



Improving lives THROUGH supports and services  
THAT FOSTER self-determination.

Registration is Now Open

### **2025 Tier 3 Intensive Supports Workshop**

#### **Virtual Learning Opportunity**

Reflective Practice: A Catalyst for Humility in  
Leadership, Supervision, and Progressional Development

**April 11, 2025**  
**1:00pm - 3:00pm CST**

[Register](#)

In the field of behavior analysis, humility has emerged as a critical component of effective leadership, with self-monitoring serving as an evidence-based practice to cultivate this essential trait. Reflective practice, widely recognized in healthcare and education as a cornerstone of professional development, offers behavior analysts an evolved approach to self-monitoring that can catalyze the development of humble repertoires. This workshop presents a systematic framework for reflective practice that integrates self-awareness, possibility training, and decision-making processes to foster receptivity to feedback and promote adaptive behaviors.

#### **Objectives:**

- Learn practical strategies for implementing reflective practice in their own work and training their supervisees in these valuable skills.
- Attend to the utility and variations of reflection across clinical practice.
- Identify the components of a model for reflective practice.
- Describe the process for training supervisees to engage in reflective practice.
- Apply a reflective practice model in personal and professional capacities.

For more information about the Tier 3 Workshops, email [BAT@dmh.mo.gov](mailto:BAT@dmh.mo.gov).

#### **Presenter**

Edward Sanabria, PhD, BCBA, LBA

#### **Target Audience:**

Behavioral Service Providers  
Other interested stakeholders



**Missouri Department of Mental Health**  
**Developmental Disabilities | [dmh.mo.gov](http://dmh.mo.gov)**  
**573-751-4054**

