – [Save the date flyer for the 2024 Missouri Substance Use Prevention Conference](#) – St. Charles Convention Center, **Wednesday-Thursday, November 13-14, 2024.** Registration is now open!

21. **Virtual YSBIRT Overview Training** – The National Council for Mental Wellbeing is pleased to offer a new virtual opportunity for training in YSBIRT. If you are an administrator or clinician who is new to YSBIRT or looking for an overview, this three-hour training is just for you. ***Tuesday, November 19, 2024, 1pm CT***
22. **Motivational Interviewing Overview National Training** – Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
  - ***Register for Motivational Interviewing Overview on Thursday, November 21, 2024, 1pm CT***
  - ***Register for Motivational Interviewing Overview on Thursday, March 13, 2025, 1pm CT***
23. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions:
  - ***Thursday, November 28, 2024, 2pm CT***
24. **New MO-CPAP: A Critical Partner in Reducing Avoidable Hospital Stays for Mental Health** – Nearly 75% of children and adolescents receive mental health care from primary care providers, yet navigating the latest recommendations for medications and therapies has become increasingly complex. This is where the Missouri Child Psychiatry Access Project (MO-CPAP) comes in. MO-CPAP is committed to enhancing the capacity of health care and social service providers to deliver essential mental health services to children and adolescents by offering same-day support for any questions they may have. Better access and better care can lead to fewer children with acute mental health issues. Moreover, Missouri faces one of the highest maternal mortality rates in the United States, with mental health being one of the leading causes. In response, the Maternal Health Access Project has been established as a statewide perinatal psychiatry access program. Any health care or social service provider who sees patients during the perinatal period (from pregnancy through 12 months post-delivery) is encouraged to enroll. We encourage hospitals to explore how these programs can benefit their providers and clinics, especially in our rural communities. ***Thursday, December 5, 2024, 12pm CT***
25. **Youth Peer Specialist Training** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. Register now for the following virtual training dates:
  - ***Monday-Tuesday, December 9-10, 2024***
26. **WHAM Individual Facilitator Training** – WHAM promotes physical and mental health while empowering peer providers to support the whole health of your clients. Use WHAM training to invest in peers as they support recovery across communities. ***Wednesday-Thursday, December 18-19, 2024, 9:30am CT***
27. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk.
  - ***Register for Intermediate Motivational Interviewing on Wednesday, January 8, 2025, 11am CT***
  - ***Register for Intermediate Motivational Interviewing on Wednesday, May 14, 2025, 11am CT***
28. **PREPaRE Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals** – This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the physical health of members of the school community and students' perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multi-tiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery

efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.

- **Tuesday-Wednesday, January 14-15, 2025** – [Register for the PREPaRE Workshop in Joplin](#)
- **Tuesday-Wednesday, February 4-5, 2025** – [Register for the PREPaRE Workshop in Kansas City](#)
- **Wednesday-Thursday, March 5-6, 2025** – [Register for the PREPaRE Workshop in St. Peters](#)
- **Tuesday-Wednesday, April 1-2, 2025** – [Register for the PREPaRE Workshop in Jefferson City](#)

29. **Supporting the Uptake of Behavioral Health Apps and Technology** – The increasing demand for behavioral health services, coupled with challenges in the workforce, creates a compelling reason to take a closer look at forward-thinking solutions. Behavioral health apps and other technologies have the potential to supplement existing services by increasing access and engagement among specific communities or population groups. This quarterly CBHL Leadership Community series is designed for any CBHL member interested in the successful integration of behavioral health apps and technology as a complement to existing practices. You are encouraged to register and join the full series. **Thursday, March 6, 2025 1pm CT**

## RECURRING TRAINING OPPORTUNITIES

1. **New Rock Bottom Has a Basement: a Cause for Harm Reduction and Recovery Capital** – On Demand. The notion that people with a substance use disorder (SUD) need to hit “rock bottom” to recover is harmful during an overdose crisis occurring nationally. In 2021, more than 100,000 Americans died as the result of preventable drug overdose.
2. **Incentives, Sanctions, and Service Adjustments Workshop** – This interactive, two-day workshop is designed to educate interdisciplinary teams in the theory and application of behavior modification as it applies to an effective adult treatment court. The incentives, sanctions, and service adjustments (ISSA) workshop will challenge court teams to self-assess and receive assistance with taking corrective steps to improve policy, practice, and outcomes. The workshop includes a follow-up coaching session by faculty to observe staff meetings and status hearings, and to provide feedback on progress with implementation plans developed during the workshop.
3. **PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medications for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Assessment and Management of Alcohol Withdrawal](#). This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:
  - “Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.
  - Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
  - Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
  - Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.
  - Create patient-centered goals for individuals with alcohol use disorder.”
4. **On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder** – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers.

5. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders.
6. **Certified Peer Specialist (CPS) ECHO** – The CPS Echo is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. ***First and third Wednesday of every month from 11am-12pm CT***
7. **Peer Recovery Center of Excellence** – Monthly Community of Practice calls for peers and peer supervisors.
8. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction.
9. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics.
10. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings.
11. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org.
12. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours.
13. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. ***Second Tuesday of every month from 1:30pm-2:30pm CT.***
14. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions.

- **November 28, 2024, 2pm CT**

15. **[NAMI-Parents Supporting Parents Group - Prepping Mental Health for School](#)** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families.
16. **[NAMI Basics](#)** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit.
17. **[Family Support Provider Training](#)** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
18. **[Youth Peer Specialist \(YPS\)](#)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
19. **[Peer Supervision Training](#)** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours).
20. **[Specialty Peer Instruction Series](#)** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.
21. **[2024 Peer Specialist Trainings](#)** – Please see the peer specialist trainings provided by the MCB below.
  - [Certified Peer Specialist Basic Training](#)
  - [Certified Peer Specialist Specialty Training](#) – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter.
22. **[2024 Ethics and MRSS Trainings](#)** – Please see the trainings provided by the MCB below.
  - [Missouri Recovery Support Specialist Trainings](#)
  - [Ethics Trainings](#)