

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

December 13, 2024

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1. **New [Supplier Awareness Items for MOVERS](#)** – Have you registered for MOVERS? It is critical that you do so. MOVERS launched Self-Service Supplier Registration in May 2024 and released Solicitation functionality in September 2024. Please review the information in the above link for applicable contractors to continue to receive solicitation information and payments.
2. **New [Now Accepting Artwork for the 2025 Director’s Creativity Showcase](#)** – The Director’s Creativity Showcase is an annual art contest that gives individuals receiving mental health services the opportunity to display their creative talents across the state. Each year, the Foundation curates artwork in the categories of mental illness, substance use disorder, developmental disability, crafts and photography. The featured pieces are then reviewed and awarded by a panel of judges. The Showcase serves as an inspiration to all who participate and experience these artistic creations.
3. **REMINDER to [VOTE](#) and [VOTE often](#)** – Two treatment programs at Fulton State Hospital are finalists in the Rutgers University Institute Inpatient Psychiatric Rehabilitation (IIPR) First Annual Award. Congratulations to the Recovery and Self-Motivation (RSM) program and the Social Learning program (SLP)! From across the country, two of the three finalists are from Fulton State Hospital. Please support our programs and [cast your vote](#) for this great honor. Voting ends on December 31, 2024.
4. **[National Institute on Drug Abuse \(NIDA\) Announces People With Lived/Living Experience of Substance Use Workgroup](#)** – The National Institute on Drug Abuse (NIDA) recently announced a new working group to the National Advisory Council on Drug Abuse (NACDA) made up of people with lived or living experience (PWLLE) with drug use that will advise on ways to enhance and increase meaningful engagement of PWLLE with drug use in NIDA-funded research. NIDA is seeking workgroup members who identify as having current or former experience themselves with substance use or substance use disorder, or as a family member or caregiver of someone who does. **Applications are due no later than January 10, 2025.**

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
[MO Careers – Department of Mental Health](#)

JOB ANNOUNCEMENTS

Forensic Case Monitor-Southwestern Region

This position will meet with clients at least once per month to ensure the client is compliant with court ordered conditions of release; communicate with the Forensic Review Committee to determine release plans; and corresponds with supervisor regarding their clients; among other things. This position will be domiciled in the Southwestern Region area, as the candidate will be responsible for covering counties as north as Henry County, as east as Douglas County, and to the southern border of Missouri. **Applications will be accepted through Tuesday, December 24, 2024.**

FUNDING OPPORTUNITIES

1. ***New SAMHSA Grant Application Process Webinars*** – SAMHSA is offering webinars on the grant application process to help organizations better understand the steps to apply for a SAMHSA grant. This webinar will focus on the process to apply, from registration to completion of the application. Organizations that have not received SAMHSA funds may find this webinar helpful. Faith-based organizations that are non-profit are eligible to apply for SAMHSA grants. This webinar will be repeated and offered a total of four times across the months of December and January. Please RSVP in advance for the webinar.
 - [SAMHSA Grant Application Process – Tuesday, January 14, 2025, 9:30am CT](#)
 - [SAMHSA Grant Application Process – Thursday, January 16, 2025, 12:30pm CT](#)
2. ***New Financing Peer Crisis Respite in the United States*** – The report, webinar recording, and webinar slides are now available online for the Financing Peer Crisis Respite in the United States webinar that was held on November 21, 2024.
3. ***SAMHSA Announces \$68.5 Million in Workforce and Community-based Treatment Funding*** – Last week, the Health Resources and Services Administration announced the availability of new behavioral health workforce grants ([\\$22.8 million for the Graduate Psychology Education Program](#) and \$59.6 million for the [Behavioral Health Workforce Education and Training \(BHWET\) Program for Professionals](#)). The Graduate Psychology Education Program supports training in integrated, interdisciplinary behavioral health, with significant focus on trauma-informed care and substance use disorder prevention and treatment services. The BHWET Program has a specific focus on increasing access to behavioral health services for children, adolescents and young adults and on recruiting a diverse workforce. There is an emphasis on the interprofessional team-based models of care, which integrate behavioral health training in primary care settings like community health centers. [Check out the full HHS press release.](#)
4. ***SAMHSA's CFRI Highlights New Projects*** – The Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Financing Reform & Innovation (CFRI) is highlighting new projects underway at the Center regarding financing mechanisms for mental health and substance use disorder (SUD) care. These new projects are designed to identify opportunities, innovations, and challenges to service delivery and access and provide guidance on the use of various financing mechanisms to provide SUD services across the continuum. These resources include new reports, one-pagers, journal articles, and webinars that discuss financing strategies for mental health and SUD care. Project topics include:
 - Financing Peer Crisis Respite in the United States
 - Measurement-Based Care Financing
 - Coverage of Selected Behavioral Health Services Among Older Medicare and Medicaid Beneficiaries
 - Public Financial Investments in Behavioral Health
 - National Gaps in Health Care Access and Health Insurance Among LGB Populations

- Funding Strategies of Community-Based Behavioral Health organizations Serving Under-served, Minoritized, Racial, and Ethnic Communities
5. **Grant Resources:**
 - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
 - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
 - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
 - [Grant Eligibility | Grants.gov](#)
 - [Grants | SAMHSA](#)
 6. **[Statewide Consumer Network SM-25-005 \(Forecast\)](#)** – The purpose of this program is to strengthen the capacity of statewide mental health peer-led organizations to partner with state efforts to improve mental health support system and related services for individuals with serious mental illness (SMI) or serious emotional disturbance (SED) as agents of transformation. ***Application due date: December 16, 2024***
 7. **[Strategic Prevention Framework-Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations SM-25-002 \(Forecast\)](#)** – The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. ***Application due date: January 15, 2025***
 8. **[Strategic Prevention Framework-Partnerships for Success for States SM-25-003](#)** – The purpose of the SPF-PFS program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of state and community substance misuse prevention and mental health promotion services. ***Application due date: January 15, 2025***

INFO & RESOURCES

1. **[New Resource Guide for Missouri Families of Children from Birth to Age 12](#)** – DHSS developed a Resource Guide for Missouri Families of Children from Birth to Age 12.
2. **[New Communities Talk About: Engaging Colleges and Universities in Prevention – Webinar](#)** – This webinar highlights the new cycle for 2025, as well as prevention resources and materials to reach college and university professionals. This webinar also features ways you can participate and host your own Communities Talk prevention events in the next year. ***Wednesday, December 18, 1pm CT***
3. **[New CSAT Webinar Prescribing in a Post Waiver World](#)** – This is a recording of the CSAT Webinar Prescribing in a Post-Waiver World: Expanding Access to MOUD and Implications of 42 CFR Part 8 Revisions that was held on August 15, 2024.
4. **[New Ethical, Cultural and Family Challenges with End-of-Life Decision Making](#)** – When families face end-of-life challenges there can be ethical dilemmas as people have conflicting ideas about the right care. This webinar will discuss the historical journey with end-of-life issues and the need for decision making and documentation; share a model to use with ethical decision making; discuss cultural considerations; and identify ideas on how to navigate challenging family dynamics. ***Friday, January 17, 2025, 9:30am CT***
5. **[New NIDA Announces New People with Lived/Living Experience of Substance Use Workgroup](#)** – The National Institute on Drug Abuse (NIDA) announced the formation of a new working group to the National Advisory Council on Drug Abuse (NACDA) made up of people with lived or living experience with substance use. The new workgroup

is designed to advise NIDA on ways to increase engagement of people with lived or living experience with drug use in NIDA-funded research. Workgroup members will provide input to help NIDA co-create standards for engagement in research for individuals with lived or living experience with substance use.

NIDA is seeking individuals with current or former experience with either substance use, or substance use disorder (SUD), or as a caregiver of someone who does. Applications are due January 10, 2025.

6. **New NIH HEAL Initiative Releases Overdose Crisis Community Decision Tool** – The National Institutes of Health’s (NIH) Helping to End Addiction Long-term (HEAL) Initiative recently released the [Overdose Crisis Community Decision Tool](#). This is a free web-based resource that provides users with a customized list of evidence-based strategies to reduce opioid overdose deaths tailored to the needs of their communities. The new tool is based on the Substance Abuse and Mental Health Services Administration’s (SAMHSA) [Opioid-Overdose Reduction Continuum of Care Approach \(ORCCA\) Practice Guide 2023](#) and presents users with questions on their priorities and community resources to identify gaps in services and recommended solutions. Further, the tool offers real-world examples of proven strategies to implement each evidence-based solution.
7. **New CDC Data Reveals Opioid Overdose Deaths Have Dropped for the 12th Consecutive Month** – A study, published in the American Journal of Managed Care (AJMC), analyzed data from the Centers for Disease Control and Prevention’s (CDC) National Vital Statistics System (NVSS) and found that opioid overdose deaths have decreased for the 12th consecutive month in the US. Specifically, the study reports 70,655 predicted opioid overdose deaths through June 2024, the lowest number of deaths since 2020, which is an 18 percent decrease from the 86,401 reported deaths in June 2023. The study also found that overdose death rates are decreasing in all but a few states except for Alaska, Nevada, Oregon, and Washington. The study also aggregates overdose deaths and death rates by demographic group. The study attributes the decrease in deaths related to opioid overdoses to the increasing availability of overdose reversal medications and changes in the drug landscape and calls for investments in the expansion of medications for opioid use disorder (MOUD) for people with opioid use disorder (OUD).
8. **New New Resource: Evidence-based Guide: Suicide Prevention Strategies for Underserved Youth** – This evidence-based guide provides strategies and insights specific to at-risk groups. The guide highlights existing research, discusses barriers that hinder youth’s access to prevention and intervention services, and offers guidance on selecting, implementing, and evaluating evidence-based prevention programs.
9. **New SAMHSA Releases Issue Brief on Co-occurring Mental Health and Substance Use** – An issue brief published in November highlights the commonality of co-occurring disorders and negative outcomes in the absence of evidence-based integrated care. It also provides an overview of treatment barriers and potential solutions, and the effectiveness of integrated care. This Issue Brief is one in a series to support state mental health agencies in their improvement of the mental health systems within their states.
10. **New RecoverMe: Empowering Young Adults Facing Substance Use and Mental Health Challenges** – This campaign connects young adults (ages 18-25) to practical and affirming resources to help them navigate their unique challenges with substance use and mental health. The campaign’s impactful messaging, grounded in research and input from young adults, encourages people to seek the support that’s right for them, connect with an active recovery community, and embrace recovery as a journey toward overall wellbeing in mind, body, and spirit to reclaim their life.

TRAINING OPPORTUNITIES

1. **New Question, Persuade, and Refer (QPR) Training** – QPR is an emergency mental health intervention for suicidal persons. It stands for Question, Persuade, and Refer – the three simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis, and how to question, persuade, and refer someone to help. **Monday, December 16, 2024, 11am CT**

2. **New De-Escalation Techniques** – This training is ideal for staff looking to maintaining safety in unstable situations. Prepare your staff with the De-escalation Technique training that will assist in understanding how to prevent situations from escalating and becoming volatile.
 - [Tuesday, December 17, 2024, 8:30am CT](#)
 - [Friday, January 10, 2025, 8:30am CT](#)
3. **New Clinical High Risk for Psychosis Screening, Diagnosis, and Risk Assessment** – This webinar series addresses a range of topics related to early serious mental illness (ESMI), including clinical high risk for psychosis (CHR-P) and first episode psychosis (FEP). **Tuesday, December 17, 2024, 11am CT**
4. **New National Center on Substance Abuse and Child Welfare (NCSACW): Family Treatment Courts: An Evidence-Based Approach to Family-Centered Care** – Learn more about family treatment courts and discover how a family-centered approach helps achieve better outcomes. Presenters and panelists explore how family treatment courts implement a collaborative approach to resolve barriers in service access and engagement. **Tuesday, December 17, 2024, 12pm CT**
5. **WHAM Individual Facilitator Training** – WHAM promotes physical and mental health while empowering peer providers to support the whole health of your clients. Use WHAM training to invest in peers as they support recovery across communities. **Wednesday-Thursday, December 18-19, 2024, 9:30am CT**
6. **Compassion Fatigue for Behavioral Health Workers** – This course is intended for behavioral health workers who wish to learn more about how experiencing traumatic events, either directly or indirectly, as a first responder reacting to an emergency or crisis situation may impact their professional and personal wellbeing. **Thursday, December 19, 2024, 1pm CT**
7. **New Notification of Pregnancy and Risk Screening Codes** – Due to the Centers for Medicare & Medicaid (CMS) retiring codes G9919-TH and G9920-TH, effective January 1, 2025, the MO HealthNet Division (MHD) must assign new codes to reimburse for the Prenatal and Postpartum Screenings. To assist providers with this transition, there will be a live webinar on **Tuesday, January 7, 2025, at 10am CT.**
8. **New Understanding Borderline Personality Disorder** – This training will discuss symptoms and behaviors of Borderline Personality Disorder (BPD), theories of what causes BPD, identify effective treatments, and increase compassion and understanding for those who struggle with the disorder. **Wednesday, January 8, 2025, 10am CT**
9. **CCBHC Population-specific Services Series** – Over the course of four webinars, the Population-specific Services Learning and Action series will focus on increasing awareness of how specific populations are currently being served in CCBHCs, highlight strategies that support community outreach and engagement, and identify strategies that support care coordination and improving health outcomes. The populations of focus for this series are Alaska Natives/American Indians, people who are hearing impaired, people who speak Spanish as their primary language, and the LGBTQ+ community.
 - [Population-specific Services for People Who are Hearing Impaired](#) – **Wednesday, January 8, 2025, 2pm CT**
 - [Population-specific Services for Native Spanish Speakers](#) – **Wednesday, February 5, 2025, 2pm CT**
 - [Population-specific Services for LGBTQ+ Individuals](#) – **Wednesday, March 5, 2025, 2pm CT**
10. **EMDR basic trainings** – The Missouri Children’s Trauma Network is pleased to announce two virtual EMDR basic trainings scheduled for January and February. The training is free, but space is limited. **Please make sure you are available to attend all the virtual dates of training before registering!**
 - [EMDR Basic Training – January 8-10 & February 5-7, 2025](#)
 - [EMDR Basic Training – February 26-28 & March 19-21, 2025](#)

Directions to add: Participants will be prompted to enter a code to access that product, that password is **EMDR2025** (same for all events). They can then add the product to cart. They should enter their own information for billing. That information will be reflected on their account that is created at checkout. After registering, they will receive access to an account on our website which will include all the details for the event they register for.

11. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk.
 - [Register for Intermediate Motivational Interviewing on Wednesday, January 8, 2025, 11am CT](#)
 - [Register for Intermediate Motivational Interviewing on Wednesday, May 14, 2025, 11am CT](#)
12. **2025 Veterans Learning Collaborative trainings** – This introductory learning collaborative is for any clinical and/or administrative staff interested in better supporting veterans and service members. It aims to enhance participants' understanding of military culture and the unique challenges service members, veterans, and their families face. The goal of the collaborative is to foster a deeper cultural competence and equip participants with the knowledge and resources needed to effectively address the specific needs of the military community, ensuring they receive informed and holistic care.
 - **January 13, 2025, 11am CT** – Building Relationships and Programs for Veterans
 - **April 28, 2025, 11am CT** – Crisis Support: Reducing Risk
 - **July TBD 2025, 11am CT** – Crisis Support: Improving Connections and Care
 - **October TBD 2025, 11am CT** – Addressing Substance Use
13. **PREPaRE Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals** – This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the physical health of members of the school community and students' perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multi-tiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.
 - **Tuesday-Wednesday, January 14-15, 2025** – [Register for the PREPaRE Workshop in Joplin](#)
 - **Tuesday-Wednesday, February 4-5, 2025** – [Register for the PREPaRE Workshop in Kansas City](#)
 - **Wednesday-Thursday, March 5-6, 2025** – [Register for the PREPaRE Workshop in St. Peters](#)
 - **Tuesday-Wednesday, April 1-2, 2025** – [Register for the PREPaRE Workshop in Jefferson City](#)
14. **New Youth Mental Health First Aid** – This course teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. **Friday, January 17, 2025, 8:30am CT**
15. **New Economic Stability Considerations for Service Members, Veterans, and their Families** - This session will explore critical areas such as employment opportunities; financial resources; SSI/SSDI, Outreach, Access, and Recovery (SOAR) for Veterans; and housing solutions, providing valuable information and resources to support maintaining or achieving economic stability among the service members, Veterans, and their families community. **Tuesday, January 21, 2025, 2pm CT**
16. **New Advanced Motivational Interviewing Skills** – This Advanced Motivational Interviewing Skills training will provide a deeper understanding of the Spirit, skills, and tasks of Motivational Interviewing. This training will provide extensive deliberate practice opportunities of the skills. **Wednesday, January 22, 2025, 9am CT**

17. **New [Diagnosis and Treatment of Adult ADHD](#)** – In this webinar, Victoria Reyna will provide an in-depth overview of the ADHD diagnostic process and current evidence-based treatment options for adults. Participants will explore best practices for accurate diagnosis, gain insights into medication management, and understand therapeutic approaches that support lasting symptom management. This session will equip professionals with the knowledge and tools to effectively assess and treat ADHD in adult clients. **Friday, January 24, 2025, 9:30am CT**
18. **New [Adult Mental Health First Aid](#)** – In this course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. **Monday, January 27, 2025, 9am CT**
19. **New [Fundamentals of CBT for Depression and Anxiety](#)** – The goal of this training is to learn to apply the basic model of Cognitive Behavioral Therapy (CBT) to the common problem areas of depression and anxiety. Participants will learn to conceptualize these problem areas within a CBT framework and will learn about basic CBT tools and techniques utilized in their treatment. **Wednesday, January 29, 2025, 8:30am CT**
20. **[Assessment 101-A First Episode Psychosis Screening](#)** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis.
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**
21. **[Psychological First Aid \(PFA\) Train the Trainer](#)** – If people want to become a trainer for PFA, you they should take this course. **Wednesday and Thursday, January 29-30, 2025**
22. **New [Strategies for Post-Divorcing Parenting](#)** – Parenting is very complex and post-divorce parenting adds a whole new layer to family life. This program will help to identify some unique stressors for parents following divorce and provide some tools for helping to strengthen relationships with your children and other family members. **Thursday, January 30, 2025, 2pm CT**
23. **New [Introduction to Dialectical Behavior Therapy \(DBT\): Helping Persons Served Build a Life Worth Living](#)** – This training will provide an overview of the foundational theories of DBT, its structure, and its treatment targets. It will describe the four modes of treatment and take a closer look at specific skills modules. Providers will learn why DBT is not suicide prevention, but rather it is a treatment designed to help the people they serve build a life worth living. **Thursday-Friday, January 30-31, 2025, 9am CT**
24. **[SAMHSA's 21st Annual Prevention Day](#)** – This event brings together 4,000 prevention practitioners, advocates, scientists, leaders (community, state, tribal, federal), and consumers at the largest federal gathering dedicated to advancing the prevention of substance use. It explores current, emerging, and innovative strategies, policies, programs, practices, and research. The 2025 theme, "Telling the Prevention Story," underscores sharing the successes of prevention and inspiring action. **Monday-Thursday, February 3-6, 2025**
25. **[Assessment 101-B](#)** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms.
 - **Wednesday, February 5, 2025, 10-11am CT**
 - **Wednesday, May 7, 2025, 10-11am CT**
26. **[Psychosis 101](#)** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources.
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**

27. **New [Motivational Interviewing](#)** – This training will give you a framework of understanding an individual’s motivation and resolve ambivalence by enabling people to recognize their own patterns, own their personal outcomes and understand the means by which they will achieve those goals. Clinicians and behavioral health staff utilize motivational interviewing to attend to clients and staff needs in a person-centered way. **Wednesday, February 12, 2025, 9am CT**
28. **New [Advanced Motivational Interviewing](#)** – This workshop is designed to bring participants’ MI skills to the next level by building on the basics and introducing advanced content. This workshop is fast-paced and assumes that participants have basic knowledge of MI Spirit, MI Skills, and MI Processes. Heavy emphasis will be placed on applying and integrating concepts through group discussions, activities, and practice. Advanced MI skills will be introduced with a focus on learning through real plays, activities, and experimentation. **Wednesday, February 26, 2025**
29. **[Supporting the Uptake of Behavioral Health Apps and Technology](#)** – The increasing demand for behavioral health services, coupled with challenges in the workforce, creates a compelling reason to take a closer look at forward-thinking solutions. Behavioral health apps and other technologies have the potential to supplement existing services by increasing access and engagement among specific communities or population groups. This quarterly CBHL Leadership Community series is designed for any CBHL member interested in the successful integration of behavioral health apps and technology as a complement to existing practices. You are encouraged to register and join the full series. **Thursday, March 6, 2025, 1pm CT**
30. **New [Basic Counseling Skills](#)** – This training will provide basic counseling skills that are very important and can have applicability in many settings, not just the therapy setting. This training will provide an overview of basic counseling skills as well as an opportunity to practice them. **Friday, March 7, 2025, 9am CT**
31. **[Motivational Interviewing Overview National Training](#)** – Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
 - **[Register for Motivational Interviewing Overview on Thursday, March 13, 2025, 1pm CT](#)**
32. **New [Basic Motivational Interviewing](#)** – Motivational Interviewing is a well-established Evidence Based Practice for helping individuals explore ambivalence and work toward positive change. Motivation Interviewing is a therapeutic approach that has been demonstrated to be effective to support a diverse clientele in addressing a wide variety of change concerns.
 - **Monday, March 24, 2025**
 - **Wednesday, April 2, 2025**

RECURRING TRAINING OPPORTUNITIES

1. **[Wellness Recovery Action Plan \(WRAP\) Training](#)** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to announce additional Wellness Recovery Action Plan (WRAP) Training for 2025. We will be offering both Seminar I and Seminar II training sessions. These trainings will be available both virtually and in person, with in-person sessions taking place in Jefferson City, Missouri. If you would like to be added to the list to receive notifications when registration goes live, please email events@mobhc.org.
2. **[Mental Health First Aid](#)** – Be a part of the movement of more than 4 million people nationwide and attend a Mental Health First Aid or Youth Mental Health First Aid class. Mental Health First Aid teaches you to recognize signs and symptoms of mental health and substance use challenges. It will prepare you to help a family member, friend, co-worker, or neighbor.

3. [Rock Bottom Has a Basement: a Cause for Harm Reduction and Recovery Capital](#) – On Demand. The notion that people with a substance use disorder (SUD) need to hit “rock bottom” to recover is harmful during an overdose crisis occurring nationally. In 2021, more than 100,000 Americans died as the result of preventable drug overdose.
4. [Incentives, Sanctions, and Service Adjustments Workshop](#) – This interactive, two-day workshop is designed to educate interdisciplinary teams in the theory and application of behavior modification as it applies to an effective adult treatment court. The incentives, sanctions, and service adjustments (ISSA) workshop will challenge court teams to self-assess and receive assistance with taking corrective steps to improve policy, practice, and outcomes. The workshop includes a follow-up coaching session by faculty to observe staff meetings and status hearings, and to provide feedback on progress with implementation plans developed during the workshop.
5. [PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal](#) – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medications for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Assessment and Management of Alcohol Withdrawal](#). This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:
 - “Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.
 - Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
 - Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
 - Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.
 - Create patient-centered goals for individuals with alcohol use disorder.”
6. [On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder](#) – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers.
7. [On Demand: Substance Use Among Individuals with Eating Disorders](#) – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders.
8. [Certified Peer Specialist \(CPS\) ECHO](#) – The CPS Echo is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. ***First and third Wednesday of every month from 11am-12pm CT***
9. [Peer Recovery Center of Excellence](#) – Monthly Community of Practice calls for peers and peer supervisors.
10. [ASAM Fundamentals of Addiction Medicine](#) – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction.

11. [**The ASAM Pain & Addiction: Essentials**](#) – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics.
12. [**ASAM Motivational Interviewing Mini Courses**](#) – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings.
13. [**Culturally and Linguistically Appropriate Services**](#) – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org.
14. [**HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals**](#) – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours.
15. [**Monthly Tobacco Use Disorder Integration Office Hours**](#) – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.**
16. [**NAMI-Parents Supporting Parents Group - Prepping Mental Health for School**](#) – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families.
17. [**NAMI Basics**](#) – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit.
18. [**Family Support Provider Training**](#) – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
19. [**Youth Peer Specialist \(YPS\)**](#) – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
20. [**Peer Supervision Training**](#) – **ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it

was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours).

21. [Specialty Peer Instruction Series](#) – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.
22. [2024 Peer Specialist Trainings](#) – Please see the peer specialist trainings provided by the MCB below.
 - [Certified Peer Specialist Basic Training](#)
 - [Certified Peer Specialist Specialty Training](#) – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter.
23. [2024 Ethics and MRSS Trainings](#) – Please see the trainings provided by the MCB below.
 - [Missouri Recovery Support Specialist Trainings](#)
 - [Ethics Trainings](#)