

MISSOURI DIVISION OF  
DEVELOPMENTAL  
DISABILITIES



Improving lives THROUGH  
supports and services  
THAT FOSTER self-determination.

**March is Developmental Disabilities Awareness Month (DDAM)  
Self-Advocates Becoming Empowered (SABE)**

Self-Advocates Becoming Empowered (SABE) is a national self-advocacy organization made of regional representatives and members from every state in the United States. The organization believes that people with disabilities should be treated as equals and given the same decisions, choices, rights, responsibilities, and chances to speak up and empower themselves. For more information visit the [SABE website](#).

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**Missouri Department of Mental Health**  
**Developmental Disabilities | [dmh.mo.gov](http://dmh.mo.gov)**  
**573-751-4054**

