

## Improving lives THROUGH supports and services

## March is Developmental Disabilities Awareness Month (DDAM)

## **Charting the LifeCourse**

Planning with people who have intellectual/developmental disabilities is essential in helping achieve the life they desire. The University of Missouri-Kansas City (UMKC), Charting the LifeCourse (CtLC) offers planning tools and resources, available to anyone involved in planning for themselves or others to reach their Good Life. The framework and tools help organize ideas, vision, and goals, as well as problem-solve, navigate and advocate for supports. Check out Lifecourse learning at <a href="Charting the LifeCourse Learning">Charting the LifeCourse Learning</a>.



Missouri Department of Mental Health

Developmental Disabilities | dmh.mo.gov

573-751-4054

