

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

December 6, 2024

[View past issues](#)

- 1. [New DEA Issues Third Extension to Public Health Emergency Telemedicine Prescribing Flexibilities, Through 2025](#)**
– The DEA issued a waiver for telemedicine across state lines and the need for separate DEA registrations in every state. That waiver was set to expire. The DEA announced this week they are extending this waiver through December 31, 2025.
What this means:
 - Practitioners in other states may conduct telemedicine into Missouri and prescribe controlled substances WITHOUT a Missouri DEA number;
 - Since there is no DEA number required in Missouri, then no state MO BNDD registration is required. BNDD only registers practitioners physically located in Missouri;
 - Out of state practitioners do not need to apply with Missouri to do telemedicine;**The Future:**

We do not know how long the federal government will continue to issue these waivers. In the event the waivers stop someday, the BNDD is working on a permanent solution. Since BNDD is building a new application and registration database, the system and rules will be amended so that out-of-state practitioners will be able to get registered if needed.
- 2. [New Nominate a Mental Health Champion](#)** – Each year an award recipient is selected from each of the three nomination categories: mental illness, developmental disabilities, and substance use disorders. They are celebrated at the annual Mental Health Champions’ Awards Banquet held in their honor. The event will be on May 1, 2025, at the Capitol Plaza Hotel in Jefferson City. For more information contact the [Missouri Mental Health Foundation](#) at 573-635-9201 or mmhf@missourimhf.org.
- 3. [New First Responder Resources](#)** – The Department of Mental Health has developed a new webpage for first responders. The webpage includes first responder wellness resources, as well as resources to assist individuals in crisis.
- 4. [New REMINDER to VOTE and VOTE often](#)** – Two treatment programs at Fulton State Hospital are finalists in the Rutgers University Institute Inpatient Psychiatric Rehabilitation (IIPR) First Annual Award. Congratulations to the Recovery and Self-Motivation (RSM) program and the Social Learning program (SLP)! From across the country, two of the three finalists are from Fulton State Hospital. Please support our programs and [cast your vote](#) for this great honor. Voting ends on December 31, 2024.
- 5. [New National Institute on Drug Abuse \(NIDA\) Announces People With Lived/Living Experience of Substance Use Workgroup](#)** – The National Institute on Drug Abuse (NIDA) recently announced a new working group to the National Advisory Council on Drug Abuse (NACDA) made up of people with lived or living experience (PWLLE) with

drug use that will advise on ways to enhance and increase meaningful engagement of PWLLE with drug use in NIDA-funded research.

NIDA is seeking workgroup members who identify as having current or former experience themselves with substance use or substance use disorder, or as a family member or caregiver of someone who does. **Applications are due no later than January 10, 2025.**

6. **New CIMOR/CVS PRIORITY** – On September 20, 2024, MoHealth Net sent out a Bulletin indicating that [Place of Service \(POS\) 10](#) would be accepted to indicate Telemedicine Provided in Patient's Home starting on December 22, 2024. Division of Behavioral Health (DBH) staff have added POS 10 to all billing procedure codes that currently have POS 02 (Telehealth Services). Starting December 22, 2024, POS 10 will be listed in CIMOR as Telemedicine Provided in Patient's Home and POS 02 will be listed as Telemedicine Other Than Patient's Home. Any encounters/claims that are billed with POS 10 prior to December 22, 2024, will continue to reject by Medicaid.

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
[MO Careers – Department of Mental Health](#)

JOB ANNOUNCEMENTS

Regional Executive Officer – Community Operations

The Regional Executive Officer (REO), Western Region, is responsible for providing guidance and support to the Western Region providers which includes the Northwest and Southwest regions, local stakeholders, facilities, and community operations staff. Reporting directly to the Deputy Director for Community Operations, located in central office, the REO is the primary link/extension to coordinating DMH strategic directions in their region. This includes understanding multiple, complex programs each requiring district sets of knowledge, skills and abilities. Program support consists of implementation of policy, facilitating facility to community transfers, constituent consultation, EMT follow up, answering provider questions and review of program implementation. This is an opportunity to assist in improving internal processes, program operations, client satisfaction and positive outcomes with provider organizations. **Applications accepted through Thursday, December 12, 2024.**

Housing Development Officer

The Housing Development Officer is responsible for providing training and technical assistance to providers across the state; engage in local HUD Continuum of Care meetings; and manage coordinated entry case conferencing for numerous regions. These are just a few of the many responsibilities that come with this position. If interested, **applications are accepted through Friday, December 13, 2024.**

FUNDING OPPORTUNITIES

1. **SAMHSA Announces \$68.5 Million in Workforce and Community-based Treatment Funding** – Last week, the Health Resources and Services Administration announced the availability of new behavioral health workforce grants ([\\$22.8 million for the Graduate Psychology Education Program](#) and \$59.6 million for the [Behavioral Health Workforce Education and Training \(BHWET\) Program for Professionals](#)). The Graduate Psychology Education Program supports training in integrated, interdisciplinary behavioral health, with significant focus on trauma-informed care and substance use disorder prevention and treatment services. The BHWET Program has a specific focus on increasing access to behavioral health services for children, adolescents and young adults and on recruiting a diverse workforce. There is an emphasis on the interprofessional team-based models of care, which

integrate behavioral health training in primary care settings like community health centers. [Check out the full HHS press release.](#)

2. [SAMHSA's CFRI Highlights New Projects](#) – The Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Financing Reform & Innovation (CFRI) is highlighting new projects underway at the Center regarding financing mechanisms for mental health and substance use disorder (SUD) care. These new projects are designed to identify opportunities, innovations, and challenges to service delivery and access and provide guidance on the use of various financing mechanisms to provide SUD services across the continuum. These resources include new reports, one-pagers, journal articles, and webinars that discuss financing strategies for mental health and SUD care. Project topics include:
 - Financing Peer Crisis Respite in the United States
 - Measurement-Based Care Financing
 - Coverage of Selected Behavioral Health Services Among Older Medicare and Medicaid Beneficiaries
 - Public Financial Investments in Behavioral Health
 - National Gaps in Health Care Access and Health Insurance Among LGB Populations
 - Funding Strategies of Community-Based Behavioral Health organizations Serving Under-served, Minoritized, Racial, and Ethnic Communities
3. **Grant Resources:**
 - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
 - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
 - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
 - [Grant Eligibility | Grants.gov](#)
 - [Grants | SAMHSA](#)
4. [Statewide Consumer Network SM-25-005 \(Forecast\)](#) – The purpose of this program is to strengthen the capacity of statewide mental health peer-led organizations to partner with state efforts to improve mental health support system and related services for individuals with serious mental illness (SMI) or serious emotional disturbance (SED) as agents of transformation. **Application due date: December 16, 2024**
5. [Strategic Prevention Framework-Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations SM-25-002 \(Forecast\)](#) – The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. **Application due date: January 15, 2025**
6. [Strategic Prevention Framework-Partnerships for Success for States SM-25-003](#) – The purpose of the SPF-PFS program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of state and community substance misuse prevention and mental health promotion services. **Application due date: January 15, 2025**

INFO & RESOURCES

1. **New SAMHSA Releases Federal Guidelines for Opioid Treatment Programs and Explanatory Video Series** - The Substance Abuse and Mental Health Services Administration (SAMHSA) is releasing new Federal Guidelines for Opioid Treatment Programs that align with the new regulations published in February 2024. These revised guidelines provide recommendations, guidance, and best practices for opioid treatment programs (OTPs) on the implementation and compliance of regulation changes in 42 CFR Part 8. The revised regulation went into effect on April 2, 2024, and the compliance date for OTPs was October 2, 2024.

The revised regulations took historic steps to increase access to lifesaving, evidence-based medications for opioid use disorder (MOUD) and promote practitioner discretion, support patient-centered care, reduce barriers to treatment, and remove stigmatizing or outdated language from the 2001 regulations. The newly released guidelines replace the guidelines published in 2015.

The new Guidelines provide guidance to OTPS on:

- Creating a healing environment for patients that promotes and sustains engagement through shared decision-making between the patient and practitioner.
- Addressing changes to patient admission criteria and telehealth processes.
- Using clinical decision making and practitioner discretion in providing effective, individualized care within OTPs.
- Developing and implementing procedures to support medication administration, dispensing and use, including procedures related to take-home doses of methadone.
- Integrating trauma-informed principles and practices.
- Providing support for at-risk populations.
- Ensuring availability of medical, counseling, vocational, educational, and other assessment and treatment services.
- Implementing strategies for ensuring continuity of care for patients.

Although the regulations and guidelines are for OTPs, the patient-centered, shared-decision making, reduction in barriers to care, and stigma reducing language, can be implemented by all practitioners and medical practices providing MOUD in all care settings.

[SAMHSA is also posting a video series consisting of 14 brief videos explaining the nuances of 42 CFR Part 8 implementation.](#) These videos provide a high-level overview of the first major updates to the regulations in more than two decades.

2. [New Biden-Harris Administration Releases Resources to Help Communities Address Trauma and Mental Health Impacts of Gun Violence](#) – The Substance Abuse and Mental Health Services Administration (SAMHSA), an agency within the U.S. Department of Health and Human Services (HHS), recently announced the release of resources intended to help communities address the trauma and mental health impacts of gun violence.
3. [New Maximizing Mental Health Care Delivery: Understanding Care Levels and Strengthening Referral Processes for Improved Client Outcomes](#) – The objectives of this training focus on enhancing mental health care delivery. Participants will gain an understanding of the characteristics and criteria for various levels of mental health care, including acute, partial hospitalization programs (PHP), intensive outpatient programs (IOP), and residential treatments. Emphasis will be placed on identifying appropriate situations for referring clients to these different treatment options, ensuring that each individual receives the most suitable care. **Tuesday, December 17, 2024, 12pm CT**
4. [New Empowering Families: Introducing the Family Support Providers ECHO Program](#) – The Department of Mental Health is thrilled to announce the launch of the Family Support Provider (FSP) ECHO, designed to empower, and support FSPs in our communities. ECHO enhances knowledge and improves outcomes so FSPs can continue to promote positive health and community outcomes. The FSP ECHO will be offered on the first Friday of each month from 9:00 am-10:00 am CT starting on February 7, 2025. This is a FREE virtual event and individuals can earn FREE CEUs. The target audience is FSPs (certified and non-certified) and Supervisors of FSPs. Please help spread the word and feel free to share bits or all the below information with others in your network.
What is the Family Support Providers ECHO?
The Family Support Providers ECHO is a virtual collaboration that connects family support professionals with experts and resources, enabling them to better assist families in overcoming obstacles and achieving stability. Through regular sessions every month, participants will engage with subject matter experts and peers, sharing knowledge and strategies to tackle issues such as mental health, communications, and resource access.
Why is this important?
Families today face a myriad of challenges, from navigating complex service systems to managing emotional and financial stresses. Family Support Providers serve as a lifeline, offering guidance and advocacy. The ECHO program amplifies their efforts by providing:

- **Access to Expertise:** Connect with specialists in various fields to enhance your understanding and approach.
- **Collaborative Learning:** Participate in an engaging learning environment where experiences and solutions are shared.
- **Skills Development:** Gain new skills in crisis intervention, communication, family dynamics, and more!
- **Tailored Support Strategies:** Learn how to customize approaches to meet the unique needs of each family.

How Can You Get Involved?

Whether you're a seasoned Family Support Provider or new to the field, the ECHO program offers valuable learning opportunities and community collaboration.

- **Join an ECHO Session:** Sign up for upcoming sessions and connect with fellow professionals and experts.
- **Spread the Word:** Share this program with your network to help us reach and empower more providers.
- **Feedback and Engagement:** We value your input; engage with us and help shape the future of family support.

Your participation in the Family Support Providers ECHO not only enhances your professional growth, but also strengthens the fabric of our communities. By empowering providers, we empower families to thrive, fostering resilience and health for future generations.

5. **New [New SAMHSA Issue Brief: Co-Occurring Mental Health and Substance Use](#)** – This document highlights the commonality of CODs and negative outcomes in the absence of evidence-based integrated care. It also provides an overview of treatment barriers and potential solutions, and the effectiveness of integrated care. This Issue Brief is one in a series of briefs created by SAMHSA to provide guidance to State Mental Health Agencies to support improvement of the mental health systems within their states.
6. **New [DEA Telehealth Rule Text Released](#)** – The full text of a rule extending telehealth flexibilities for prescribing of controlled substances, entitled, "[Third Temporary Extension of COVID-19 Telemedicine Flexibilities for Prescription of Controlled Medications](#)," was submitted to the Federal Registrar by the Drug Enforcement Agency (DEA) jointly with the Department of Health and Human Services (HHS). The regulation would extend flexibilities that permit the prescribing of certain controlled substances via telehealth for an additional year, through December 31, 2025. Pandemic-era regulations, previously extended by the DEA until the end of this year, permitted providers to prescribe most controlled substances (Schedule II-IV drugs) without requiring an in-person appointment. With these flexibilities expiring at the end of 2024, more than 300 organizations, including National Council, the Alliance for Connected Care, and many others, called on Congress and the DEA to extend the rules.
7. **New [SAMHSA and National Council Announce SMI Training and Technical Assistance Center \(SMI TTAC\)](#)** – SMI TTAC will deliver a range of innovative training, technical assistance, clinical consultations, virtual sessions, learning collaboratives and more to support those involved in the care and treatment of people with serious mental illness.
8. **New [SAMHSA Releases New Community-Based Workforce Resource](#)** – SAMHSA released a new report titled, "Practical Guide to Expanding the Community-based Behavioral Health Workforce" recently. The guide presents strategies for expanding the community-based behavioral health workforce through increased use of Community-initiated care (CIC) and behavioral health support specialists. CIC is offered by community members who are not within the traditional healthcare system but who may have lived experience and who have received training and acquired behavioral health knowledge, skills, and competencies to deliver screening and intervention services. Behavioral health support specialists are health workers, such as peer specialists and paraprofessionals, who support community members in achieving overall wellness.
9. **New [National Behavioral Health Workforce Career Navigator Launched](#)** – In recognition of National Career Development Day, SAMHSA announced the launch of the Behavioral Health Workforce Career Navigator, designed to help current and aspiring behavioral health professionals identify state requirements for a range of behavioral health careers.

10. **[New Uniform Reporting System \(URS\) 2023 Data Available](#)** – SAMHSA has released the 2023 Uniform Reporting System (URS) results, 2023 URS Table Instructions, and 2023 URS Data Definitions, accompanied by the 2023 State-by-State Prevalence Estimates of Adults with Serious Mental Illness (SMI) and Children with Serious Emotional Disturbance (SED). In 2023, 8.3 million clients received State Mental Health Agency (SMHA) services from 58 states and U.S. territories. Conducted by the federal government since 2002, the URS is collected annually as required by SAMHSA’s Community Mental Health Services Block Grant (MHBG). SAMHSAs report on sociodemographic characteristics of clients served, outcomes of care, use of selected evidence-based practices, client assessment of care, Medicaid funding status, living situation, employment status, crisis response services, and readmission to state psychiatric hospitals within 30 to 180 days. The SMI/SED Prevalence Estimates include state-by-state estimates of adults with SMI and children with SED.

TRAINING OPPORTUNITIES

1. **[Building a Resilient Workforce Learning Series](#)** – As workforce challenges continue to affect human services organizations, leaders are searching for concrete action steps to support staff who are emotionally and physically exhausted. Though staff often enter the field excited to make a difference, it can be difficult to keep them connected to the vision and mission of the organization. This four-part webinar series will delve into core strategies and tactics for supporting staff, such as increasing accountability, managing conflict, nurturing relationships, embracing equity, and achieving excellence. **Monday, December 9, 2024, 1pm CT**
2. **[New SAMHSA Grant Application Process Webinars](#)** – SAMHSA is offering webinars on the grant application process to help organizations better understand the steps to apply for a SAMHSA grant. This webinar will focus on the process to apply, from registration to completion of the application. Organizations that have not received SAMHSA funds may find this webinar helpful. Faith-based organizations that are non-profit are eligible to apply for SAMHSA grants. This webinar will be repeated and offered a total of four times across the months of December and January. Please RSVP in advance for the webinar.
 - [SAMHSA Grant Application Process – Monday, December 9, 2024, 12:30pm CT](#)
 - [SAMHSA Grant Application Process – Wednesday, December 11, 2024, 10am CT](#)
 - [SAMHSA Grant Application Process – Tuesday, January 14, 2025, 9:30am CT](#)
 - [SAMHSA Grant Application Process – Thursday, January 16, 2025, 12:30pm CT](#)
3. **[Youth Peer Specialist Training](#)** – A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. **Monday-Tuesday, December 9-10, 2024**
4. **[New Integrating Peers into the Workplace: Insights from a Missouri survey of SUD Peer Workers and Peer Supervisors](#)** – Peer support workers are individuals in recovery employed to help support individuals seeking and maintaining services at treatment and recovery organizations. Utilizing their lived experiences, peers act as mentors guiding others through the service system and providing hope that recovery is possible. In this webinar, results of a 2023 survey of peer support workers and peer supervisors in Missouri will be reviewed. Upon completion of this webinar, participants will be able to:
 - Understand the role and impact of peer support workers in substance use disorder treatment and recovery organizations.
 - Identify important factors impacting peer integration into behavioral health organizations.
 - Identify ways organizations can better integrate peers into their workforce.This will be held on **Tuesday, December 10, 2024, at 1pm CT.**
5. **[Building Infrastructure for Clinical Quality Measures](#)** – The CCBHC-NTTAC team, in partnership with the Substance Abuse and Mental Health Services Administration (SAMHSA), TriWest Group and the CCBHC Clinic Family and Children Services, is pleased to announce a three-part webinar series on *Clinical Quality Measures*. These sessions

will offer a deep dive into the technical understanding of quality measures, best practices, and how those practices are being implemented in real-time across CCBHCs.

- [Session 3](#) – **Wednesday, December 11, 2024, 1pm CT** – This session will focus on the optional Clinical Quality Measures, including Tobacco Use: Screening and Cessation Intervention (TSC), Major Depressive Disorder: Suicide Risk Assessment (SRA-A and SRA-C), Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC-CH), and Controlling High Blood Pressure (CBP-AD).
6. [Advocating for Harm Reduction Within Your Organization](#) – Best suited for those who have taken Foundations of Harm Reduction and Harm Reduction in Practice. Strategies for staff to promote organizational adoption of harm reduction practices. **Thursday, December 12, 2024, 12pm CT**
 7. [Perinatal Mental Health 101](#) – Learn about the various Maternal Mental Health Disorders, the differences between them, risk factors, and treatment options. The course is designed for providers, administrators, and public health employees, though all are welcome. **Thursday, December 12, 2024, 10:30am CT**
 8. [WHAM Individual Facilitator Training](#) – WHAM promotes physical and mental health while empowering peer providers to support the whole health of your clients. Use WHAM training to invest in peers as they support recovery across communities. **Wednesday-Thursday, December 18-19, 2024, 9:30am CT**
 9. [Compassion Fatigue for Behavioral Health Workers](#) – This course is intended for behavioral health workers who wish to learn more about how experiencing traumatic events, either directly or indirectly, as a first responder reacting to an emergency or crisis situation may impact their professional and personal wellbeing. **Thursday, December 19, 2024, 1pm CT**
 10. [CCBHC Population-specific Services Series](#) – Over the course of four webinars, the Population-specific Services Learning and Action series will focus on increasing awareness of how specific populations are currently being served in CCBHCs, highlight strategies that support community outreach and engagement, and identify strategies that support care coordination and improving health outcomes. The populations of focus for this series are Alaska Natives/American Indians, people who are hearing impaired, people who speak Spanish as their primary language, and the LGBTQ+ community.
 - [Population-specific Services for People Who are Hearing Impaired](#) – **Wednesday, January 8, 2025, 2pm CT**
 - [Population-specific Services for Native Spanish Speakers](#) – **Wednesday, February 5, 2025, 2pm CT**
 - [Population-specific Services for LGBTQ+ Individuals](#) – **Wednesday, March 5, 2025, 2pm CT**
 11. **New EMDR basic trainings** – The Missouri Children’s Trauma Network is pleased to announce two virtual EMDR basic trainings scheduled for January and February. The training is free, but space is limited. **Please make sure you are available to attend all the virtual dates of training before registering!**
 - [EMDR Basic Training – January 8-10 & February 5-7, 2025](#)
 - [EMDR Basic Training – February 26-28 & March 19-21, 2025](#)

Directions to add: Participants will be prompted to enter a code to access that product, that password is EMDR2025 (same for all events). They can then add the product to cart. They should enter their own information for billing. That information will be reflected on their account that is created at checkout. After registering, they will receive access to an account on our website which will include all the details for the event they register for.
 12. [Intermediate Motivational Interviewing Training](#) – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk.
 - [Register for Intermediate Motivational Interviewing on Wednesday, January 8, 2025, 11am CT](#)
 - [Register for Intermediate Motivational Interviewing on Wednesday, May 14, 2025, 11am CT](#)

13. [2025 Veterans Learning Collaborative trainings](#) – This introductory learning collaborative is for any clinical and/or administrative staff interested in better supporting veterans and service members. It aims to enhance participants’ understanding of military culture and the unique challenges service members, veterans, and their families face. The goal of the collaborative is to foster a deeper cultural competence and equip participants with the knowledge and resources needed to effectively address the specific needs of the military community, ensuring they receive informed and holistic care.
 - **January 13, 2025, 11am CT** – Building Relationships and Programs for Veterans
 - **April 28, 2025, 11am CT** – Crisis Support: Reducing Risk
 - **July TBD 2025, 11am CT** – Crisis Support: Improving Connections and Care
 - **October TBD 2025, 11am CT** – Addressing Substance Use

14. [PREPaRE Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals](#) – This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the physical health of members of the school community and students’ perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multi-tiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.
 - **Tuesday-Wednesday, January 14-15, 2025** – [Register for the PREPaRE Workshop in Joplin](#)
 - **Tuesday-Wednesday, February 4-5, 2025** – [Register for the PREPaRE Workshop in Kansas City](#)
 - **Wednesday-Thursday, March 5-6, 2025** – [Register for the PREPaRE Workshop in St. Peters](#)
 - **Tuesday-Wednesday, April 1-2, 2025** – [Register for the PREPaRE Workshop in Jefferson City](#)

15. [Assessment 101-A First Episode Psychosis Screening](#) – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis.
 - **Wednesday, January 29, 2025, 10-11am CT**
 - **Wednesday, April 30, 2025, 10-11am CT**

16. [Psychological First Aid \(PFA\) Train the Trainer](#) – If people want to become a trainer for PFA, you they should take this course. **Wednesday and Thursday, January 29-30, 2025**

17. **New** [SAMHSA’s 21st Annual Prevention Day](#) – This event brings together 4,000 prevention practitioners, advocates, scientists, leaders (community, state, tribal, federal), and consumers at the largest federal gathering dedicated to advancing the prevention of substance use. It explores current, emerging, and innovative strategies, policies, programs, practices, and research. The 2025 theme, “Telling the Prevention Story,” underscores sharing the successes of prevention and inspiring action. **Monday-Thursday, February 3-6, 2025**

18. [Assessment 101-B](#) – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms.
 - **Wednesday, February 5, 2025, 10-11am CT**
 - **Wednesday, May 7, 2025, 10-11am CT**

19. [Psychosis 101](#) – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources.
 - **Tuesday, February 11, 2025, 10-11:30am CT**
 - **Tuesday, May 13, 2025, 10-11:30am CT**

20. [Supporting the Uptake of Behavioral Health Apps and Technology](#) – The increasing demand for behavioral health services, coupled with challenges in the workforce, creates a compelling reason to take a closer look at forward-thinking solutions. Behavioral health apps and other technologies have the potential to supplement existing services by increasing access and engagement among specific communities or population groups. This quarterly CBHL Leadership Community series is designed for any CBHL member interested in the successful integration of behavioral health apps and technology as a complement to existing practices. You are encouraged to register and join the full series. **Thursday, March 6, 2025, 1pm CT**
21. [Motivational Interviewing Overview National Training](#) – Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
 - [Register for Motivational Interviewing Overview on Thursday, March 13, 2025, 1pm CT](#)

RECURRING TRAINING OPPORTUNITIES

1. [Wellness Recovery Action Plan \(WRAP\) Training](#) – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to announce additional Wellness Recovery Action Plan (WRAP) Training for 2025. We will be offering both Seminar I and Seminar II training sessions. These trainings will be available both virtually and in person, with in-person sessions taking place in Jefferson City, Missouri. If you would like to be added to the list to receive notifications when registration goes live, please email events@mobhc.org.
2. [Mental Health First Aid](#) – Be a part of the movement of more than 4 million people nationwide and attend a Mental Health First Aid or Youth Mental Health First Aid class. Mental Health First Aid teaches you to recognize signs and symptoms of mental health and substance use challenges. It will prepare you to help a family member, friend, co-worker, or neighbor.
3. [Rock Bottom Has a Basement: a Cause for Harm Reduction and Recovery Capital](#) – On Demand. The notion that people with a substance use disorder (SUD) need to hit “rock bottom” to recover is harmful during an overdose crisis occurring nationally. In 2021, more than 100,000 Americans died as the result of preventable drug overdose.
4. [Incentives, Sanctions, and Service Adjustments Workshop](#) – This interactive, two-day workshop is designed to educate interdisciplinary teams in the theory and application of behavior modification as it applies to an effective adult treatment court. The incentives, sanctions, and service adjustments (ISSA) workshop will challenge court teams to self-assess and receive assistance with taking corrective steps to improve policy, practice, and outcomes. The workshop includes a follow-up coaching session by faculty to observe staff meetings and status hearings, and to provide feedback on progress with implementation plans developed during the workshop.
5. [PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal](#) – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medications for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Assessment and Management of Alcohol Withdrawal](#). This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:
 - “Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.
 - Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
 - Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
 - Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.

- Create patient-centered goals for individuals with alcohol use disorder.”
6. [On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder](#) – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers.
 7. [On Demand: Substance Use Among Individuals with Eating Disorders](#) – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders.
 8. [Certified Peer Specialist \(CPS\) ECHO](#) – The CPS Echo is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. **First and third Wednesday of every month from 11am-12pm CT**
 9. [Peer Recovery Center of Excellence](#) – Monthly Community of Practice calls for peers and peer supervisors.
 10. [ASAM Fundamentals of Addiction Medicine](#) – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction.
 11. [The ASAM Pain & Addiction: Essentials](#) – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics.
 12. [ASAM Motivational Interviewing Mini Courses](#) – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings.
 13. [Culturally and Linguistically Appropriate Services](#) – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org.
 14. [HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals](#) – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours.
 15. [Monthly Tobacco Use Disorder Integration Office Hours](#) – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join

the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. ***Second Tuesday of every month from 1:30pm-2:30pm CT.***

16. [NAMI-Parents Supporting Parents Group - Prepping Mental Health for School](#) – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families.
17. [NAMI Basics](#) – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit.
18. [Family Support Provider Training](#) – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
19. [Youth Peer Specialist \(YPS\)](#) – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
20. [Peer Supervision Training](#) – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours).
21. [Specialty Peer Instruction Series](#) – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.
22. [2024 Peer Specialist Trainings](#) – Please see the peer specialist trainings provided by the MCB below.
 - [Certified Peer Specialist Basic Training](#)
 - [Certified Peer Specialist Specialty Training](#) – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter.
23. [2024 Ethics and MRSS Trainings](#) – Please see the trainings provided by the MCB below.
 - [Missouri Recovery Support Specialist Trainings](#)
 - [Ethics Trainings](#)